



Breakfast Menu

Windsor Locks Middle School

June 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
1 Sausage and Egg Sandwich Fresh Apple 100% Grape Juice	2 Scrambled Eggs with Cheese ✓ Red. Sugar Cinnamon Toast Crunch Cereal ✓ Fresh Orange	3 Bacon, Egg and Cheese Breakfast Sandwich P Diced Peaches 100% Apple Juice	4 Mini Maple Flavored Waffles Hash Brown Potatoes Strawberry Pop Tart Fresh Banana	5 Chocolate Chip Muffin ✓ Blueberry Muffin ✓ With Fresh Orange
8 Cinnamon Toast Crunch Cereal ✓ And Animal Crackers With Applesauce	9 Fluffy Whole Grain Pancakes <i>warm whole grain pancakes</i> ✓ And Syrup With Fresh Orange	10 Bacon, Egg and Cheese Breakfast Sandwich All With Fresh Banana	11 WW Honey Bun ✓ Or WG Cherry Muffin ✓ All With Apple Juice	12 WW Honey Bun ✓ Brown Sugar Cinnamon Pop Tart Apple Juice
15 Chocolate Chip Muffin ✓ Or WW Honey Bun ✓ Fresh Orange	16 Bacon, Egg and Cheese Wrap Diced Pear Cup	17 Sausage, Egg and Cheese Sandwich <i>a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese</i> Or WG Cherry Muffin ✓ All With Fresh Orange	18 	19 

SANDWICHES • VEGETABLES • FRUITS • MILK

FREE SUMMER MEALS



KIDS and TEENS
18 and Under

For sites near you visit:
www.CTSummerMeals.org
CALL 211
TEXT THE WORD FOOD TO 304-304



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.
Milk image courtesy of No Kid Hungry.



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Please remember to fill out your free and reduced meal applications and return to your schools

Available Daily
Fruits offered Daily: Fresh in Season Fruits
Choice of Milk: Fat Free
Chocolate, 1% White and Skim
We encourage students to take advantage of our UNLIMITED fruit and vegetable policy

 Vegetarian
  Made With Natural Ingredients
  Pork
  Smart Choice
  Made With Organic Ingredients