

Unit 4: Invasion Games

Physical Education

16 Class Meetings

Revised March 2026

Essential Questions

- What are the physical benefits of participating in specific team sports and games?
- How does implementing teamwork strategies prepare you for future success?

Enduring Understandings with Unit Goals

EU 1: Skill development involves an understanding of movement concepts to analyze movement performance and make adjustments.

- Analyze and demonstrate movement skills at a proficient level.
- Utilize movement skills to assist others.

EU 2: Implementing effective offensive, defensive, and cooperative strategies to create opportunities for success.

- Determine effective offensive, defensive, and cooperative strategies,
- Execute offensive and defensive tactics to create opportunities for success.
- Create plays with teammates to benefit the team.

Physical Education Standards

Standard 1: Demonstrates competency in a variety of motor skills and movement patterns.

Standard 2: Applies knowledge of concepts principles, strategies and tactics related to movement and performance.

Standard 3: Demonstrates the knowledge and skills to achieve and maintain a health enhancing level of physical activity and fitness.

Standard 4: Exhibits responsible personal and social behavior that respects self and others.

Standard 5: Recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

ISAAC Vision of the Graduate Competencies

Competency 1: Write effectively for a variety of purposes.

Competency 2: Speak to diverse audiences in an accountable manner.

Competency 3: Develop the behaviors needed to interact and contribute with others on a team.

Competency 4: Analyze and solve problems independently and collaboratively.

Competency 5: Be responsible, creative, and empathetic members of the community.

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Unit Content Overview

1. Movement Skills Activities

- Invasion Activities
- Floor Hockey
- Flag Football
- Handball
- Basketball
- Soccer
- Tchoukball

2. Offensive, defensive and cooperative strategies.

- Execute offensive and defensive tactics.
- Key Terms & Vocabulary: Zone defense, man defense, pass and go, spatial awareness, change of speed, anticipation, creation of space, scoring, statistics, rules and regulations.

Daily Learning Objectives with *Do Now Activities*

Students will be able to...

- Demonstrate the fundamentals of movement skills in relation to a specific sport. ***
- Determine and apply the proficient form in gameplay to the specific sport. ***
- Adjust strategies mid match that will benefit the team outcome. ***
- Formulate a game plan with their team prior to each match. ***

EL Instructional Strategies/Differentiated Instruction

- Whole group instruction
- Checking for Understanding
- Demonstrations
- Handouts
- Video
- Peer Teaching
- Whiteboard with objectives, key terms/vocabulary
- Written feedback
- Think-pair-share and small-group discussions.
- Word walls with visuals
- Small group instruction

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Assessments
<u>FORMATIVE ASSESSMENTS:</u> • Skill Pre-Assessment • Do Now • Student discussions and responses • Exit Slips • Accountable Talk Discussion <u>SUMMATIVE ASSESSMENTS:</u> <u>EU 1:</u> Skill Cue Checklist & Rubric with teacher notes. <u>Unit Task:</u> Modified Game play

Unit Task
Unit Task Name: Modified Game play Description: Students will participate in Modified Game Play demonstrating skill execution with proper form and accuracy. (E1) During game play, students will utilize and demonstrate game strategy and decision making, communication and teamwork, scoring, refereeing of the rules, and proper sport etiquette. (E2) Evaluation: Summative Assessment and skill-based grading rubric

Unit Resources
• SHAPE America-National Standards • Connecticut State Physical Education Standards • Video/Online Materials • PE Central