Lucet™ | Employee Assistance Program

Personalized care and resources, *when you need them.*

Whether it's planning for your financial future or beginning to seek mental health resources, your Employee Assistance Program (EAP) is here to help. Available to you and your household members, Lucet's EAP is your first step to resources, counseling and so much more to support your wellbeing.

We're here to help

Stress, relationships, work and money. These are the most common reasons people reach out to EAP every year. No matter what issues you're facing, the resources you access are confidential so feel safe knowing you can begin addressing any of your personal challenges today.



EAP Services & Resources

Help for every day life

Counseling
Call us or go online to access no-cost sessions with a provider.

Legal & Financial
Navigating finances and the legal system with a no-cost 30-minute telephonic consultation per issue.

Work/Life
Referrals and resources for family, career, caregiving, health and wellness needs.

Coaching
Sessions with a life coach designed to promote self-awareness and clarify goals.

Your well-being is our priority.

Lucet EAP provides confidential support, counseling services and resources to help you overcome life challenges and live a happy, balanced life.

Call 800-624-5544 | Visit eap.lucethealth.com

Your company code: **Salina SD**

3 counseling/coaching sessions, per topic, per year.

Scan to learn more at
eap.lucethealth.com

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