Health Examinations

Adopted: 06/02/1998 **| Last Revised**: 05/05/2026 **| Last Reviewed**: 05/05/2026

The principal at each school shall notify parents/guardians of the rights of students and parents/guardians related to health examinations.

A parent/guardian may annually file a written statement with the principal withholding consent to any physical examination of their child. Any such student shall be exempt, but shall be subject to exclusion from attendance when contagious or infectious disease is reasonably suspected.

Vision

Each student's vision shall be appraised, by the school nurse or other qualified personnel authorized by the district, during the kindergarten year or upon first enrollment or entry in a district elementary school and subsequently in grades 2, 5, and 8. However, a student who is tested upon first enrollment or entry in the district in grade 4 or 7 shall not be required to be appraised in the next immediate year.

The vision appraisal shall include tests for visual acuity, including near vision. Male students shall be tested once for color vision in grade 1 or later and the results of the appraisal shall be entered into the student's health record.

Appraisal of a student's vision may be waived under the following conditions:

1. The student's parent/guardian requests a waiver and presents a certificate from a physician/surgeon, physician assistant, or an optometrist stating the results of an examination of the student's vision including visual acuity, and, in male students, color vision.

2. The student's parents/guardians file with the principal a written statement that they adhere to the faith or teachings of any well-recognized religious sect, denomination, or organization and, in accordance with its creed, tenets, or principles depend for healing upon prayer in the practice of their religion.

Visual defects, or any other defects, found as a result of the vision examination shall be reported to the parent/guardian with a request that remedial action be taken to correct or cure the defect. The report of visual effect, if made in writing, shall be on a form prescribed by the Superintendent of Public Instruction. The report shall not include a referral to any private practitioner. However, the student may be referred to a public clinic, or diagnostic and treatment center operated by a public hospital or by the state, county or city department of public health.

In addition to the vision appraisals described above, the school nurse and/or classroom teacher shall continually and regularly observe students' eyes, appearance, behavior, visual performance, and perception that may indicate vision difficulties.

Hearing

Each student shall be given a screening test in kindergarten or grade 1 and in grades 2, 5, 8, 10 or 11, and first entry into the California public school system.

Each student enrolled in a special education program, other than those enrolled because of a hearing problem, shall be given a hearing test when enrolled in the program and every third year thereafter. Hearing tests may be given more frequently as needed, based on the individualized education program team's evaluation of the student.

A follow-up hearing threshold test shall be administered to any student who fails to respond to any of the required frequencies in the screening test or is otherwise determined to need further evaluation.

The Superintendent or designee shall provide written notification of test results to the parents/guardians of any student who fails the hearing tests. When the test results fall within the levels specified in 17 CCR 2951 or there is evidence of pathology, such as an infection of the outer ear, chronic drainage, or a chronic earache, the notification shall include a recommendation that a further medical and audiological evaluation be obtained.

The dates and results of all screening tests and copies of threshold tests shall be included in the student's health records.

The principal or designee shall prepare an annual report of the school hearing testing program, using forms provided by the Department of Health Services, with copies to the Superintendent and the County Superintendent of Schools.

Scoliosis Screening
Each female student in grade 7 and every male student in grade 8 shall be screened for scoliosis.

The parent/guardian of any student suspected of having scoliosis shall receive notice which includes an explanation of scoliosis and describes the significance of treatment at an early age. This notice shall also describe the public services available for treatment and include a referral to the appropriate community resources.

Type 1 Diabetes Information
The Superintendent or designee shall provide parents/guardians of children enrolled in elementary school for the first time, or with the annual notifications, an information sheet developed by the California Department of Education (CDE) regarding type 1 diabetes.

Type 2 Diabetes Information
Because type 2 diabetes in children is a preventable and treatable disease, parent/guardians are encouraged to have their child screened by an authorized health care practitioner for risk factors of the disease, including excess weight, and to request tests of their child’s blood glucose to determine if the student has type 2 diabetes or pre-diabetes.

The Superintendent or designee shall provide parents/guardians of incoming students in grade 7 with an annual information sheet developed by the CDE regarding type 2 diabetes, which includes:

1. A description of the disease and its risk factors and warning signs;

2. A recommendation that students displaying or possibly suffering from risk factors or warning signs associated with type 2 diabetes be screened for the disease;

3. A description of the different types of diabetes screening tests available; and

4. A description of treatment and prevention methods.

The information sheet may be provided with the parental notifications required pursuant to Education Code 48980.

The Superintendent or designee may provide information to parents/guardians regarding public or private sources from which they may receive diabetes screening and education services for free or reduced costs.

California Interscholastic Federation (CIF) Athletic Competition
All students who participate as cheerleaders, song leaders, or athletes in interscholastic sports are required to file a current medical examination for each year they participate. Compliance with the medical examination requirement is not necessary for participants in a play day or a field day activity occurring occasionally during a school year in which students of one or more particular grade levels from two or more schools in the district participate in athletic contests.

If a student sustains an injury or serious illness, the student may be required by school personnel to have another examination prior to further interscholastic competition.

A student who has been excused from the physical education program because of a medical reason may not participate in any interscholastic athletic competition.

All students engaging in interscholastic athletic competition are required to meet accident insurance requirements prescribed by law.

Policy Reference Disclaimer:
These references are not intended to be part of the policy itself, nor do they indicate the basis or authority for the Board to enact this policy. Instead, they are provided as additional resources for those interested in the subject matter of the policy.

Legal References:

STATE
CALIFORNIA CODE OF REGULATIONS
5 CCR 10120-10121 Work permits
5 CCR 16023-16027 District records; retention and destruction
8 CCR 11701-11707 Prohibited and dangerous occupations for minors
8 CCR 11750-11763 Work permits and conditions; minor employed in entertainment industry
EDUCATION CODE
48230 Exemption from full-time school attendance for students with work permits
48231 Exemption from compulsory attendance for students entering attendance area near end of term
49100-49101 Compulsory attendance
49110-49119 Permits to work
49130-49135 Permits to work full time
49140-49141 Exceptions
49160-49165 Employment of minors; duties of employers
49180-49183 Violations
49200 Permit to work during extended emergency school closure
51760-51769.5 Work experience education
52300-52462 Career technical education
LABOR CODE
1285-1312 Employment of minors
1391-1394 Working hours for minors

FEDERAL

CODE OF FEDERAL REGULATIONS

29 CFR 570.1-570.129 Child labor regulations

MANAGEMENT RESOURCES

ATTORNEY GENERAL OPINION

18 Ops.Cal.Atty.Gen. 114 (1951)

CA DEPARTMENT OF INDUSTRIAL RELATIONS PUBLICATION

Child Labor Laws, 2013

CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATION

Basic Labor Rights Information Sheet Template

Statement of Intent to Employ a Minor and Request for a Work Permit - Certificate of Age, Form B1-1

Permit to Employ and Work, Form B1-4

WEBSITES

CSBA District and County Office of Education Legal Services https://legalservices.csba.org/#

California Department of Education, Work Experience Education http://www.cde.ca.gov/ci/ct/we

California Department of Industrial Relations http://www.dir.ca.gov/

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