

# Get Free Groceries



## Obtenga Alimentos Gratuitos

### → TEXT

“Food” or “Comida”  
to 844-600-7627

### → ATTEND EN PERSONA

Mobile Market Food  
Distribution  
Mercado Móvil Gratis  
[SolveHungerToday.org/  
MobileMarket](http://SolveHungerToday.org/MobileMarket)

### → APPLY FOR SNAP AND OTHER PUBLIC BENEFITS SOLICITAR SNAP Y OTROS BENEFICIOS PÚBLICOS

[SolveHungerToday.org/SNAP](http://SolveHungerToday.org/SNAP)  
A SNAP team member is ready  
to help on Live Chat & Talk  
Un miembro el equipo de SNAP  
listo para ayudarte, hablando a  
través del chat en vivo.

### → FOLLOW US ON SOCIAL MEDIA SEGUIR EN LAS REDES SOCIALES

- Northern Illinois Food Bank
- @northernilfoodbank
- @ilfoodbank

### → CALL LLAME

Toll-free 844-600-7627  
Hablamos Español

### → ORDER ONLINE ORDENAR EN LÍNEA

[MyPantryExpress.org](http://MyPantryExpress.org)  
(Service may not be  
available in all counties)  
(Es posible que el servicio  
no esté disponible en  
todos los condados)

### → SCAN ESCANEA

This QR Code

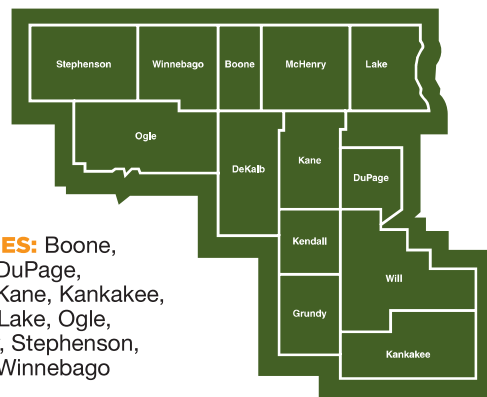


## VISIT | VISITA

**Food pantry near you**  
**Despensa de alimentos cerca de usted**  
[SolveHungerToday.org/GetHelp](http://SolveHungerToday.org/GetHelp)

**About Northern Illinois Food Bank:** Our vision is for everyone in Northern Illinois to have the food they need to thrive. A nonprofit organization and proud member of Feeding America, the Food Bank serves 13 counties, providing nutritious food and resources with dignity, equity and convenience.

**Acerca del Banco de Alimentos del Norte de Illinois:** Nuestra visión es que todos en el Norte de Illinois tengan los alimentos que necesitan para prosperar. Una organización sin fines de lucro y orgulloso miembro de Feeding America, el Banco de Alimentos sirve a 13 condados, brindando alimentos y recursos nutritivos con dignidad, equidad y conveniencia.



**COUNTIES:** Boone, DeKalb, DuPage, Grundy, Kane, Kankakee, Kendall, Lake, Ogle, McHenry, Stephenson, Will and Winnebago

## GIVE BACK

**Sign up to volunteer**  
**Para ser voluntario**  
[SolveHungerToday.org/Volunteer](http://SolveHungerToday.org/Volunteer)

## Spread the Word | Corra La Voz

Share this information with a friend, family member, neighbor or co-worker.  
Comparta esta información con un amigo, familiar, vecino o compañero de trabajo

[SolveHungerToday.org/GetGroceries](http://SolveHungerToday.org/GetGroceries)

Together we are solving hunger | Juntos estamos resolviendo el hambre



# INCOME GUIDELINES FOR SNAP ELIGIBILITY

As of October 1, 2025



NIFB SNAP Hotline: 844-600-7627

IDHS Customer Service Hotline: 800-843-6154

Link Card Balance/Card Replacement: 800-678-5465

## Are you eligible for SNAP?

HOUSEHOLD SIZE	GROSS MONTHLY INCOME	SNAP MAXIMUM ALLOTMENT
1	\$2,152	\$298
2	\$2,909	\$546
3	\$3,665	\$785
4	\$4,421	\$994
5	\$5,177	\$1,183
6	\$5,934	\$1,421
7	\$6,690	\$1,571
8	\$7,446	\$1,789
9	\$8,203	\$2,007
10	\$8,960	\$2,225
Additonal People	+\$757	+\$218

## Is anyone in your household over 60 or receiving Disability or Social Security? If so, you may be eligible for SNAP

HOUSEHOLD SIZE	GROSS MONTHLY INCOME (BEFORE DEDUCTIONS)
1	\$2,609
2	\$3,525
3	\$4,442
4	\$5,359
5	\$6,275
6	\$7,192
7	\$8,109
8	\$9,025
9	\$9,942
10	\$10,859
Each additional person	+917

Call Northern Illinois Food Banks' SNAP Help Line

Llama a nuestra línea de SNAP

844-600-7627 or visit [www.SolveHungerToday.org/snap-food-stamps](http://www.SolveHungerToday.org/snap-food-stamps)

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