

Medication and Opioid Misuse Fact Sheet 2025

Issaquah School District, All Grades (not including 6th)

Students surveyed = ; 8th grade: 1,293; 10th grade: 1,042; 12th grade: 439

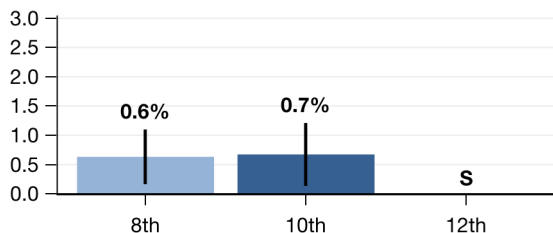
Introduction

- Prescription drug misuse is when someone takes a medication that was prescribed for someone else or takes their own prescription in a way not intended by a doctor, like to stay awake, or “to get high”.
- Prescription drugs that affect the brain, including opioid pain killers, stimulants, and depressants, may cause physical dependence that can turn into addiction.
- Most teens get prescription drugs they misuse and use from friends and relatives, sometimes without the person knowing.
- Prescription drug misuse has become an important health issue, particularly the danger of misusing prescription pain medications.
- Each year, there continues to be more overdose deaths than deaths from motor vehicle crashes (CDC National Center for Health Statistics).
- Prescription misuse prevention:
 - Talk to your children on how you stay healthy and why your medications are meant for you only.
 - Talk with your teenager about not taking pills or prescriptions not prescribed to them. Medications should not be shared with peers.
 - Store commonly misused prescription medications (painkillers, sedatives and stimulants) in a lockbox, monitor, and properly dispose of unused or expired medications.
 - Follow prescriptions and seek advice from provider on when it's ok to stop taking medication.

Student misuse of painkillers (in last 30 days)

Students who report using painkillers to get high at least once in the past month

% of students



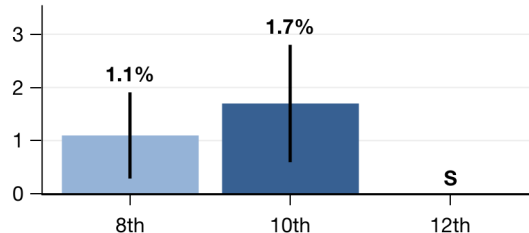
Grade	Misuse of painkillers
8th	0.6% $\pm 0.5\%$
10th	0.7% $\pm 0.5\%$
12th	suppressed

Painkillers like Vicodin, OxyContin (sometimes called Oxy or OC) or Percocet (sometimes called Percs)

Student misuse of someone else's prescription (in last 30 days)

Students who report using prescription drugs not prescribed to them in the past month

% of students

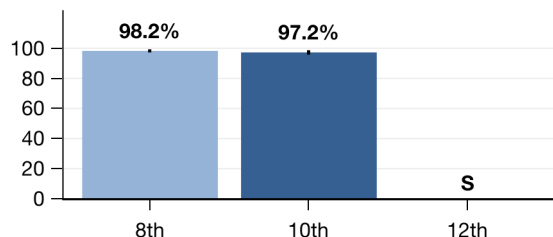


Grade	Misuse of another's prescription
8th	1.1% $\pm 0.8\%$
10th	1.7% $\pm 1.1\%$
12th	suppressed

When students are asked about the use of prescription drugs that are not prescribed for them... their perceptions are:

My parents would think it was wrong if I used prescriptions drugs not prescribed for me

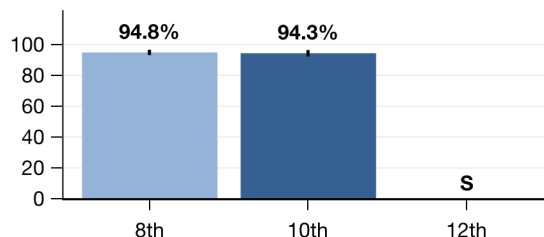
% of students



Grade	Results
8th	98.2% $\pm 1.0\%$
10th	97.2% $\pm 1.4\%$
12th	suppressed

My friends would think it was wrong if I used prescriptions drugs not prescribed for me

% of students

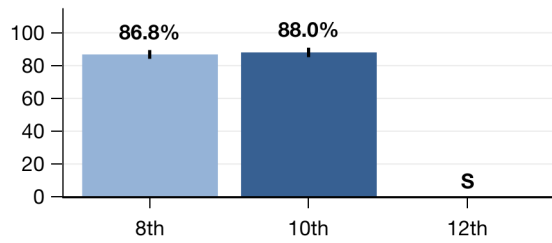


Grade	Results
8th	94.8% $\pm 1.7\%$
10th	94.3% $\pm 2.1\%$
12th	suppressed

When students are asked about the use of prescription drugs that are not prescribed for them... their perceptions are (continued):

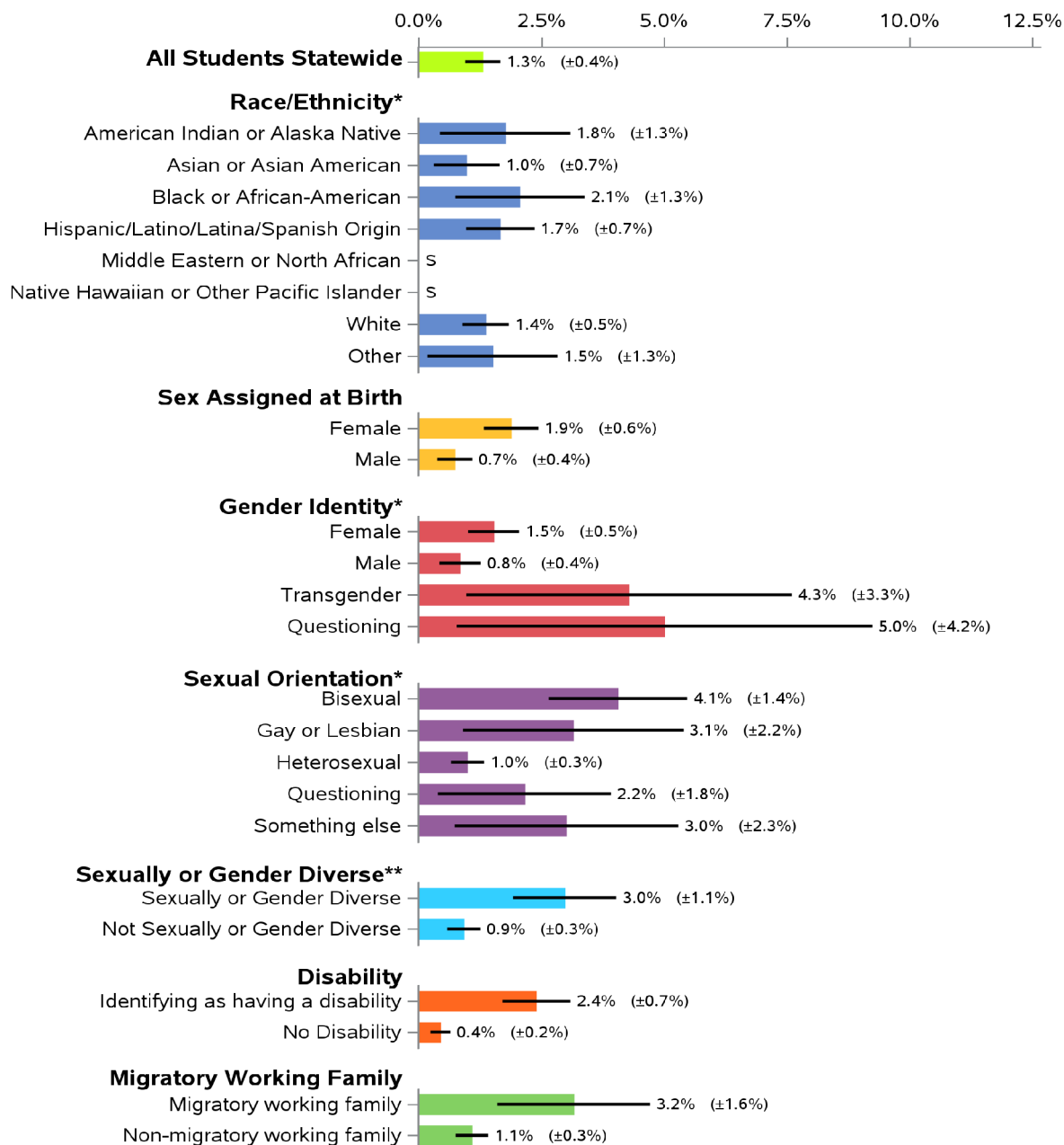
I risk harming myself if I use prescriptions drugs not prescribed for me

% of students



Grade	Results
8th	86.8% $\pm$ 2.7%
10th	88.0% $\pm$ 2.9%
12th	<i>suppressed</i>

Statewide Relationship between Current (past 30 day) Painkiller Use and Demographics, Grade 8, 2025



*Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.

**Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.

S - results are suppressed because less than 5 students answered this way

The bar chart above shows the statewide relationship between Current (past 30 day) Painkiller Use and Demographics for Grade 8, 2025

- Results for race/ethnicity, gender identity, and sexual orientation are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.
- Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.
- Suppressed is displayed for results that are suppressed because less than 5 students answered this way.

The demographic categories and values are:

All Students Statewide 1.3% $\pm$ 0.4%

By Race/Ethnicity

American Indian or Alaska Native	1.8% $\pm$ 1.3%
Asian or Asian American	1.0% $\pm$ 0.7%
Black or African-American	2.1% $\pm$ 1.3%
Hispanic/Latino/Latina/Spanish Origin	1.7% $\pm$ 0.7%
Middle Eastern or North African	Suppressed
Native Hawaiian or Other Pacific Islander	Suppressed
White	1.4% $\pm$ 0.5%
Other	1.5% $\pm$ 1.3%

By Sex Assigned at Birth

Female	1.9% $\pm$ 0.6%
Male	0.7% $\pm$ 0.4%

By Gender Identity

Female	1.5% $\pm$ 0.5%
Male	0.8% $\pm$ 0.4%
Transgender	4.3% $\pm$ 3.3%
Questioning	5.0% $\pm$ 4.2%

By Sexual Orientation

Bisexual	4.1% $\pm$ 1.4%
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By Sexual Orientation

Gay or Lesbian	3.1% $\pm$ 2.2%
Heterosexual	1.0% $\pm$ 0.3%
Questioning	2.2% $\pm$ 1.8%
Something else	3.0% $\pm$ 2.3%

By Sexually or Gender Diverse

Sexually or Gender Diverse	3.0% $\pm$ 1.1%
Not Sexually or Gender Diverse	0.9% $\pm$ 0.3%

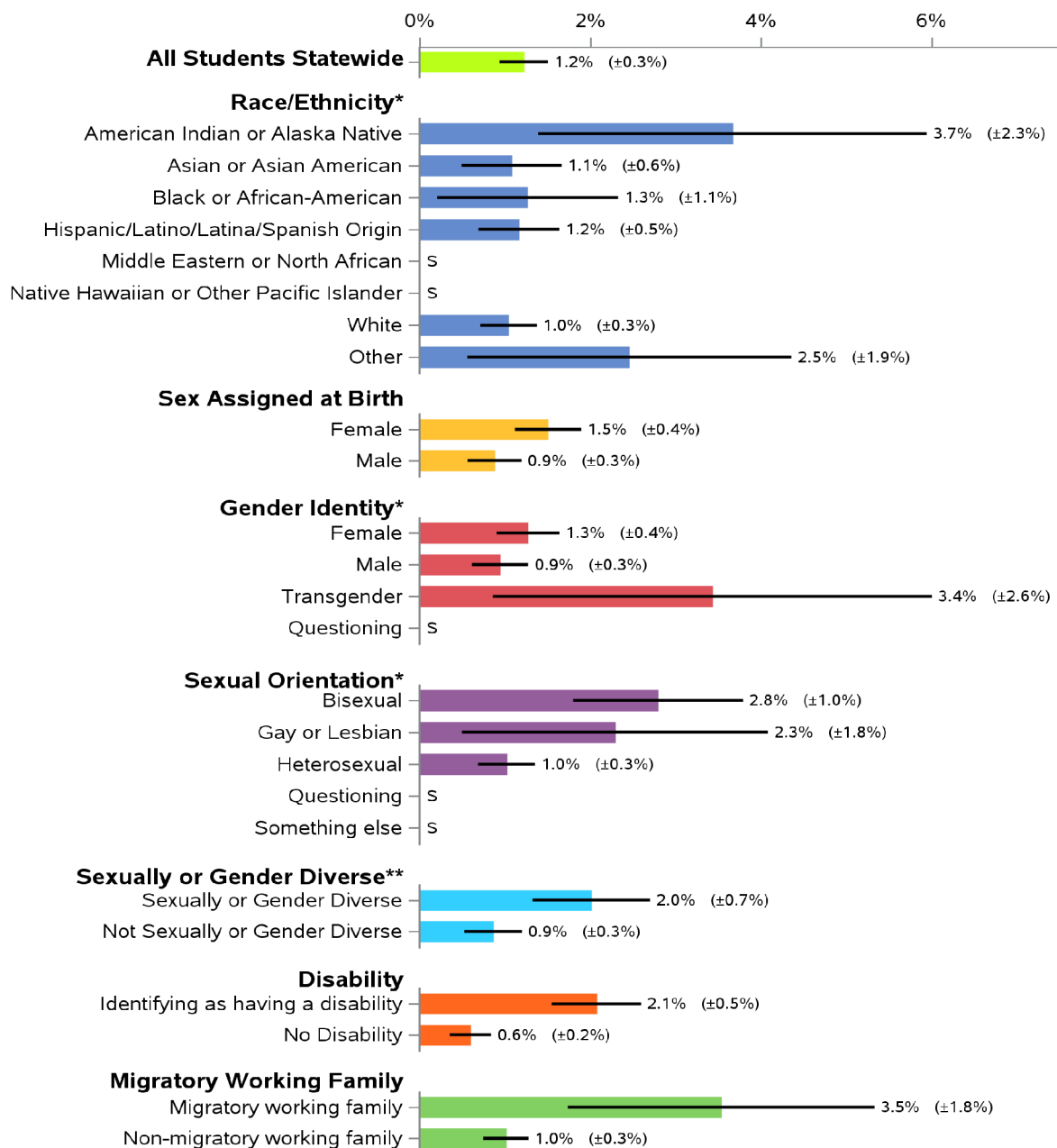
By Disability

Identifying as having a disability	2.4% $\pm$ 0.7%
No Disability	0.4% $\pm$ 0.2%

By Migratory Working Family

Migratory working family	3.2% $\pm$ 1.6%
Non-migratory working family	1.2% $\pm$ 0.4%
Non-migratory working family	1.2% $\pm$ 0.4%

Statewide Relationship between Current (past 30 day) Painkiller Use and Demographics, Grade 10, 2025



*Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.

**Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.

S - results are suppressed because less than 5 students answered this way

The bar chart above shows the statewide relationship between Current (past 30 day) Painkiller Use and Demographics for Grade 10, 2025

- Results for race/ethnicity, gender identity, and sexual orientation are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.
- Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.
- Suppressed is displayed for results that are suppressed because less than 5 students answered this way.

The demographic categories and values are:

All Students Statewide 1.2% $\pm$ 0.3%

By Race/Ethnicity

American Indian or Alaska Native	3.7% $\pm$ 2.3%
Asian or Asian American	1.1% $\pm$ 0.6%
Black or African-American	1.3% $\pm$ 1.1%
Hispanic/Latino/Latina/Spanish Origin	1.2% $\pm$ 0.5%
Middle Eastern or North African	Suppressed
Native Hawaiian or Other Pacific Islander	Suppressed
White	1.0% $\pm$ 0.3%
Other	2.5% $\pm$ 1.9%

By Sex Assigned at Birth

Female	1.5% $\pm$ 0.4%
Male	0.9% $\pm$ 0.3%

By Gender Identity

Female	1.3% $\pm$ 0.4%
Male	0.9% $\pm$ 0.3%
Transgender	3.4% $\pm$ 2.6%
Questioning	Suppressed

By Sexual Orientation

Bisexual	2.8% $\pm$ 1.0%
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By Sexual Orientation

Gay or Lesbian	2.3% $\pm$ 1.8%
Heterosexual	1.0% $\pm$ 0.3%
Questioning	Suppressed
Something else	Suppressed

By Sexually or Gender Diverse

Sexually or Gender Diverse	2.0% $\pm$ 0.7%
Not Sexually or Gender Diverse	0.9% $\pm$ 0.3%

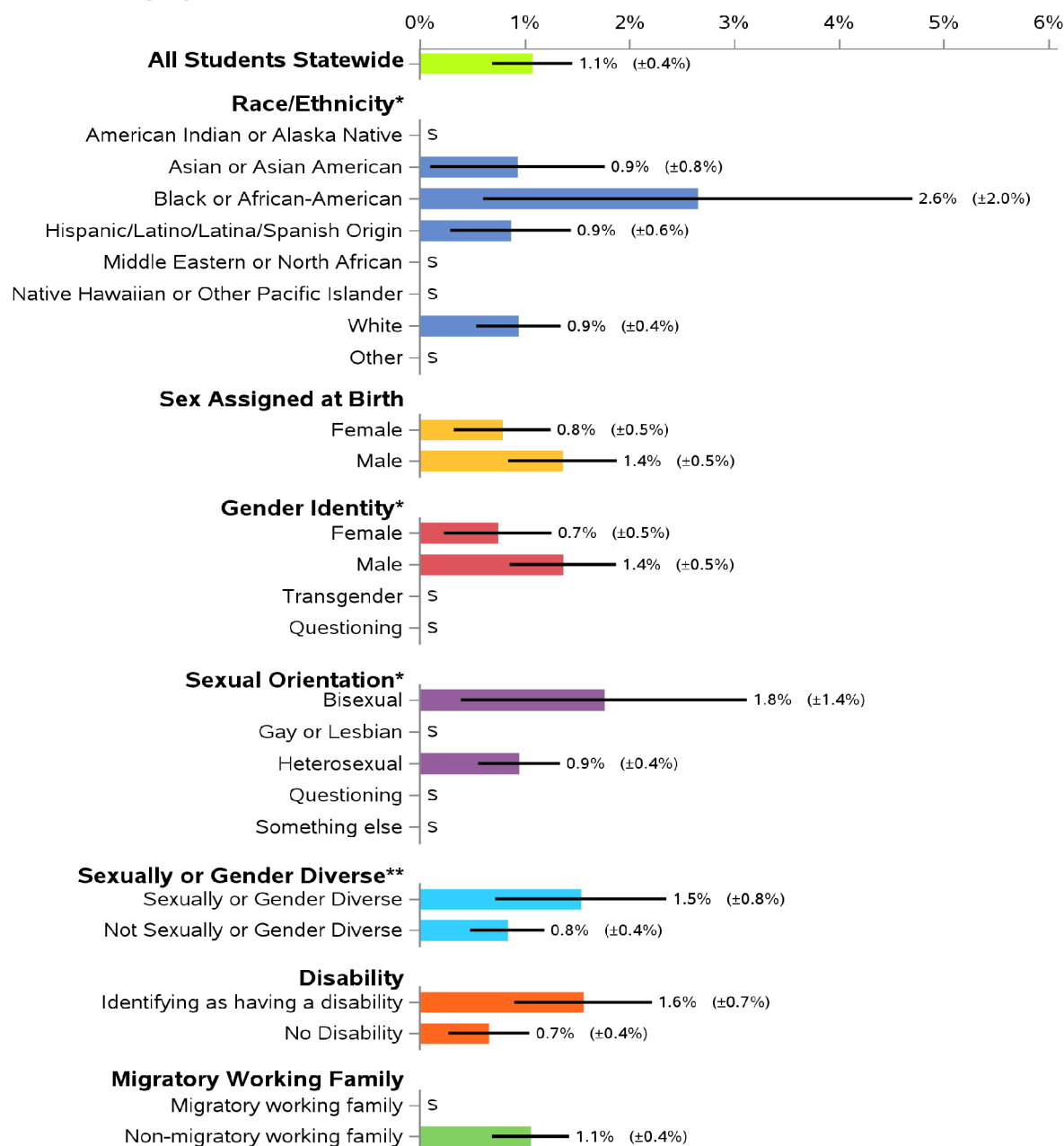
By Disability

Identifying as having a disability	2.1% $\pm$ 0.5%
No Disability	0.6% $\pm$ 0.2%

By Migratory Working Family

Migratory working family	3.5% $\pm$ 1.8%
Non-migratory working family	1.1% $\pm$ 0.3%
Non-migratory working family	1.1% $\pm$ 0.3%

Statewide Relationship between Current (past 30 day) Painkiller Use and Demographics, Grade 12, 2025



*Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.

**Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.

S - results are suppressed because less than 5 students answered this way

The bar chart above shows the statewide relationship between Current (past 30 day) Painkiller Use and Demographics for Grade 12, 2025

- Results for race/ethnicity, gender identity, and sexual orientation are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.
- Sexually or gender diverse youth are defined as any student selecting "transgender", "questioning/not sure", "something else fits better", or multiple options for gender identity, or any student selecting "gay or lesbian", "bisexual", "questioning/not sure", "something else fits better", or multiple response options for sexual orientation.
- Suppressed is displayed for results that are suppressed because less than 5 students answered this way.

The demographic categories and values are:

All Students Statewide 1.1% $\pm$ 0.4%

By Race/Ethnicity

American Indian or Alaska Native	Suppressed
Asian or Asian American	0.9% $\pm$ 0.8%
Black or African-American	2.6% $\pm$ 2.0%
Hispanic/Latino/Latina/Spanish Origin	0.9% $\pm$ 0.6%
Middle Eastern or North African	Suppressed
Native Hawaiian or Other Pacific Islander	Suppressed
White	0.9% $\pm$ 0.4%
Other	Suppressed

By Sex Assigned at Birth

Female	0.8% $\pm$ 0.5%
Male	1.4% $\pm$ 0.5%

By Gender Identity

Female	0.7% $\pm$ 0.5%
Male	1.4% $\pm$ 0.5%
Transgender	Suppressed
Questioning	Suppressed

By Sexual Orientation

Bisexual	1.8% $\pm$ 1.4%
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By Sexual Orientation

Gay or Lesbian	Suppressed
Heterosexual	0.9% $\pm$ 0.4%
Questioning	Suppressed
Something else	Suppressed

By Sexually or Gender Diverse

Sexually or Gender Diverse	1.5% $\pm$ 0.8%
Not Sexually or Gender Diverse	0.8% $\pm$ 0.4%

By Disability

Identifying as having a disability	1.6% $\pm$ 0.7%
No Disability	0.7% $\pm$ 0.4%

By Migratory Working Family

Migratory working family	Suppressed
Non-migratory working family	1.0% $\pm$ 0.4%
Non-migratory working family	1.0% $\pm$ 0.4%

For More Information

- For medication disposal locations, see <https://www.takebackyourmeds.org> .
- Talk to your teen about the dangers of prescription drug misuse. Learn more at <https://www.medicineabuseproject.org> .
- Visit Starts with One Parent Toolkit <https://getthefactsrx.com/parent-toolkit> .
- Several research briefs on substance use and mental health promotion topics have been developed by the Prevention Research Collaborative. Find them here:
<https://theathenaforum.org/prevention-101/research-briefs-substance-use-prevention-and-mental-health-promotion> .
- Parents, schools, and communities can work together to keep youth healthy and safe. To learn more go to the Start Talking Now website: www.StartTalkingNow.org .
- To find out about prevention coalitions in your area and how to get involved, go to <https://theathenaforum.org/cpwi> .
- For free guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse: <http://adaiclearinghouse.net> .
- For prevention tips and other online resources visit <https://focusonyouwa.org> and www.DrugFree.org .
- For 24 hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org .

Data Notes

Prevalence on charts is displayed with 95% confidence intervals (as $\pm$ or black bar |)

▲ ▼ indicates a significant change from the previous year, $p < 0.05$. Color indicates a **positive** or **negative** difference

Missing Codes:

- S = results suppressed due to insufficient reporting from students of school
- N/G = grade not available
- N/S = question was not surveyed this year
- N/A = question was not asked of this grade
- ns = no significant difference between groups in the Statewide relationship charts

Acknowledgements

The Healthy Youth Survey (HYS) is a collaborative effort of the Office of the Superintendent of Public Instruction, the Department of Health, the Health Care Authority - Division of Behavioral Health and Recovery, and the Liquor and Cannabis Board.