

My Best Self/Portrait of a Graduate



Emmalin Francis

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My Best Self

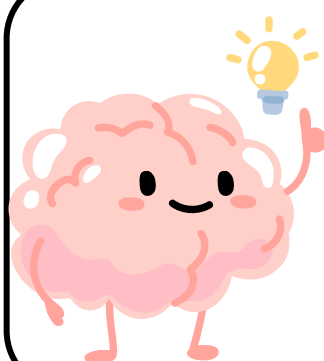
Your best self is when you are (for example) being a kind, helpful person. You not always going to be your best self, but you can try to be more than half of the time. With everyone being their best self, the world will be a kinder place.



When i'm my best self, I am kind, helpful, and empathetic. When I am my best self, I feel like a happy, responsible person. Being my best self can make my day feel like a good one, even if I had a test!

Portrait of a Graduate

2



I am a...

- critical thinker
- global citizen
- effective communicator
- self directed learner
- synergistic collaborator

I am a self directed learner because I can teach myself how to do things. For example, I taught myself fashion advice, how to edit, and how to make creative things. That's how I am a self directed learner.

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Mood Meter

The Mood Meter is all about how you feel! You can be in the yellow, which is in a good mood with high energy, a bad mood with low energy(blue), a bad mood with high energy(red) and in a good mood with low energy(green). For example, if you're in the green you are calm. And red is angry!



Multiple Intelligence's and goals

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- Win a dance championship
- Start taking hip-hop and tap
- Get a higher grade on my math test

- Art smart
- Body smart
- Self smart
- People smart

My multiple intelligence's



numbers that are important to me

3

my lucky number

2

number of siblings I have

1117

my birthday

west rocks middle school-6th grade

made on canva

Once upon a time...

I was an effective communicator!

Once upon a time, our 6th grade GT class had to present our projects for diversity. I was really nervous. Everyone's projects were tall, neat, poster boards. My project was creative, but not neat. I had made a clothing store! I was so nervous. My project stood out, which meant that people were going to come and ask me about it. I dislike public speaking a lot. After my mom came, I felt more comfortable. I could talk to the parents, even if my partner wasn't there. I was really proud of my project, and how comfortable I was with talking to new people! I was an effective communicator because even though I was nervous, I still spoke to the parents!

**What I learned:
I am an effective
communicator, and I can
overcome my fears!**

