



## **SANGER INDEPENDENT SCHOOL DISTRICT**

601 Elm Street, Sanger, Texas 76266

Telephone: 940.458.7438 Fax: 940.458.5140

RE: Notice of Intent to Provide Human Sexuality Instruction

Dear Sanger ISD Families,

The State Board of Education updated the Texas Essential Knowledge and Skills (TEKS) to include the following areas of instruction: physical health and hygiene; mental health and wellness; healthy eating and physical activity; injury and violence prevention; alcohol, tobacco, and other drugs; and reproductive and sexual health. This letter is to inform you of the district's intent to provide human sexuality instruction as part of the state health curriculum, which is a required enrichment curriculum. Therefore, districts must provide health instruction aligned with the Texas Essential Knowledge and Skills (TEKS).

Following the passage of HB 1525 in the 87th regular legislative session and SB 9 in the second special session, parents or guardians must provide written consent for their children to be able to participate in instruction on human sexuality and the prevention of child abuse, family violence, dating violence, and sex trafficking beginning with the 2022-2023 school year. Parents will be sent home an "opt-in" permission form at least 14 days prior to instruction.

Sanger ISD believes that sex education begins at home. Parents or legal guardians are the primary educators of their children and can be the most important influence on their health decisions. The lessons your child will receive in school are designed to reinforce what a parent or legal guardian is teaching at home, not to replace it.

We have partnered with [Youth Equipped to Succeed \(YES\)](#), a nonprofit organization that provides research-based, TEKS-aligned educational programs designed to help students develop the knowledge and skills needed to make healthy, responsible decisions. Presentations are age-appropriate and encourage personal growth, healthy relationships, leadership, and overall student well-being while creating meaningful opportunities for conversation and reflection.

Programs will be presented to both 7th- and 9th-grade students during the school year through an "opt-in" parent permission process. Topics may include:



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- Academic success and resilience
- Anxiety, depression, and mental health awareness
- Bullying and cyberbullying prevention
- Character development and leadership
- College and career readiness
- Dropout prevention
- Drug, alcohol, vaping, opioid, and fentanyl awareness
- Goal setting and healthy decision-making
- Healthy relationships and teen dating violence prevention
- Healthy self-image and self-confidence
- Overcoming adversity
- Sexual risk avoidance
- Social media and online safety
- Standardized test preparation
- Suicide prevention awareness

Additional information may be found on our webpage: <http://rb.gy/mxll0>.

We encourage you to continue these important conversations at home by asking questions, listening, and engaging with your student about the topics presented throughout the program. Working together, we can help support students in making positive, healthy choices. We look forward to a successful and rewarding year partnering with you and your student(s)!

In Partnership,

Jennie Flaa

Deputy Superintendent

Sanger ISD

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