













Breakfast Menu

Windsor Locks High School

June 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Sausage, Egg and Cheese Sandwich <i>a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese</i> Fresh Apple Diced Pear Cup</p>	<p>2 Grilled Cheese Sandwich Meltdown Café <i>golden toasted bread with melted gooey cheese pressed and prepared in-house</i>  Fresh Orange Sliced Peaches</p>	<p>3 Bacon, Egg and Cheese Breakfast Sandwich <i>warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese</i>  Fresh Pear 100% Apple Juice</p>	<p>4 Ham Egg & Cheese Sandwich <i>a warm breakfast sandwich prepared in-house and topped with tender ham slices, cheese and fluffy cooked eggs</i>  Fresh Apple Diced Pear Cup</p>	<p>5 Whole Grain French Toast Slices  With Syrup Or WW Honey Bun  Fresh Banana Sliced Peaches</p>
<p>8 Sausage, Egg and Cheese Sandwich <i>a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese</i> Fresh Apple Diced Pear Cup</p>	<p>9 Strawberry Pop Tart Or Brown Sugar Cinnamon Pop Tart With WG Honey Bear Graham Crackers Fresh Orange Sliced Peaches</p>	<p>10 Bacon, Egg and Cheese Breakfast Sandwich <i>warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese</i> Fresh Pear 100% Apple Juice</p>	<p>11 Blueberry Muffin  Or Chocolate Chip Muffin  Fresh Apple Diced Pear Cup</p>	<p>12 Whole Grain French Toast Slices  With Syrup Or WW Honey Bun  Fresh Banana Sliced Peaches</p>
<p>15 Sausage, Egg and Cheese Sandwich <i>a warm sandwich prepared in-house with savory sausage, fluffy eggs and melted cheese</i> Fresh Apple Diced Pear Cup</p>	<p>16 Grilled Cheese Sandwich Meltdown Café <i>golden toasted bread with melted gooey cheese pressed and prepared in-house</i>  Fresh Orange Sliced Peaches</p>	<p>17 Bacon, Egg and Cheese Breakfast Sandwich <i>warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese</i> Fresh Pear 100% Apple Juice</p>	<p>18 </p>	<p>19 </p>

SANDWICHES • VEGETABLES • FRUITS • MILK

FREE SUMMER MEALS



KIDS and TEENS
18 and Under

For sites near you visit:
www.CTSummerMeals.org
CALL 211
TEXT THE WORD FOOD TO 304-304



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.
Milk image courtesy of No Kid Hungry.



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

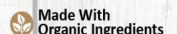
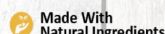
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Please remember to fill out your free and reduced meal applications and return to your schools

Available Daily

Cinnamon Toast Crunch Cereal, Assorted Muffins, WW Honey Bun
Fresh Assorted Seasonal Fruits or Chilled Fruit Cup
Choice of Milk: Fat Free
Chocolate, 1% White

We encourage students to take advantage of our UNLIMITED fruit and vegetable policy



This institution is an equal opportunity provider.