

## June 2026 – Seamless Summer Weekend Lunch To Go

FRIDAY	SATURDAY	SUNDAY	
5  Turkey on Hoagie Black Bean Corn Salsa w/ Chips Carrot Sticks w/ Dressing Assorted Fresh Fruit* Juice Milk*	6  Ham on Hoagie Romaine and Tomato Salad* Assorted Fresh Fruit Juice Milk*	7  Uncrustable Peanut Butter Cup w/Crackers Romaine and Tomato Salad* Assorted Fresh Fruit Juice Milk*	<p><b>All children 18 and under eat at no cost.</b></p> <p><b>Learn more about Richmond County's Wellness Policy plans &amp; how to participate at <a href="https://rcboe.org">Nutrition Services / Wellness Policy (rcboe.org)</a></b></p>
12  Turkey on Hoagie Black Bean Corn Salsa w/ Chips Carrot Sticks w/ Dressing Assorted Fresh Fruit* Juice Milk*	13  Ham on Hoagie Romaine and Tomato Salad* Assorted Fresh Fruit Juice Milk*	14  Uncrustable Peanut Butter Cup w/Crackers Romaine and Tomato Salad Assorted Fresh Fruit Juice Milk*	<p><b>*Georgia-grown and locally sourced products and ingredients are offered regularly</b></p> <p><b>*Assorted milk is served daily.</b></p>
19  Turkey on Hoagie Black Bean Corn Salsa w/ Chips Carrot Sticks w/ Dressing Assorted Fresh Fruit* Juice Milk*	20  Ham on Hoagie Romaine and Tomato Salad Assorted Fresh Fruit Juice Milk*	21  Uncrustable Peanut Butter Cup w/Crackers Romaine and Tomato Salad Assorted Fresh Fruit Juice Milk*	<p><b>Menu is on Subject to change due to product availability.</b></p>
26  Turkey on Hoagie Black Bean Corn Salsa w/ Chips Carrot Sticks w/ Dressing Assorted Fresh Fruit* Juice Milk*	27  Ham on Hoagie Romaine and Tomato Salad* Assorted Fresh Fruit Juice Milk*	28  Uncrustable Peanut Butter Cup w/Crackers Romaine and Tomato Salad* Assorted Fresh Fruit Juice Milk*	<p><b>Wash all fruit, lettuce, and tomatoes thoroughly under running water prior to consumption.</b></p> <p><a href="#">Washing Produce.docx</a></p>

This institution is an equal opportunity provider.

**Food Handling and Preparation Instructions – Discard unused refrigerated items by each Monday**

***Refrigerate the following items until use:***

- All sandwich meat (Turkey Ham, Turkey)
- Uncrustable
- Cheese
- Carrot Sticks
- Lettuce
- Black bean corn salsa
- Dressing
- Fresh milk in cardboard carton

***Sandwich preparation***

- Refrigerate sandwich meat and cheese until use.
- Place 8 slices of meat and 2 slices of cheese on a bread, a bun, or hoagie roll.
- Condiments provided: mayonnaise and mustard

***Vegetables***

**Black Bean Corn Salsa ¼ cup**

- Refrigerate until use
- Serve with Tortilla Chips or Doritos

**Carrot Sticks ¾ cup**

- Serve with 1 oz or 2 tablespoons of dressing.

**Romaine and Tomato Salad w/ Ranch 1 1/2 cup**

- Wash 6 leaves of romaine lettuce and 4 cherry tomatoes thoroughly under running water.
- Tear the romaine leaves into bite sized pieces and place 4 cherry tomatoes on top of the lettuce.
- Top with 1 oz or 2 tablespoons of dressing.

**Fruit ½ cup**

- Wash all fruit under running water prior to consumption.
- Serve 1 whole fruit or ½ cup of berries