



# August 2026

# Iredell Statesville Schools: **Elementary Breakfast**

Offered Daily: 1/2 pint Milk:  
1% Unflavored (12), Chocolate FF (19) or Strawberry FF (19)

(~carb counts)

**\*\*Menu subject to change\*\***

 <h2 style="text-align: center;">Welcome Back</h2>		Strawberry Pancake (39) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)	Sausage Biscuit (25) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)	Honey Bun (35) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)	<b>12</b>	<b>13</b>	<b>14</b>		
		Chicken Biscuit (34) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)	Donut Holes in a Cup (42) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)	Blueberry Muffin (38) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)	Cinnamon French Toast (36) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)	Pancake and Sausage Bites (20) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)	<b>17</b>	<b>18</b>	<b>19</b>
Apple Strudel (38) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)	Breakfast Pizza (21) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)	Dunkin Sticks (48) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)	Sausage Biscuit (25) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)	Confetti Pancake (36) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Berry Bread (45) Yogurt (≈16) with Graham (≈17) Poptart (73) Cereal (≈23) with Graham (≈17) Fresh Fruit (5-26) or Fruit Cup (≈18) Juice (≈14)	 <h2 style="text-align: center;">Eat Well. Learn Well. Grow Well.</h2> 								<b>31</b>

Carbohydrate counts for fresh fruit vary widely (5–26) depending on the selection. For exact carbohydrate information, please contact the cafeteria manager.