

Miles Taylor

Track and Field, Cross Country Coach

In his 26 years coaching track and field and cross country at Nyack High School, Miles Taylor led the program to unprecedented levels of success with 171 wins in boys cross country and three Loucks Games Champions. Taylor, who graduated from Nyack high School in 1982, produced over 70 D1 and D2 scholarship runners, including Georgetown University's Stanley Lagrenade, La Salle University's Ifetayo Tyler, and Mississippi State's Sally Gale.

Athletes have applauded Taylor for the team culture he helped nurture, one that emphasized a deep sense of community and camaraderie. Taylor's approach to coaching includes consistent words of encouragement. He would routinely offer to give his athletes individualized training plans and one-on-one coaching sessions. Miles recognized that each athlete is an individual and can only succeed if the individual needs are met; when the individual is strengthened, the team is inevitably stronger.

"Up until Miles, I never met another man, outside of my father, who believed in me and pushed me that way that Miles did," said Stanley Lagrenade, a Rockland County Track and Field Hall of Famer and Nyack High School 2002 graduate. "He was a true mentor and role model for all of us—teaching us the importance of hard work, determination, and perseverance." Taylor's innate kindness permeated to anyone who needed it. He is a man who bought track shoes for those who could not afford them, and provided meals with conversation to those who were hungry for both.

Taylor still lives in Nyack with his wife Lee-Ann and their two children, Darius and Sidney. He has been a long-standing member of the Nyack Fire Department, 42 years to be exact. His continual commitment to this department is a testament to his dedication in service to others.

He works as a freelance video engineer for ABC, ESPN, CBS, and FOX Sports.