



**Katy Independent School District
School Health Advisory Council
2025-2026 Annual Report**

The first School Health Advisory Council (SHAC) meeting for the 2025-2026 school year was held Thursday, October 9, 2025, at the Katy ISD Nutrition and Food Services building from 1:00-2:30 PM. The meeting was recorded and posted on the SHAC website, in accordance with SB 1525. Members and guests were introduced. H.C. Grimet, Coordinator of Physical Education, Health and the Outdoor Learning Center, led the introductions and began the meeting with a brief review of the SHAC meeting norms. H.C. Grimet reviewed membership requirements for coordinated school health and outlined the 8 components of membership, including parent involvement. The purpose of SHAC, he explained, is to advocate for curriculum provided in Katy ISD schools and to ensure alignment with the values in the community. Alexa Carrier shared information about the nutrition and food services department in Katy ISD. Lauren Slovisky and Susi Jackson provided an overview of the Partners in Education program and its opportunities to get involved, volunteer, or donate. Maria Alanis-Caireli provided information about the mission and divisions of Fort Bend County Health & Human Services, which promote and protect community health and well-being through their services. H.C. Grimet closed out the meeting by announcing future SHAC meeting dates for 2025-2026 and allowing time for attendees to ask any pertinent questions. H.C. Grimet thanked everyone for being at the meeting and the meeting was adjourned.

The second School Health Advisory Council (SHAC) meeting for the 2025-2026 school year was held Thursday, November 13, 2025, at the Katy ISD Nutrition and Food Services building from 1:00-2:30 PM. The meeting was recorded and posted on the SHAC website, in accordance with SB 1525. Members and guests were introduced. H.C. Grimet, Coordinator of Physical Education, Health and the Outdoor Learning Center, led the introductions and began the meeting with a brief review of the SHAC meeting norms. Dr. Sanée Bell shared information about the Katy ISD Off-Campus Physical Education Program designed to support elite athletes in grades 6-12 who are competing at a higher level. Therese Highnote with Katy ISD Health Services gave an overview of the school health services team and the wide range of supports they offer as well as sharing information about SB 12 and its emphasis on parental rights. Paulina Avila-Martinez with Spring Branch Community Health Center provided information on the community health programs available in the Katy area. Michelle Cajero with Harris County Public Health shared information on school-based services for students, staff and parents on a variety of health-related needs available in Harris County. H.C. Grimet closed the meeting with a reminder that the next meeting will be January 15, 2026, at the Katy ISD Nutrition and Food Department conference room from 1:00PM-2:30PM.

The third School Health Advisory Council (SHAC) meeting was held Thursday, January 15, 2026, at the Katy ISD Nutrition and Food Services building from 1:00-2:30 PM. The meeting was recorded and posted on the SHAC website, in accordance with SB 1525. Members and guests were introduced. H.C. Grimet, Coordinator of Physical Education, Health and the Outdoor Learning Center, led the introductions and began the meeting with a brief review of the SHAC meeting norms. October Smith shared information about Project Wild, a TEKS-aligned,



hands-on environmental education program offering workshops and educator training to benefit students. Rosie Pratt from Katy ISD building of Other Languages provided an overview of services and programs that support emergent bilingual (EB) students and their families across the district. Jasmine Carter shared information regarding the program Texas Child Health Access Through Telemedicine (TCHAT) which provides free, virtual mental health services to eligible students in a secure, HIPAA-compliant platform. H.C. Grimet closed with a reminder that the next meeting will be March 5, 2026, at the Katy ISD Nutrition and Food Department conference room from 1:00PM-2:30 PM.

The fourth meeting was held Thursday, March 5, 2026, at the Katy ISD Nutrition and Food Services building from 1:00 to 2:30 PM. The meeting was recorded and posted on the SHAC website in accordance with state guidelines. Members and guests were introduced. H.C. Grimet, Coordinator of Physical Education, Health and the Outdoor Learning Center, led introductions and began the meeting with a brief review of the SHAC meeting norms. Heather DeVries shared an update on the Pregnancy Ed & Parenting (PEP) Program offered to students. Information about the Safe Routes to School Initiative was given by Nancy de la Fuente with Harris County Public Health. Felicia Curry and Shalalan Washington shared information about the Texas Opioid Prevention for Students (TOPS) program. The 2025-2026 Annual SHAC report was reviewed by H.C. Grimet and agreed upon by the SHAC council. H.C. Grimet also guided a discussion for future SHAC meeting dates, times, and locations and then brainstormed possible topics for next year. Members were thanked for their service on the committee and the meeting was adjourned.