

Welcome to Kindergarten!

Starting kindergarten is an exciting time for both children and families. As your child gets ready to begin school, it can be helpful to know that kindergarten expectations have changed over the years. Throughout the year, students will grow in reading, writing, and math. By the end of kindergarten, many students are reading, writing simple sentences, and solving addition and subtraction problems.

Practicing important readiness skills at home can help your child feel more confident and prepared as they begin this exciting new journey. Below are some kindergarten readiness skills that can help support your child as they get ready for school.

Self-Help Skills	Fine Motor Skills
• Use the bathroom independently • Zip and take coat on and off • Take shoes on and off • Button/snap pant fasteners • Recognize his/her first name	• Hold a pencil • Write first name • Use scissors to cut basic shapes • Trace lines and shapes • Color or draw a picture
Social Skills	
• Complete 2-step directions • Sit and listen to someone read a story for 5-10 minutes • Play a game and accept losing • Take turns while playing • Complete short tasks without an adult's help • Control emotions without tantrums	
Academic Skills	
• Count to 20 and recognize numbers 0 - 10 • Sign and say the ABCs • Identify letter names (out of order) • Follow directions from adults	