

## **Terrence Fede**

### **Football and Basketball**

#### **Class of 2009**

Terrence Fede grew up in Nyack and began his football journey with the Valley Cottage Indians youth program. He quickly became a star defensive end at Nyack High School and was a member of the school's basketball team. His athletic dominance and good nature awarded him Captain status for both teams; a credit to his innate leadership skills, which also earned him First Team All-State, All-Section, All-County, and All-League accolades for football.

Under head coach John Castellano, Fede was an integral part of Nyack's 2008 Class A Championship Team. As a defensive player, Fede's athletic talent assured the team's success. His ability to provide pressure on the opposing line and quarterback was undeniable.

His athleticism, passion for football and academic success afforded him the opportunity to play football at Marist College, where he was a three-time All-Pioneer Football League selection, earning First Team honors in 2012 and 2013. He was named PFL Defensive Player of the Year in 2013, and First Team All-American, having set a school season record with 13 sacks and led the entire FCS in sacks per game.

Fede's 31 career sacks in college remain a Marist record. In 2014, Fede was selected in the seventh round (234th overall) by the Miami Dolphins, making him the first Marist player to be drafted into the NFL. Over four seasons with the Dolphins (2014-2018), Fede played in 51 games, totaling 55 tackles. His defining NFL moment came during his rookie year when he blocked a punt for a safety, sealing a dramatic 37-35 win over the Minnesota Vikings. This play earned him immortal status. It was the latest point in a game in NFL history that a safety proved to be the winning margin.

After his time with the Dolphins concluded, he went on to sign NFL contracts with the Buffalo Bills (2018) and the New York Giants (2019), concluding six years in the NFL. Following his NFL career, Fede entered the coaching ranks with Lehigh University where he assisted with the defensive line for the 2021 season.

Terrence Fede earned his Bachelor's degree in Business Administration from Marist College and his Master's Degree in Sports Administration from Arkansas

State University. Currently, Terrence is a Senior Business Development Representative at Planhat, a software company. Fede has married his experience as a professional football player and business developer to become a certified NFL agent. Whoever he represents, they will find their greatest asset in him.

Terrence and his wife, Lindsey, currently reside in Wayne, New Jersey where they are lovingly enjoying parenthood and raising their daughter Leah.