

## **Robert Woods**

### **Football, Basketball, Track**

### **1973-1976**

Robert Woods was one of the finest high school athletes in Rockland County history. He excelled in three sports, earning honors in football, basketball and track. After graduating from Nyack, he went on to play football at the University of Delaware. Following a distinguished collegiate career, Woods became a successful coach at both Ramapo and Nyack High Schools.

Woods got off to a strong start in football and track, earning first team All-County honors in his sophomore year. The following year, he was first team, All-County and All-League and a Daily News All-Star, as well as a first team All-State selection for football. That season, he led Rockland County in touchdowns, receptions, and yards per catch. In his senior year, he collected the same honors again, but was also able to win first team All-State selection on both offense and defense and was voted the All-State receiver of the year. Most impressively, he was one of 12 players from New York to be named an All-American. He was a unanimous choice as an All County Football selection as well as repeating his All League and Daily News All Star selection. His most outstanding football game was against Nanuet his junior season, when he scored five touchdowns, had 95 rushing yards, 65 receiving yards, and several key plays on defense and special teams.

In basketball, Woods earned the same first team All-County, All-League and All-State selections sophomore through senior years, and was also a Daily News All-Star in both his junior and senior years. In his senior year, he led Rockland County in scoring. As a senior, he managed to score an incredible 60 points in one game at the 1975 Albertus Magnus Christmas Tournament, setting a Rockland County record. This is the same year he was named to the All American Team for Basketball. Woods was also one of the star players on the Rockland PSAL title-winning teams in 1974-75 and 1975-76.

After an outstanding high school career, Woods played football at the University of Delaware. He began his collegiate career as a receiver, but was soon moved over to defense, where he dominated. As a junior, Robbie made the Weekly All-East Division II Honor Roll after an impressive performance at defensive back. In his senior year, Robbie led the league in interceptions and was selected as an All-East Coast defensive back for the Blue Hens.

After college, Woods returned to Rockland County and accepted a teaching position at Ramapo High School and served as Dean of Students; and was a very successful coach at Ramapo and Nyack High Schools. He was the Ramapo head football coach; Ramapo head boys

track coach, Ramapo head girls' basketball coach and Nyack's girls' head basketball coach over the years. While at Ramapo High School, Robbie coached the boys' track team to a state championship in the 4x400 relay and the girls' basketball team to a Section I championship. While serving as the girls' basketball coach at Nyack, *Woods* led the team to the state championship finals. Robert Woods's contributions to Rockland County sports guarantee him a place of honor among Nyack's greatest athletes. The Journal News stated that Robbie Woods was perhaps the greatest all-around athlete of his time” and rightfully so.