



MANTECA HIGH SCHOOL **GIRLS VOLLEYBALL**

Summer Training

ALL: FREE PHYSICAL DAY WEDNESDAY JUNE 3RD 8-10AM MANTECA HIGH LARGE GYM

Summer training dates and times for all levels:

Dead period (no practices/no contact) July 1st - July 14th

Freshman: Starts June 8th.

Mondays 10am-12 MHS large gym

Wednesdays 9am-11 MHS large gym

JV: Starts June 8th.

Mondays 10-12 MHS large gym

Wednesdays 10-12MHS small gym

Varsity: Starts June 4th

Tuesdays 10-1 MHS large gym

Wednesdays 11-2 MHS large gym

Thursdays 10-1 MHS large gym

(Varsity will also have weights/conditioning starting June 9th Tuesdays 9-10am, Wednesdays 10-11am)

For questions:

Varsity- Coach Robin: 510-703-1473, email: Robinc@abilitymortgage.com

JV- Coach Senecia: 209-808-6690

Freshman- Coach J.R. 209-642-1403