

5

MAY

2026

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2 Workouts: 5pm-7pm
3	4 Workouts: 6am-7am 2:15pm-3:30pm 6pm-7:30pm	5	6 Workouts: 6am-7am 2:15pm-3:30pm 6pm-7:30pm	7	8 No Workouts	9 Workouts: 5pm-7pm
10	11 Workouts: 6am-7am 2:15pm-3:30pm 6pm-7:30pm	12 Workouts (PLP): 2:15pm-3:30pm	13 Workouts: 6am-7am 2:15pm-3:30pm 6pm-7:30pm	14 Workouts (PLP): 2:15pm-3:30pm	15 No School	16 No Workouts
17	18 Workouts: 6am-7am 2:15pm-3:30pm 6pm-7:30pm	19 Workouts (PLP): 2:15pm-3:30pm	20 Workouts: 6am-7am 2:15pm-3:30pm 6pm-7:30pm	21 Workouts (PLP): 2:15pm-3:30pm	22 Summer Workout: (Main) 6pm-8pm	23 Workouts: (Main) 10am-12pm
24	25 Summer Workout: (Main) 6pm-8pm	26 Summer Workout: (Main) 6pm-8pm	27 Summer Workout: (Main) 6pm-8pm	28 No Workouts	29 Summer Workout: (Main) 6pm-8pm	30 Workouts: (Main) 10am-12pm

6

JUNE

2026

SUN	MON	TUE	WED	THU	FRI	SAT
	Summer Workout: 1 (Main) 6pm-8pm Summer Rosters Announced	2 Summer Workout: (Main) 6pm-8pm	3 Summer Workout: (Main) 6pm-8pm	4 No Workouts	5 Shadle Park Tournament (@7pm Main Gym)	6 Shadle Park Tournament @10am Aux Gym & @2pm Main Gym
7 Shadle Park Tournament @11am Aux Gym	8 No Workouts	9 Summer Workout: (Main) 10:30am-12:30pm	10 Summer Workout: (Main) 10:30am-12:30pm	11 Summer Workout: (Main) 10:30am-12:30pm	12 No Workouts	13 No Workouts
14	15 No Workouts	16 Summer Workout: (Main) 10:30am-12:30pm	17 Summer Workout: (Main) 10:30am-12:30pm	18 Summer Workout: (Main) 10:30am-12:30pm	19 CDA Shootout (Time TBD)	20 CDA Shootout (Time TBD)
21 CDA Shootout (Time TBD)	22	23	24	25	26	27
28	29	30	31			