CONSTANGY
Brooks Smith & Prophete



Ariel F. Valerio-Meek

ASSOCIATE ATTORNEY

SAN DIEGO
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Ariel focuses on litigation and assisting employers with allegations of wrongful termination, harassment, discrimination, retaliation, wage and hour violations, and related issues.

Her experience includes navigating employee relations, developing compliance strategies, and providing preventative advice and counsel to best avoid the disruption and expense of litigation. Her legal journey began in insurance defense, where she defended businesses and individuals against personal injury claims, gaining valuable experience handling contentious disputes.

Before joining Constangy, Ariel enhanced her legal acumen at an Am Law 100 firm, focusing on broader aspects of employment law. Her understanding of federal court processes is bolstered by her clerkship with the Honorable Barbara L. Major at the United States District Court for the Southern District of California. This role deepened her insights into complex legal issues and refined her litigation skills.

During law school, Ariel served as the editor-in-chief of the California Western Law Review and held a position on the Moot Court Honors Board. She also engaged in significant externships, including one with the Honorable Anthony J. Battaglia in the same district court and another with the California Office of Legislative Counsel. Additionally, she contributed to her community as the Black Law Student Association secretary and a teaching fellow for Property I and II, showcasing her leadership and dedication to the legal field.

Clerkships

The Honorable Barbara L. Major in the U.S. District Court for the Southern District of California

Education

California Western School of Law

- J.D., *magna cum laude*, 2021

SAN DIEGO

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SERVICES

California Class Actions & Complex Litigation

Employment Litigation Prevention & Defense

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ADMISSIONS

California, 2021

California State University, San Marcos

- B.A., *cum laude*, 2013

Professional & Civic Associations

- Federal Bar Association
- Lawyers Club of San Diego
- San Diego La Raza Lawyers Association

News

Constangy Attorneys Present 2026 Labor & Employment Law Update for Chula Vista Chamber of Commerce, Speaking Engagement, November 3, 2025

Constangy Expands San Diego Presence with the Addition of Four Labor and Employment Attorneys, Press Room, August 5, 2024

Legal Analysis

California Supreme Court raises bar for employers: "We didn't know" is no defense, Analysis, September 16, 2025