

Substance Use Fact Sheet 2025

Issaquah School District, Grade 6

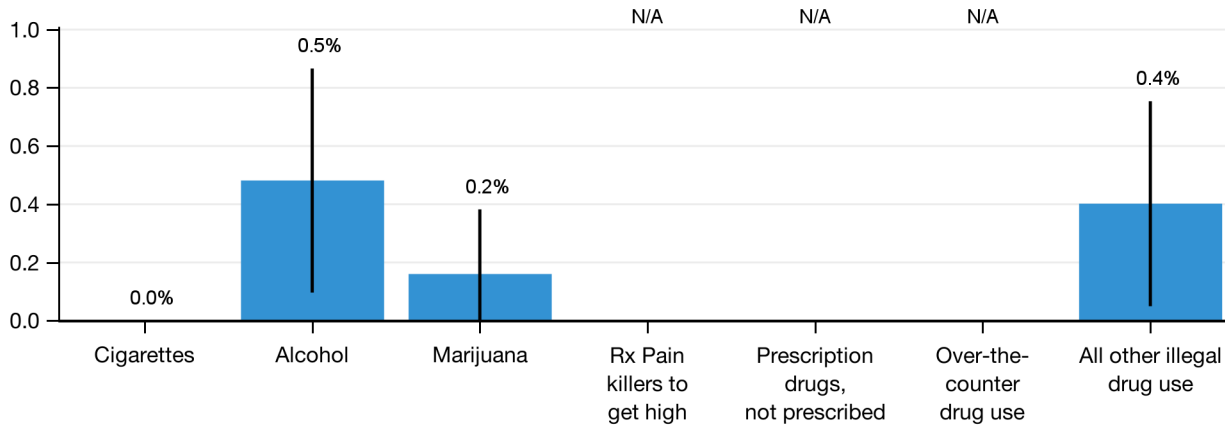
Students surveyed = 1,336

Introduction

- While youth substance use has declined nationwide over the last few decades, it is still important to monitor statewide and local trends for effective prevention of substance use disorders, mental health conditions, and other behaviors that impact youth well-being.
- Parents, caregivers, peers, family, and community members all influence youths' decision to use alcohol, tobacco, and other drugs.
- Important milestones in brain development start in adolescence and continue into the mid-to-late 20s. Developing brains are more susceptible to the effects of alcohol and other drugs.
- Researchers at the University of Washington Social Development Research Group (UW SDRG) developed a public health model for the prevention of youth substance use and other behaviors. Risk factors predict substance use or other behaviors, while protective factors can prevent substance use or protect against the effects of those risks. Effective prevention focuses on reducing risk and increasing protection. Additional details are available here: [Risk and Protective Factors on HYS](#)

Current (past 30-day) Substance Use - Grade 6, 2025

% of Students



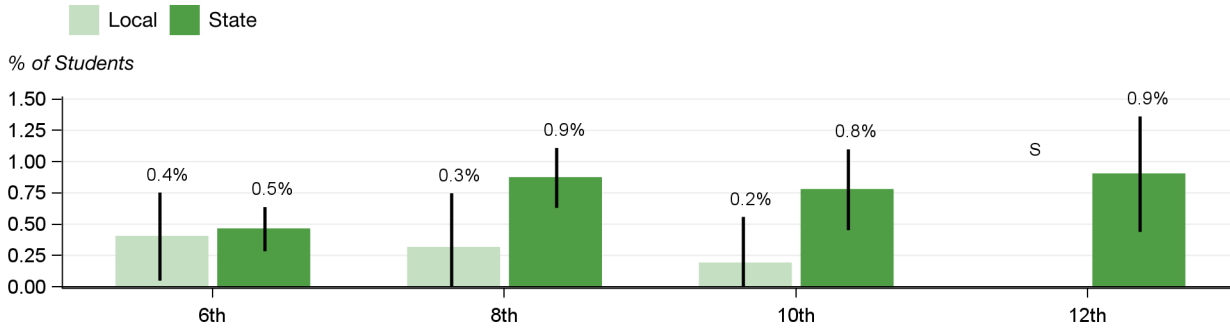
The bar chart above shows Current (past 30-day) Substance Use for Grade 6, 2025. The measures and values are:

Measure	Value	Measure	Value
Cigarettes	0.0% $\pm$ 0.0%	Prescription drugs, not prescribed	not asked of grade
Current (past 30-day) alcohol	0.5% $\pm$ 0.4%	Over-the-counter drug use	not asked of grade
Marijuana	0.2% $\pm$ 0.2%	All other illegal drug use	0.4% $\pm$ 0.4%
Rx Pain killers to get high	not asked of grade		

Highlight: Most youth don't use alcohol or other substances.

Note: In this report, over-the-counter drug use refers to the use of drugs like cough syrup or cold medicine for non-medical purposes. Also, references to all other illegal drug use includes prescription drugs not prescribed, Rx pain killers to get high, and all other illegal drugs; but does not include alcohol, tobacco or marijuana.

Current (past 30-day) All Other Illegal Drug Use, All Grades, 2025



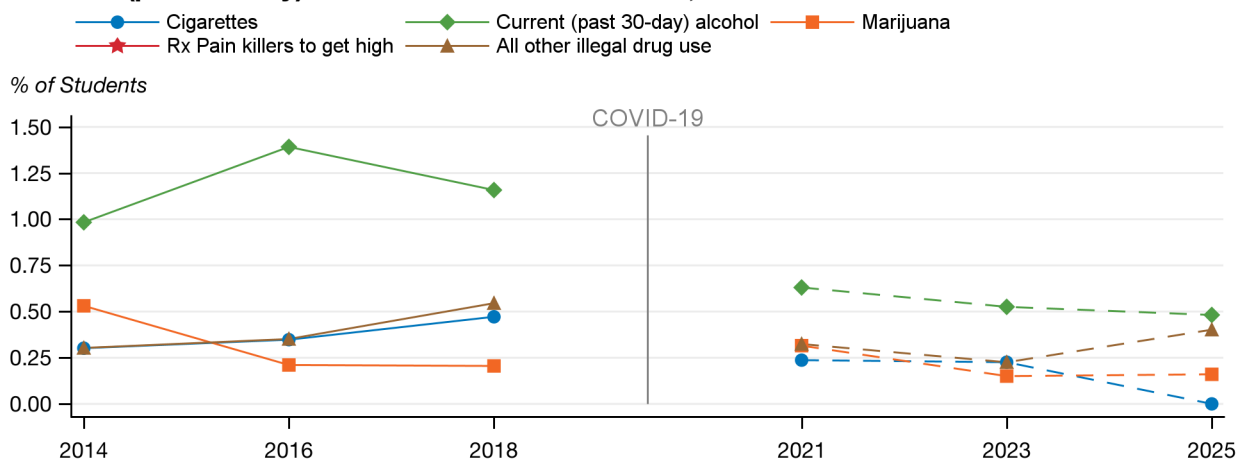
The bar chart above compares Issaquah School District (local results) to the state sample results for Current (past 30-day) All Other Illegal Drug Use for All Grades, 2025. The values are:

Grade	Local Results	State Results
6th grade	0.4% $\pm$ 0.4%	0.5% $\pm$ 0.2%
8th grade	0.3% $\pm$ 0.4%	0.9% $\pm$ 0.2%
10th grade	0.2% $\pm$ 0.4%	0.8% $\pm$ 0.3%
12th grade	<i>suppressed</i>	0.9% $\pm$ 0.5%

Statewide Relationship between Lower Grades and Current (past 30-day) All Other Illegal Drug Use, Grade 6

a chart and table showing the above relationship are not displayed as the results are not significant for this grade

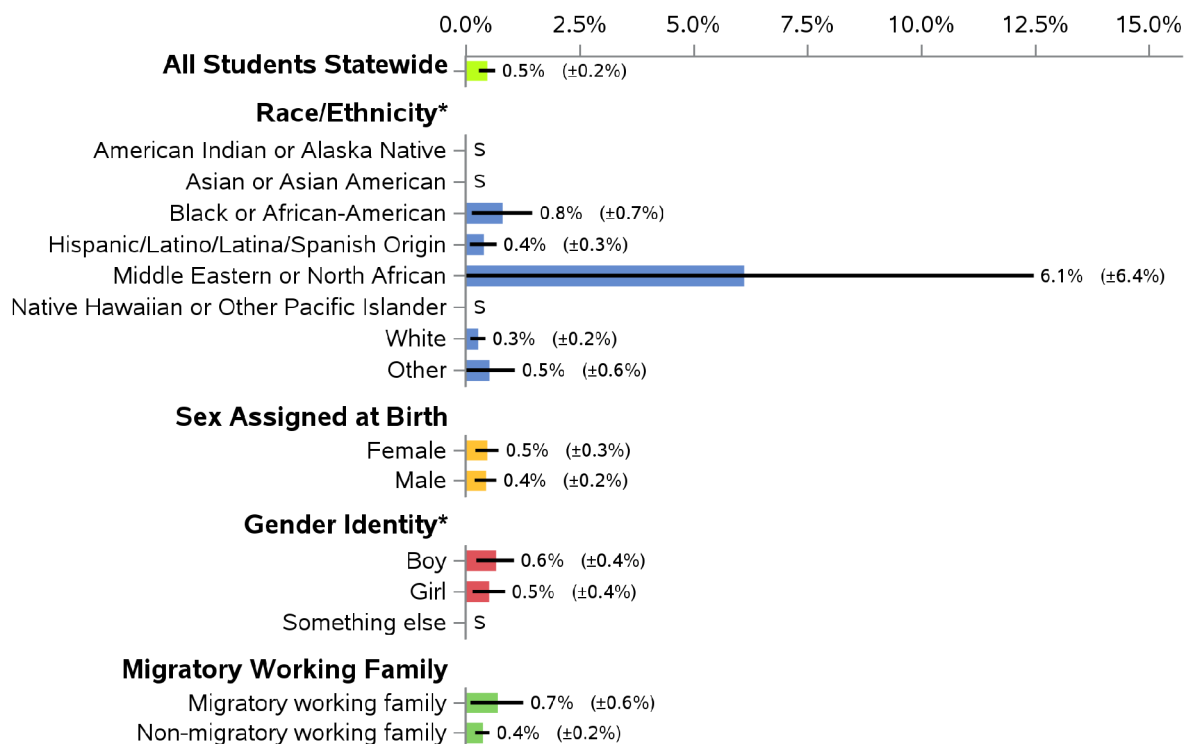
Current (past 30-day) Substance Use - 2014-2025, Grade 6



The trend plot above shows measures of Current (past 30-day) Substance Use between 2014 and 2025 for Grade 6. The measures and values are:

Measure	2014	2016	2018	2021	2023	2025
Cigarettes	0.3% $\pm$ 0.3%	0.3% $\pm$ 0.3%	0.5% $\pm$ 0.3%	0.2% $\pm$ 0.3%	0.2% $\pm$ 0.3%	0% $\pm$ 0%
Current (past 30-day) alcohol	1% $\pm$ 0.5%	1.4% $\pm$ 0.6%	1.2% $\pm$ 0.5%	0.6% $\pm$ 0.4%	0.5% $\pm$ 0.4%	0.5% $\pm$ 0.4%
Marijuana	0.5% $\pm$ 0.4%	0.2% $\pm$ 0.2%	0.2% $\pm$ 0.2%	0.3% $\pm$ 0.3%	0.2% $\pm$ 0.2%	0.2% $\pm$ 0.2%
Rx Pain killers to get high	<i>not asked of grade</i>	<i>not asked of grade</i>	<i>not asked of grade</i>	<i>not asked of grade</i>	<i>not asked of grade</i>	<i>not asked of grade</i>
All other illegal drug use	0.3% $\pm$ 0.3%	0.4% $\pm$ 0.3%	0.5% $\pm$ 0.4%	0.3% $\pm$ 0.3%	0.2% $\pm$ 0.3%	0.4% $\pm$ 0.4%

Statewide Relationship between Current (past 30-days) Illegal Drug Use and Demographics, Grade 6, 2025



*Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.

S - results are suppressed because less than 5 students answered this way

The bar chart above shows the statewide relationship between Current (past 30-days) Illegal Drug Use and Demographics for Grade 6, 2025

- Results for race/ethnicity, gender identity, and sexual orientation are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.
- Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.
- Suppressed is displayed for results that are suppressed because less than 5 students answered this way.

The demographic categories and values are:

All Students Statewide	0.5% $\pm$ 0.2%
By Race/Ethnicity	
American Indian or Alaska Native	Suppressed
Asian or Asian American	Suppressed
Black or African-American	0.8% $\pm$ 0.7%
Hispanic/Latino/Latina/Spanish Origin	0.4% $\pm$ 0.3%
Middle Eastern or North African	6.1% $\pm$ 6.4%
Native Hawaiian or Other Pacific Islander	Suppressed
White	0.3% $\pm$ 0.2%
Other	0.5% $\pm$ 0.6%
By Sex Assigned at Birth	
Female	0.5% $\pm$ 0.3%
Male	0.4% $\pm$ 0.2%
By Gender Identity	
Boy	0.6% $\pm$ 0.4%
Girl	0.5% $\pm$ 0.4%
Something else	Suppressed
By Migratory Working Family	
Migratory working family	0.7% $\pm$ 0.6%
Non-migratory working family	0.4% $\pm$ 0.2%

For More Information

- Several research briefs on substance use and mental health promotion topics have been developed by the Prevention Research Collaborative. Find them here:
<https://theathenaforum.org/prevention-101/research-briefs-substance-use-prevention-and-mental-health-promotion>
- Parents, schools, and communities can work together to keep youth healthy and safe. To learn more go to the Start Talking Now website: www.StartTalkingNow.org
- To find out about prevention coalitions in your area and how to get involved, go to
<https://theathenaforum.org/cpwi>
- For free guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse
<http://adaiclearinghouse.net>
- For prevention tips and other online resources visit <https://focusonyouwa.org> and www.DrugFree.org
- For 24 hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org

Data Notes

Prevalence on charts is displayed with 95% confidence intervals (as $\pm$ or black bar |)

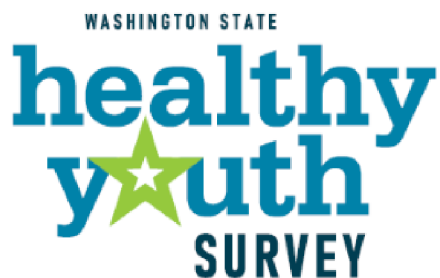
▲ ▼ indicates a significant change from the previous year, $p < 0.05$. Color indicates a **positive** or **negative** difference

Missing Codes:

- S = results suppressed due to insufficient reporting from students of school
- N/G = grade not available
- N/S = question was not surveyed this year
- N/A = question was not asked of this grade
- ns = no significant difference between groups in the Statewide relationship charts

Acknowledgements

The Healthy Youth Survey (HYS) is a collaborative effort of the Office of the Superintendent of Public Instruction, the Department of Health, the Health Care Authority - Division of Behavioral Health and Recovery, and the Liquor and Cannabis Board.



Substance Use Fact Sheet 2025

Issaquah School District, Grade 8

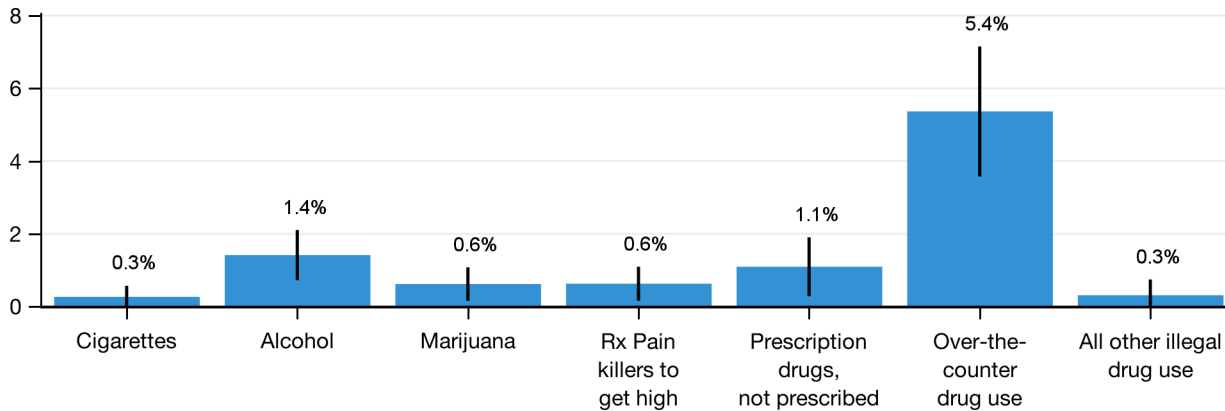
Students surveyed = 1,293

Introduction

- While youth substance use has declined nationwide over the last few decades, it is still important to monitor statewide and local trends for effective prevention of substance use disorders, mental health conditions, and other behaviors that impact youth well-being.
- Parents, caregivers, peers, family, and community members all influence youths' decision to use alcohol, tobacco, and other drugs.
- Important milestones in brain development start in adolescence and continue into the mid-to-late 20s. Developing brains are more susceptible to the effects of alcohol and other drugs.
- Researchers at the University of Washington Social Development Research Group (UW SDRG) developed a public health model for the prevention of youth substance use and other behaviors. Risk factors predict substance use or other behaviors, while protective factors can prevent substance use or protect against the effects of those risks. Effective prevention focuses on reducing risk and increasing protection. Additional details are available here: [Risk and Protective Factors on HYS](#)

Current (past 30-day) Substance Use - Grade 8, 2025

% of Students



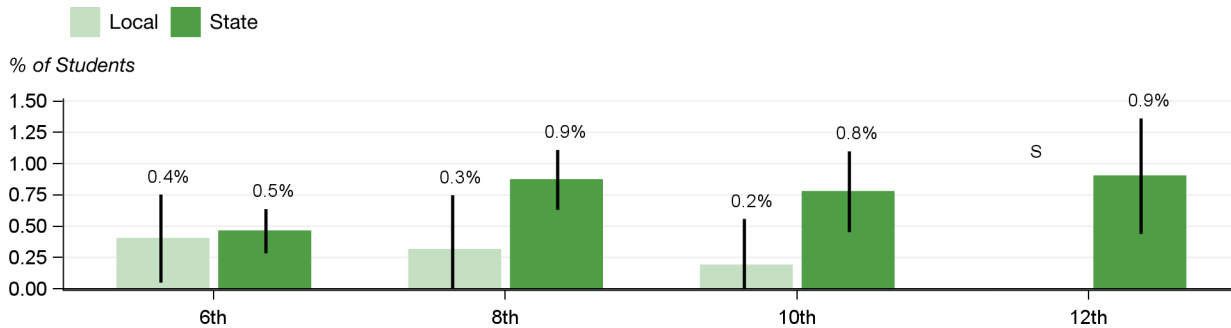
The bar chart above shows Current (past 30-day) Substance Use for Grade 8, 2025. The measures and values are:

Measure	Value	Measure	Value
Cigarettes	0.3% $\pm$ 0.3%	Prescription drugs, not prescribed	1.1% $\pm$ 0.8%
Current (past 30-day) alcohol	1.4% $\pm$ 0.7%	Over-the-counter drug use	5.4% $\pm$ 1.8%
Marijuana	0.6% $\pm$ 0.5%	All other illegal drug use	0.3% $\pm$ 0.4%
Rx Pain killers to get high	0.6% $\pm$ 0.5%		

Highlight: Most youth don't use alcohol or other substances.

Note: In this report, over-the-counter drug use refers to the use of drugs like cough syrup or cold medicine for non-medical purposes. Also, references to all other illegal drug use includes prescription drugs not prescribed, Rx pain killers to get high, and all other illegal drugs; but does not include alcohol, tobacco or marijuana.

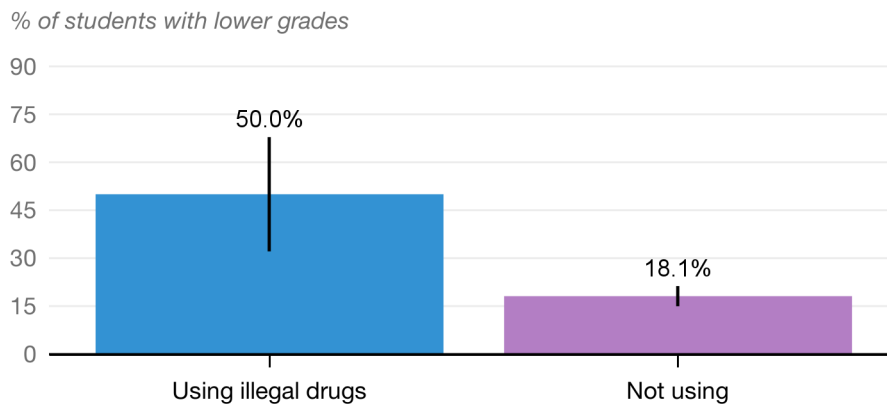
Current (past 30-day) All Other Illegal Drug Use, All Grades, 2025



The bar chart above compares Issaquah School District (local results) to the state sample results for Current (past 30-day) All Other Illegal Drug Use for All Grades, 2025. The values are:

Grade	Local Results	State Results
6th grade	0.4% $\pm$ 0.4%	0.5% $\pm$ 0.2%
8th grade	0.3% $\pm$ 0.4%	0.9% $\pm$ 0.2%
10th grade	0.2% $\pm$ 0.4%	0.8% $\pm$ 0.3%
12th grade	suppressed	0.9% $\pm$ 0.5%

Statewide Relationship between Lower Grades and Current (past 30-day) All Other Illegal Drug Use, Grade 8

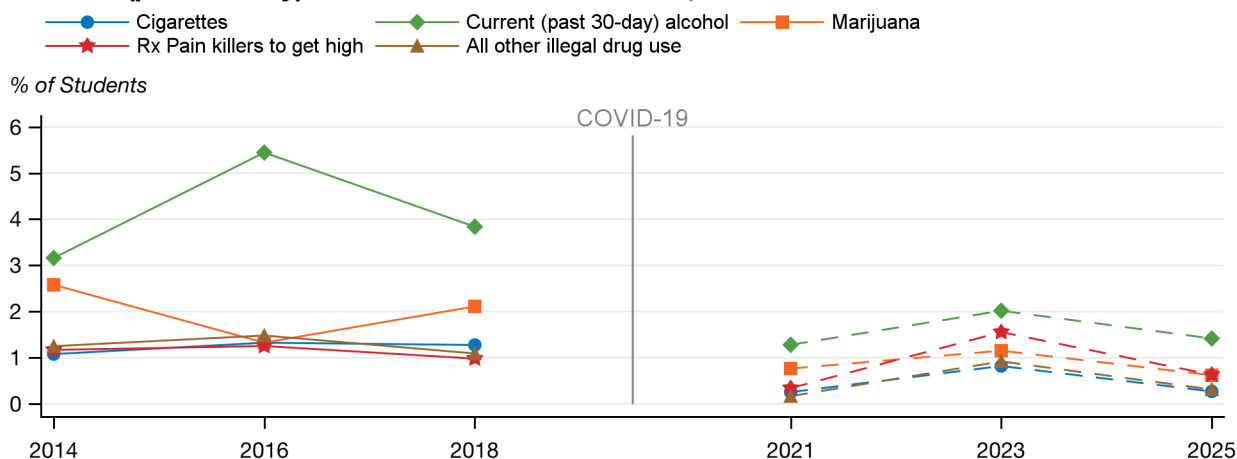


The bar chart above shows the statewide relationship between lower grades and current (past 30-day) all other illegal drug use for Grade 8 in 2025

Statewide, more 8th graders who use illegal drugs (not including alcohol, tobacco, or marijuana) report lower grades in school (C's, D's, or F's) compared to those who don't use.

Student group	Results
for those using illegal drugs	50.0% have lower grades ($\pm$ 17.9%)
for those not using	18.1% have lower grades ($\pm$ 3.2%)

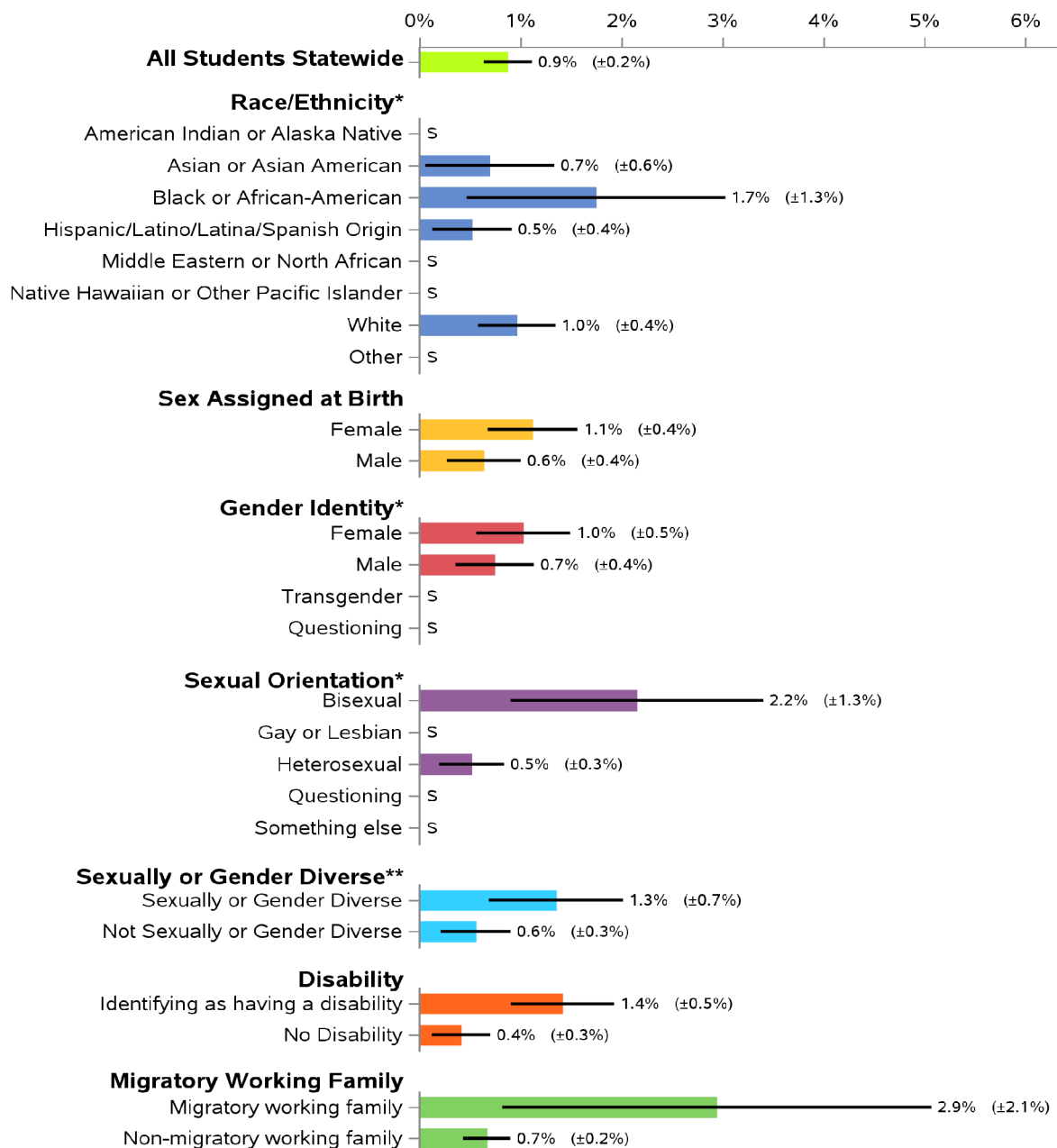
Current (past 30-day) Substance Use - 2014-2025, Grade 8



The trend plot above shows measures of Current (past 30-day) Substance Use between 2014 and 2025 for Grade 8. The measures and values are:

Measure	2014	2016	2018	2021	2023	2025
Cigarettes	1.1% ±0.6% ↓	1.3% ±0.6%	1.3% ±0.6%	0.3% ±0.3% ↓	0.8% ±0.5%	0.3% ±0.3%
Current (past 30-day) alcohol	3.2% ±1% ↓	5.4% ±1.2% ↑	3.8% ±1% ↓	1.3% ±0.6% ↓	2% ±0.8%	1.4% ±0.7%
Marijuana	2.6% ±0.9% ↓	1.3% ±0.6% ↓	2.1% ±0.8%	0.8% ±0.5% ↓	1.2% ±0.6%	0.6% ±0.5%
Rx Pain killers to get high	1.2% ±0.6%	1.3% ±0.6%	1% ±0.5%	0.3% ±0.3% ↓	1.6% ±0.7% ↑	0.6% ±0.5% ↓
All other illegal drug use	1.3% ±0.6%	1.5% ±0.9%	1.1% ±0.8%	0.2% ±0.3% ↓	0.9% ±0.7%	0.3% ±0.4%

Statewide Relationship between Current (past 30-days) Illegal Drug Use and Demographics, Grade 8, 2025



*Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.

**Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.

S - results are suppressed because less than 5 students answered this way

The bar chart above shows the statewide relationship between Current (past 30-days) Illegal Drug Use and Demographics for Grade 8, 2025

- Results for race/ethnicity, gender identity, and sexual orientation are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.
- Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.
- Suppressed is displayed for results that are suppressed because less than 5 students answered this way.

The demographic categories and values are:

All Students Statewide 0.9% $\pm$ 0.2%

By Race/Ethnicity

American Indian or Alaska Native	Suppressed
Asian or Asian American	0.7% $\pm$ 0.6%
Black or African-American	1.7% $\pm$ 1.3%
Hispanic/Latino/Latina/Spanish Origin	0.5% $\pm$ 0.4%
Middle Eastern or North African	Suppressed
Native Hawaiian or Other Pacific Islander	Suppressed
White	1.0% $\pm$ 0.4%
Other	Suppressed

By Sex Assigned at Birth

Female	1.1% $\pm$ 0.4%
Male	0.6% $\pm$ 0.4%

By Gender Identity

Female	1.0% $\pm$ 0.5%
Male	0.7% $\pm$ 0.4%
Transgender	Suppressed
Questioning	Suppressed

By Sexual Orientation

Bisexual	2.2% $\pm$ 1.3%
----------	-----------------

By Sexual Orientation

Gay or Lesbian	Suppressed
Heterosexual	0.5% $\pm$ 0.3%
Questioning	Suppressed
Something else	Suppressed

By Sexually or Gender Diverse

Sexually or Gender Diverse	1.3% $\pm$ 0.7%
Not Sexually or Gender Diverse	0.6% $\pm$ 0.3%

By Disability

Identifying as having a disability	1.4% $\pm$ 0.5%
No Disability	0.4% $\pm$ 0.3%

By Migratory Working Family

Migratory working family	2.9% $\pm$ 2.1%
Non-migratory working family	0.7% $\pm$ 0.2%
Non-migratory working family	0.7% $\pm$ 0.2%

For More Information

- Several research briefs on substance use and mental health promotion topics have been developed by the Prevention Research Collaborative. Find them here:
<https://theathenaforum.org/prevention-101/research-briefs-substance-use-prevention-and-mental-health-promotion>
- Parents, schools, and communities can work together to keep youth healthy and safe. To learn more go to the Start Talking Now website: www.StartTalkingNow.org
- To find out about prevention coalitions in your area and how to get involved, go to
<https://theathenaforum.org/cpwi>
- For free guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse
<http://adaiclearinghouse.net>
- For prevention tips and other online resources visit <https://focusonyouwa.org> and www.DrugFree.org
- For 24 hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit
www.waRecoveryHelpLine.org

Data Notes

Prevalence on charts is displayed with 95% confidence intervals (as $\pm$ or black bar |)

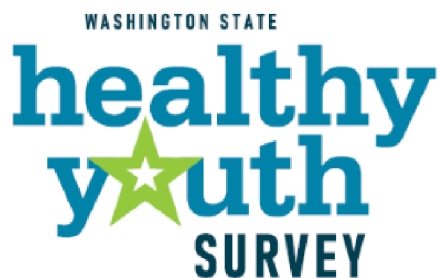
▲ ▼ indicates a significant change from the previous year, $p < 0.05$. Color indicates a **positive** or **negative** difference

Missing Codes:

- S = results suppressed due to insufficient reporting from students of school
- N/G = grade not available
- N/S = question was not surveyed this year
- N/A = question was not asked of this grade
- ns = no significant difference between groups in the Statewide relationship charts

Acknowledgements

The Healthy Youth Survey (HYS) is a collaborative effort of the Office of the Superintendent of Public Instruction, the Department of Health, the Health Care Authority - Division of Behavioral Health and Recovery, and the Liquor and Cannabis Board.



Substance Use Fact Sheet 2025

Issaquah School District, Grade 10

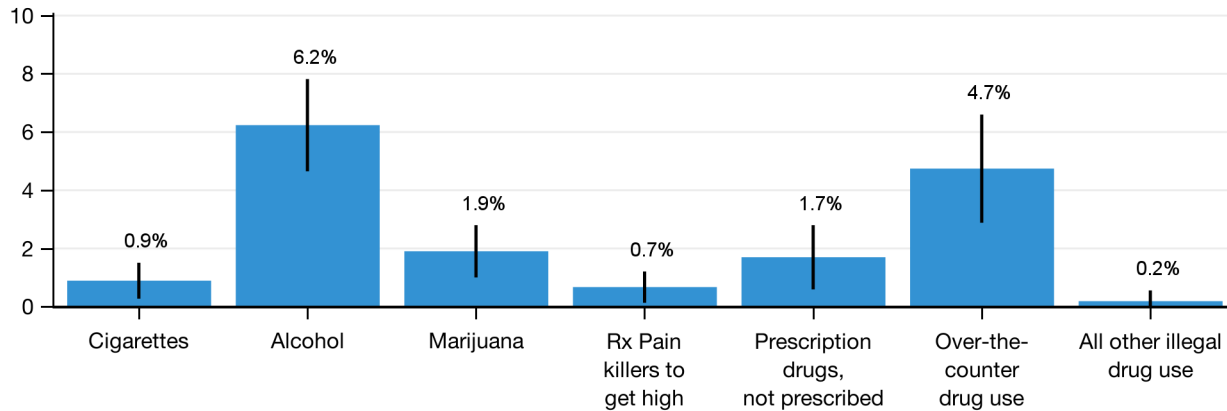
Students surveyed = 1,042

Introduction

- While youth substance use has declined nationwide over the last few decades, it is still important to monitor statewide and local trends for effective prevention of substance use disorders, mental health conditions, and other behaviors that impact youth well-being.
- Parents, caregivers, peers, family, and community members all influence youths' decision to use alcohol, tobacco, and other drugs.
- Important milestones in brain development start in adolescence and continue into the mid-to-late 20s. Developing brains are more susceptible to the effects of alcohol and other drugs.
- Researchers at the University of Washington Social Development Research Group (UW SDRG) developed a public health model for the prevention of youth substance use and other behaviors. Risk factors predict substance use or other behaviors, while protective factors can prevent substance use or protect against the effects of those risks. Effective prevention focuses on reducing risk and increasing protection. Additional details are available here: [Risk and Protective Factors on HYS](#)

Current (past 30-day) Substance Use - Grade 10, 2025

% of Students



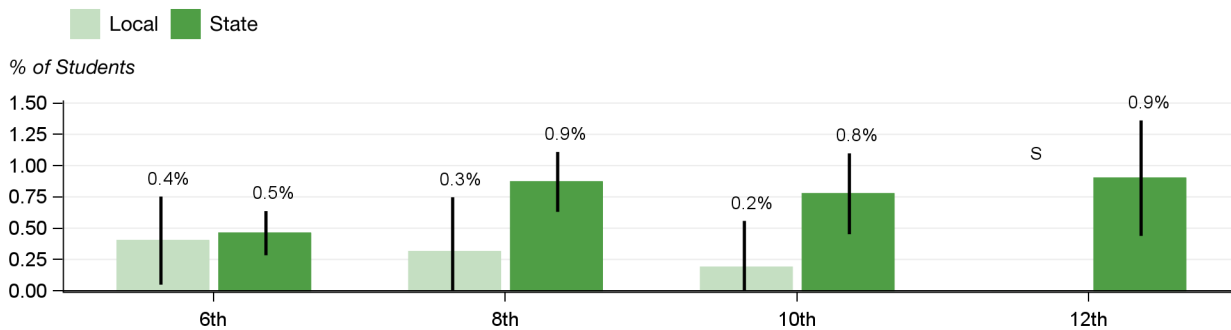
The bar chart above shows Current (past 30-day) Substance Use for Grade 10, 2025. The measures and values are:

Measure	Value	Measure	Value
Cigarettes	0.9% $\pm$ 0.6%	Prescription drugs, not prescribed	1.7% $\pm$ 1.1%
Current (past 30-day) alcohol	6.2% $\pm$ 1.6%	Over-the-counter drug use	4.7% $\pm$ 1.9%
Marijuana	1.9% $\pm$ 0.9%	All other illegal drug use	0.2% $\pm$ 0.4%
Rx Pain killers to get high	0.7% $\pm$ 0.5%		

Highlight: Most youth don't use alcohol or other substances.

Note: In this report, over-the-counter drug use refers to the use of drugs like cough syrup or cold medicine for non-medical purposes. Also, references to all other illegal drug use includes prescription drugs not prescribed, Rx pain killers to get high, and all other illegal drugs; but does not include alcohol, tobacco or marijuana.

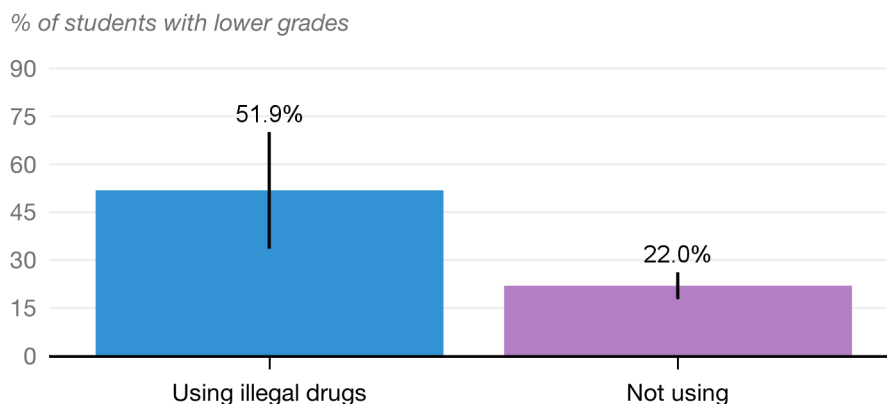
Current (past 30-day) All Other Illegal Drug Use, All Grades, 2025



The bar chart above compares Issaquah School District (local results) to the state sample results for Current (past 30-day) All Other Illegal Drug Use for All Grades, 2025. The values are:

Grade	Local Results	State Results
6th grade	0.4% $\pm$ 0.4%	0.5% $\pm$ 0.2%
8th grade	0.3% $\pm$ 0.4%	0.9% $\pm$ 0.2%
10th grade	0.2% $\pm$ 0.4%	0.8% $\pm$ 0.3%
12th grade	suppressed	0.9% $\pm$ 0.5%

Statewide Relationship between Lower Grades and Current (past 30-day) All Other Illegal Drug Use, Grade 10

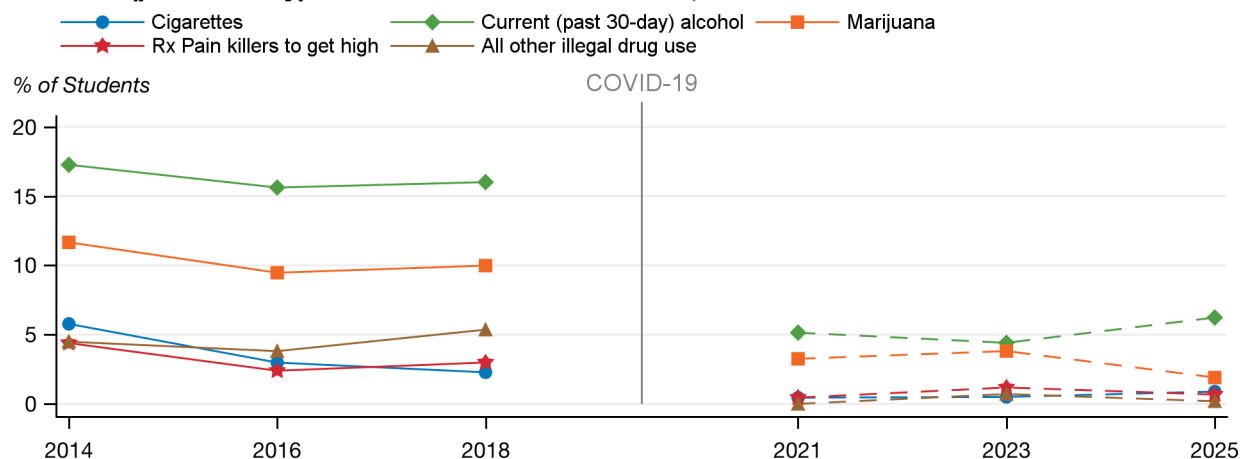


The bar chart above shows the statewide relationship between lower grades and current (past 30-day) all other illegal drug use for Grade 10 in 2025

Statewide, more 10th graders who use illegal drugs (not including alcohol, tobacco, or marijuana) report lower grades in school (C's, D's, or F's) compared to those who don't use.

Student group	Results
for those using illegal drugs	51.9% have lower grades ($\pm$ 18.3%)
for those not using	22.0% have lower grades ($\pm$ 4.2%)

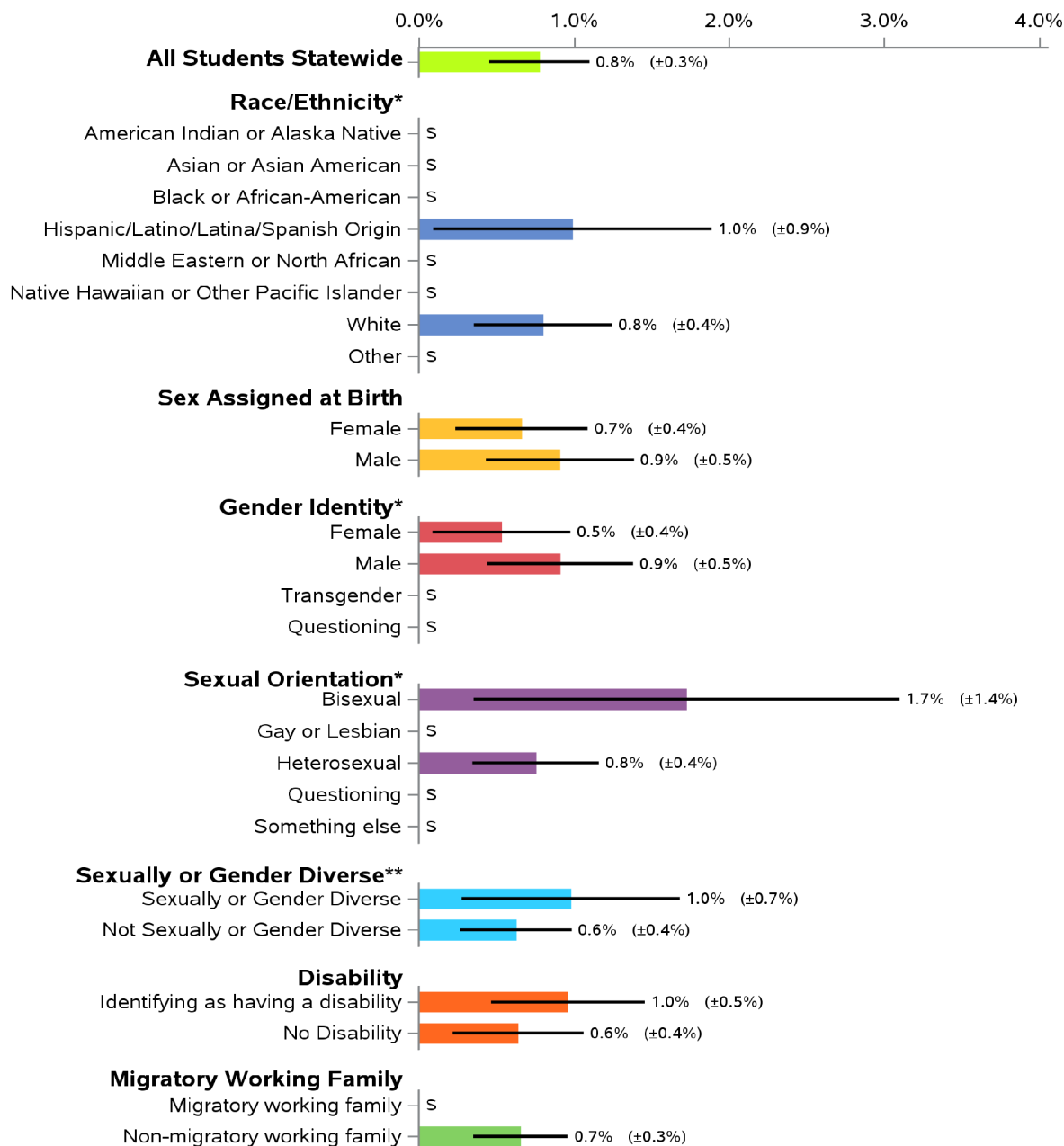
Current (past 30-day) Substance Use - 2014-2025, Grade 10



The trend plot above shows measures of Current (past 30-day) Substance Use between 2014 and 2025 for Grade 10. The measures and values are:

Measure	2014	2016	2018	2021	2023	2025
Cigarettes	5.8% ±1.4%	3% ±1.1% ↓	2.3% ±0.8%	0.5% ±0.4% ↓	0.5% ±0.4%	0.9% ±0.6%
Current (past 30-day) alcohol	17.3% ±2.3% ↓	15.6% ±2.2%	16% ±2%	5.1% ±1.3% ↓	4.4% ±1.3%	6.2% ±1.6%
Marijuana	11.7% ±2% ↓	9.5% ±1.8%	10% ±1.6%	3.3% ±1% ↓	3.8% ±1.2%	1.9% ±0.9% ↓
Rx Pain killers to get high	4.4% ±1.3%	2.4% ±0.9% ↓	3% ±0.9%	0.5% ±0.4% ↓	1.2% ±0.7%	0.7% ±0.5%
All other illegal drug use	4.5% ±1.3%	3.8% ±1.7%	5.4% ±1.8%	0% ±0%	0.7% ±0.7%	0.2% ±0.4%

Statewide Relationship between Current (past 30-days) Illegal Drug Use and Demographics, Grade 10, 2025



*Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.

**Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.

S - results are suppressed because less than 5 students answered this way

The bar chart above shows the statewide relationship between Current (past 30-days) Illegal Drug Use and Demographics for Grade 10, 2025

- Results for race/ethnicity, gender identity, and sexual orientation are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.
- Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.
- Suppressed is displayed for results that are suppressed because less than 5 students answered this way.

The demographic categories and values are:

All Students Statewide 0.8% $\pm$ 0.3%

By Race/Ethnicity

American Indian or Alaska Native	Suppressed
Asian or Asian American	Suppressed
Black or African-American	Suppressed
Hispanic/Latino/Latina/Spanish Origin	1.0% $\pm$ 0.9%
Middle Eastern or North African	Suppressed
Native Hawaiian or Other Pacific Islander	Suppressed
White	0.8% $\pm$ 0.4%
Other	Suppressed

By Sex Assigned at Birth

Female	0.7% $\pm$ 0.4%
Male	0.9% $\pm$ 0.5%

By Gender Identity

Female	0.5% $\pm$ 0.4%
Male	0.9% $\pm$ 0.5%
Transgender	Suppressed
Questioning	Suppressed

By Sexual Orientation

Bisexual	1.7% $\pm$ 1.4%
----------	-----------------

By Sexual Orientation

Gay or Lesbian	Suppressed
Heterosexual	0.8% $\pm$ 0.4%
Questioning	Suppressed
Something else	Suppressed

By Sexually or Gender Diverse

Sexually or Gender Diverse	1.0% $\pm$ 0.7%
Not Sexually or Gender Diverse	0.6% $\pm$ 0.4%

By Disability

Identifying as having a disability	1.0% $\pm$ 0.5%
No Disability	0.6% $\pm$ 0.4%

By Migratory Working Family

Migratory working family	Suppressed
Non-migratory working family	0.7% $\pm$ 0.3%
Non-migratory working family	0.7% $\pm$ 0.3%

For More Information

- Several research briefs on substance use and mental health promotion topics have been developed by the Prevention Research Collaborative. Find them here:
<https://theathenaforum.org/prevention-101/research-briefs-substance-use-prevention-and-mental-health-promotion>
- Parents, schools, and communities can work together to keep youth healthy and safe. To learn more go to the Start Talking Now website: www.StartTalkingNow.org
- To find out about prevention coalitions in your area and how to get involved, go to
<https://theathenaforum.org/cpwi>
- For free guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse
<http://adaiclearinghouse.net>
- For prevention tips and other online resources visit <https://focusonyouwa.org> and www.DrugFree.org
- For 24 hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit
www.waRecoveryHelpLine.org

Data Notes

Prevalence on charts is displayed with 95% confidence intervals (as $\pm$ or black bar |)

▲ ▼ indicates a significant change from the previous year, $p < 0.05$. Color indicates a **positive** or **negative** difference

Missing Codes:

- S = results suppressed due to insufficient reporting from students of school
- N/G = grade not available
- N/S = question was not surveyed this year
- N/A = question was not asked of this grade
- ns = no significant difference between groups in the Statewide relationship charts

Acknowledgements

The Healthy Youth Survey (HYS) is a collaborative effort of the Office of the Superintendent of Public Instruction, the Department of Health, the Health Care Authority - Division of Behavioral Health and Recovery, and the Liquor and Cannabis Board.