# Health Examinations

**Adopted:** 11/12/1970 **| Last Revised:** 05/05/2026 **| Last Reviewed**: 05/05/2026

The Board of Education recognizes that periodic health examinations of students may lead to early detection and treatment of conditions that impact learning. Health examinations also may help in determining whether special adaptions of the school program are necessary.

The Superintendent or designee shall verify that students have complied with legal requirements for comprehensive health screening, an oral health assessment, and immunizations at school entry. In addition, the district shall administer tests for vision, hearing, and scoliosis as required by law and Board Rule 5141.3 – Health Examinations.

All students who participate as cheerleaders, song leaders, or athletes in organized competitive sports shall first undergo a medical examination and submit documentation of medical clearance to the district for each year they participate. Upon sustaining an injury or serious illness, a student may be required to have another examination before participating further. This requirement does not apply to participants in occasional play day or field day activities.

The Superintendent or designee shall ensure that staff employed to examine students exercise proper care of each student and that examination results are kept confidential. Records related to these examinations shall be maintained and released only in accordance with law.

**Policy Reference Disclaimer:**
*These references are not intended to be part of the policy itself, nor do they indicate the basis or authority for the Board to enact this policy. Instead, they are provided as additional resources for those interested in the subject matter of the policy.*

**Legal References:**

**STATE**

CALIFORNIA CODE OF REGULATIONS
5 CCR 10120-10121 Work permits
5 CCR 16023-16027 District records; retention and destruction
8 CCR 11701-11707 Prohibited and dangerous occupations for minors
8 CCR 11750-11763 Work permits and conditions; minor employed in entertainment industry

EDUCATION CODE
48230 Exemption from full-time school attendance for students with work permits
48231 Exemption from compulsory attendance for students entering attendance area near end of term
49100-49101 Compulsory attendance
49110-49119 Permits to work
49130-49135 Permits to work full time
49140-49141 Exceptions
49160-49165 Employment of minors; duties of employers
49180-49183 Violations
49200 Permit to work during extended emergency school closure
51760-51769.5 Work experience education
52300-52462 Career technical education

LABOR CODE
1285-1312 Employment of minors

1391-1394 Working hours for minors

**FEDERAL**

CODE OF FEDERAL REGULATIONS

29 CFR 570.1-570.129 Child labor regulations

**MANAGEMENT RESOURCES**

ATTORNEY GENERAL OPINION

18 Ops.Cal.Atty.Gen. 114 (1951)

CA DEPARTMENT OF INDUSTRIAL RELATIONS PUBLICATION

Child Labor Laws, 2013

CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATION

Basic Labor Rights Information Sheet Template

Statement of Intent to Employ a Minor and Request for a Work Permit - Certificate of Age, Form B1-1

Permit to Employ and Work, Form B1-4

WEBSITES

CSBA District and County Office of Education Legal Services https://legalservices.csba.org/#

California Department of Education, Work Experience Education http://www.cde.ca.gov/ci/ct/we

California Department of Industrial Relations http://www.dir.ca.gov/

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