Ruppel Academie Francaise PK Readiness Guide

PK is an important introduction to school-life. Students will learn through play, movement, social interactions, and short periods of more structured activities. They will be in good hands at Ruppel as we introduce them to life in a school, and they will quickly learn the expectations and develop independence. However, rest assured that there is plenty of room for mistakes, which is an essential part of learning.

Many parents ask us how they can help prepare their child for PK. Below you will find a list of skills to work on this summer to help your child start school in the most positive way! These are things to practice, but we do not expect mastery of all of these skills at the early PK level.

Additionally, we've included a packet for the summer to help your child build stamina, strengthen hand muscles, and improve coordination. This work is not representative of the academic instruction that will be provided when school starts but is intended to build resilience and support fine motor development needed for future academic success. Doing a bit of work each day will help your child better understand the routine of PK.

Return the tracing portion of the completed packet (not the cutting) in your child's VIP folder on Welcome Day.

<u>PK Readiness</u>:

Students should be able to:

- Recite their name and birthday
- Recognize and respond to their name when called
- Recognize all basic colors
- Follow one or two step directions
- Use the bathroom independently including washing hands
- Use zippers, buttons, Velcro, and belts (if applicable) independently
- Open and close lunch items and snacks sent from home
- Clean up personal space and throw away trash
- Correctly hold and cut with scissors-If your child is left-handed, be sure to have to correct scissors (**see video resource link below** & use enclosed practice sheets)
- Hold and use a pencil correctly (**see video resource link below** & use enclosed practice sheets)
- Put on and take off jackets and sweatshirts independently
- Eat lunch in about 20 minutes (not including set up and clean up time)
- Use appropriate social skills (sharing, respect, take turns, wait for the teacher, understand privacy)
- Understand right from wrong and that there is a solution to a problem
- Understand that being part of a community requires patience and compromise

Reading Readiness

Students should be able to:

- Recognize and name letters both uppercase and lower case
- Follow words from left to right, top to bottom (model this by explaining the process and pointing to the text when reading aloud to your child)

Math Readiness

Students should be able to:

- Count from 1-20
- Model and practice point and count 1-10
- Recognize and identify by name all basic shapes
- Sort and categorize like items

Pencil Grip Video
https://www.youtube.com/watch?v=UPg9qpq6Hhg

Scissor Grip Video
https://www.youtube.com/watch?v=WNccTSc_9f0

All About Scissors

Choosing Scissors

"Child-safe" blunt tip scissors about five inches long are best for beginners. Test the blades for tightness and ease of use. If your child has not yet demonstrated hand dominance, you might look for a pair that is suitable for either right- or left-handed children, or even better, get one for "lefties" (the upper blade is on the left) and one for "righties" (the upper blade is on the right), and let your child experiment to see which is more comfortable to use.

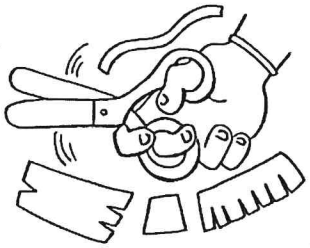
Scissors Safety Tips

Teach your child how to walk safely with a pair of scissors (though walking with scissors should be discouraged) and how to hand them to someone else. The hand should make a fist around the closed blades of the scissors with the handles pointing up. Tell your child to never point or wave a pair of scissors—they are a tool, not a toy.

Introducing Scissors

Demonstrate correct finger placement.

- The thumb goes in the upper loop of the handle.
- The middle finger goes in the lower loop (though some types of scissors have enough space for both the middle and ring fingers).
- The index finger rests outside the lower loop, in front of the middle finger, to provide balance and strength.
- The ring finger (if not inside the lower loop) and pinkie curl into the palm.



One hand (the dominant one, if already established) provides the open and close movement of the scissors while the other hand holds the paper. At first, your child may turn his or her hand awkwardly, making it difficult to cut. Tell your child to think "Thumbs up!" when using scissors as a reminder that the thumb should be in the upper loop of the handle.

First Time Cutting: Cut several 1- by 6-inch paper strips and encourage your child to make several cuts any way he or she chooses. Gently correct your child's finger placement and motion, as needed.

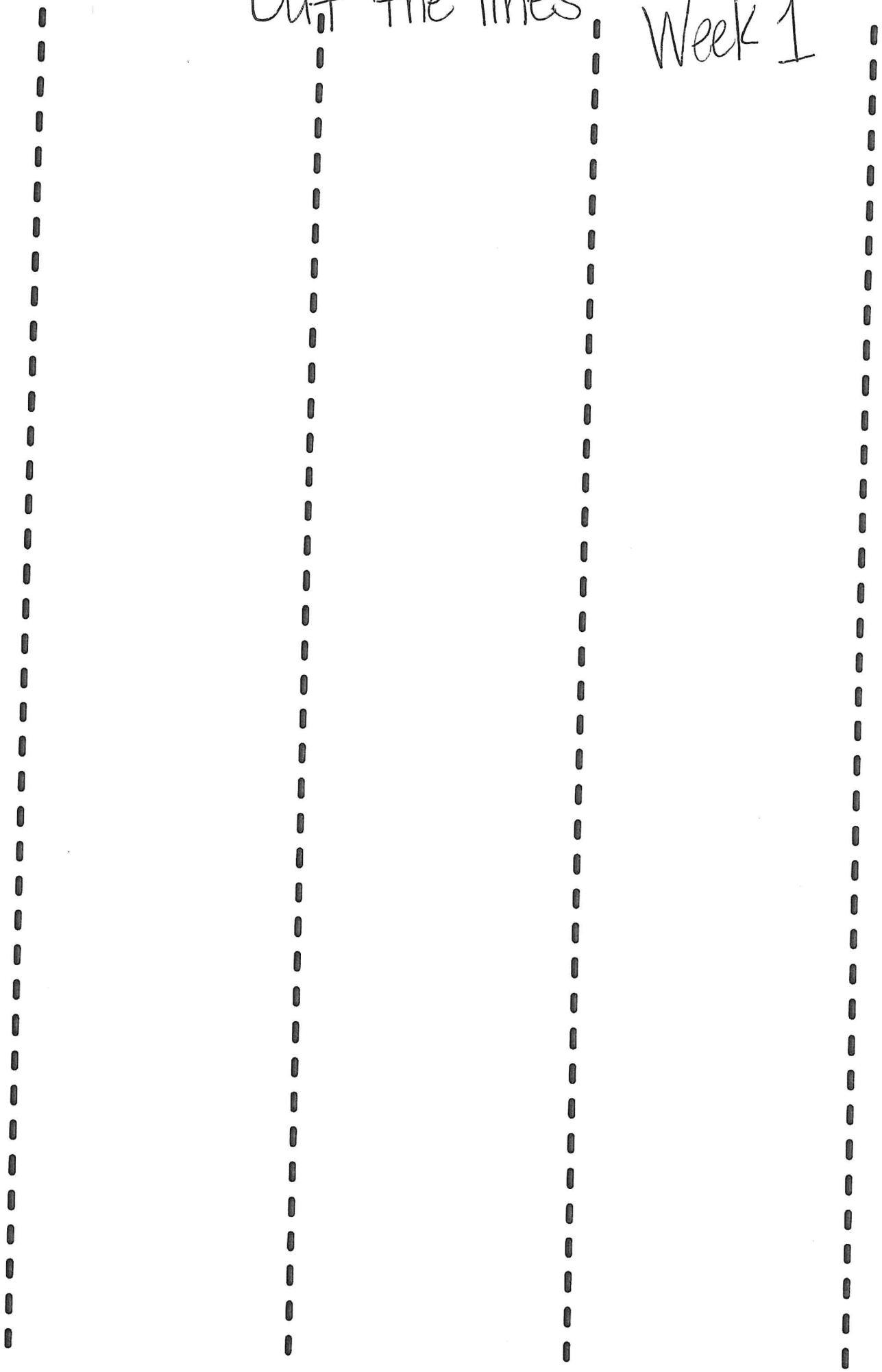


Developmental Tip

Before using scissors to cut, have your child practice tearing and gluing paper. You might demonstrate some of the techniques that follow:

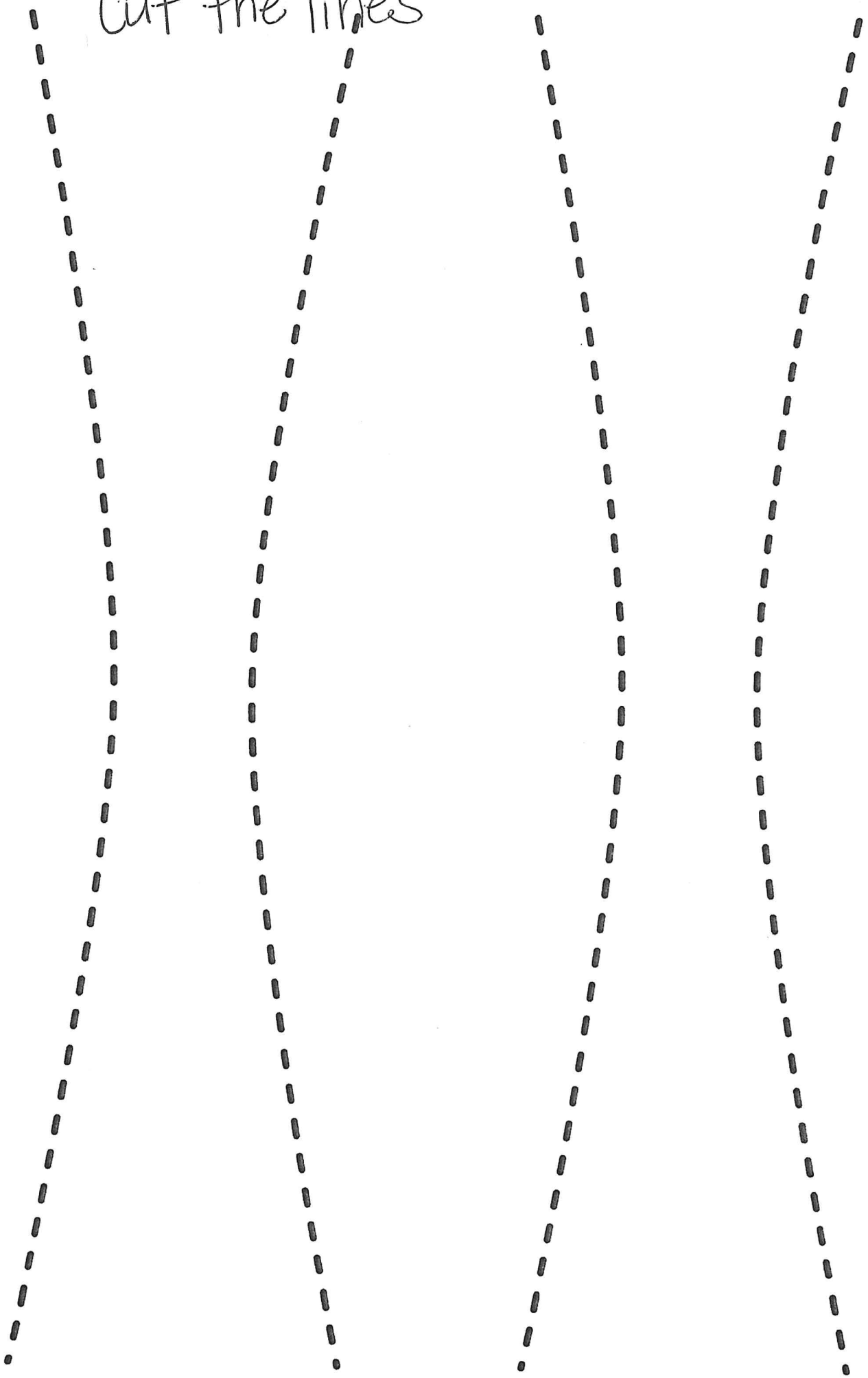
- Tear a sheet of paper down the middle by pulling it away from the body.
- Use one hand to pull the paper away from the body while the other hand pulls it toward the body.
- Tear paper into small pieces.
- Use a glue stick or craft glue to affix small, torn pieces of paper onto a large sheet of construction paper to make a design or collage.

Cut the lines. Week 1



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Cut the lines



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Name: _____ Trace

Prewriting

Getting Home

Help the car to get home by tracing the lines on the street.



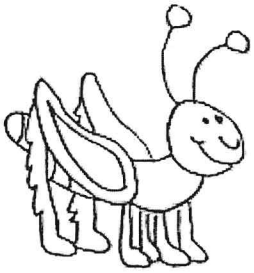
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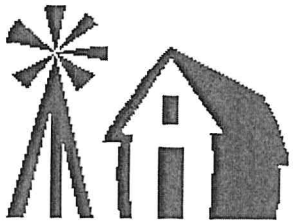
Trace www.KidZone.ws

Pre-K writing skills

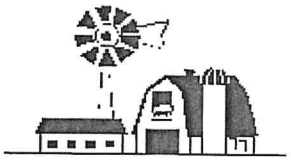
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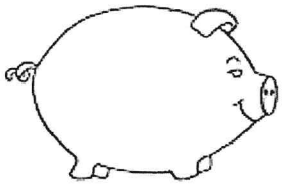
Trace the lines to help the animal find its home.

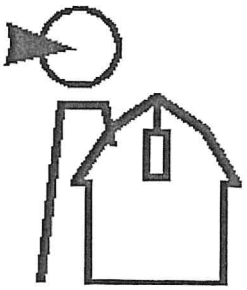


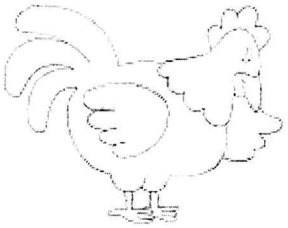


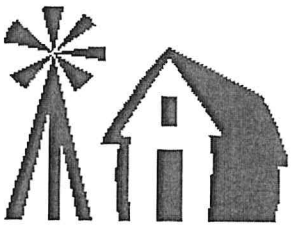










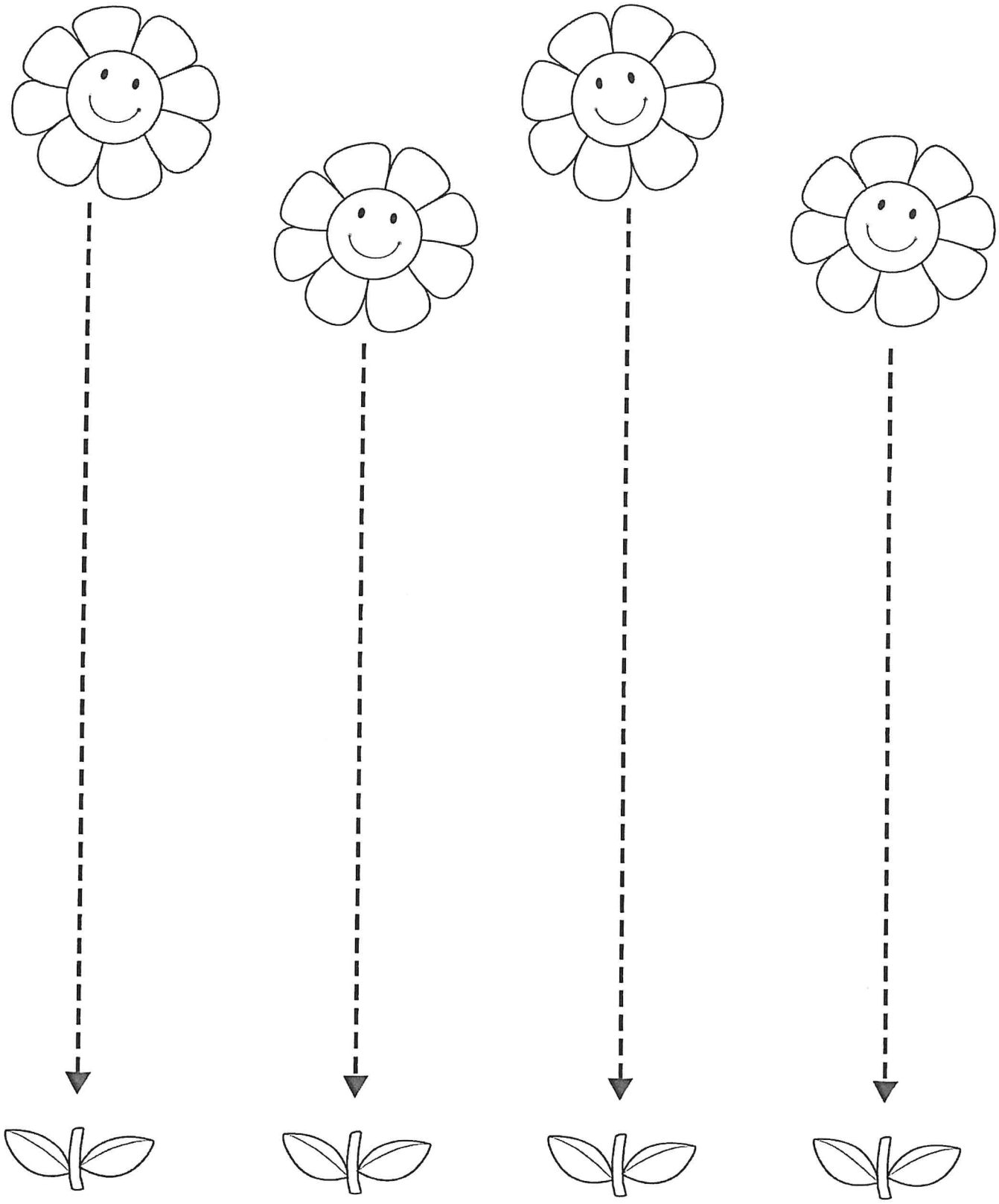


Name:_____ Trace

Prewriting

Complete the Flowers

Trace the lines to finish drawing the flowers.



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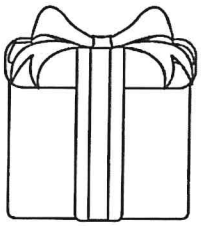
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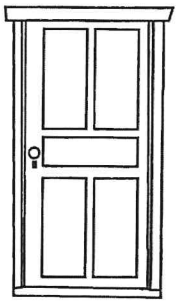
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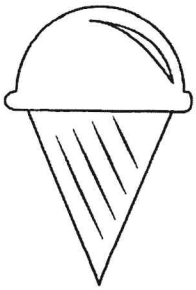
Match the Shapes

Trace the horizontal lines to match the shapes.









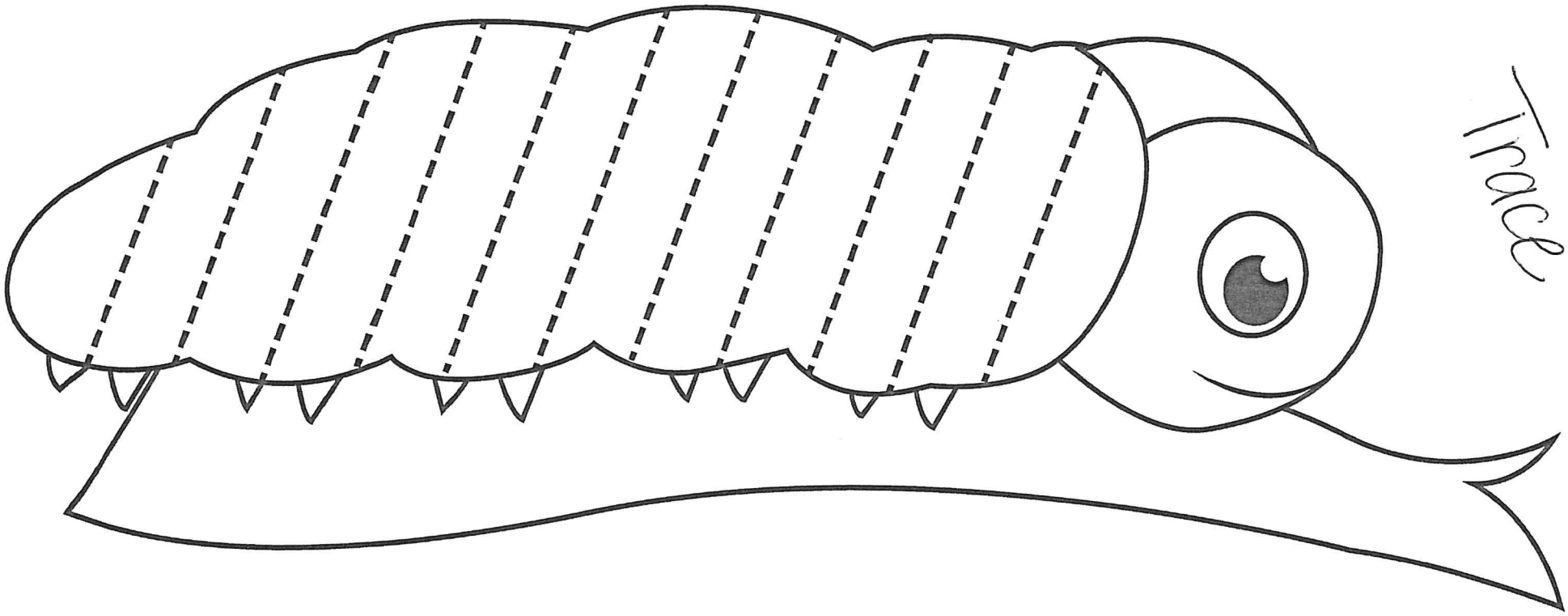
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Name:_____

Prewriting

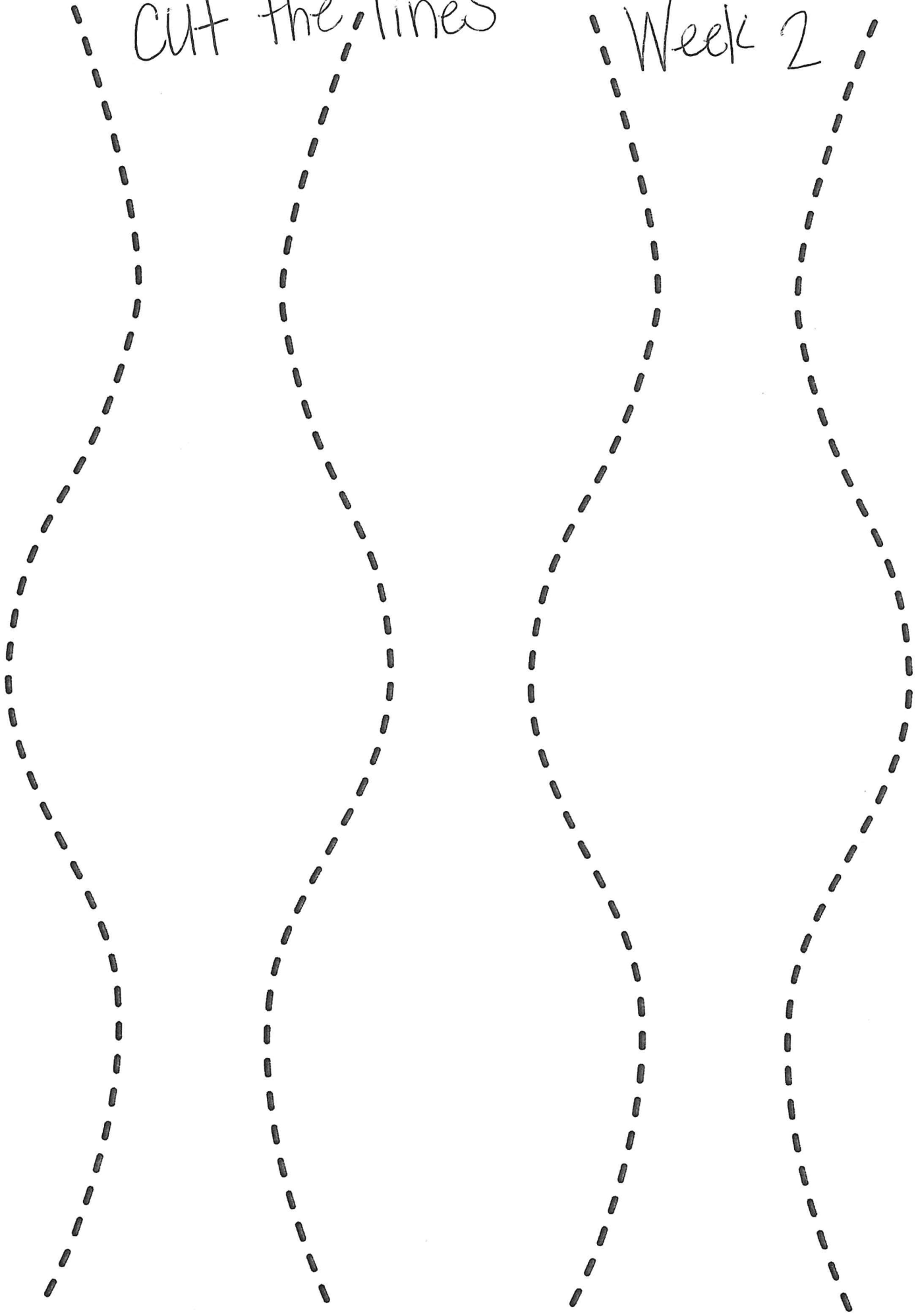
Caterpillar Stripes

Trace the diagonal dashed lines to complete the caterpillar missing stripes.



cut the lines

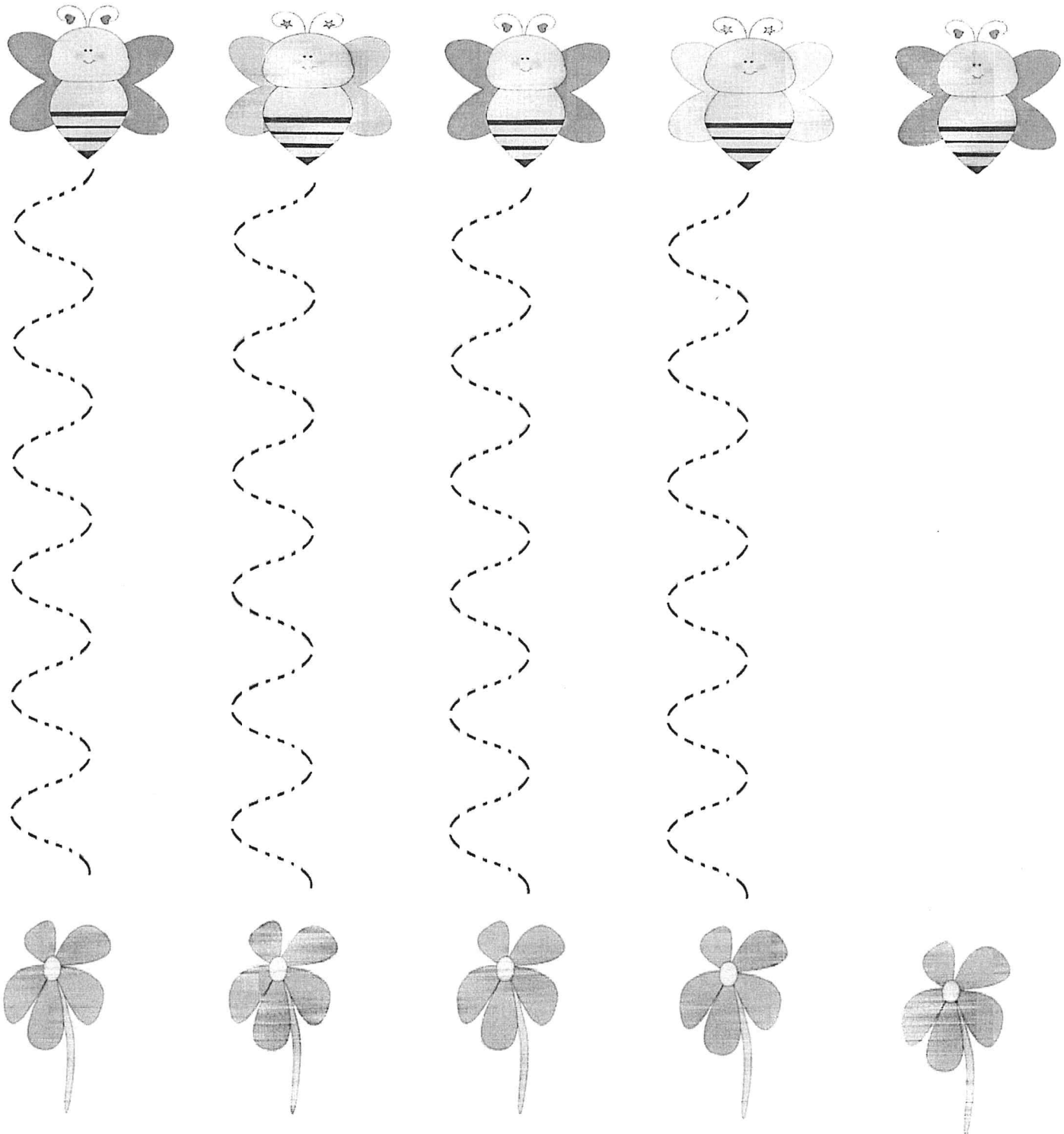
Week 2



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Tracing Lines

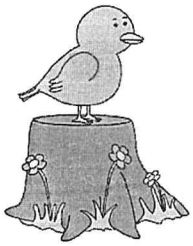
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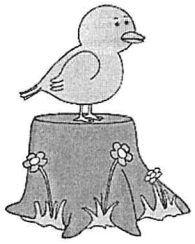
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Tracing Lines

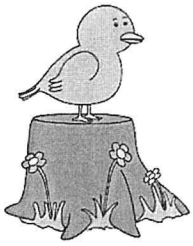
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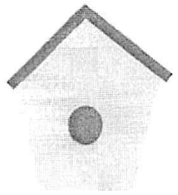


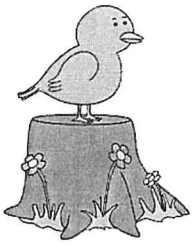


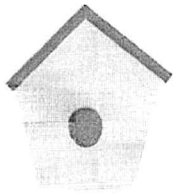


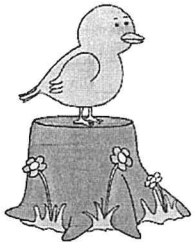


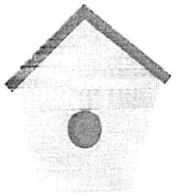








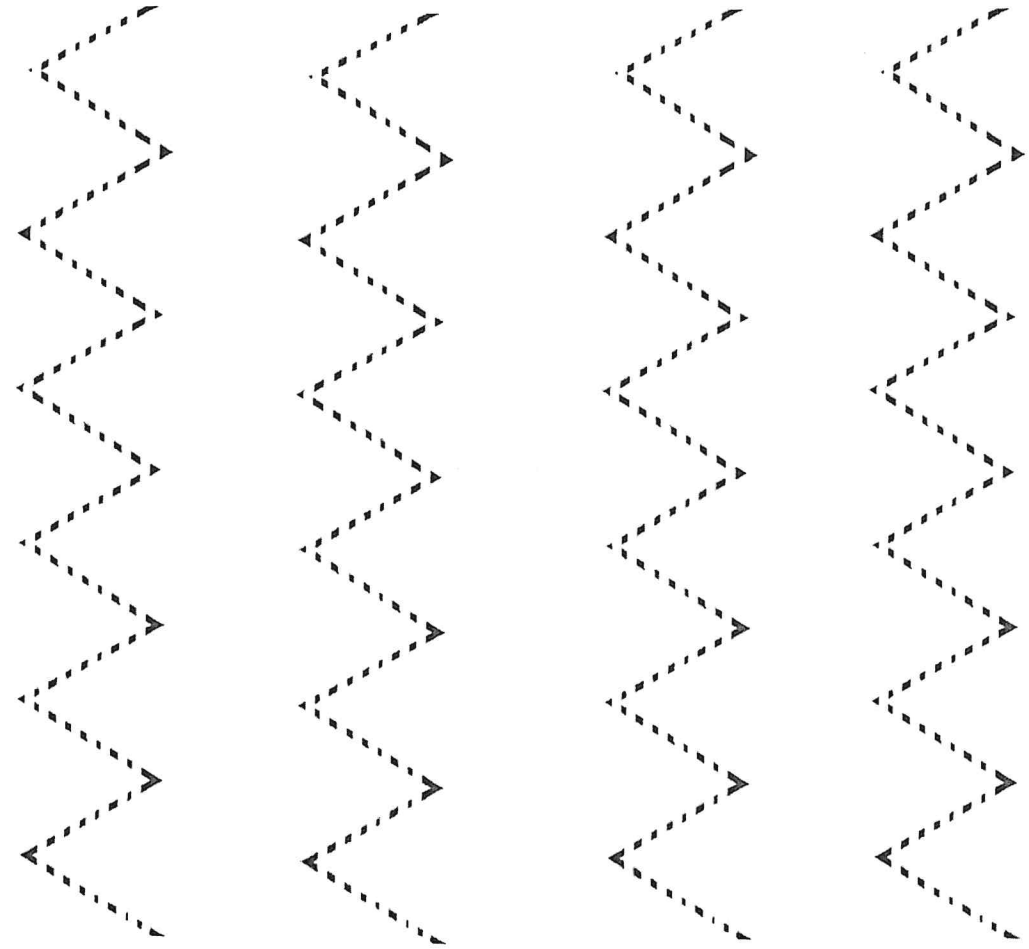




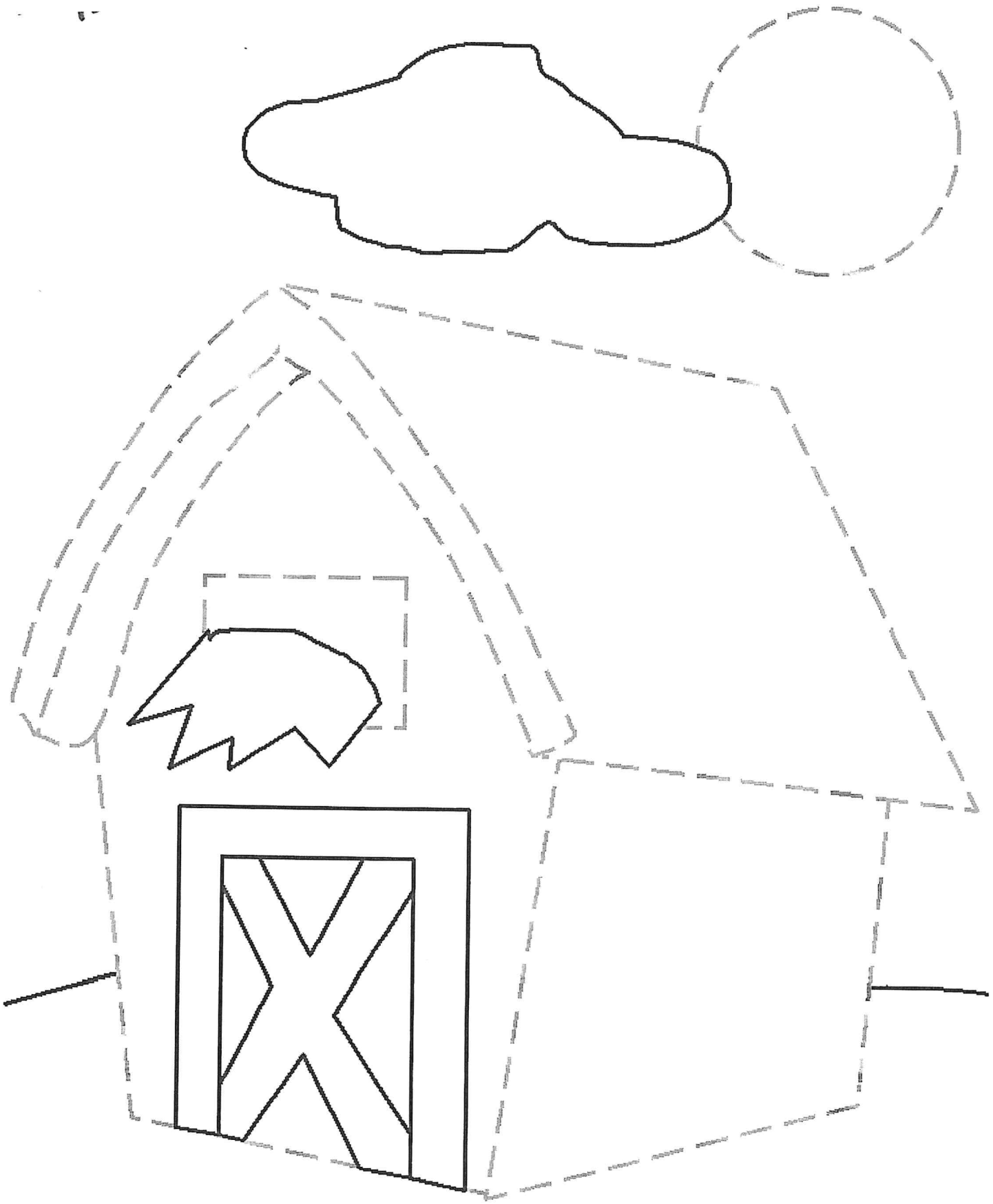
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Tracing Lines

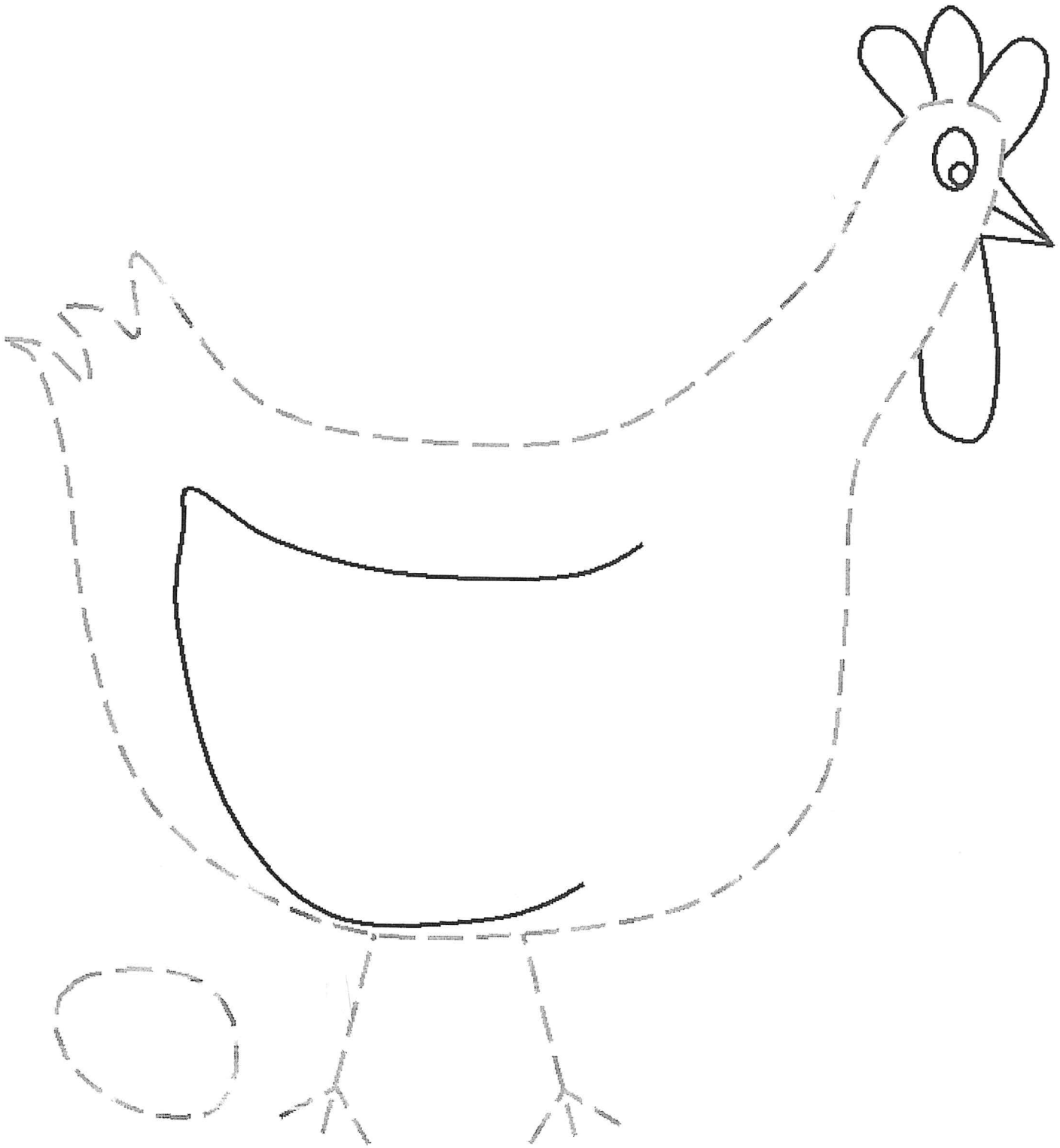
Trace the lines below then draw your own.



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Pre-printing Practice: Trace the dotted lines and color the picture.

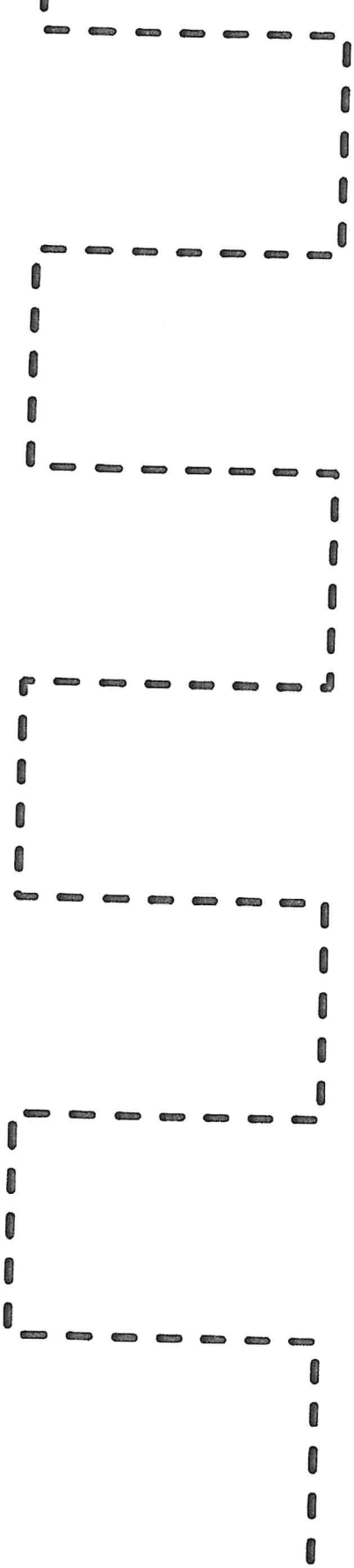


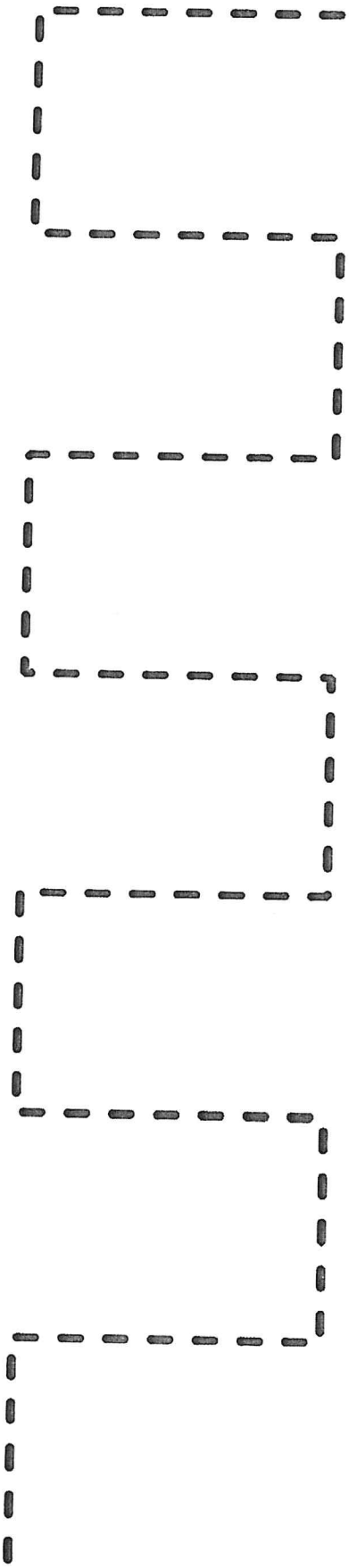
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CUT

Week 3

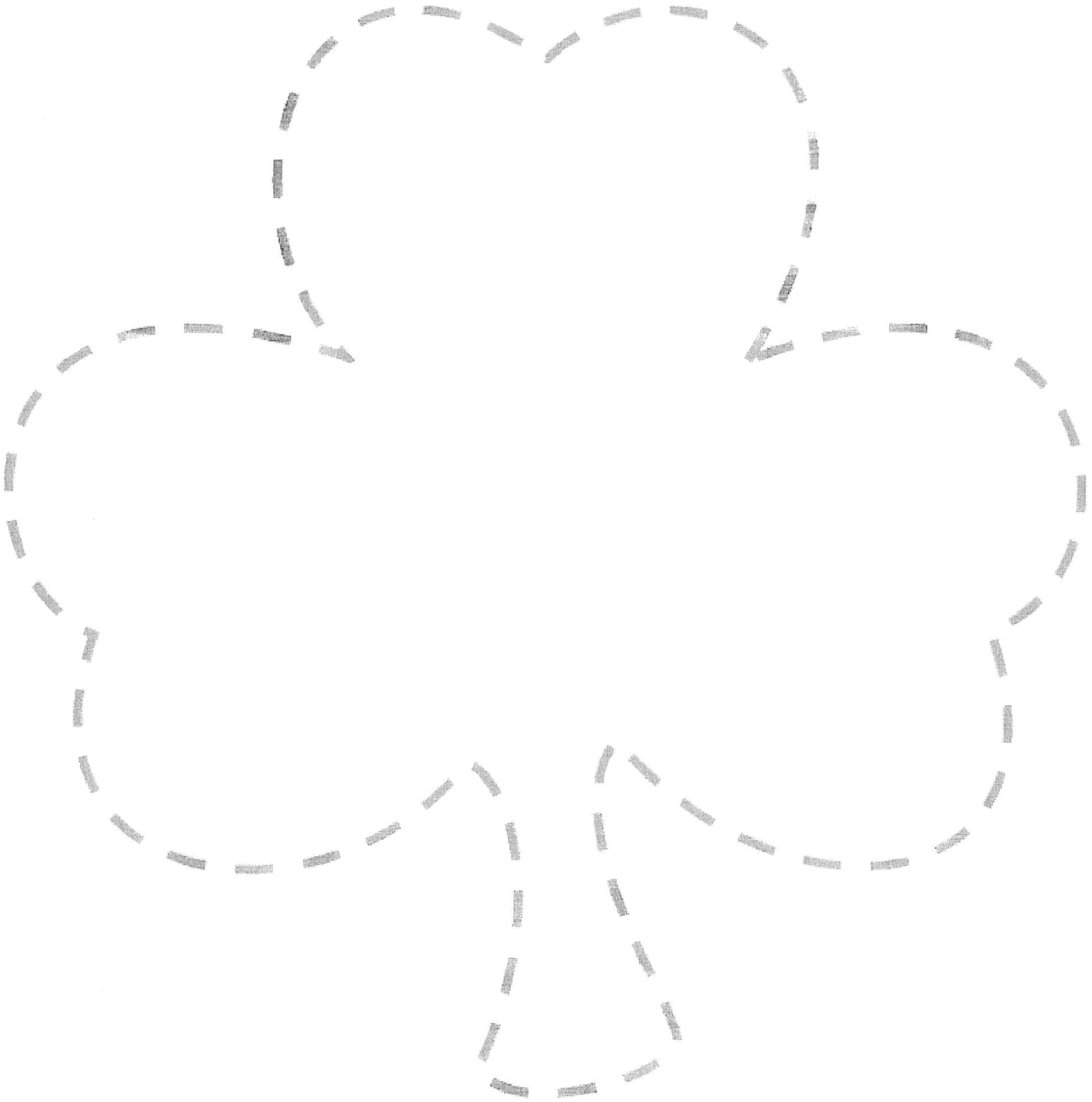
CUT





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Trace



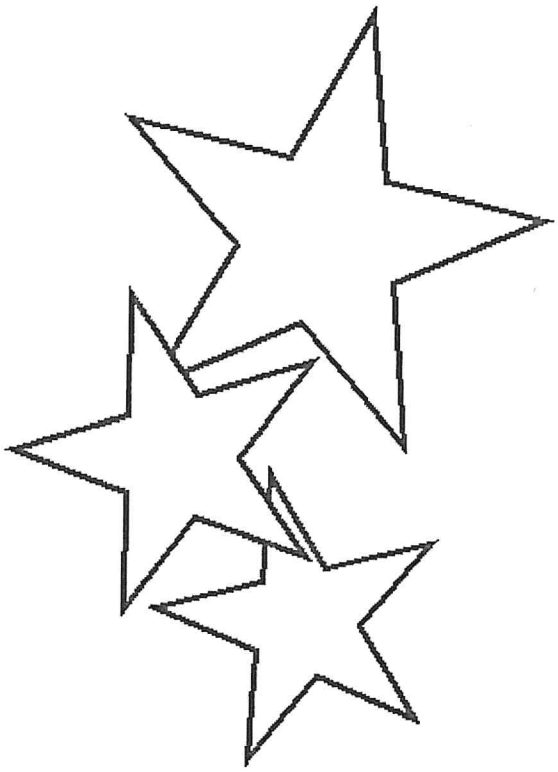
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Trace



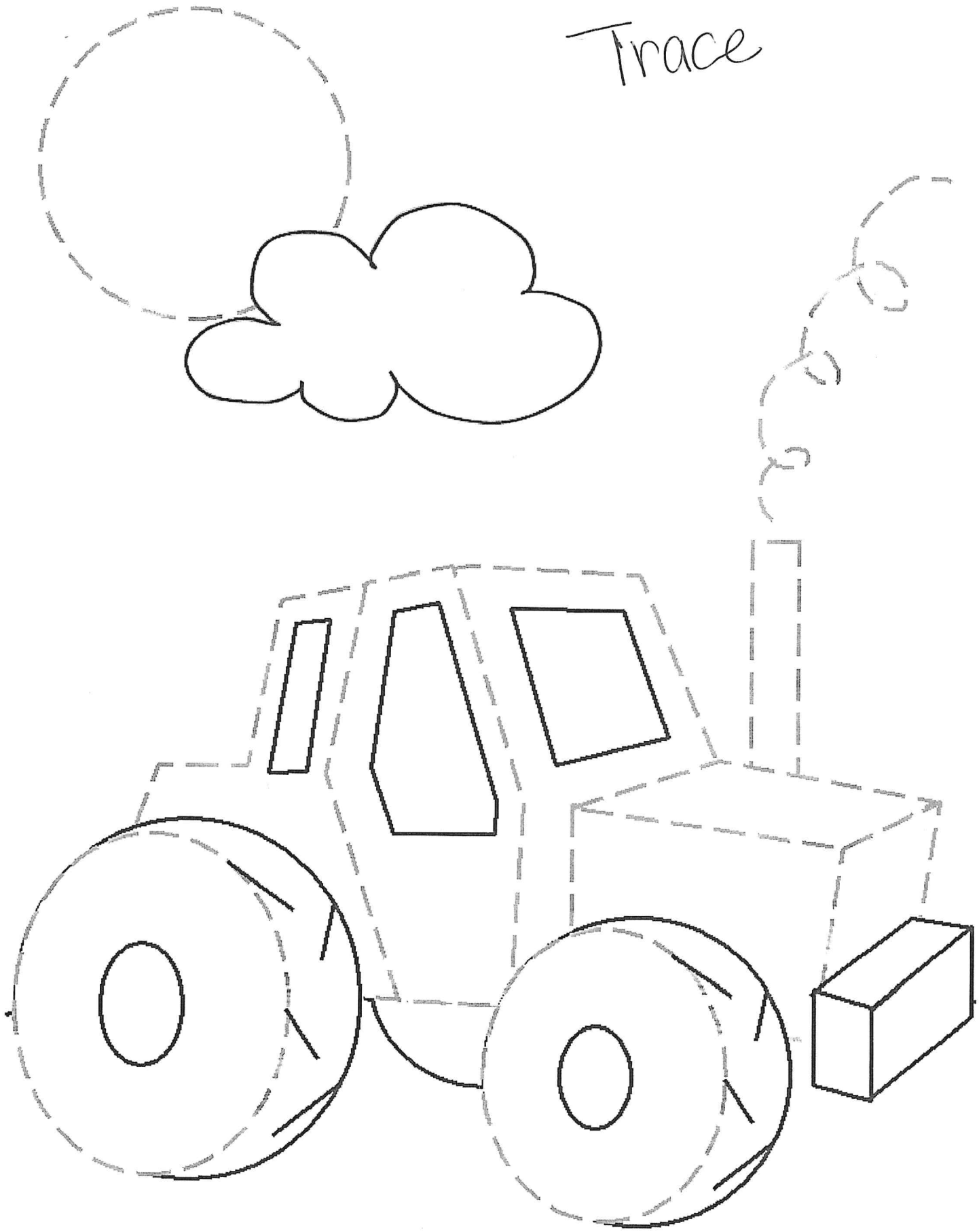
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Trace



Pre-printing Practice: Trace the dotted lines and color the picture.

Trace



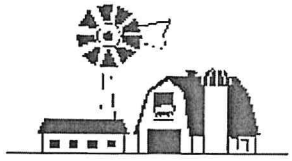
Pre-printing Practice: Trace the dotted lines and color the picture.

Name: _____ Trace

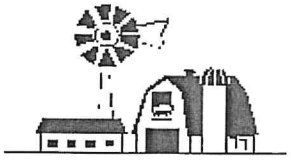
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Pre-K writing skills

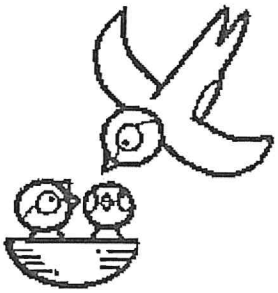
Trace the lines to help the animal find its home.



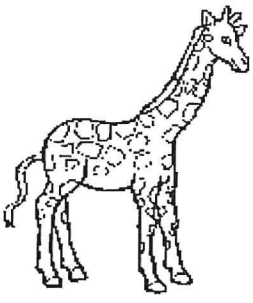






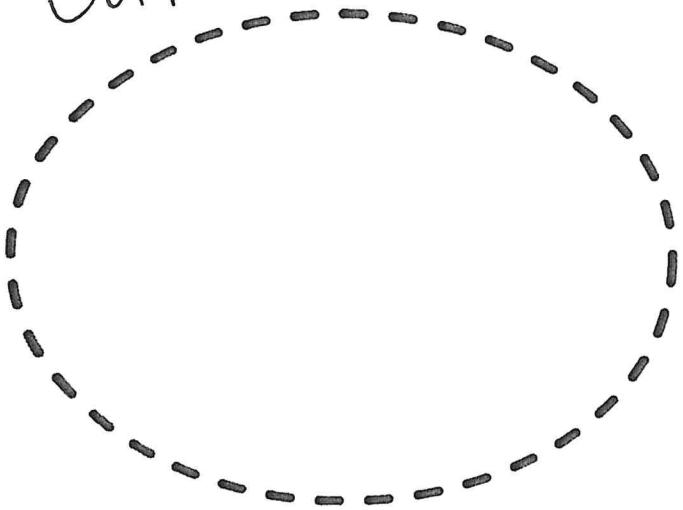


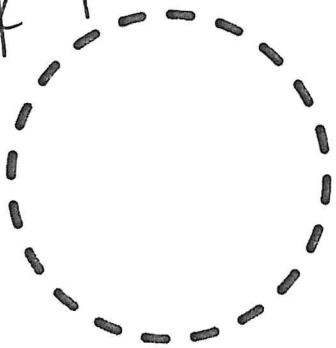




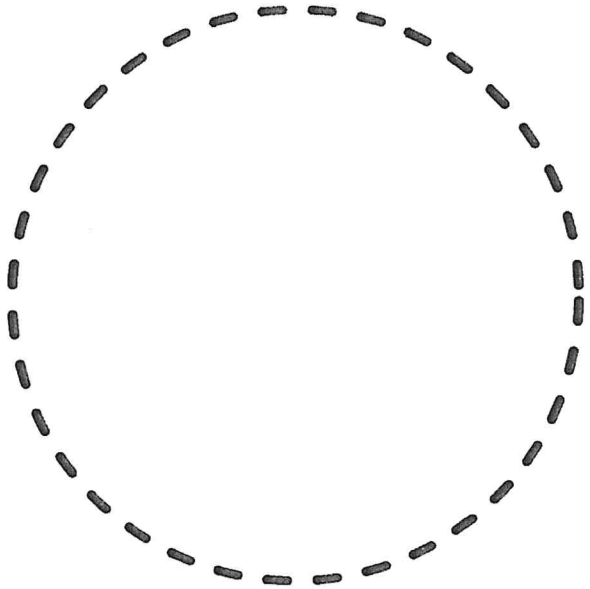


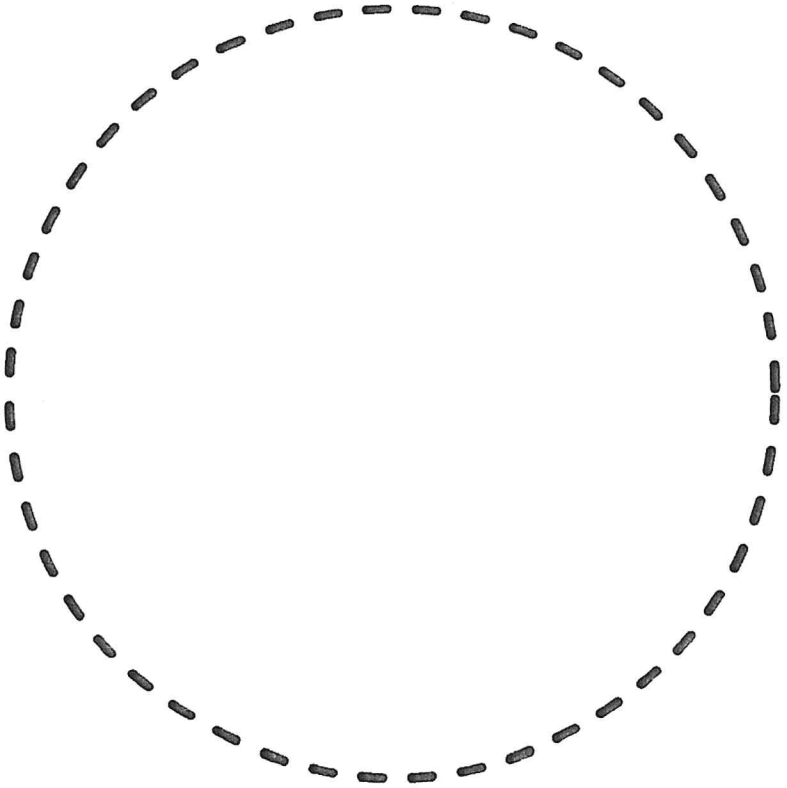
Cut the lines Week 4

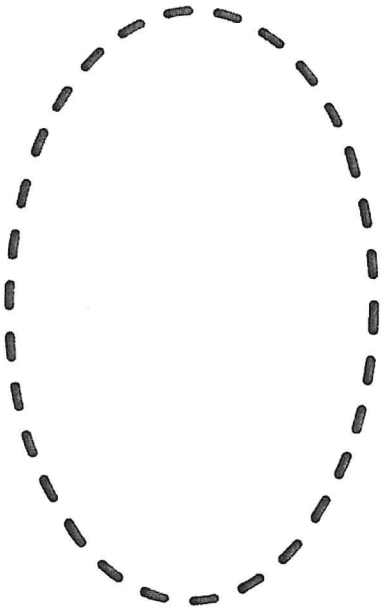










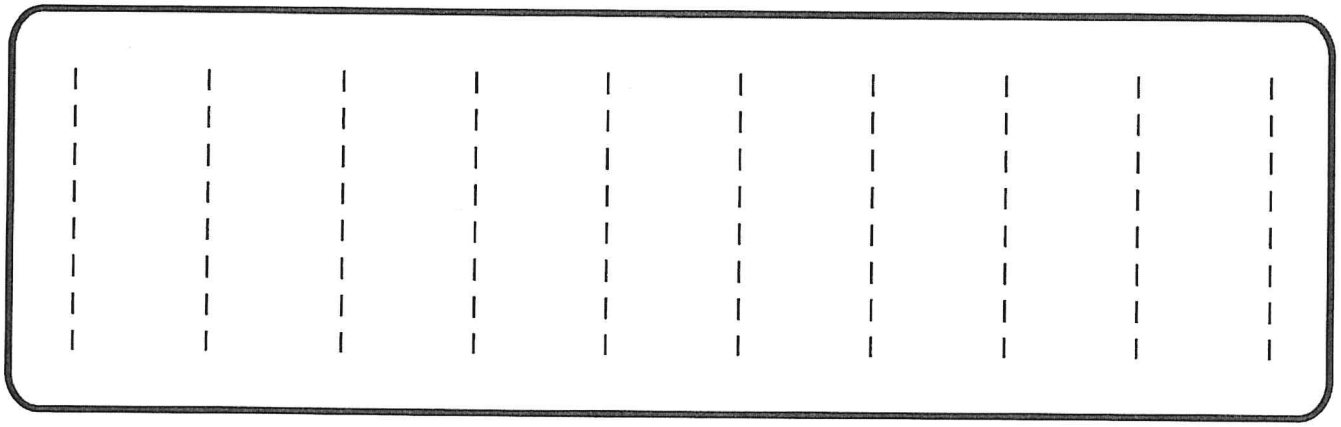


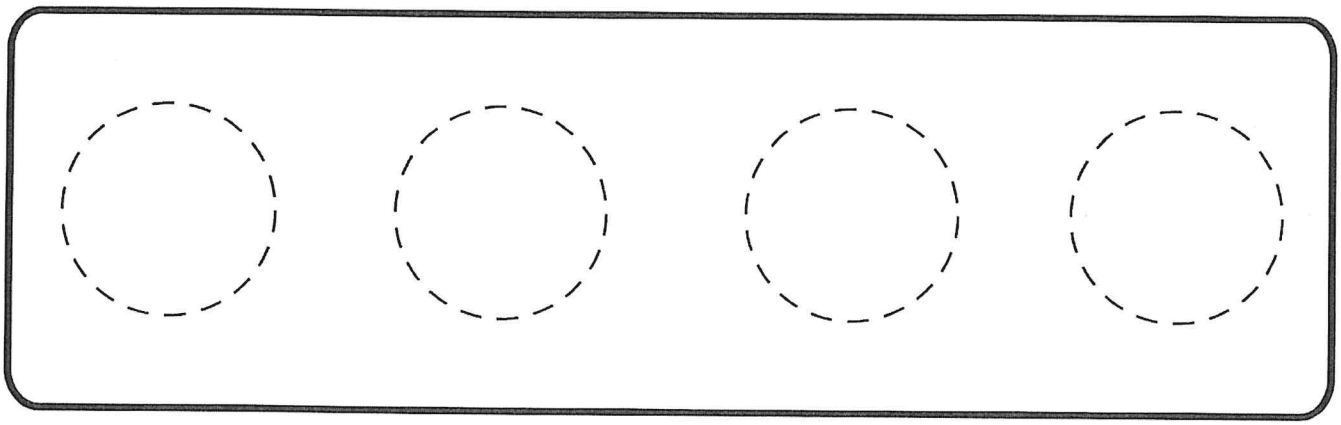
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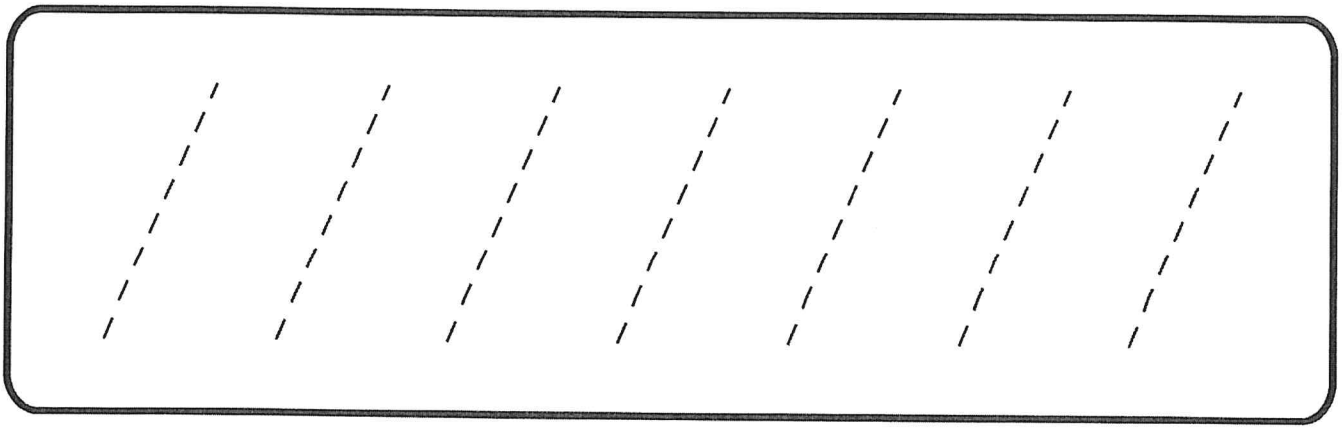
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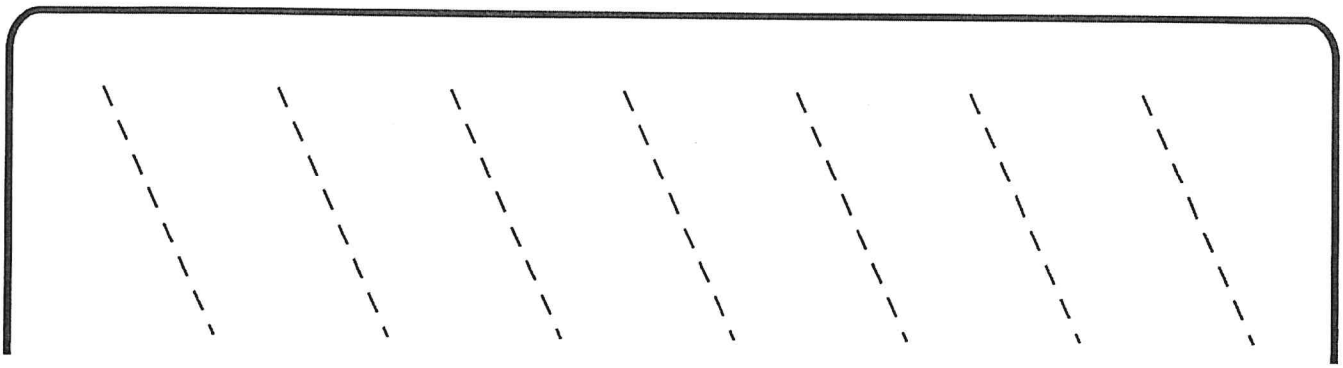
Tracing Lines

Trace the broken lines.





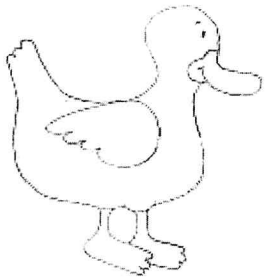


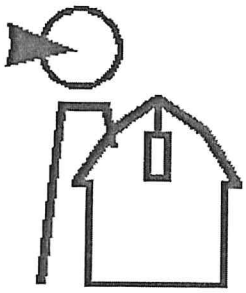


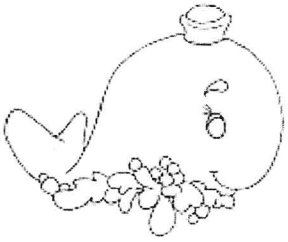
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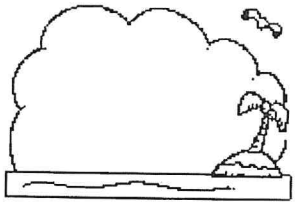
www.KidZone.ws
Pre-K writing skills

Trace the lines to help the animal find its home.

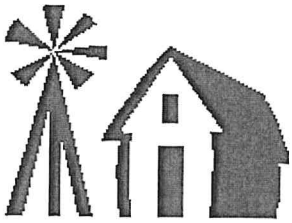








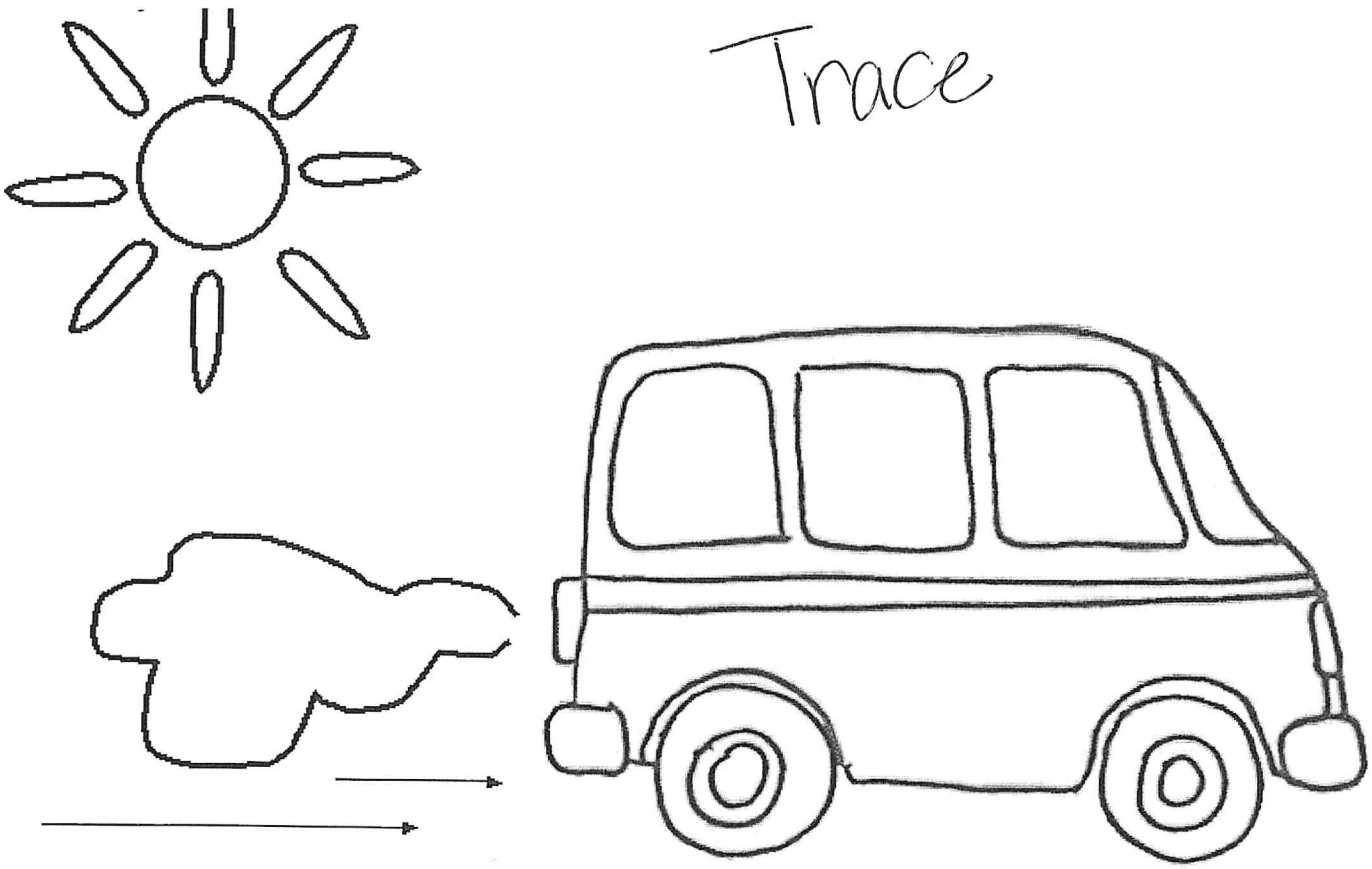




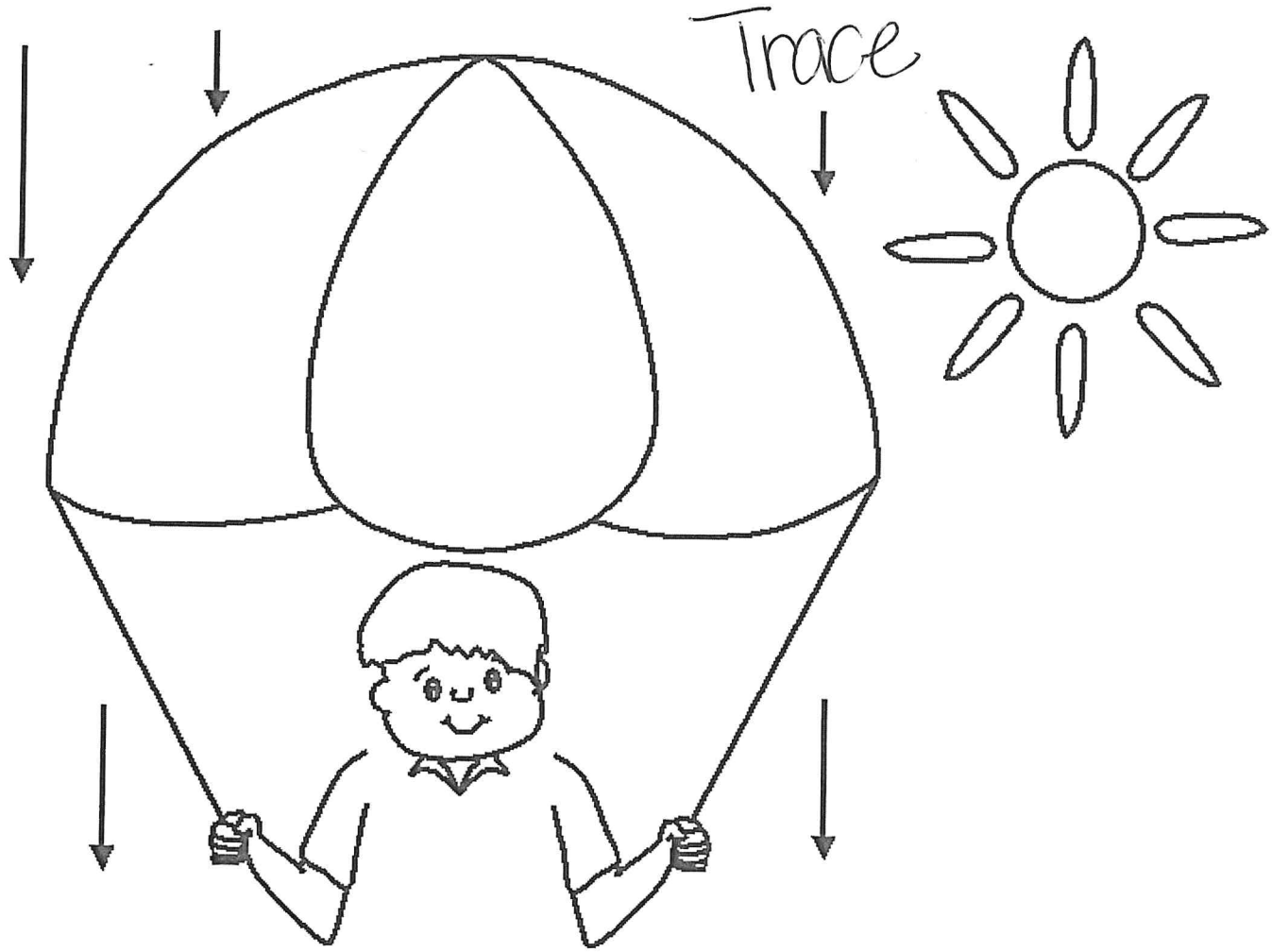


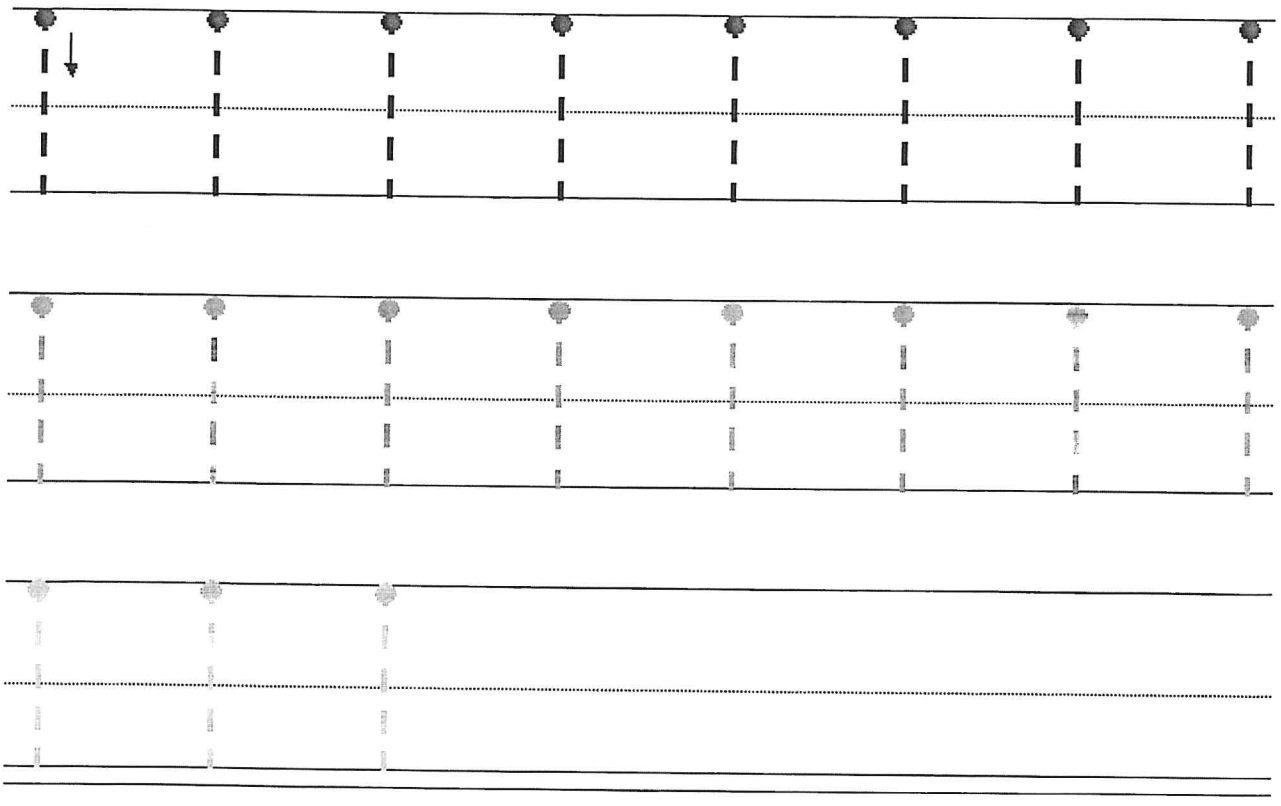


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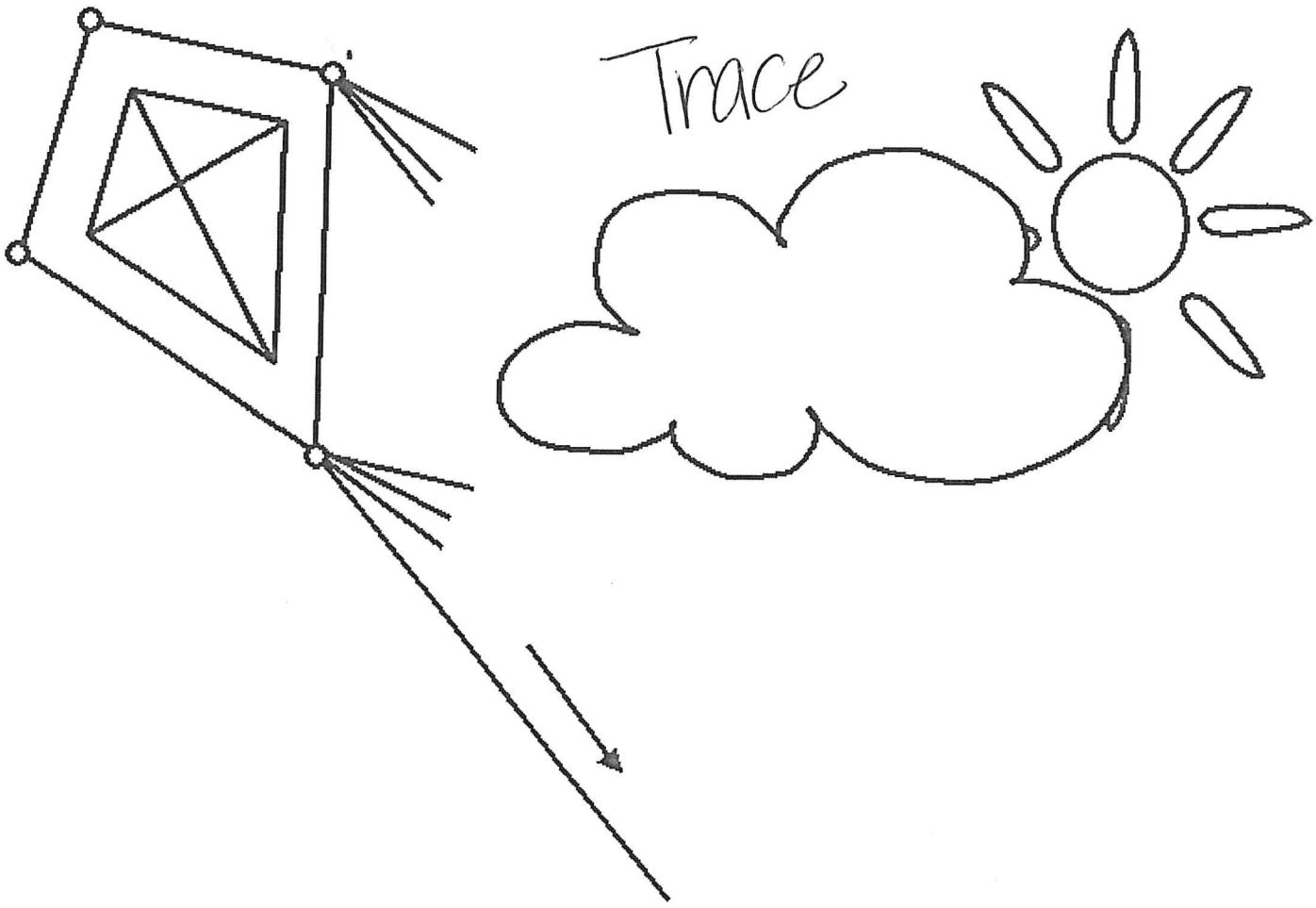


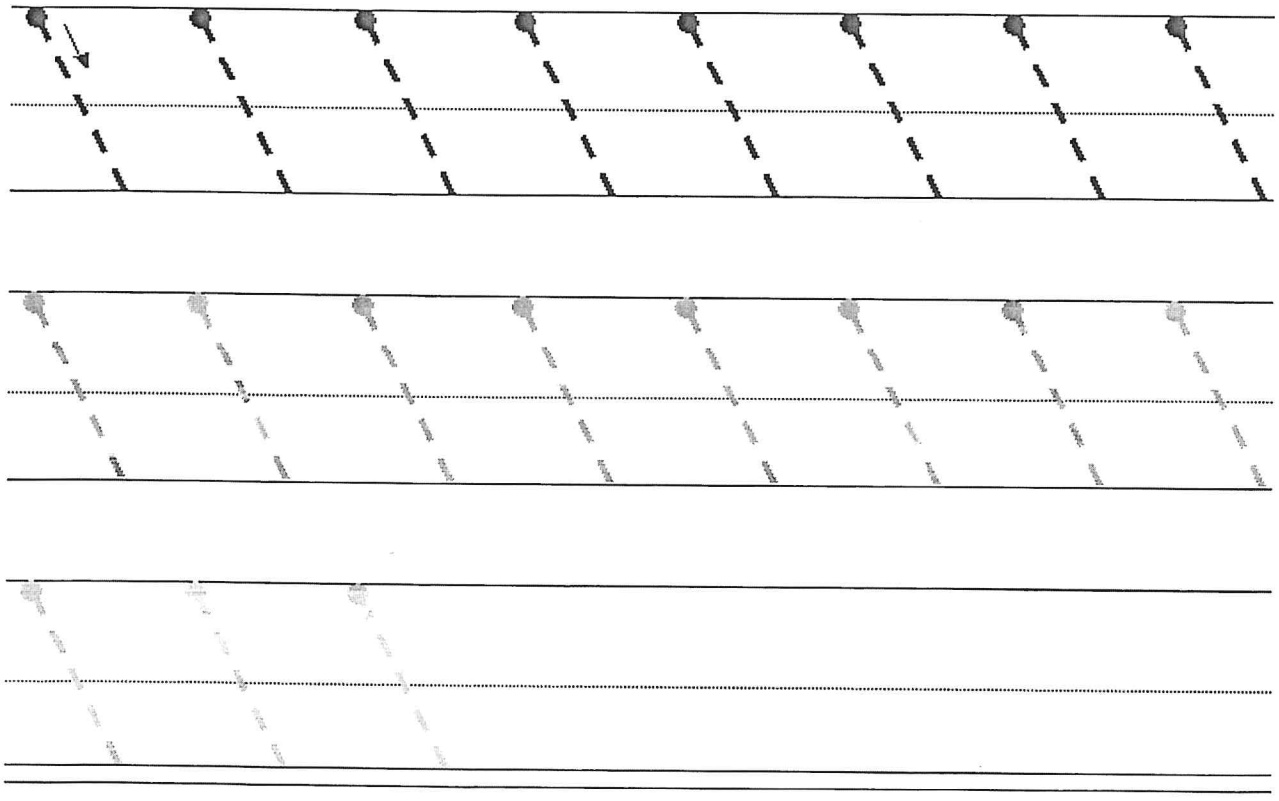
Pre-printing Practice: Trace the dotted lines from left to right.





Pre-printing Practice: Trace the dotted lines from top to bottom.





Pre-printing Practice: Trace the dotted lines from top to bottom.

CUT

Week 5

www.thefairyprintsess.com

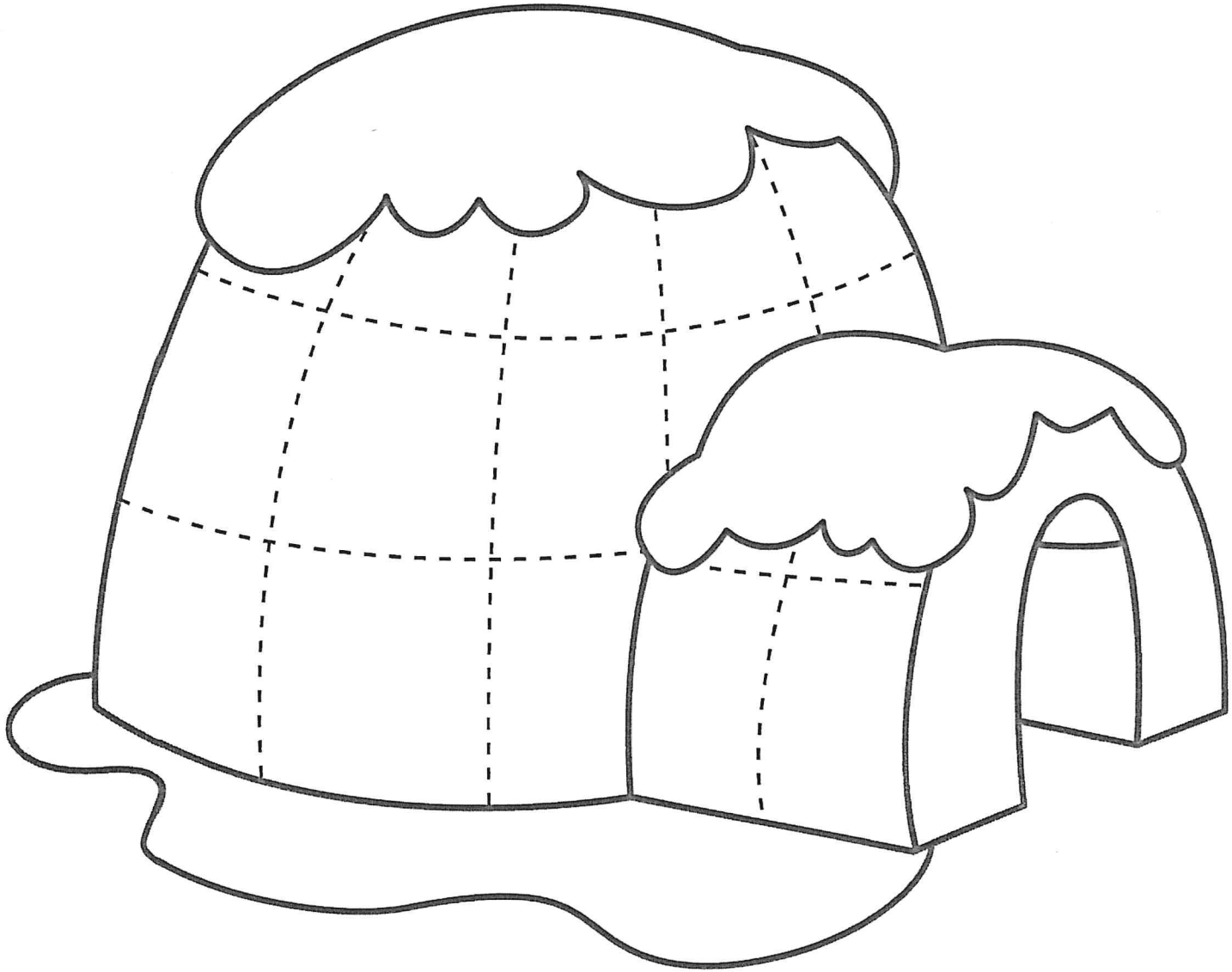
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Name:_____

Prewriting

Complete the Igloo

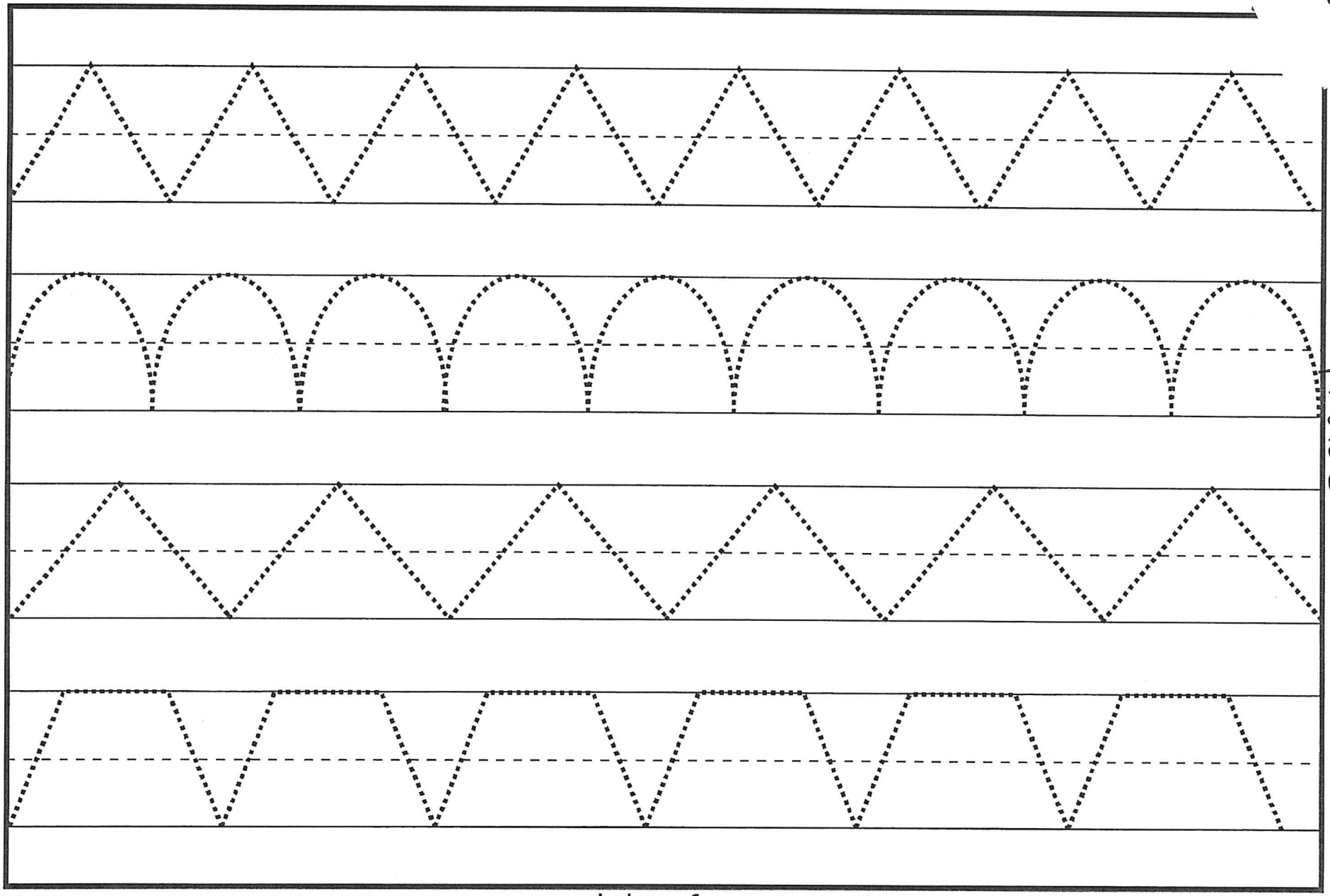
Trace the lines below to complete the igloo. Next, color the igloo.



Trace

Trace

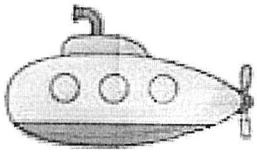
www.worksheetfun.com

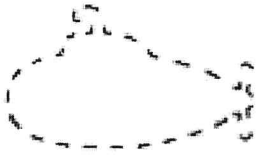


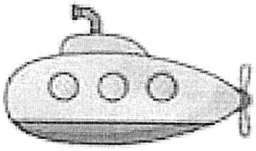
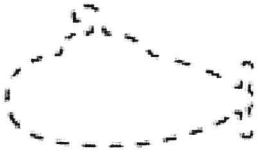
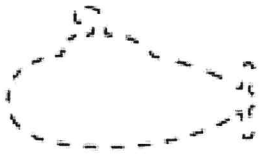
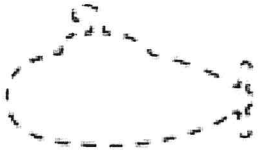
www.worksheetfun.com

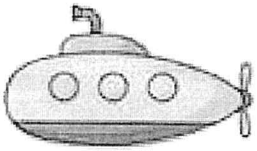
Trace

Handwriting Practice

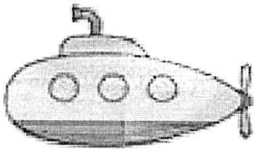




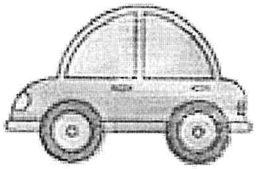


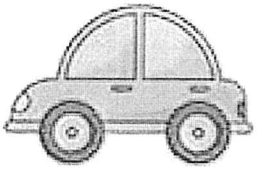



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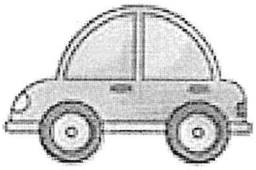
Handwriting Practice



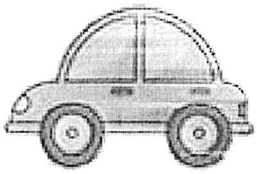




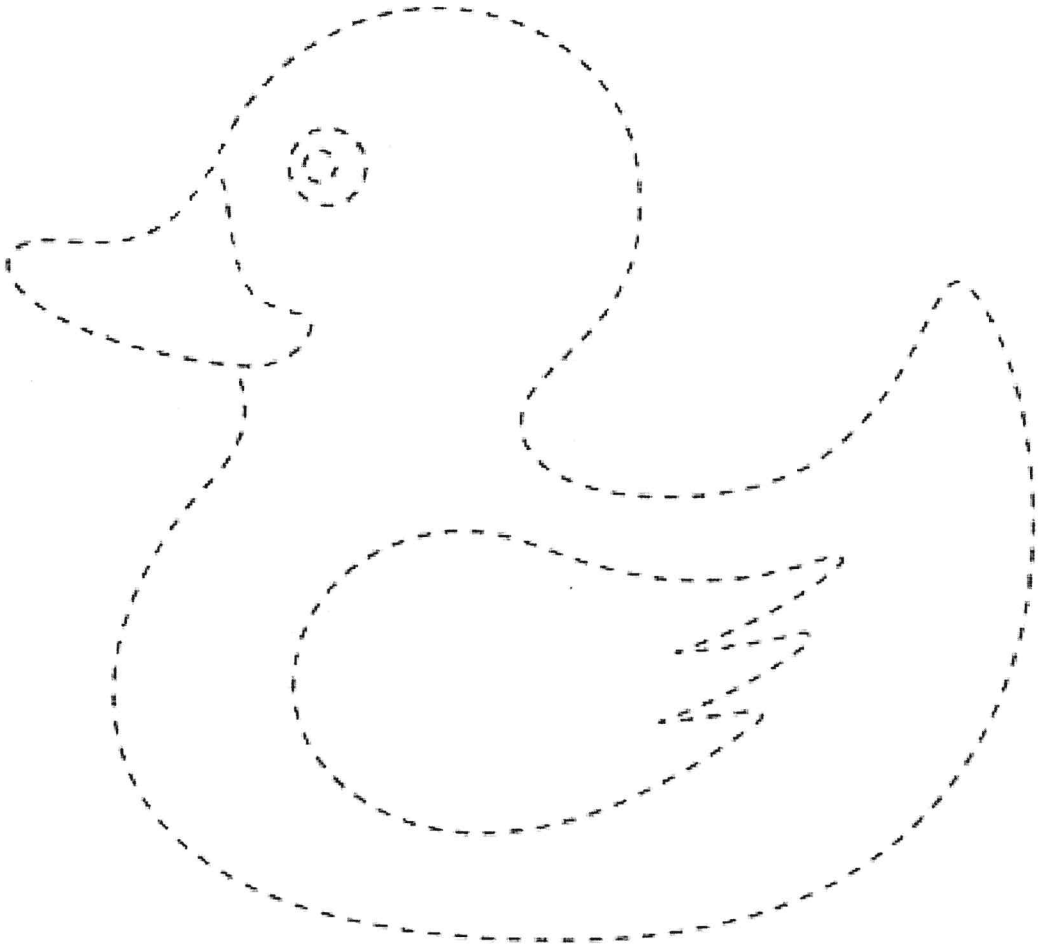


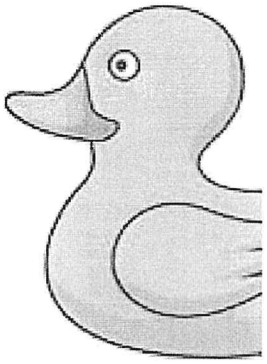



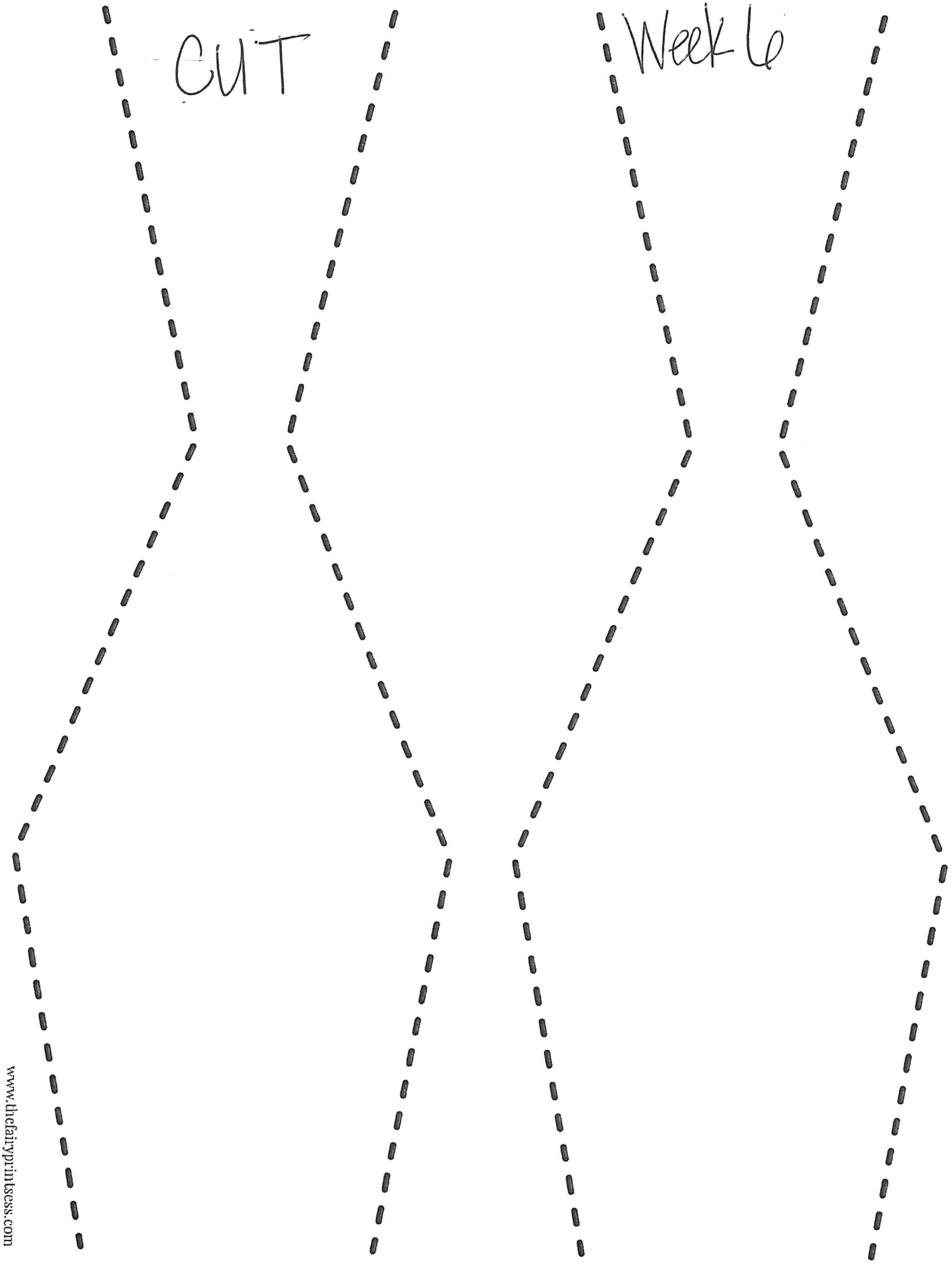



Handwriting Practice

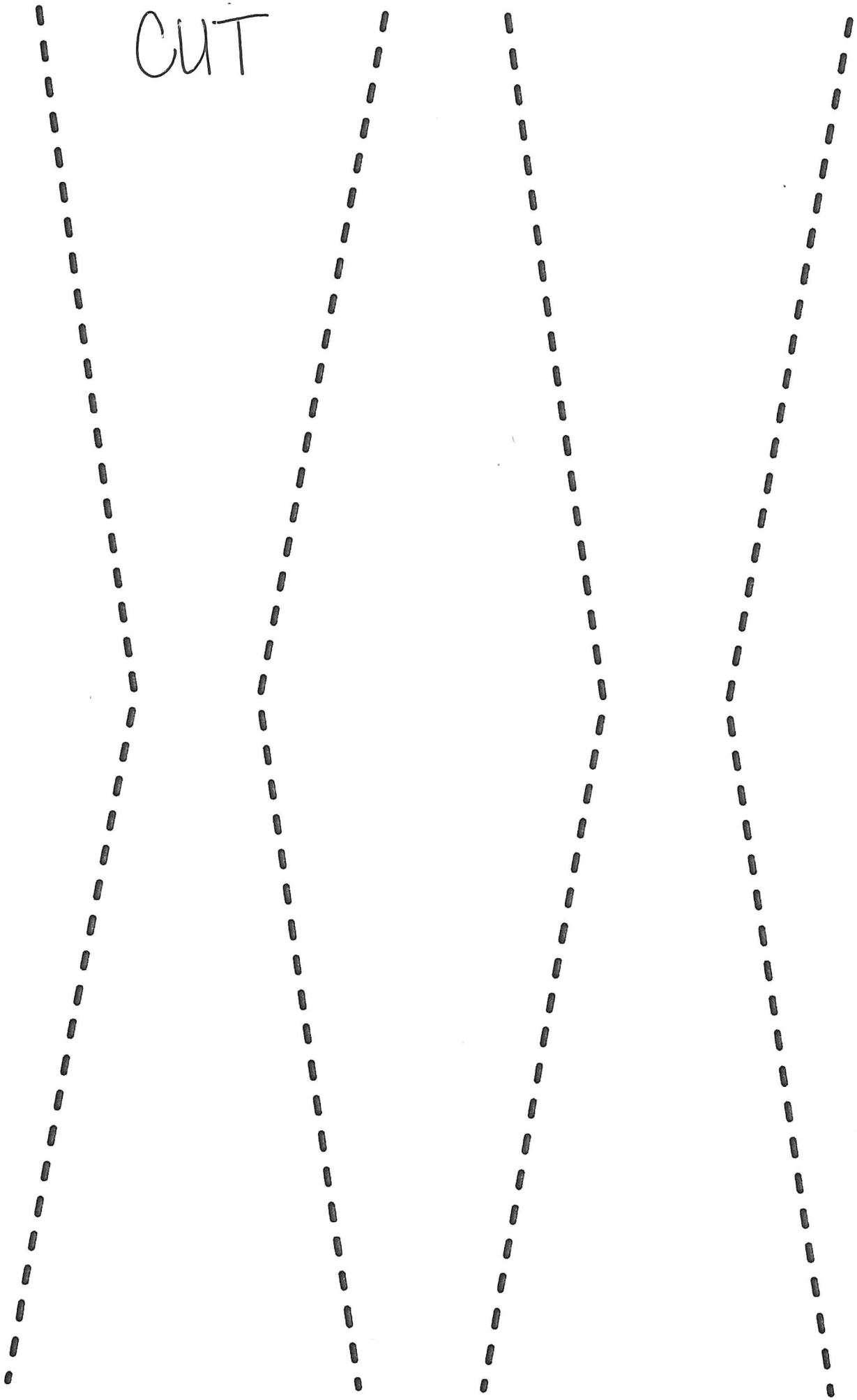
Trace







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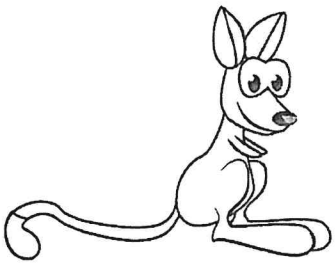
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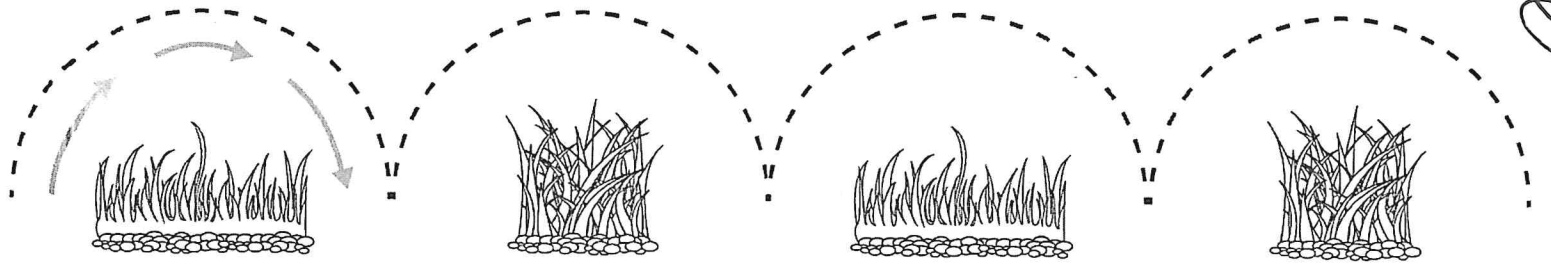
Prewriting

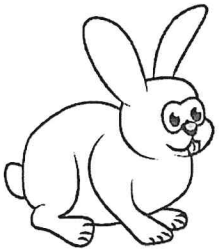
Hopping Around

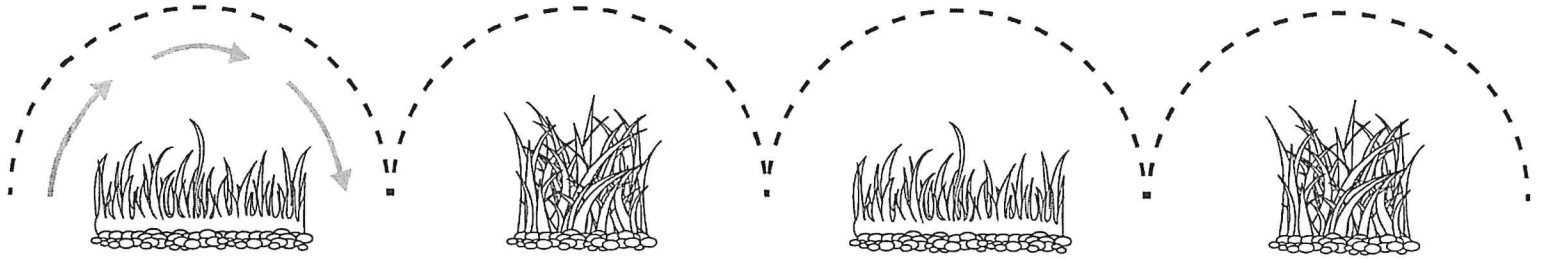
Help the wallaby, rabbit and grasshopper go over the grass by tracing the lines.

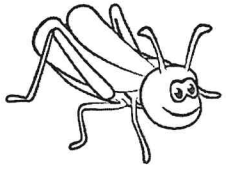
Trace

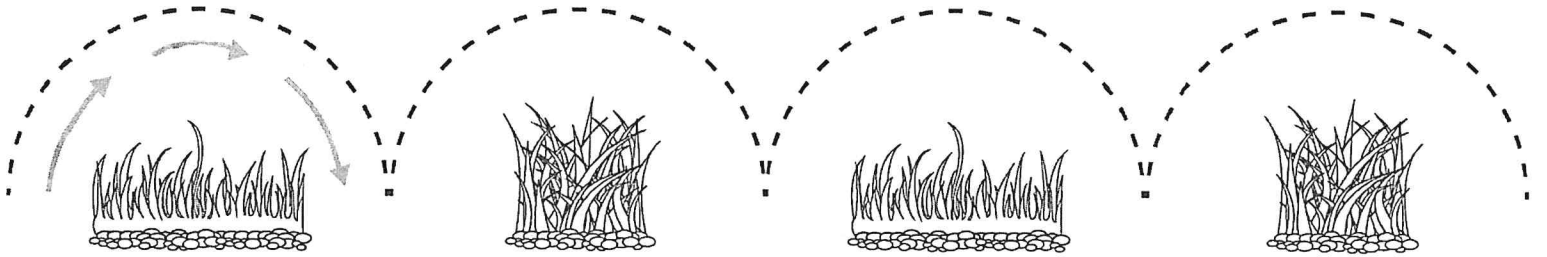










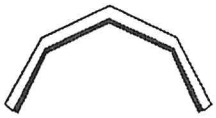
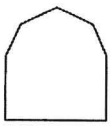
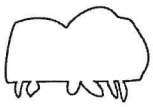
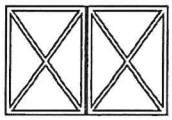


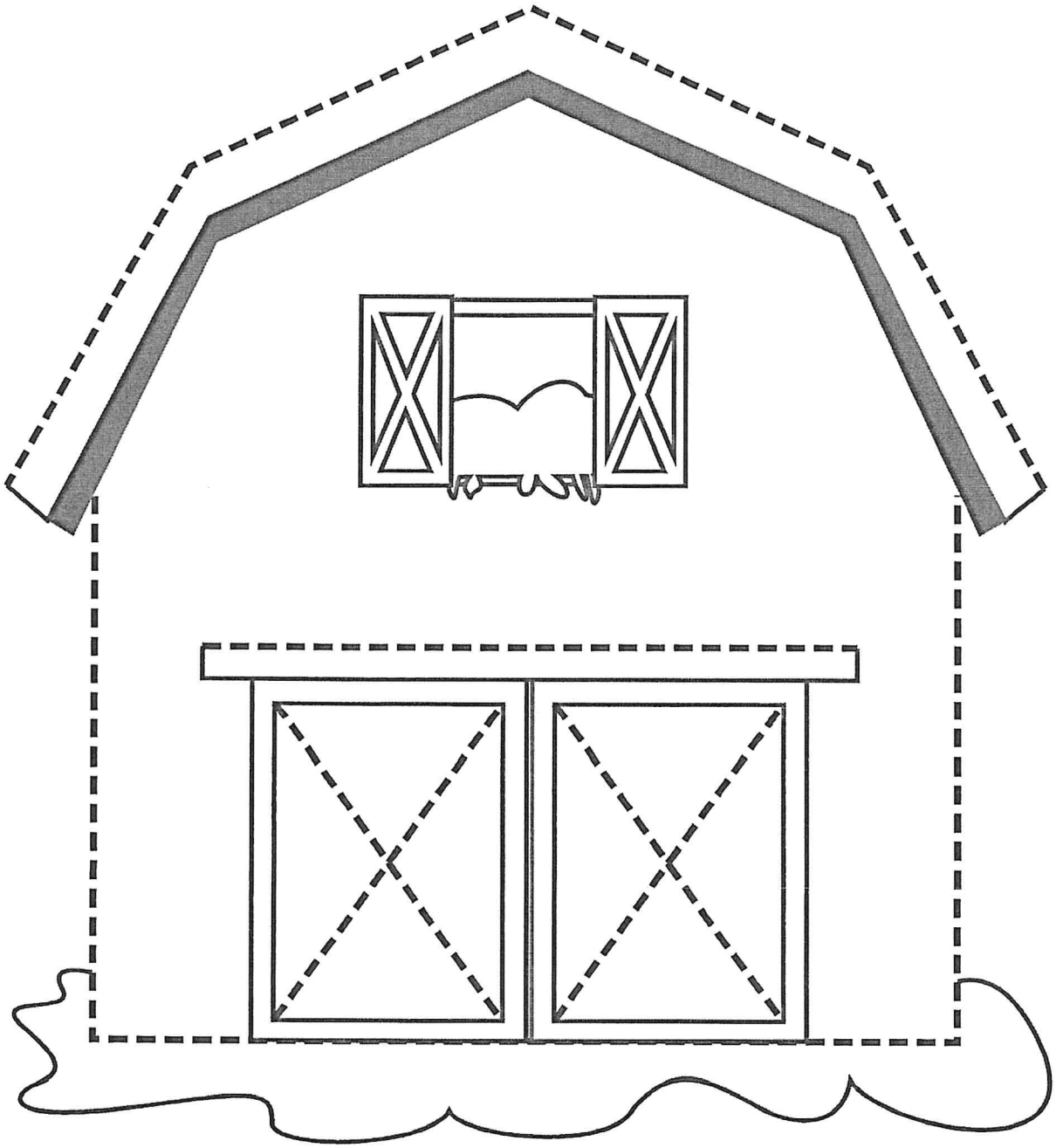
Name:_____ Trace

Prewriting

Complete the Barn

Trace the lines to finish drawing the barn. Next, color the barn according to the instructions below.

roof	barn	hay	doors and windows	grass
				
brown	red	yellow	dark red	green

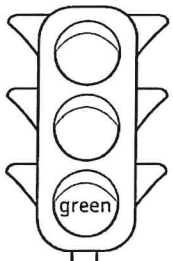


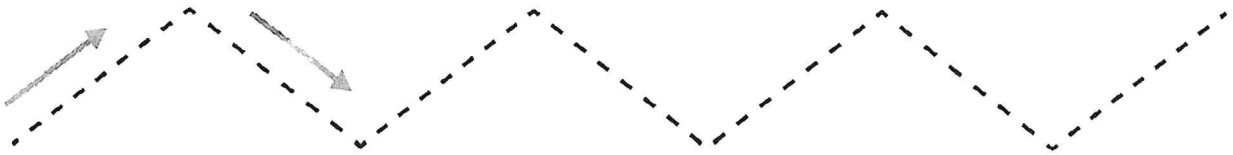
Name:_____ Trace

Prewriting

Ready, Set, Go!

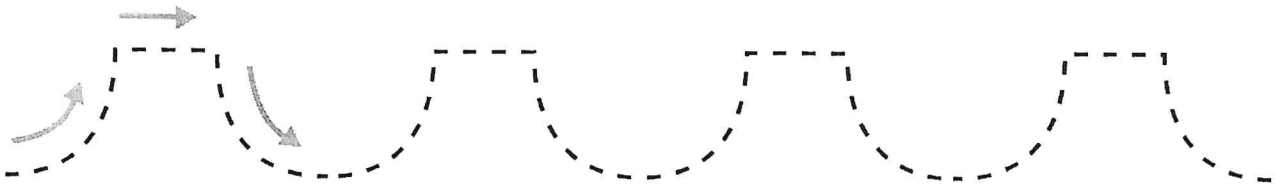
The light is green! Trace the lines to drive to the other side of the street.

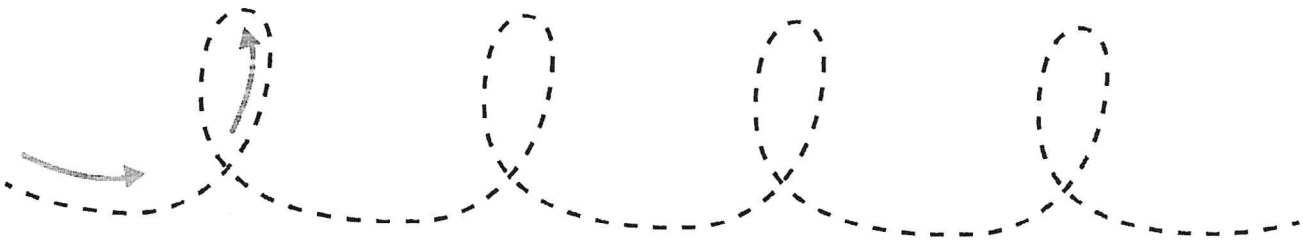


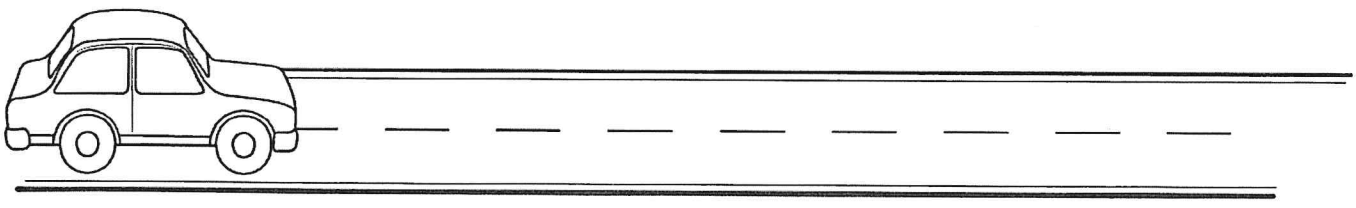










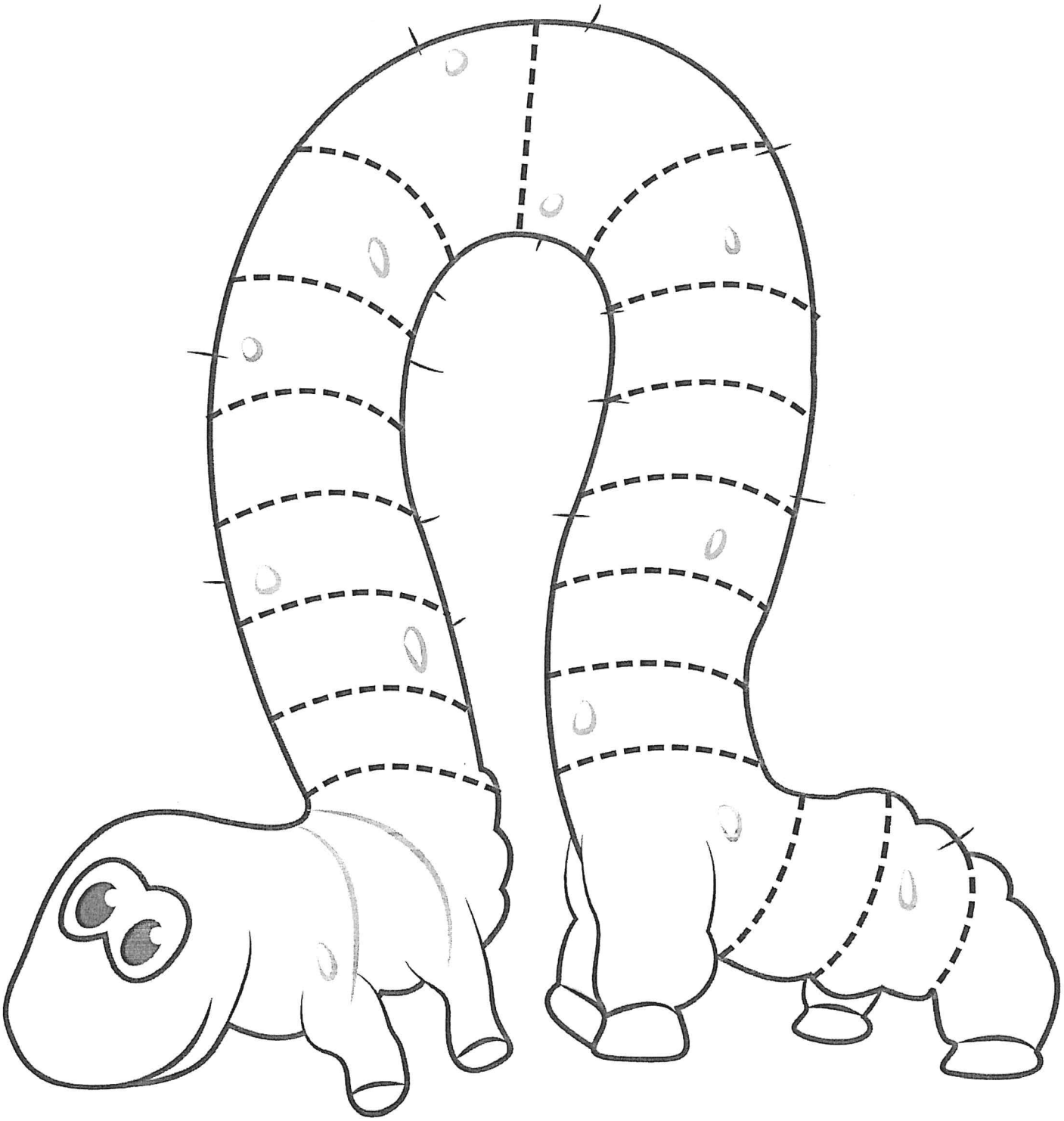


Name:_____ Trace

Prewriting

Inchworm Stripes

Trace the dashed lines to complete the inchworm missing stripes.



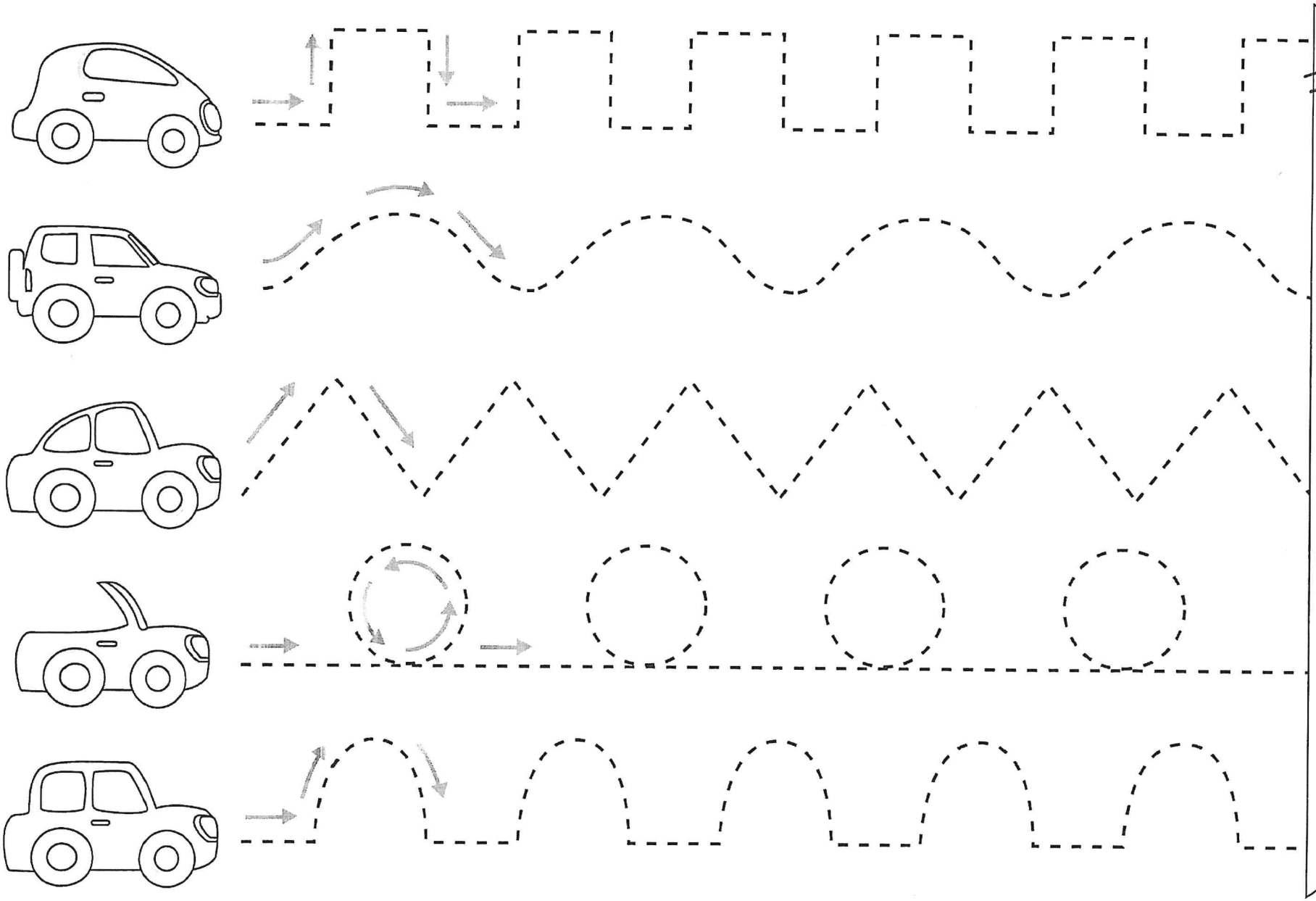
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Name:_____

Prewriting

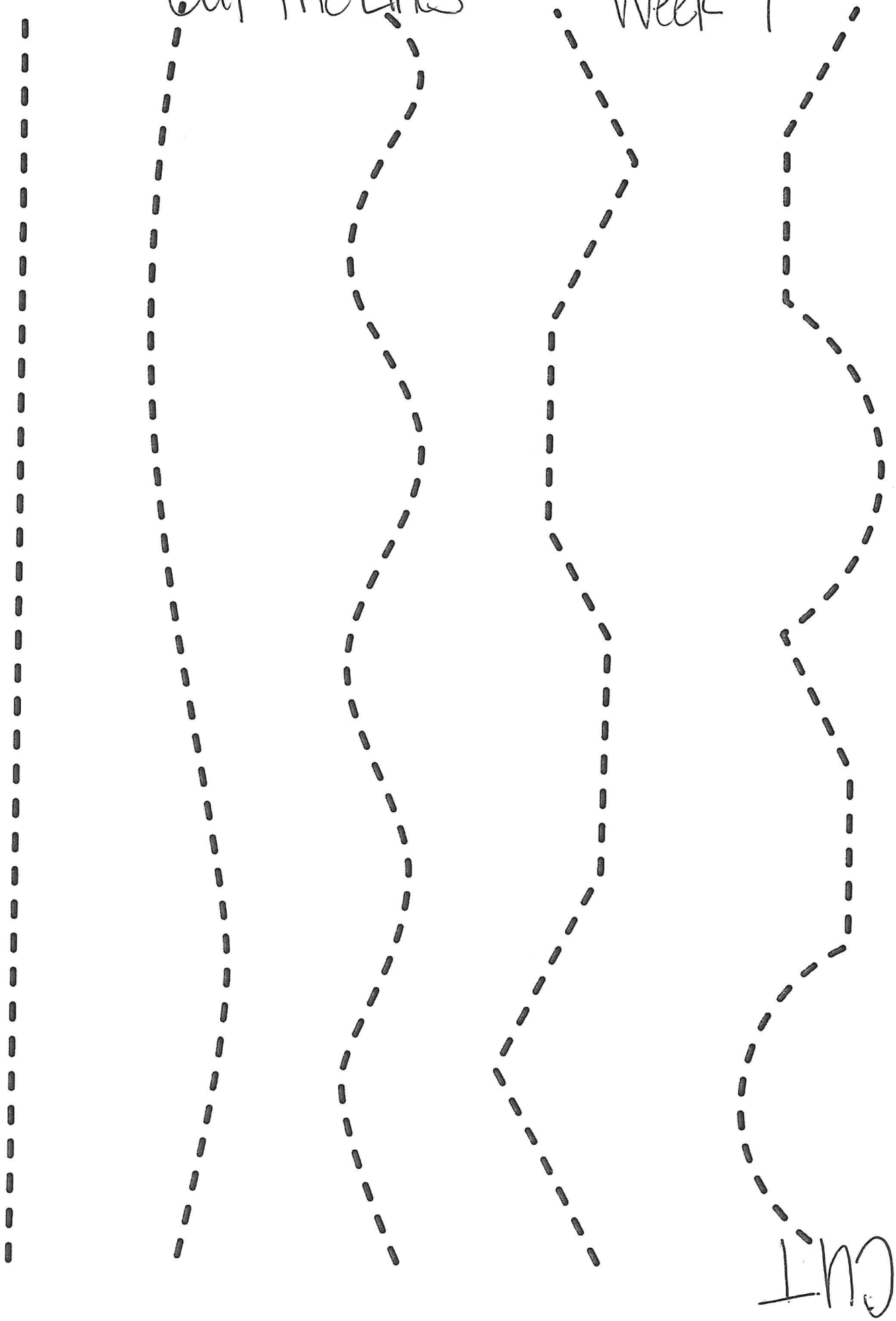
Trace to Race

Trace the lines to help the cars get to the finish line.



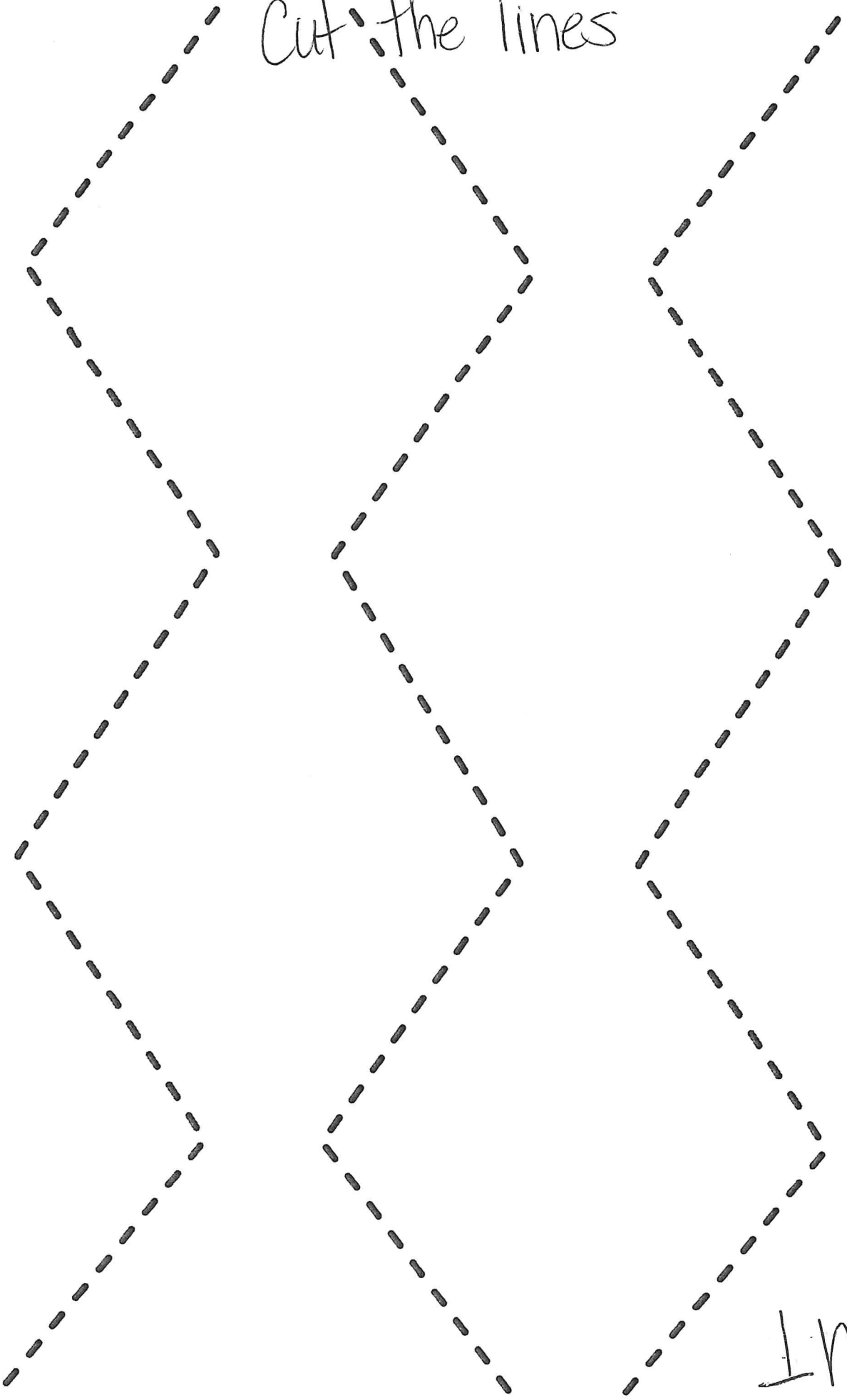
Cut the Lines

Week 7



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Cut the lines



CUT

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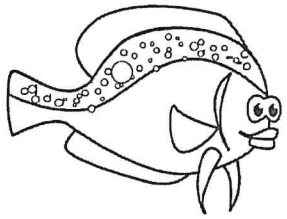
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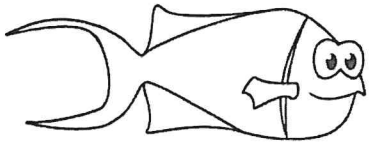
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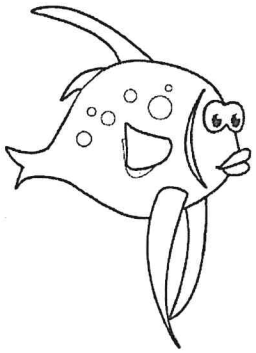
Prewriting

Fish Swimming

Help the fish swim around the waves by tracing the lines.







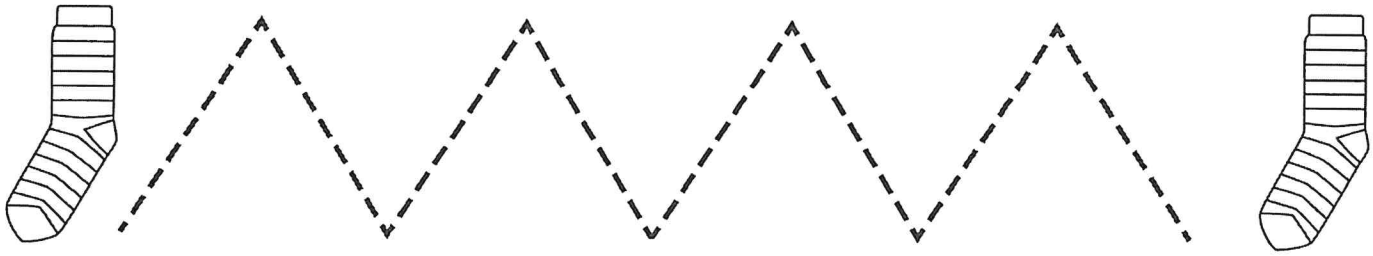
Trace

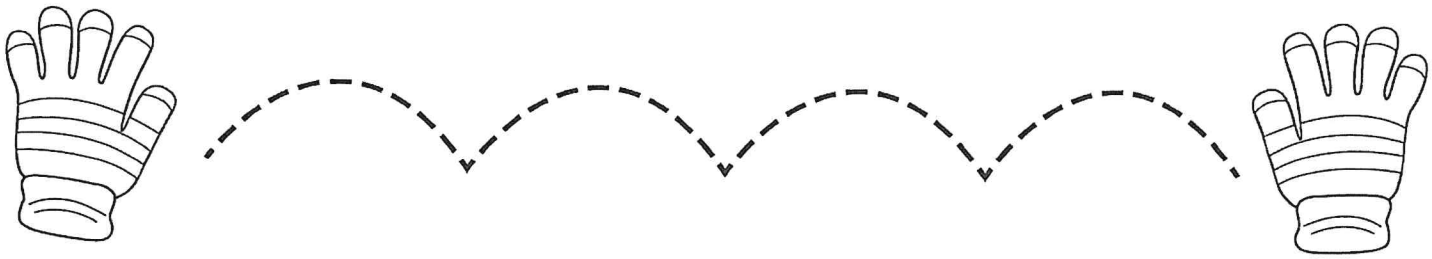
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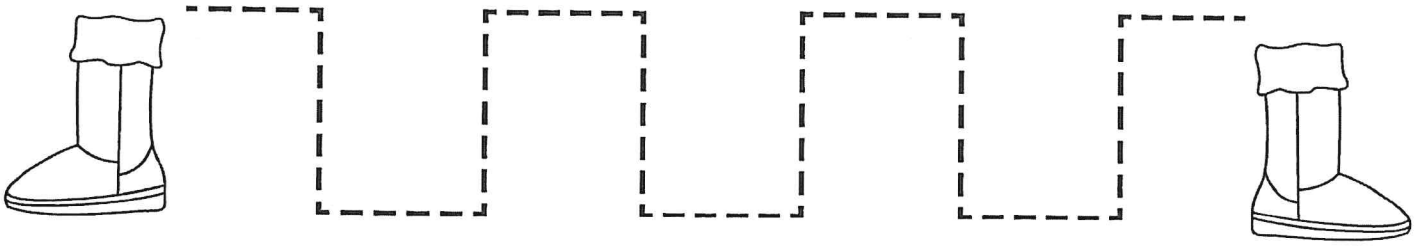
Prewriting

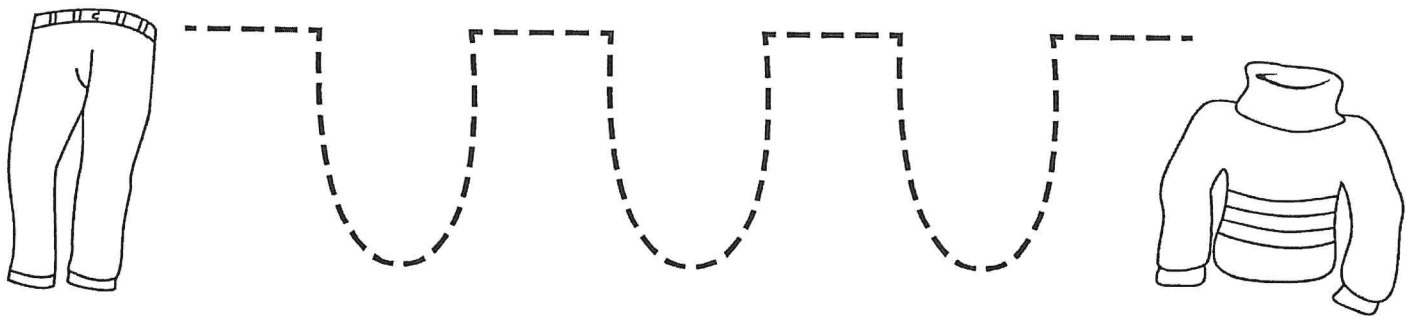
Match the Items

Trace the lines to bring the items together.







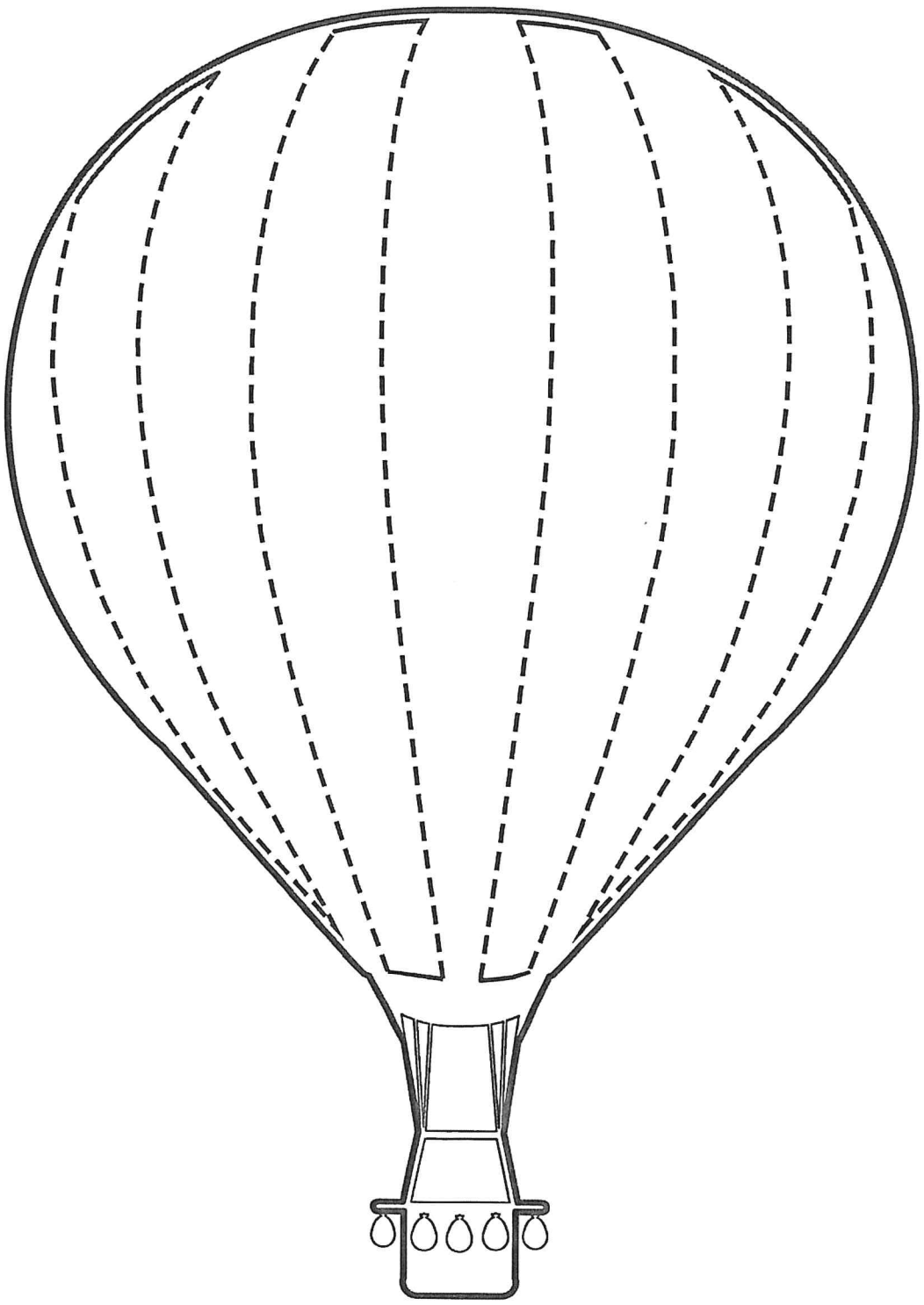


Name:_____ Trace

Prewriting

Complete the Hot Air Balloon

Trace the lines to finish drawing the hot air ballon. Next, color the picture.



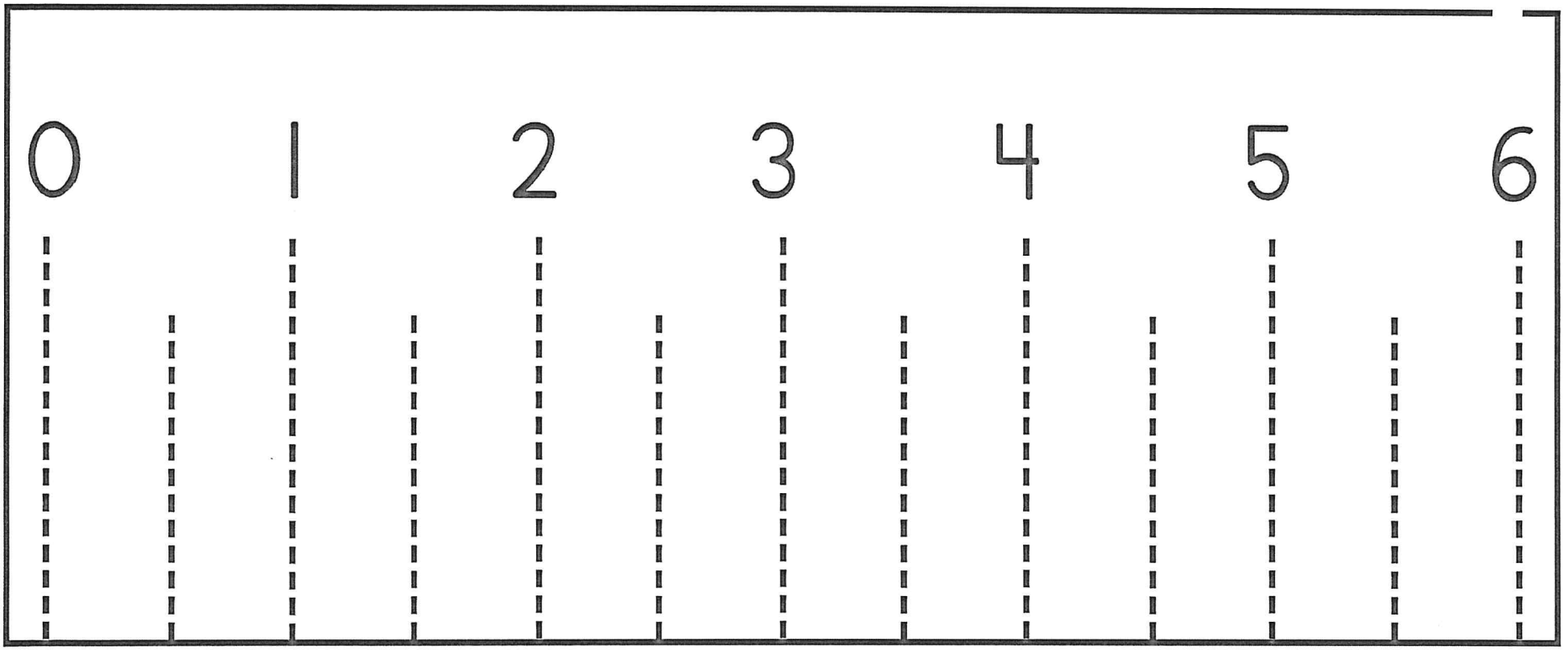
Name:_____

Prewriting

Fix the Ruler

The ruler is missing the lines. Can you fix the ruler by tracing the dashed lines?

Trace



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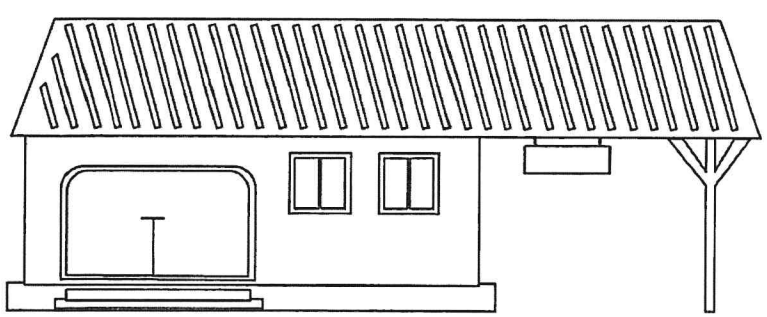
Name:_____

Prewriting

Train Station

Help the train get to the station by tracing the lines to complete the track.

Trace

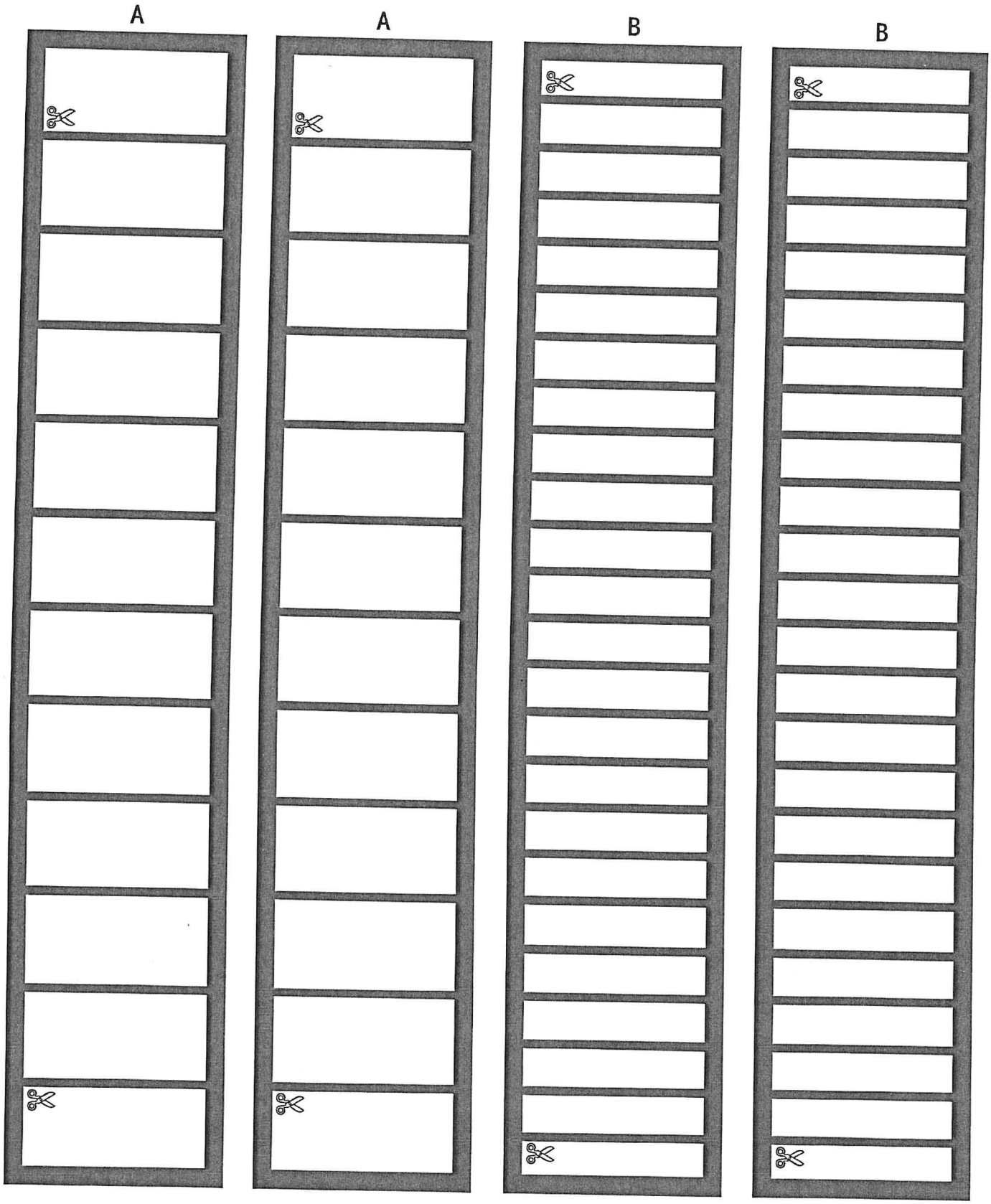


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Two-Snip Strips

CUT Week 8



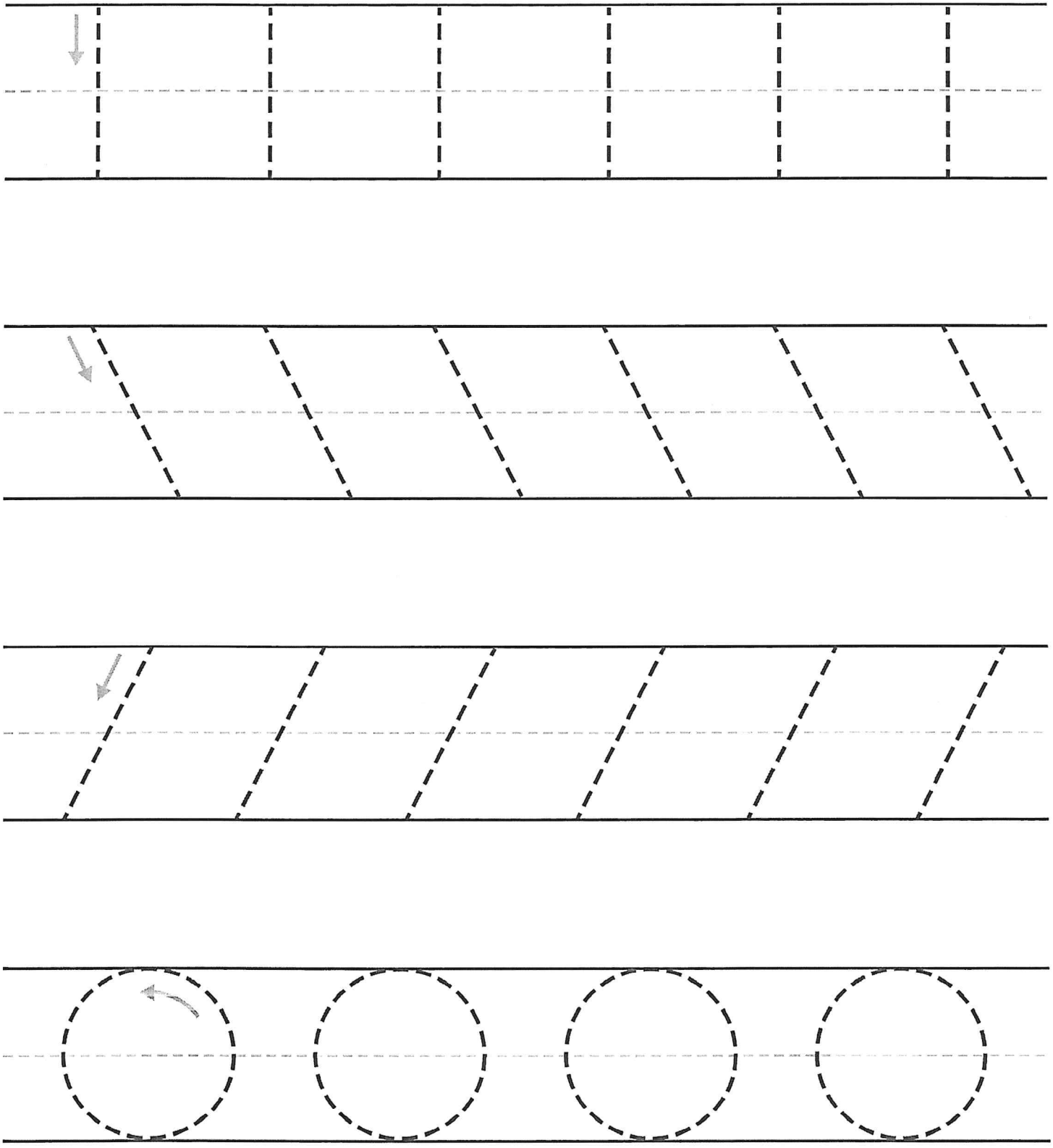
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Name:_____

Prewriting

Trace the Pattern

Practice tracing simple patterns to be able to draw the shapes on the next page.

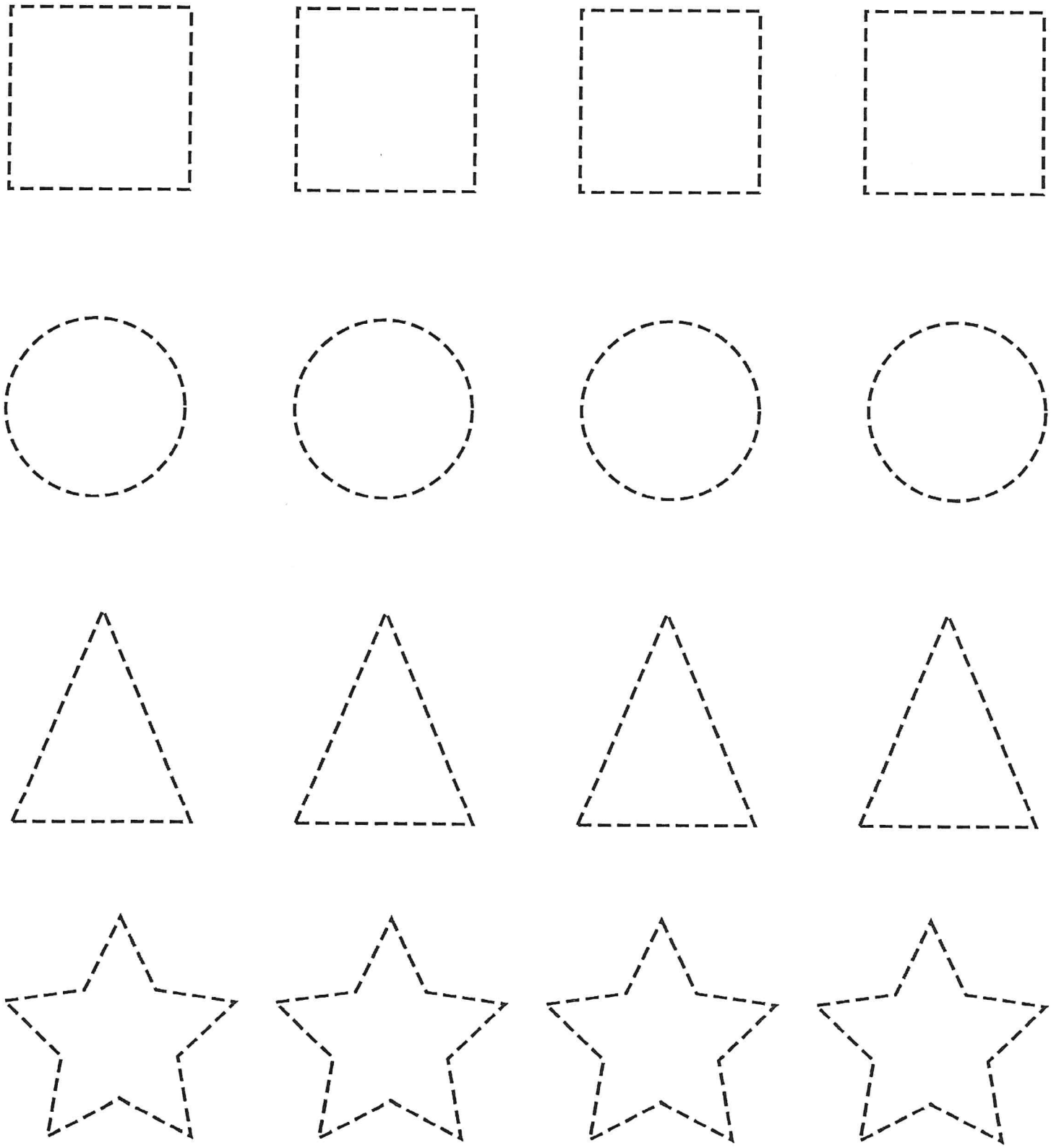


Name:_____

Prewriting

Trace the Shapes

Trace the shapes to make squares, circles, triangles and stars.

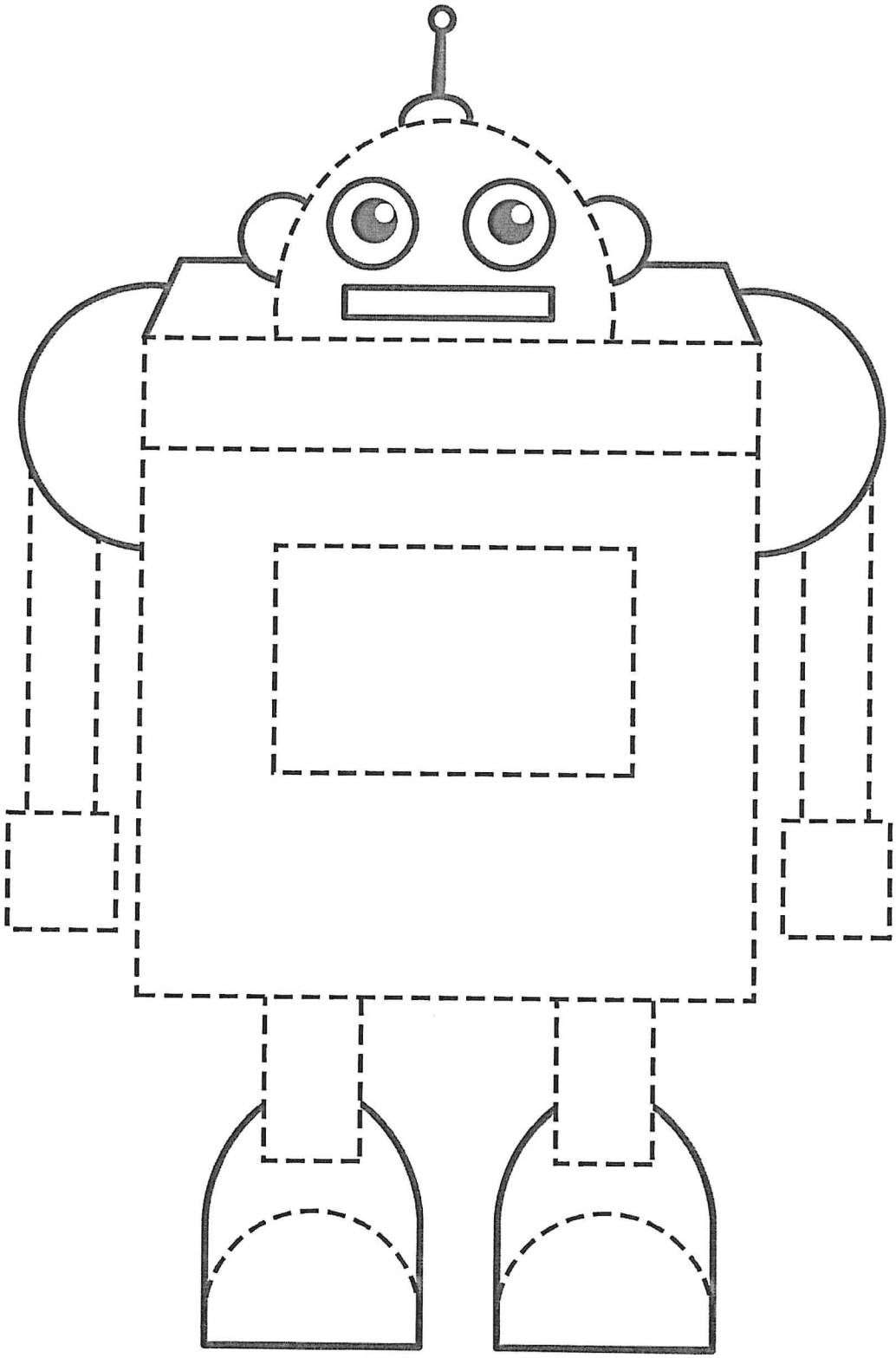


Name: _____ Trace

Prewriting

Build a Robot

Trace the shapes to draw a robot. Next, color the picture.



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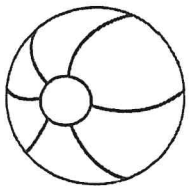
Name:_____

Prewriting

Over the Puddle

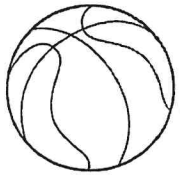
Move the balls over the puddle by tracing the curved lines.

Trace









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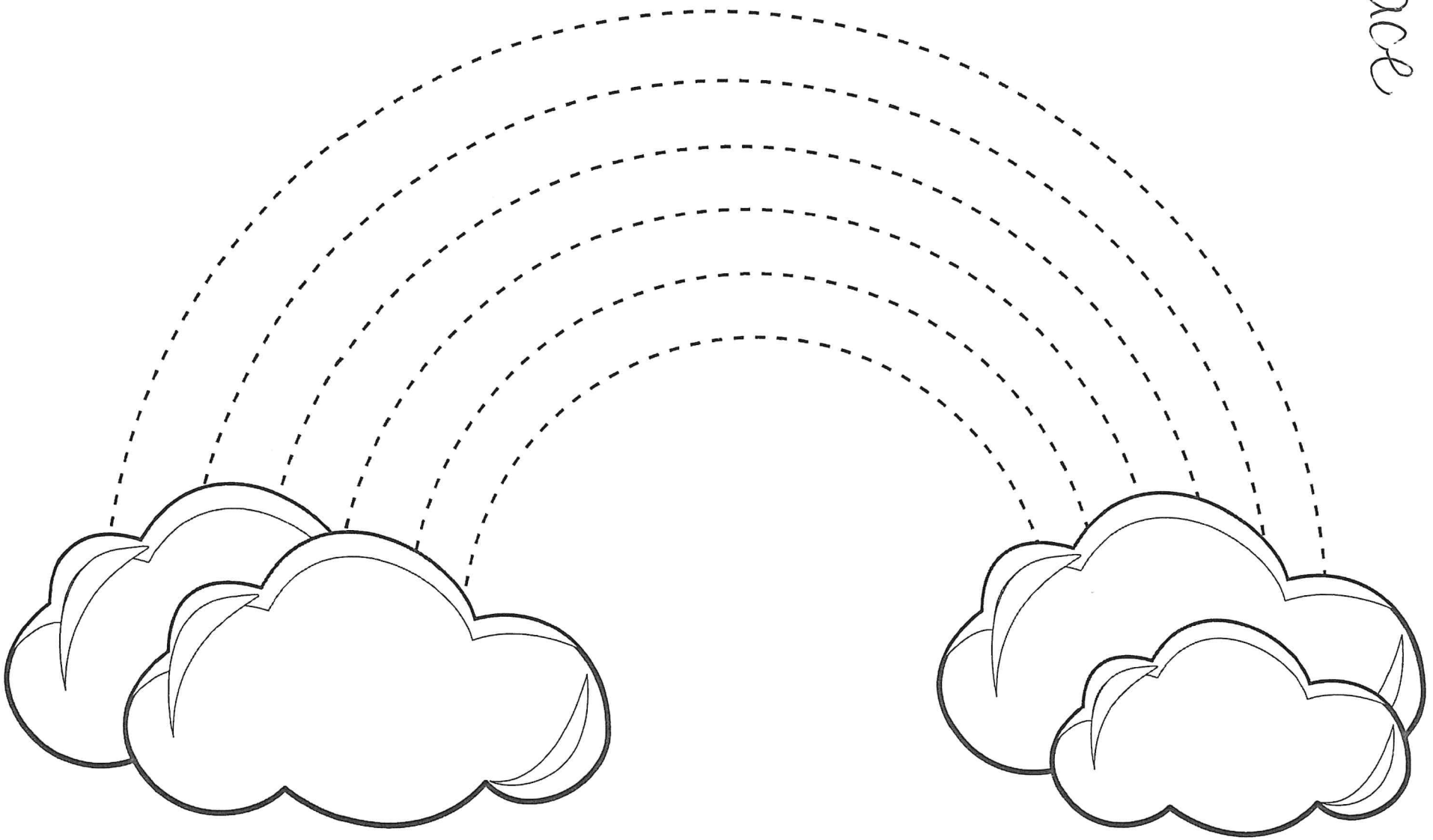
Name:_____

Prewriting

Rainbow Lines

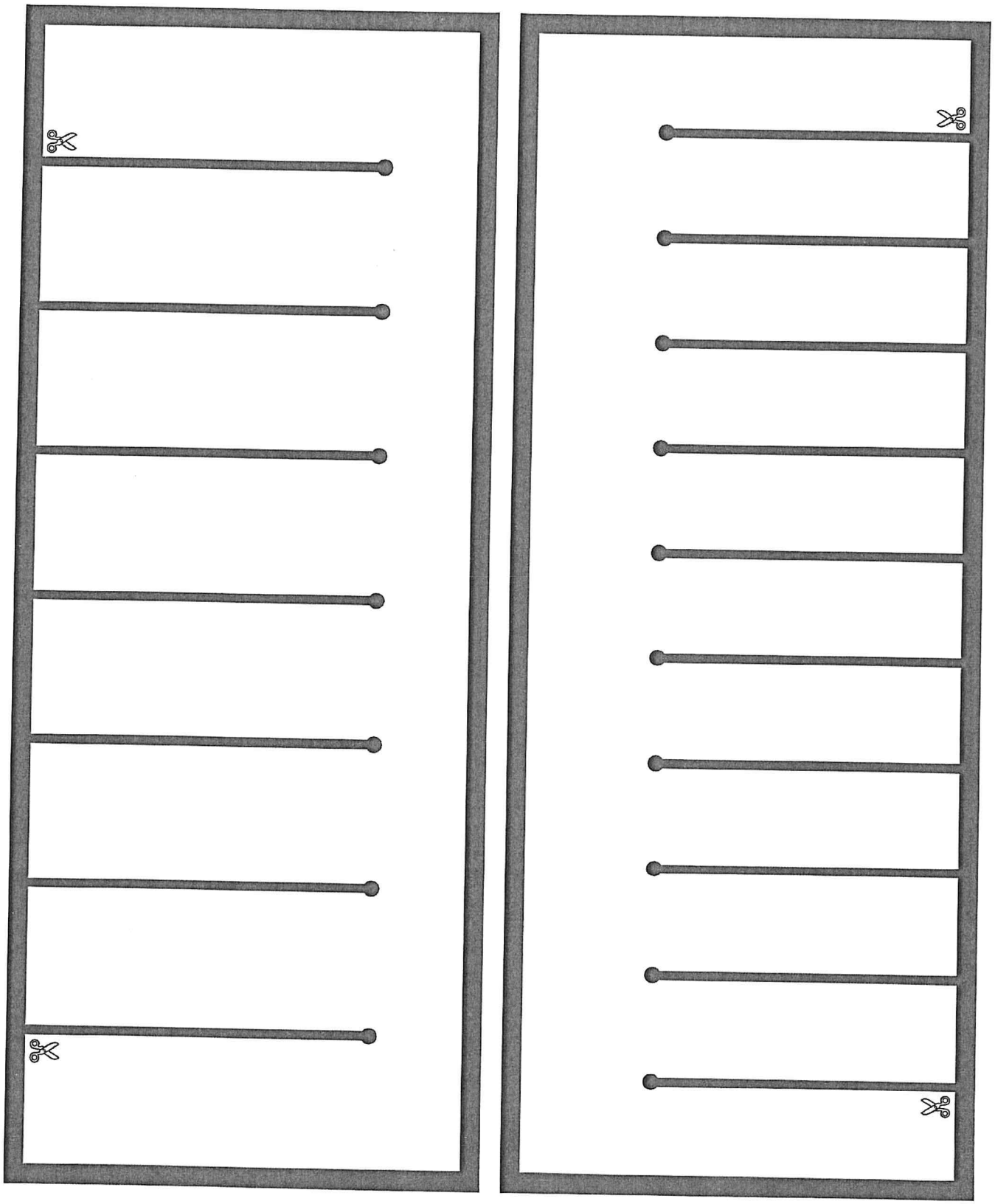
Trace the curved lines below to create a rainbow. Next, color the rainbow and the clouds.

Trace



Fringe Strips

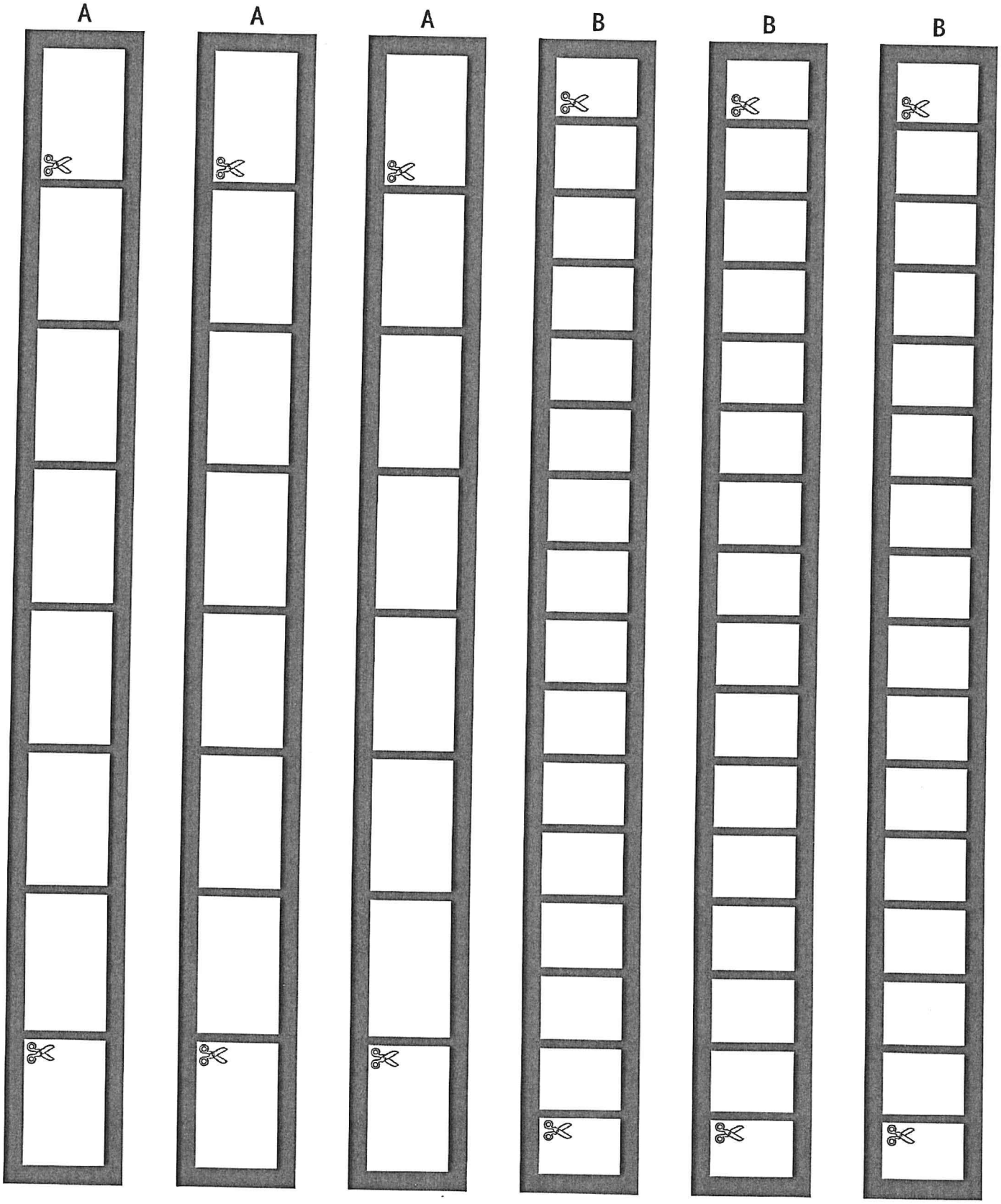
CUT Week 9



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One-Snip Strips

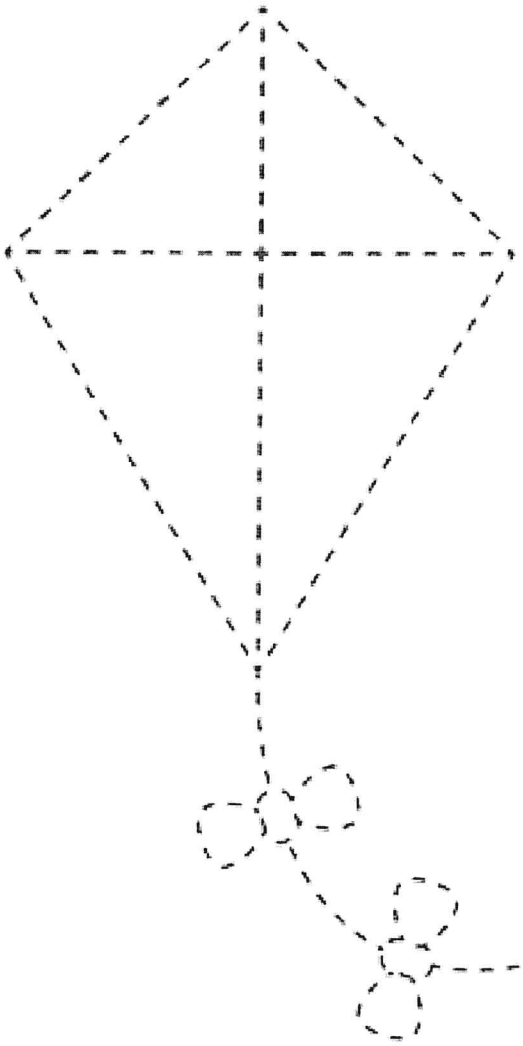
CUT

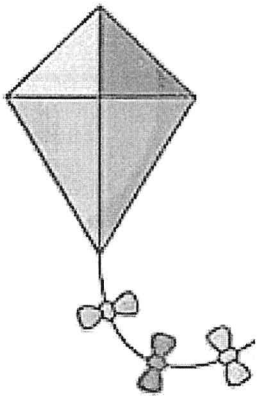


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Handwriting Practice

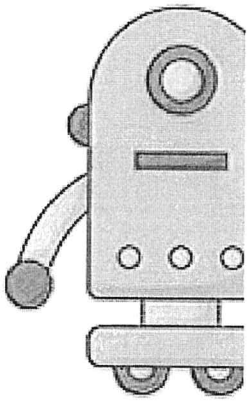
Trace





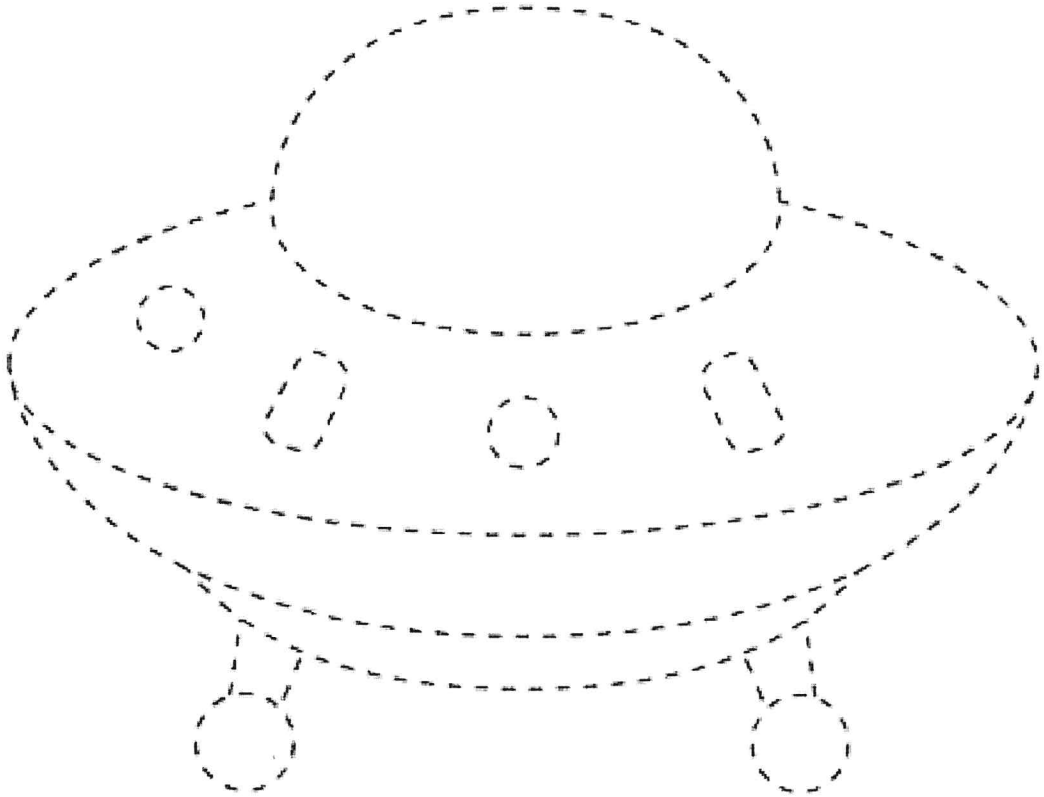
Handwriting Practice

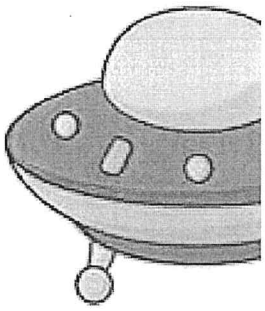
Trace



Handwriting Practice

Trace





Trace

