Whitehall-Coplay School District
Middle School Lunch Menu

June 2026

Monday	Tuesday	Wednesday	Thursday	Friday
bravo! **Poblano's Mex-American!** Choice of soft- or hard-shell tortillas, tortilla chips, seasoned beef, chicken, pork, nacho cheese, topped with ranch refried beans, rice, Mexicali corn, and a variety of salsas. Customizable for (V)				
1 Buffalo Chicken Super Sub **FEATURED VEGGIES** Oven Fries Broccoli Salad	**2** Bone- In Wings with Assorted Sauces Dinner Roll **FEATURED VEGGIES** BBQ Baked Beans Celery Sticks	**3** Asian Bar Sesame, Sweet and Sour or General Tso Chicken over Vegetable Fried Rice **FEATURED VEGGIES** Asian Veg Lo Mein Salad	**4** Build-Your-Own Breakfast Sandwich **FEATURED VEGGIES** Breakfast Potatoes Cucumber Slices	**5** Beef Cheesesteak Or Chicken Cheesesteak **FEATURED VEGGIES** Seasoned Broccoli Caesar Salad
bravo!				
8  Lunch will not be served	**9**  Lunch will not be served	**10** 	**11**	**12**
15	**16**	**17**	**18**	**19**
22	**23**	**24**	**25**	**26**
29	**30**			

Contact

Cathy Muto, General Manager
610-782-1890
Mutoc@whitehallcoplay.org

Derek Kolumber, Chef Manager
610-782-0961
kolumberd@whitehallcoplay.org

Meal Prices

Student Lunch	$0.00
Reduced Lunch	$0.00
Faculty Lunch	$0.00

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate,

Daily Alternates

Hamburger/Cheeseburger on a Bun

Chicken Patty on a Bun

Specialty Grill Item

Chef Fresh Sandwiches and Salads

Cheese or Pepperoni Pizza

Specialty Pizza

PB&J

bravo!

Poblanos Mex American Bar Daily. Poblano's serves up an extensive selection of made-to-order burritos, tacos, quesadillas, and more. Feast on nachos with guacamole or fresh salsa, tortilla soup, authentic Mexican rice, taco salad, sizzling fajitas, and More. Daily Made to order Station Now at Bravo

(V) Vegetarian (WG) Whole Grain
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan
These items do not contain any animal products

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

