



MAKE THE CHOICE THAT'S RIGHT FOR YOU.



LOCALLY SOURCED



VEGETARIAN



VEGAN

MON	CONTINENTAL BREAKFAST	Cold Cereal, Whole Wheat Bread, White Bread	V	Steamed Rice, Miso Soup	
	BRUNCH	Fresh Scrambled Eggs		Bacon	
	LUNCH ENTREE	Fresh Baked Pizza		Penne Alla Vodka	V
	SIDES	Roasted Cauliflower	V EW	Steamed Rice	VG
	DINNER ENTREES	French Style Beef Stew		Orechiette with Butter and Mushrooms	V
	DINNER SIDES	Sauteed Snow Snap Peas	v	Steamed Rice	VG
TUES	BREAKFAST	Cold Cereal, Whole Wheat Bread, White Bread, French Toast		Turkey Sausage Patties, Steamed Rice, Miso Soup	
	SOUP OF THE DAY	Miso Soup with Scallions and Tofu			
	LUNCH ENTREE	Chicken Maqluba Rice		Stuffed Shells with Marinara	V
	SIDES	Lentil Mujadara, Roasted Eggplant	V	Steamed Rice	VG
	DINNER ENTREES	Dry Beef Curry		Wakame Gohan	V
	DINNER SIDES	Sauteed Bok Choy	g	Steamed Rice	VG
WED	BREAKFAST	Cold Cereal, Whole Wheat Bread, White Bread, Scrambled Eggs	V	Sliced Ham, Steamed Rice, Miso Soup	
	SOUP OF THE DAY	Chicken Noodle Soup			
	LUNCH ENTREE	Chicken Alfredo Linguine		Ziti Pasta with Cherry Tomatoes, Basil	V
	SIDES	Steamed Cauliflower	V	Steamed Rice	VG
	DINNER ENTREES	Pork Soboro-don		Elbow Pesto	
	DINNER SIDES	Green Bean Casserole	V EW	Steamed Rice	VG
THURS	BREAKFAST	Cold Cereal, Whole Wheat Bread, White Bread, Fried Eggs		Sausage Patties, Steamed Rice, Miso Soup	
	SOUP OF THE DAY	Garden Bean Soup	V		
	LUNCH ENTREE	Pizza Fritta Tostada		Fettuccini with Tomato Sauce, Mozzarella	V
	SIDES	Broccoli Rabe with Garlic and Olive Oil	EW	Steamed Brown Rice	VG
	DINNER ENTREES	Japanese Chicken Curry Stew		Linguine with Shiitake and Scallions	V
	DINNER SIDES	Fried Plantains	V	Steamed Rice	VG
FRI	BREAKFAST	Cold Cereal, Whole Wheat Bread, White Bread, Fresh Scrambled Eggs		Steamed Rice, Miso Soup, Bacon	
	SOUP OF THE DAY	Miso Soup with Shiitake Mushrooms			
	LUNCH ENTREE	Creamy Tuna Orecchiette		Penne Alfredo	V
	SIDES	Honey Roasted Butternut Squash	VG	Steamed Rice	VG
	DINNER ENTREES	Karaage		Okaka Gohan	
	DINNER SIDES	Sauteed Spinach and Mushrooms	VG	Steamed Rice	VG
SAT	BREAKFAST	Cold Cereal, Whole Wheat Bread, White Bread, Scrambled Eggs		Corned Beef Hash, Steamed Rice, Miso Soup	
	SOUP OF THE DAY	Miso Soup			
	LUNCH ENTREE	Grilled Cheese with French Fries		Tuscan Tortellini	V
	SIDES	Roasted Broccoli and Carrots	V	Steamed Rice	VG
	DINNER ENTREES	Tan Tan Men		Macaroni Pesto	V
	DINNER SIDES	Roasted Cauliflower	V	Steamed Rice	VG
SUN	CONTINENTAL BREAKFAST	Cold Cereal, Yogurt, Toast, Fresh Waffles			
	BRUNCH	Scrambled Eggs		Corned Beef Hash, Steamed Rice, Miso Soup	
	LUNCH ENTREE	Chef's Choice		Cheesy Linguine Alfredo	V
	SIDES	Mixed Vegetable Stir-Fry	V	Steamed Rice	VG
	DINNER ENTREES	Hamburgers and Hot Dogs		Potato Salad	
	DINNER SIDES	Watermelon, Corn	V	Steamed Rice	VG