

# Breakfast Menu

# HFIS

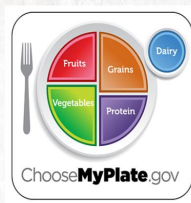
June 2026

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
1 Egg and Cheese Sandwich Maple Mini Waffles Fat Free Chocolate Milk 100% Apple Juice	2 Egg and Cheese Sandwich WW Honey Bun Fat Free Chocolate Milk 100% Apple Juice	3 Egg and Cheese Sandwich Banana Bread Sliced Fat Free Chocolate Milk 100% Apple Juice	4 Egg and Cheese Sandwich Strawberry Mini Bagel Fat Free Chocolate Milk 100% Apple Juice	5 Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice Diced Pear Cup Glazed WG Donut Bites
8 Egg and Cheese Sandwich Bacon, Egg and Cheese Breakfast Sandwich 100% Apple Juice Fat Free Chocolate Milk Applesauce	9 WG Donut Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice Applesauce	10 WW Honey Bun Sausage, Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice Applesauce	11 Sausage and Cheese Sandwich Cinnamon French Toast Syrup Applesauce 100% Apple Juice Fat Free Chocolate Milk	12 Bacon, Egg and Cheese Breakfast Sandwich Fat Free Chocolate Milk 100% Apple Juice Applesauce Banana Bread Sliced
15 Fluffy Whole Grain Pancakes Sausage Patty Syrup Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice	16 Egg and Cheese Sandwich 100% Apple Juice Banana Bread Sliced Diced Peaches	17 Maple Mini Waffles Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice Diced Peaches	18 Sausage, Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice Egg and Cheese Sandwich Diced Peaches	19 WW Honey Bun Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice Diced Peaches Applesauce
22 Sausage, Egg and Cheese Sandwich 100% Apple Juice Banana Bread Sliced	23 Egg and Cheese Sandwich Mini Cinnamon Pull Apart Roll 100% Apple Juice Mixed Fruit Fat Free Chocolate Milk	24 Egg and Cheese Sandwich WG Glazed Donut 100% Apple Juice Diced Pear Cup	25 Maple Mini Waffles Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice Diced Pear Cup	26 Bacon, Egg and Cheese Breakfast Sandwich Fat Free Chocolate Milk 100% Apple Juice Diced Peaches Applesauce

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View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

**Breakfast Prices**  
Breakfast: 1st meal no cost 2nd meal \$3.25  
Adult \$5.25plus tax  
Milk \$0.85

**Available Daily**  
Assorted WG Cereal ~ Cereal Bars ~ Muffins~ Bagels ~ Parfaits ~Milk ~Fruit / Fruit Juices. String Cheese ~ Graham Cracker ~ Yogurt  
If you have any questions or would like additional information regarding this menu please contact your food service director  
Kathy Coakley 845-446-4914 ext 2890

