



# SACRED HEART CHURCH

*A Parish Family with St. Monica, Mercer Island*

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536 • SACREDHEART.ORG

## SUNDAY - MAY 24, 2026

### LITURGY SCHEDULE

#### Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

#### Saturday Vigil Mass

5:00 PM (Live-streamed)

#### Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

#### Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

#### Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

#### Rosary Group

Monday 7:00 PM

#### Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

#### Sacrament Preparation

425-454-9536

#### OFFICE HOURS

##### Parish

8:30 AM - 4:00 PM Mon - Fri

##### School

8:00 AM - 4:00 PM Mon - Fri

## OUR MISSION STATEMENT

Sacred Heart Parish  
is a welcoming Catholic community,  
which inspires faith in God,  
through prayer, sacraments, and service,  
while living Gospel values,  
as faithful followers of Jesus Christ.



## PARISH CALENDAR

### Sunday May 24

#### *PENTECOST SUNDAY*

9:00 AM **Mass**  
11:00 AM **Mass ( NO CLOW)**  
5:00 PM **Mass**

### Monday May 25

*The Blessed Virgin Mary, Mother of the Church  
Ordinary Time Begins; Week 8 in Ordinary Time  
Memorial Day*

*Parish Office Closed in Observance of Memorial Day*

8:15 AM Rosary  
8:45 AM **Mass**  
7:00 PM NO Rosary Group

### Tuesday May 26

*Saint Philip Neri, Priest*

10:00 AM Stitches with Heart Group

### Wednesday May 27

*Weekday*

*Saint Augustine of Canterbury, Bishop*

8:15 AM Rosary  
8:15 AM Confessions  
8:45 AM **Mass** (school attending)  
6:30 PM Evening Bible Group

### Thursday May 28

*Weekday*

8:15 AM Rosary  
8:45 AM **Mass**  
2:00 PM - 4:00 PM Eucharistic Adoration

### Friday May 29

*Weekday*

*Saint Paul VI, Pope*

8:15 AM Rosary  
8:45 AM **Mass**

### Saturday May 30

*Weekday*

*Blessed Virgin Mary*

8:00 AM Women's Group  
8:00 AM Men's Group  
3:00 PM Confessions - Reconciliation Chapel  
5:00 PM Vigil **Mass**

### Sunday May 31

*THE MOST HOLY TRINITY*

9:00 AM **Mass**  
11:00 AM **Mass ( CLOW)**  
5:00 PM **Mass**

## PARISH STAFF

### PARISH OFFICE

**425-454-9536**

**Rev. Kurt Nagel, Pastor** ext. 10109  
frnagel@sacredheart.org

**Rev. Joseph L. Akor, Parochial Vicar** ext. 10113  
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation  
cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant  
japplegate@sacredheart.org ext. 10154

Bridget Darrow, Pastoral Assistant for Administration  
bdarrow@sacredheart.org ext. 10102

Robert Eubanks, Facilities Supervisor  
reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care  
lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry  
kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy  
pkwan@sacredheart.org ext. 10110

Susan Olmos, Pastoral Assistant for Liturgical Music  
solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records  
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry  
sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications & Stewardship  
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration  
nsnyder@sacredheart.org ext. 10100

### PARISH SCHOOL

**425-451-1773**

David Burroughs, Principal  
Erica Pierson, Vice-Principal

### PARISH LEADERSHIP

- Pastoral Council:  
*Charlie Herb*
- Finance Council:  
*Douglas Withers*
- School Commission:  
*Charlie Herb*
- Community Outreach Commission:  
*Diana Schiro & Jackie Weeks*
- Worship Commission:  
*Phoebe Kwan*

**Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)**



**PARTNERS  
IN THE GOSPEL**

**Stage 3: Who do we  
want to become?**

**SHARE YOUR OPINIONS  
ONLINE SURVEY**

**For Parish Family 26**

**Who do we want to become?**

As we enter the "Who do we want to become?" stage of One Parish Planning, we held two community listening sessions on May 2 and 7. If you missed them, please share your feedback by scanning the QR code to complete the survey. We appreciate your input and participation.



**Sacred Heart Book Discussion Group  
Tuesday, May 26<sup>th</sup> at 7:00 PM  
Parish Conference Room 1**

*(Located through main entrance of parish office)*

Looking for some good books to read this summer? Come join Sacred Heart's book discussion group! We have a line up of fabulous summer reads, so hang up your hammock, put on your reading glasses and come join us on the fourth Tuesday of the month for a lively discussion. Everyone is welcome!

**May 26: *The Correspondent* by Virginia Evans**

**Behold the Lamb  
Quick Weekly Lessons  
on the Sacred Liturgy**

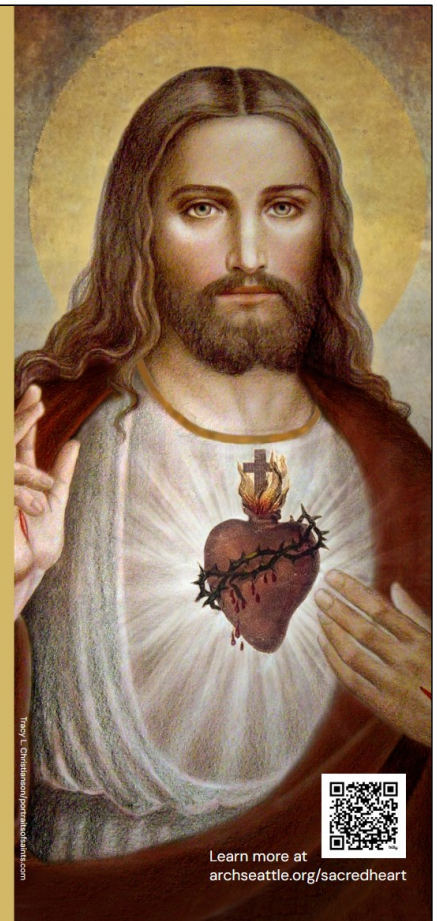


Following the "Our Father" itself, the Priest alone then orates (prays) *the embolism* asking God to grant deliverance from every evil (for the whole community) and "peace in our days", so that "we may always be free from sin" and distress, throughout our pilgrim journey "as we await the blessed hope" of heaven and the second coming of Jesus. Then all the faithful respond with *the doxology* in which we declare with joyful exultation the everlasting reign of our God, "now and for ever".

**Loving Jesus  
Through the  
Sacred Heart  
Devotion**

Transform your heart through the heart of Christ

- Learn about the Sacred Heart Devotion and its origins
- Get answers to:  
*Why am I hearing about this devotion now?  
How is it relevant to me/my family?*
- Learn 5 ways to grow closer to Jesus through the Sacred Heart Devotion



 Archdiocese  
of Seattle

Learn more at  
[archseattle.org/sacredheart](http://archseattle.org/sacredheart)



On June 11<sup>th</sup>, the United States Catholic Conference of Bishops will consecrate the nation to the Sacred Heart of Jesus. As we prepare our hearts to celebrate this momentous occasion and also our parish feast day, please join us in praying the Novena to the Sacred Heart of Jesus starting on June 3<sup>rd</sup>. Go to [archseattle.org/sacredheart](http://archseattle.org/sacredheart) to learn about the Sacred Heart Devotion and its origins, why you are hearing more about this devotion now and how it's relevant to you and your family.

## ADMINISTRATION & STEWARDSHIP

# Annual Catholic Appeal 2026 Together in Faith

Please make your **2026 ACA** gift today!



### THE ANNUAL CATHOLIC APPEAL DIRECTLY SUPPORTS PARISH STAFF AND OUR PASTOR

If you haven't yet made your gift, please prayerfully consider a contribution to the 2026 Annual Catholic Appeal. Your support goes beyond funding ministries that serve those in need—it also directly sustains the staff of Sacred Heart Parish, Fr. Nagel and Fr. Joseph everyday. Through the Archdiocese of Seattle, parishes benefit from centralized services designed to reduce costs and ease administrative burdens. These services include human resources, communications, property and construction management, liturgical guidance and more. With your generosity, we can simplify workloads, strengthen communication and advance evangelization efforts across Western Washington. Together, we make the mission possible. Thank you to the many of you who have already made your gift.

This year, our parish's goal is \$165,630. Any gifts exceeding this goal will be returned to Sacred Heart as a rebate for our parish projects. The first \$55,000 of the ACA rebate will be used to welcome a FOCUS Parish Missionary to Sacred Heart, starting in the summer of 2027. Through small groups, Bible studies and prayer gatherings, this missionary will help us deepen our faith and strengthen our sense of community. Any additional rebate funds will contribute to the project to replace the roof of the original parish offices along 14th Street.

Annual Catholic Appeal 2026

"One of the greatest gifts I have ever received is a participation in the ministerial priesthood of Jesus Christ. Thanks be to God and the support of his people for such a remarkable gift!"  
- Fr. Kyle Poje (pictured with his mother, Vanessa)

Archdiocese of Seattle

It is easy to give to the ACA—scan the QR code or visit [archseattle.org/giveaca](http://archseattle.org/giveaca) to give today.

### Why Give to the Annual Catholic Appeal Online?

- Safer: No need to mail checks or cash—online gifts are processed securely.
- Efficient: Saves time for parish staff and volunteers.
- Accurate: Online gifts are recorded promptly and reliably.
- Eco-Friendly: Reduces paper use and mailing

Since the ACA is processed centrally, online giving ensures your gift is received and recorded quickly. The Archdiocese provides weekly reports to help track your support.



SHARING OUR GIFTS  
STEWARDSHIP  
AT SACRED HEART

Scan the QR Code for Online Giving to Sacred Heart Parish.

Stewardship of Treasure	
Sunday collection totals	
July to March 31, 2026 Budget	\$1,224,127
July to March 31, 2026 Actual	\$1,232,173
	+\$8,046
Prior year actual (July– March 2025)	\$1,235,687
Thank you for your generosity!!	

Stewardship recognizes that all we have, all we are, is a gift from God.

## WEEKLY READINGS

### Sunday 5/24

Acts 2:1-11  
Psalm 104:1ab,24ac,  
29bc-30,31,34  
1 Corinthians 12:3b-7,12-13  
John 20:19-23

### Monday 5/25

Genesis 3:9-15,20  
Psalm 87:1-3,5-7  
John 19:25-34

### Tuesday 5/26

1 Peter 1:10-16  
Psalm 98:1-4  
Mark 10:28-31

### Wednesday 5/27

1 Peter 1:18-25  
Psalm 147:12-15,19-20  
Mark 10:32-45

### Thursday 5/28

1 Peter 2:2-5,9-12  
Psalm 100:2-5  
Mark 10:46-52

### Friday 5/29

1 Peter 4:7-13  
Psalm 96:10-13  
Mark 11:11-26

### Saturday 5/30

Jude 17:20b-25  
Psalm 63:2-6  
Mark 11:27-33

### Sunday 5/31

Exodus 34:4b-6,8-9  
(Ps) Deuteronomy  
3:52-55  
2 Corinthians 13:11-13  
John 3:16-18

## MASS INTENTIONS

### Sunday 5/24

9:00 AM Mass: RIP LINDA ROGERS  
by Nancy & Kip Durrell

11:00 AM Mass: RIP STEPHEN BUMGARDNER  
by Sacred Heart Parish Staff

5:00 PM Mass: PRIEST PRIVATE INTENTION

### Monday 5/25

RIP MARILOU BAKIANO by Carol Gallardo

### Wednesday 5/27

INT ROGERS FAMILY by Sis & Bob Flynn

### Thursday 5/28

RIP JOHN SWANSON by Jerome & Gemma Thielges

### Friday 5/29

RIP STEPHEN BUMGARDNER  
by Kip & Nancy Durrell

### Saturday 5/30

INT THE PARISHIONERS OF SACRED HEART

### Sunday 5/31

9:00 AM Mass: RIP GENE STYER  
by Jerome & Gemma Thielges

11:00 AM Mass: RIP STEPHEN BUMGARDNER  
by Patty Kirk

5:00 PM Mass : PRIEST PRIVATE INTENTION

## PLEASE PRAY FOR:

### The Sick

Pray for the sick of Sacred Heart  
& St. Monica parish Family

### The Deceased

Pray for the deceased of Sacred Heart  
& St. Monica parish Family

### ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

### Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month. "Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament." *Archbishop Etienne*



## POPE'S PRAYER INTENTION - MAY

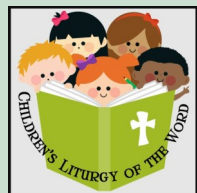
### That Everyone Might Have Food

Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food and to ensure that everyone has access to quality food. .

### EMERGENCY HELPLINE NUMBERS

**988: Suicide and Crisis Lifeline**  
**Narcotics Anonymous: 206-790-8888**  
**Alcoholics Anonymous: 206-587-2838**  
**Suicide Crisis Hotline: 206-461-3222**  
**WA State Domestic Violence: 1-844-762-8483**  
**National Domestic Violence: 1-800-799-safe**  
**Teen Link: 1-866-833-6546**  
**Al-Anon: 206-625-1000**

## CHILDREN'S FAITH FORMATION



### No CLOW - Sunday, May 24<sup>th</sup>

Join us on May 31<sup>st</sup> and June 7<sup>th</sup>  
at the 11:00 AM Mass for our  
last sessions of the school year.

Ages PreK - 1st Grade

*Older children are welcome  
to attend for sibling support.*



## Vacation Bible Camp

# June 22-26

## @ Saint Monica Church

Be sure to register for Vacation Bible Camp! This year's theme is **Snowball Mountain Challenge** - come join us for a snowy winter sports adventure centered around Philippians 4:13 (I can do all things through Christ who strengthens me)!

**Who:** Preschool (potty-trained) thru rising 5th grade

**When:** June 22 - 26 from 8:45AM - 12:00PM

**Where:** St. Monica Campus

Scan the QR code for registration (deadline is Monday, June 15.)

With questions contact Melissa Stewart, PA for Faith Formation at

[faithforward@stmonicami.org](mailto:faithforward@stmonicami.org) or

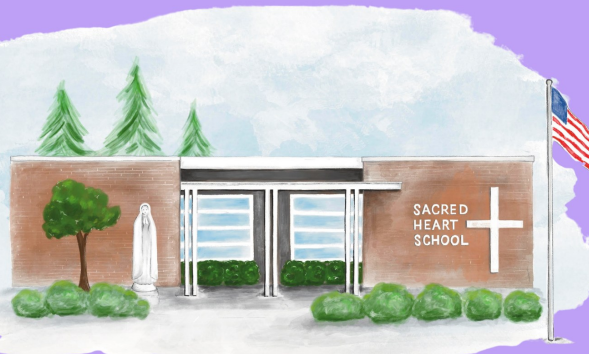
(206)232-2900 ext. 112.

**Want to volunteer to help with Vacation Bible Camp?** We're looking for adults and teens to help on the wintery slopes.

[archseattle.ccbchurch.com/  
goto/forms/7794/responses/  
new](http://archseattle.ccbchurch.com/goto/forms/7794/responses/new)



## SACRED HEART SCHOOL



### Be Part of the Mission at Sacred Heart School

Catholic education changes lives. At Sacred Heart School, students are formed each day in faith, academic excellence, and service.

Parishioner generosity directly supports our teachers, strengthens our programs, and meets the needs of our students. If you feel called to invest in the next generation, we invite you to make a gift today.

Thank you for supporting Sacred Heart School and the future of Catholic education in our parish.



UPDATES FROM



## EMMAUS YOUTH MINISTRY

Sharon, our HS Youth Minister, departed this week for the National Eucharistic Pilgrimage! Thank you to all who supported her fundraising; she has met her goal and is excited to serve in this role. Please remember Sharon in your prayers, and share your private prayer intentions at this link so she can pray directly for your intentions: <https://forms.gle/2ujfmc53dGS47rrBA>. Stay in the loop by following along on Instagram @eucharistic\_revival, Relevant Rado, EWTN, or on our Parish bulletin boards.

Summer conference registrations are almost closed - see the parish youth website for updated info on Middle and High School retreats this summer!

Weekly youth group is officially on summer break! Keep an eye out for upcoming summer youth events like bonfires, mass & mochas, service nights, and more! Our first summer event will be a Sacred Heart Feast bonfire in June.

## COMMUNITY OUTREACH - COMMUNITY EVENTS



**SACRED HEART  
DIAPER  
DRIVE  
MONTH OF MAY**

The gift of diapers is an ideal way to honor mothers and assist those families in need on the Eastside.  
**Most needed sizes are Newborn, 4, 5 and 6.**

Diapers will be collected by Sacred Heart's - PREPARES-Pregnancy & Parenting Support, which is a Parish-based ministry. Through PREPARES, we support those families in need from birth to age 5 in addition to supporting our local community organizations: Overlake Hospital, Mary's Place, Jubilee Reach and St. Vincent DePaul recipients.

Thank you for your ongoing support!



"THY KINGDOM COME"  
**MUSTARD SEED KINGDOM**



# REVIVAL

**"Heal me O Lord, And I will be healed"**  
Jeremiah 17:14



Healing Session & Holy Spirit Impartation led by Dcn Reuben D'sa



Praise and Worship by Mustard Seed Worship

Join us for an evening of worship, healing and restoration

**Sacred Heart Church, Bellevue | Sat, Jun 13th | 6:30PM-10:30PM**

All are welcome. Visit [www.mustardseedkingdom.org](http://www.mustardseedkingdom.org) for more details.

### Mustard Seed Kingdom Revival Hosted at Sacred Heart Parish

Join us on Saturday, June 13<sup>th</sup> at 6:30 PM, for an evening of worship, healing and restoration, as we invite the Holy Spirit to move among us and set us free from our chains. The evening will include praise and worship, Eucharistic adoration, healing prayer, Holy Spirit impartation, individual prayer ministry and the Sacrament of Reconciliation. The event is free and registration is not required. All are welcome. More details at [www.mustardseedkingdom.org](http://www.mustardseedkingdom.org)

### Rachel's Corner Project Rachel Post Abortion Healing Retreats

**Spanish Retreat: June 5 - June 7, 2026**

**English Retreat: Sept. 25 - Sept. 27, 2026**

**Men's Healing Retreat: Oct. 10 - Oct. 11, 2026**

To leave a confidential message please call

English: (206) 920-6413 Spanish: (206)-450-7814

Email [projectrachel@ccsww.org](mailto:projectrachel@ccsww.org). Visit us at

[cwww.ccsww.org/projectrachel](http://cwww.ccsww.org/projectrachel) or [www.facebook.com/projectrachelww](https://www.facebook.com/projectrachelww).

Project Rachel is a program of Catholic Community Services.

**You are loved with an everlasting Love!**



### Groceries for Families Program

Join the Sacred Heart community to help with groceries for the GFF Program. Over 200 bags are needed weekly to help with food security and hope! Scan the QR code to sign up!

#### Priority Need for Summer:

We had a great experience last year providing bikes for families in our community and we hope to share even more this summer. We need your help! There is strong demand for kids' bikes, especially those with 16-inch frames or 26-inch tires and smaller. We also accept adult bikes—no need for them to be perfect, as our Bike Angels can make repairs. Helmets are welcome as well to ensure rider safety. If you have a bike you no longer need, please consider donating it! Donations can be dropped off at the Center on Tuesdays between 8:00 AM and 4:00 PM. If that timing doesn't work, contact [Lauraq@jubileereach.org](mailto:Lauraq@jubileereach.org). Thank you for helping us spread joy and opportunity, one bike at a time!





**NOW SOLD**  
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 Parishoners Matt & Christina  
 Celebrating with Don!

**Our Client Don**  
 After 65 years in his beloved Bellevue home, Don decided to downsize to Aegis Living. He simply handed us the keys and we took care of everything!



Don Lovell  
 God Bless Matt and Christina for being such a talented, loyal, loving, faithful couple in preparing and selling my memory home.  
 ❤️🙏👍🙌❤️  
 Don Lovell

Matt@TeamSkally.com  
 206-661-8624

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*Committed to serving Sacred Heart Parishoners, adhering to the Golden Rule.*

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