AVID Parent and Student Night
January 21, 2026



Kelly Vasquez and Judelka Espinal
AVID Elective teachers

Tara Kuber
AVID 9th Grade Counselor

Ms. Lorraine Longing
AVID Site Coordinator /AVID District Director

Nicole Saieva
High School Principal

What is AVID?

AVID®

Advancement via Individual Determination

- High school and college readiness program that takes place in 9th -12th grades.
- Pushes students toward their academic potential.
- Boosts self-confidence, determination, and work ethic.
- Provides a support system.
- Builds opportunity knowledge.
- A credit bearing elective course.



What AVID is NOT!

- A remedial course
- Study hall
- A easy elective

It is an HONOR to be selected into this program. AVID students have tremendous intelligence and great potential to thrive academically. Typically, they are the hardest workers in their classes and are eager to accept the challenges of rigorous coursework and leadership opportunities.

https://youtu.be/Ogch9EP4ilM

What do we do in an AVID class?

- Each week are AVID Curriculum Days where the focus is on WICOR skills (Writing, Inquiry, Collaboration, Organization, Reading)
- The focus is on collaborative study groups where students work together to solve problems and address academic issues in content classes
- Motivational Days
- Guest speakers
- College/University Campus Tours
- Team building activities/ FUN DAYS



What is WICOR?



AVID “Musts”

Organization Skill Development

Successful students are ones who:

- Organize class materials (handouts, pictures, charts, graphs)
- Read and maintain a daily schedule
- Keep track of project/homework/test due dates
- Send and respond to email communications effectively
- Effectively manage their time and resources
- Set both short and long term goals
- Develop an organized system for note taking

College and Career Skill Development

AVID Students will:

- Develop resumes
- Write a college essay
- Complete scholarship applications
- Participate in instant decision days
- Be provided with opportunities to meet with professionals and learn about a variety of careers
- Receive small group guidance counseling
- Visit in state and out of State Colleges and University, Public and Private

College Visits:

SUNY Albany
SUNY Delhi
Rockland Community College
St. Thomas Aquinas College
Dominican University
St. John’s University
Manhattan University
PACE University
Montclair State University
University of Delaware

Next Steps:

Application:

Students are required to complete an AVID Student application.

- The application asks for basic information(address, telephone number, gender etc.).
- Honors and awards
- Extracurricular activities
- Short answer questions
- Applications need to be submitted via google forms by January 30, 2026

Interviews:

- Interviews will held in the middle school.
- Students will be selected based on how well they complete the application and interview.
- The interview committee consists of teachers, counselors, and administration.

Questions?



AVID Contact Info



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Mrs. Tara Kuber - AVID counselor -Tkuber@nyackschools.org
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