

The Signpost

Volume 43 No. 2 Red Bank Catholic High School • Red Bank, New Jersey 07701

June 2026

Cafeteria Renovations

By: Amanda Foster

Red Bank Catholic's Cafeteria renovations are underway. The school is looking to introduce new seating arrangements, fresh paint, a healthier menu, as well as grab-and-go options.

These renovations will offer RBC students a space that they can enjoy. Students look forward to these new upgrades, and cannot wait to see the final product.

Ridge Road Run Success

By: Amanda Foster

On May 3, 2026 the Ridge Road alliance hosted their annual Ridge Road Run in support of mental health awareness and suicide prevention.

The event hosted participants ranging from students and teachers to residents and community members.

It is a wonderful opportunity to make a difference, and it all starts with putting on your running shoes and crossing the finish line.

Below: Participants of the Ridge Road Run make their mark before the race begins.



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Dance Connections Around the Globe: DIO Visits RBC

By: Amanda Foster

Red Bank Catholic Performing Arts had the opportunity to host the Waikato Diocesan High School - DIO Performing Arts on April 16, 2026. These students traveled all the way from New Zealand for a cultural experience. The students' trip started in New York to immerse themselves in all the city has to offer. There, they were able to participate in tours which included seeing *Hamilton* as well as participating in a Q&A with the cast. The tour also extended to The Juilliard School and NYU Tisch School of the Arts.

These students ranged from 11-13 years old and to be eligible for the trip, students had to either plan to take a performing arts curriculum or show significant participation in co-curricular performing arts groups at the Diocesan school. To further their exploration on their trip, the DIO Performing Arts traveled to Red Bank Catholic and presented a piece they put together for RBC students. Students from both schools were able to perform for each other showcasing their artistic abilities as well as different types of cultural dances.

While the New Zealand students were visiting Red Bank Catholic, they presented a drama piece,



Red Bank Catholic Performing Arts and DIO Performing Arts from New Zealand shared performances during a special cultural exchange event at RBC.

.solos, and they also had the opportunity to sing their anthem. Both the DIO Performing Arts students and RBC's Performing Arts students commented that it was interesting to experience different perspectives on the art of dancing and to see how each style of the performance could be expressed. Red Bank Catholic student, Julia McCarthy, shared how special the experience was, "It was a very fun and interesting experience to get to meet performing arts students from another country, and it showed me how performing

arts can create connections between fellow students, even from across the world."

Students like Julia shared similar thoughts and expressed thanks to being able to have such an opportunity.

This opportunity allowed students from both countries to bond and share a special experience. The day taught students how vital it is to connect to people from different backgrounds and cultures.



Visiting performers from DIO Performing Arts showcase their dance routine as part of an international exchange at RBC.

FEATURES

Winter Sports: A Complete Recap of the Season

The Red Bank Catholic Winter Sports Programs excelled this season, setting records and achieving huge milestones.

Boys and Girls Indoor Track

By: Emma Mercés

The RBC Boys Indoor Track Team put together a strong season highlighted by impressive individual and team performances. One of the biggest accomplishments came from Curtis O'Brien, who broke a school record and cemented his place in RBC track history. Seniors Scott Baldwin, Nathan Hogg, Elijah Kyles, Curtis O'Brien, and David Torres provided leadership and experience throughout the winter season, helping guide the Caseys through tough competition and continued improvement.

The RBC Girls Indoor Track Team had a standout season filled with accomplishments at both the state and national levels. Emma Mercés, Grace Heaton, Kiera McInerney, and Kaitlyn Bardis qualified for the Indoor Meet of Champions in the 4x800 relay, while Shylah Davis, Grace Heaton, Kiera McInerney, and Adrianna Hewitt earned a spot in the Meet of Champions for the 4x400 relay. Several athletes also traveled to Boston, Massachusetts, to compete at New Balance Nationals Indoor, showcasing RBC on a national stage. Seniors Sofia Colon-Abraham, Nora Feeley, and Molly O'Connor helped lead the team throughout the season, contributing experience, leadership, and dedication to a memorable winter campaign.

Boys Basketball

By: Shylah Davis

The Red Bank Catholic Boys Basketball Team put together a historic 2025-26 season, finishing as one of the Shore Conference's top programs. The Caseys opened the year with a 50-44 road victory over crosstown rival Red Bank Regional and continued with strong wins over Freehold, Point Beach, Central Regional, Donovan Catholic, and Marlboro. RBC also defeated Ranney, Lawrence, Freehold Boro, Middletown North, Colts Neck, St. John Vianney, and Point Beach, with Tyler Hager playing a key role throughout the season.

The Caseys made school history in the Shore Conference Tournament, advancing to the program's first-ever championship game after wins over Point Beach, Ranney (60-55), and Wall (44-31). RBC finished the season with an NJSIAA Tournament win over St. John Vianney before falling to St. Joseph Metuchen in the second round.

Girls Basketball

By: Amanda Foster

Red Bank Catholic's Girls Basketball Team truly excelled this past season, securing both the Shore Conference Tournament Championship and the NJSIAA Non-Public A state title. The team was ranked No.1 in New Jersey. Led by Coach Joe Montano, the team ended the season with a 30-2 record. While it is sad to see the seniors leave after this past season, we are excited to see them continue making their mark in college. One player who had a remarkable season was senior Addy Nyemchek; she averaged nearly 20 points per game, becoming RBC's all-time leading scorer with 1,781 career points. Nyemchek also earned Shore Conference Player of the Year and was named the state's Gatorade Player of the Year. Nonetheless, the girls' hard work and dedication to the game paid off, making it one for the books. All seven seniors brought something different that made an impact. The girls left their hearts on the court, making this season one of the most memorable seasons yet.

Competition Cheer

By: Aine Lenahan

At Red Bank Catholic High School, the Competition Cheer program continues to represent the Caseys with pride, dedication, and excellence. On February 20, 2026, the team celebrated another exciting season while building on past successes during the fall and winter competition schedule, competing in some of New Jersey's top cheerleading events. The program also proudly recognized Coach Kelly Supp for receiving the prestigious NJCDA Legacy Coaches Award, honoring her years of commitment and leadership. Earlier in the year, on November 7, 2025, the Caseys community came together for Senior Night at home,

creating an unforgettable atmosphere of school spirit and support for RBC athletics.

Wrestling

By: Shylah Davis

The Red Bank Catholic Casey's Wrestling Team made history during the 2025-26 season, highlighted by the program's first division championship in school history. RBC opened the year with strong performances, including a 44-24 victory over Holmdel and wins over No. 15 St. Joseph Metuchen (39-32), No. 20 Old Bridge (43-23), and New Brunswick (76-0). The Caseys continued their momentum with victories over Lacey, Point Pleasant Boro, Hillsborough, Cherry Hill West, and a thrilling 32-30 win over 16th-ranked Don Bosco Prep. RBC also honored seniors Javier Guzman, Caden Sternlieb, Cristian Rodriguez, Luken Ramos, Hayden Woolley, and Brian Garcia on Senior Night during the state semifinals on February 19. The Caseys excelled in postseason competition at District 32 held at Rowan University, where District Champions John Tarantino, Mako Vezzosi, Luken Ramos, and Cris Rodriguez helped RBC send 10 wrestlers to Regions. History was made again at Regionals as eight Caseys qualified for the State Tournament, doubling the previous school record and capping off a landmark season for the Caseys Wrestling Program.

Ice Hockey

By: Emma Mercés

The RBC Boys Hockey tTeam, better known around campus as "Catholic Puck," delivered an impressive 17-3 season this year, proving themselves as one of the strongest teams in the conference despite having no seniors on the roster. Led by a talented group of underclassmen, the Caseys showed consistency, speed, and teamwork throughout the season, earning big wins against tough opponents and building excitement for the future of the program. With strong chemistry on and off the ice, the team's success reflects both their dedication and the coaching staff's leadership. Even more impressive, this year's accomplishments may only be the beginning, as the entire roster is expected to return next season with valuable experience and high expectations.

Boys and Girls Swim

By: Ava Mason

The girls and boys swim teams had incredible seasons. At the Monmouth County Championship, the girls placed 3rd overall. For the 200 Freestyle Relay, 400 Freestyle Relay, and 200 Medley Relay, the girls placed 1st, 2nd, 5th. For the boys, Hayden Gill placed 1st in the 200 free, and 3rd in the 100 free. The girls also won against Middletown South. In January, Senior Night 2026 honored 4 seniors, Scarlett Schmidt, Izzy Kopp, Natalie Dapra, and Lily Stockum. It was a wonderful day where the whole team honored these girls during their meet.

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*"Opinions stated are not necessarily
the voice of the Signpost."*

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The Signpost

THE LIST

(college choices reported to guidance as of publication)

University of Alabama Sebastian Chenery Natalie Crowe Corinna Shafer	Fairfield University Sophia Cascella Ava Mason Julia McCarthy	Miami University- Oxford Adele Macgregor United States Military Academy Daniela Maletsky	University of Rhode Island Katie Liggio Carla M. Ocasio	University of Tampa Matthew Asfendis Lucas D’Erasmus Natalie Fastiggi Sydney Ketchow
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Arizona State University Anthony Desider Auburn University Lily Stokum Bentley University Juliana Hoefsloot Boston College Savannah Salsman Brookdale Community College Ryder Ansell Ryan Eagle James Hankowski Brayden Harmata Cassandra Kelesidis Rashun Mallory Joe V. Mauro Jack Narciso Adrian Piesco Clare Torres Hayden Woolley	Florida Southern College Cole Collins Hampton University Smithleen Smith Harvard University Sophie Smith High Point University Athena DiStefano Holy Family University Jayden Kane Iowa State University Eileen Cruz Lana Larkin Indiana University Addison Nyemchek Ava Puma Ryan Saxton	Montclair State University Caden Sternlieb University of New Hampshire Nathan Hogg Scarlet LeVake The College of New Jersey Jack Main New Jersey Institute of Technology Eamon Boyle Mateus Rosa	Sacred Heart University Briar Farrell Kylie Getze Ryan Hauck Saint John’s University David Torres Saint Joseph’s University William Buckman San Diego State University Jordan Genovese University of Scranton Lauren Kelly Seton Hall University Carina Jordan Nikolas Sakelaris Jordan Ward	
Bucknell University Amanda Foster Tessa Liggio	James Madison University Natalie Dapra Lauren O’Sullivan John Carroll University Curtis O’Brien Kean University K’Yanah Monea Byrd University of Kentucky Joseph Farrell King’s College Elijah Kyles Liberty University Alexis O’Toole	New York University (NYU) Hannah Beatty University of North Carolina at Greensboro-Bryan Business School Olivia Racioppi	Shenandoah University Dylan Horstman Skidmore College Alice Kelly	
The Catholic University of America Cecelia Machado Liliana Machado	Loyola University Maryland Taya Jones Louisiana State University and Agricultural & Mechanical College Brianna Mascolo Lynn University Brianna Gomes Davenport Hannah Nappi Marist University Olivia Terranova University of Maryland Paige Foye	University of Notre Dame Kylie Gallagher Nova Southeastern University Hayley Correia Pennsylvania College of Technology Jackson Denza Pennsylvania State University (Harrisburg) Brelin Menezes Pennsylvania State University (University Park) Connor Sabol Pepperdine University Landon Laido University of Pittsburgh Bridget Ryan Quinnipiac University Jessica Hille Elizabeth Pellegrino	University of South Carolina Columbia Nora Feeley Evan Ford Caiden Seitz Southern Methodist University Juliana Pasquale Stockton University Eftichia Thermos Susquehanna University Johnny Williams Syracuse University Benjamin DeJulius Scarlett Schmidt	
College of Charleston Isabella Kopp Clemson University Julia Biondolillo Amanda Mojares	County College of Morris Peter Prasnal University of Connecticut Madelyn Ennis University of Delaware Nicole Ranieri Delaware State University Abigaille Volcy Drew University Glen Popes East Stroudsbourg University Pennsylvania Loghan (Lola) Giordano Emmanuel College Luken Ramos Charley Strevens			

ARTS & ENTERTAINMENT

The Casey Players Present: *Grease*

By: Ava Mason

For the 2026 Spring Musical, the Performing Arts Theater Department performed an adaptation of *Grease*. This production was an immense success, as parents, teachers, alumni, and community members gathered to support these excellent performers. This classic story was brought to life through the production of costumes, set, and dance numbers. Some highlights for the show, featured high energy dance numbers, live singing, and a live band.

The cast rehearsed for months before and after school, reflecting the dedication and hard work that went into this wonderful production. The school's art and tech departments contributed to this play by collaborating on costumes, lighting, and set design.



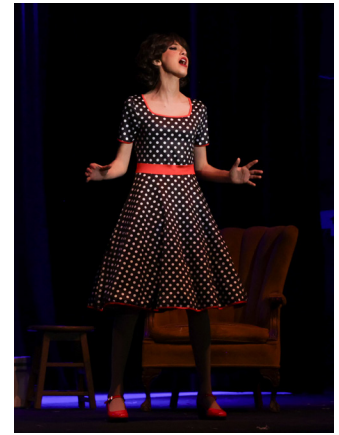
Singing from the driver's seat, Niko Sakalaris, who plays Danny Zuko, performs "Sandy" in *Grease*.

In addition, guests who came to the show walked into the BSA feeling as though they were in the movie, with the decorations.

All in all, the show concluded and the crowd rose in a standing ovation, marking another great performance. Congratulations to show Director Jeanne Montano ('78), Music Director Andrew Macirowski, Technical

Director and Lighting Design Robert Rutt, House Manager Joey Maher, Set Design Director Carla Valentino, Assistant Choreographer Carmen Gemmellaro ('23), all of the student performers, directors, stage crew, musicians and volunteer parents.

Top right- Siena Marino belts out a classic number as Rizzo in the musical *Grease*.



The finale heats up as Danny Zuko (Niko Sakalaris) and Sandy Dumrowski (Kylie Schneider) perform the iconic duet "You're the One That I Want."



The Pink Ladies steal the spotlight with their signature style and dynamic performance in *Grease*. **Basie Update-** Congratulations to-the Fall Drama-*Peter and the Starcatcher*, Robert Rutt- Best Set Design and Best Lighting, Maeve Thurman-Best Supporting -Female, Siena Marino-Best Lead Female, and Best Overall Production.

2026 Count Basie Awards

By: Aine Lenahan

The Theater Arts Program at Red Bank Catholic High School received outstanding recognition during the 2026 Basie Awards, celebrating excellence in Monmouth County high school theater. RBC earned multiple nominations for its 2025-26 production of *Peter and the Starcatcher*, with the awards ceremony taking place on May 19, 2026. Among the program's notable achievements were nominations for Outstanding Direction of a Play for Jeanne Montano and Outstanding Set Design of a Play for Robert Rutt for their work on *Peter and the Starcatcher*.

Other nominees include Niko Sakalaris, Maeve Thurman, Cort Hooker, and Siena Marino, and RBC for its production.



The cast of *Peter and the Starcatcher* are thrilled for their Basie nominations.

SPORTS

Boys and Girls Golf

By: Aine Lenahan

The Boys Golf Team at Red Bank Catholic High School demonstrated hard work and perseverance throughout the season, earning exciting victories over Middletown South (155–156) and Marlboro (156–165). Although the team faced challenges in other matches, the players continued to compete with determination and optimism for the future.

Standout golfer Charlie Boeddinghaus helped lead the Caseys throughout the season with consistent performances, while Chace Schell delivered an impressive showing at the Monmouth County Golf Tournament at Charleston Springs Golf Course, tying for third overall with a score of 75. The team also earned a strong 7th-place finish at the county tournament, highlighting the dedication and growth of RBC golf this year.

The Girls Golf Team at Red Bank Catholic High School showed perseverance and determination throughout the season, competing hard in every match and continuing to grow as a team.

Team captain Nola Geffon and standout player Francesca Frankovic helped lead the Caseys through a challenging season, keeping many matches competitive and motivating the team with their leadership and strong performances.

One of the team's closest contests came against St. Rose, where RBC fought hard in a 255–204 match.

Although wins were difficult to come by this season, the future remains bright for the program, and the team looks forward to building on its experience for next year.



Junior Michael Gemellaro shoots a nice drive down the fairway.

Flag Football

By: Amanda Foster

The Red Bank Catholic Flag Football program continues to grow each and every season. Though the team is fairly new and still building, the season got off to a great start with a record of 4-2. Junior, Lilia O'Neal, has had some big shoes to fill after previous star quarterback, Katherine Bauman, graduated last year.

It is exciting to anticipate how the season will come to a close and whether the team can continue striving to compete in the Shore Conference this spring. RBC's flag football team shows promise and determination.



Junior Heidi Wierman running toward the end zone to score.

Softball Crushes Baseball Triumphs

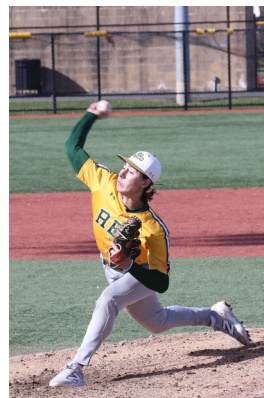
By: Aine Lenahan

By: Shylah Davis



Senior Jayden Kane preparing for the game.

The Girls Softball Team at Red Bank Catholic High School showcased determination and talent throughout the season, earning impressive victories against strong opponents, including Middletown North (3–0), Colts Neck (8–1), and Hanover Park (10–1). Senior Night was celebrated at home on May 6 against St. Rose, honoring the dedication and leadership of the team's graduating players. Standout seniors such as Jayden Kane and Torri Case played key roles in the team's success, helping lead the Caseys with outstanding performances both on and off the field.



Senior Glen Popes pitching a strike.

The Red Bank Catholic Casey's Baseball Team has opened the 2026 season in impressive fashion, posting a 13-5 record with several statement wins already on the schedule. RBC began the year with a thrilling 1-0 home victory over Middletown South on April 2 behind a dominant pitching performance from Anthony Scaglione (6 IP, 8 Ks, 3 H) and Glen Popes (1 IP, 1 K), while Tyler Hager drove in the game's lone run. The Caseys followed with a 13-2 road win over Middletown South and a 3-2 victory over Manalapan before splitting the series with a tough 18-2 loss. RBC quickly bounced back with wins over Jackson Memorial (6-1), Ranney twice to complete a series sweep (13-8 and 2-1), Howell twice (12-5 and 10-4), Brick Memorial (7-3), Bergen Catholic (6-2), and a dominant 13-0 shutout over CBA led by standout Tyler Hager. One of the season's biggest moments came in the Monmouth County Tournament when the Caseys walked off Manalapan in 10 innings for a dramatic 1-0 victory. RBC also celebrated Senior Day with a 6-1 win over Barnegat while honoring senior leaders Jake Frankel, Joe Mauro, Landon Laido, Charlie Stumburger, Brayden Harmata, Miles Nesson, Dylan Hortsman, Aiden Funk, Drew Cannon, Glen Popes, Dan Rice, and Michael Martinez. With strong leadership, timely hitting, and dominant pitching, the Caseys continue to build momentum as the season rolls on.

SPORTS

Girls Track

By: Shylah Davis

The RBC Girls Track and Field Team continued an impressive spring season with standout performances at the Monmouth County Relays on April 30. Leading the way was the girls 4x800 relay team of Emma Mercés, Kaitlyn Bardis, Grace Heaton, and Kiera McNerney, who were Monmouth County Champions after running a national qualifying time of 9:23. The girls JV 4x800 relay team of Sasha Egan, Shylah Davis, Grace Crow, and Sailor Oakes earned first-place medals, while the girls 4x200 relay and sprint medley relay teams also placed in the top five. Earlier in the season, RBC competed at the Penn Relays, where multiple relay teams represented the school, including the Distance Medley Relay competing in the Championships of America. At the A-Central Division Championships, Emma Mercés, Kiera McNerney, Adrianna Hewitt, and Amelia Berent earned top finishes across multiple events. With more meets still ahead, the Caseys continue to build momentum this season.



Junior Amelia Berent trains during practice as she prepares for the upcoming track meet.

Boys Track Relays

By: Shylah Davis.

The RBC Boys Track and Field Team also turned in strong performances at the Monmouth County Relays on April 30. The boys long jump relay team of Curtis O'Brien and Bryse Martin placed second overall, with O'Brien also earning second individually with a jump of 21-8.25. The boys 4x100 and 4x200 relay teams earned medal finishes, while the JV 4x800 relay team also placed fourth. RBC competed at the Penn Relays, with the 4x100 relay team representing the Caseys on a national stage. At the A-Central Division Championships, Josiah Numa placed second in both the 100-meter and 200-meter dash, while Curtis O'Brien captured the division title in the long jump. The boys team continues to show strength across sprints, relays, jumps, and field events.



Senior Curtis O'Brien lands a school-record performance in the long jump.



Junior Joe Egan advances past an opponent toward the goal.

Boys Volleyball

By: Amanda Foster

The Boys Volleyball Team at Red Bank Catholic High School began its new season on March 25 with determination and excitement to continue improving and building the program. After finishing the 2025 season with a 1-21 record, the Caseys entered this year motivated to grow stronger as a team and compete at a higher level. Returning libero Eamon Lenahan stood out after recording 165 digs during the 2025 season and is expected to continue surpassing that mark this year with his strong defensive play and leadership on the court. The team also celebrated important victories this season, including hard-fought 2-1 wins against Middletown North and Donovan Catholic, showing the progress and resilience of RBC Boys Volleyball.



Junior Davin Mendez serves the ball over the net.

Boys Lacrosse

By: Aine Lenahan

The Boys Lacrosse Team at Red Bank Catholic High School delivered an exciting season filled with high-scoring performances and impressive team chemistry. Led by standout player Thomas Muniz, the Caseys earned a dominant 18-6 victory over St. John Vianney in an offensive showcase. Head coach Don Femminella praised the team's depth and versatility, saying, "Any given day, any of our guys can go off for us. It's been different guys every single game. It's kind of awesome to have all the scorers out there, to have multiple guys that can step up."

RBC also put together strong winning streaks during the season, including commanding victories against Toms River South (16-4) and Ocean (14-12), proving the Caseys' determination and offensive strength on the field.

Girls Lacrosse

By: Emma Mercés



Junior Cecelia Granatelli prepares to block an incoming shot.

Despite facing a challenging 2-12 season, the RBC Girls Lacrosse Team has continued to show resilience, determination, and strong leadership throughout the spring. Senior captains Sophia Cascella and Bridget Ryan have played an important role in keeping the team motivated, leading by example both on and off the field. While the record may not reflect the effort and growth the team has shown, the Caseys have continued to compete with energy and sportsmanship against tough competition.

With younger players gaining valuable experience and the seniors providing steady leadership, the season has highlighted the team's perseverance and commitment to improving every game.