Ruppel Academie Francaise Kindergarten Readiness Packet

Kindergarten is an important transitional year, and many parents ask us how they can help prepare their child. Below you will find a list of skills to work on this summer to help your child start kindergarten in the most positive way!

Additionally, we've included a packet for the summer to help your child build stamina, strengthen hand muscles, improve coordination, and provide academic enrichment. Doing a bit of work each day will help your child better understand the realities of kindergarten.

Please talk to your child about the fact that he/she will do work every day. Explain that it is ok to not like the work sometimes, but it is not ok to ignore the teacher and refuse to even try the work.

Return the letter and number portions of the completed packet (not the cutting) in your child's VIP folder on Welcome Day.

Kindergarten Readiness:

Students should be able to:

- Recite their name and birthday
- Recognize and respond to their name when called.
- Follow two or more step directions
- Identify and recite colors, months of the year, days of the week
- Use the bathroom independently including washing hands
- Use zippers, buttons, Velcro, and belts (if applicable) independently
- Open and close lunch items and snacks sent from home
- Clean up personal space and throw away trash
- Correctly hold and cut with scissors-If your child is left-handed, be sure to have to correct scissors (**see video resource link below** & use enclosed practice sheets)
- Use liquid glue and glue sticks correctly
- Hold and use a pencil correctly (**see video resource link below** & use enclosed practice sheets)
- Put on and take off jackets and sweatshirts independently
- Complete tasks in a specified amount of time using a timer
- Eat lunch in about 20 minutes (not including set up and clean up time)
- Stay seated in one spot for about 10-15 minutes
- Use appropriate social skills (sharing, respect, take turns, wait for the teacher, understand privacy)
- Understand right from wrong and that there is a solution to a problem
- Understand that being part of a community requires patience and compromise

Reading Readiness

Students should be able to:

- Name and recognize ALL letters of the alphabet both upper and lowercase
- Know the sounds for ALL the consonants and short vowels
- Write/trace all upper and lower case letters. Practice daily using the packet provided. Ensure that your child holds the pencil correctly and forms the letters properly. Letter formation starts at the top of the handwriting lines. **See the video below** for instructions about proper letter formation.
- Follow words from left to right, top to bottom (Model this by explaining the process and pointing to the text when reading aloud to your child)
- Recognize basic rhyming words
- Write first and last name clearly using both upper and lowercase letters

Math Readiness

Students should be able to:

- Recognize numerals from 1-20
- Correctly write numbers 1-10
- Verbally count from 1-100
- Be able to compare and contrast two numbers (greater than and less than, which is more/less?)
- Recognize and identify by name all basic shapes

Pencil Grip Video
https://www.youtube.com/watch?v=UPg9qpq6Hhg

Scissor Grip Video
https://www.youtube.com/watch?v=WNccTSc_9f0

Proper way to form letters (handwriting)
https://youtu.be/vsue4unC7YQ

All About Scissors

Choosing Scissors

"Child-safe" blunt tip scissors about five inches long are best for beginners. Test the blades for tightness and ease of use. If your child has not yet demonstrated hand dominance, you might look for a pair that is suitable for either right- or left-handed children, or even better, get one for "lefties" (the upper blade is on the left) and one for "righties" (the upper blade is on the right), and let your child experiment to see which is more comfortable to use.

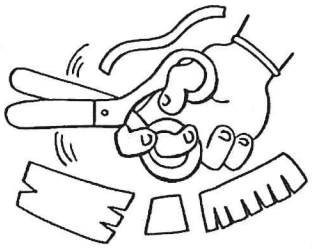
Scissors Safety Tips

Teach your child how to walk safely with a pair of scissors (though walking with scissors should be discouraged) and how to hand them to someone else. The hand should make a fist around the closed blades of the scissors with the handles pointing up. Tell your child to never point or wave a pair of scissors—they are a tool, not a toy.

Introducing Scissors

Demonstrate correct finger placement.

- The thumb goes in the upper loop of the handle.
- The middle finger goes in the lower loop (though some types of scissors have enough space for both the middle and ring fingers).
- The index finger rests outside the lower loop, in front of the middle finger, to provide balance and strength.
- The ring finger (if not inside the lower loop) and pinkie curl into the palm.



One hand (the dominant one, if already established) provides the open and close movement of the scissors while the other hand holds the paper. At first, your child may turn his or her hand awkwardly, making it difficult to cut. Tell your child to think "Thumbs up!" when using scissors as a reminder that the thumb should be in the upper loop of the handle.

First Time Cutting: Cut several 1- by 6-inch paper strips and encourage your child to make several cuts any way he or she chooses. Gently correct your child's finger placement and motion, as needed.



Developmental Tip

Before using scissors to cut, have your child practice tearing and gluing paper. You might demonstrate some of the techniques that follow:

- Tear a sheet of paper down the middle by pulling it away from the body.
- Use one hand to pull the paper away from the body while the other hand pulls it toward the body.
- Tear paper into small pieces
- Use a glue stick or craft glue to affix small, torn pieces of paper onto a large sheet of construction paper to make a design or collage.

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Handwriting Practice Worksheet

Uppercase Letters

Week 1

Name_____

example: Trace then write.

A A B C D E

F G H I J

K L M N O

P Q R S T

U V W X Y

Z

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Dash Trace Handwriting Worksheet

Lowercase Letters

Name_____

example: Trace then write

a a b c d e

f g h i j

k l m n o

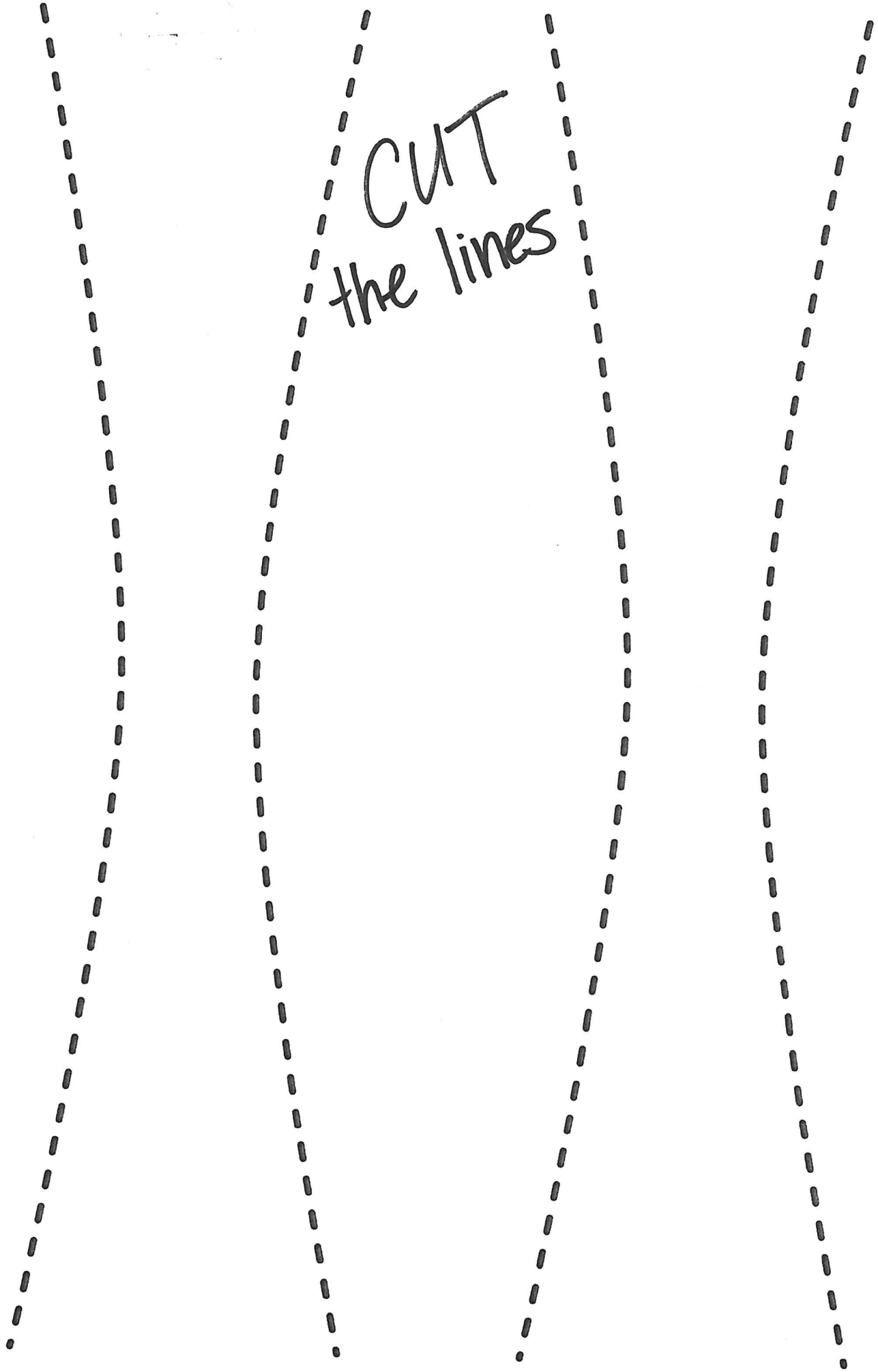
p q r s t

u v w x y

z

CUT
the lines

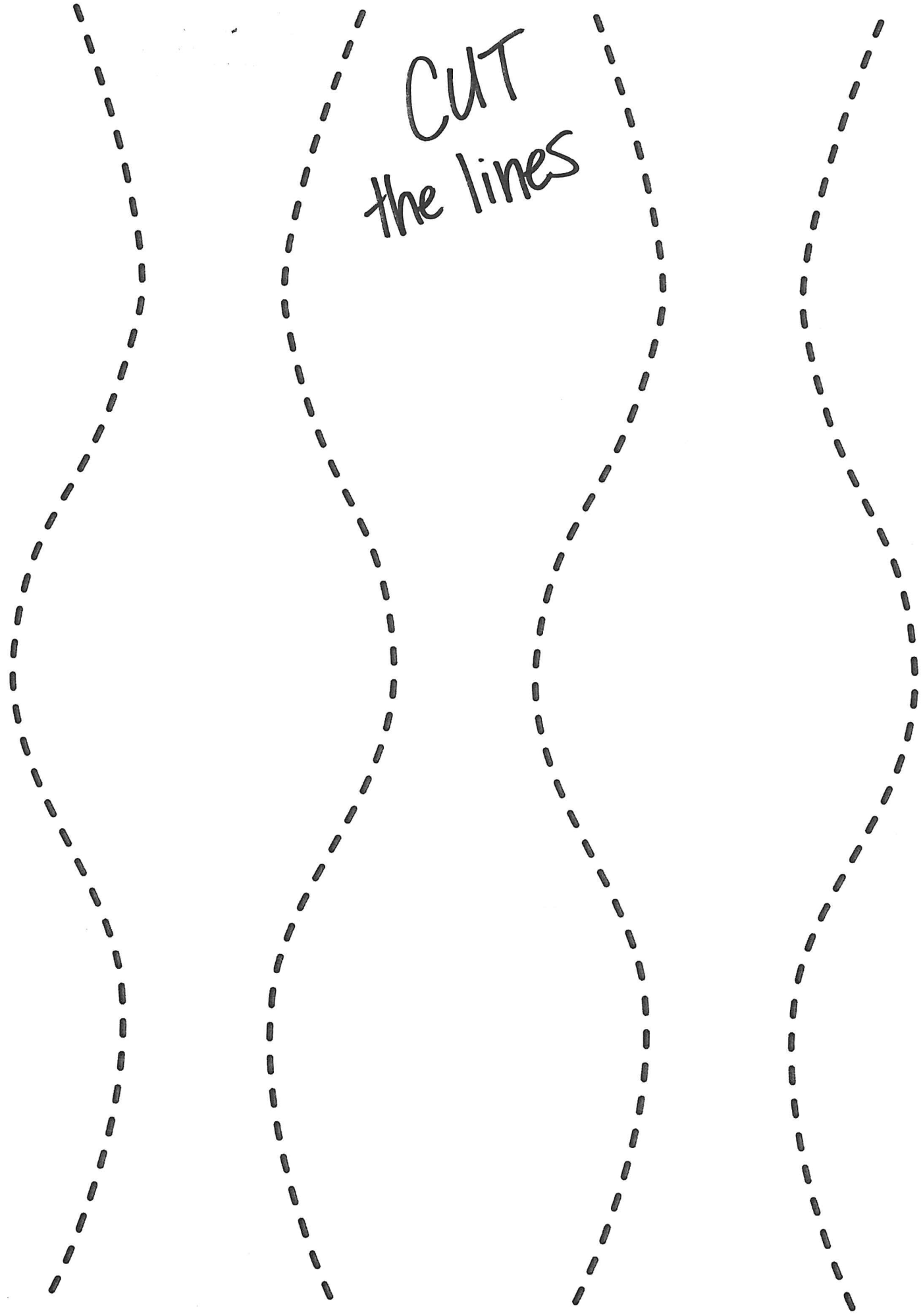
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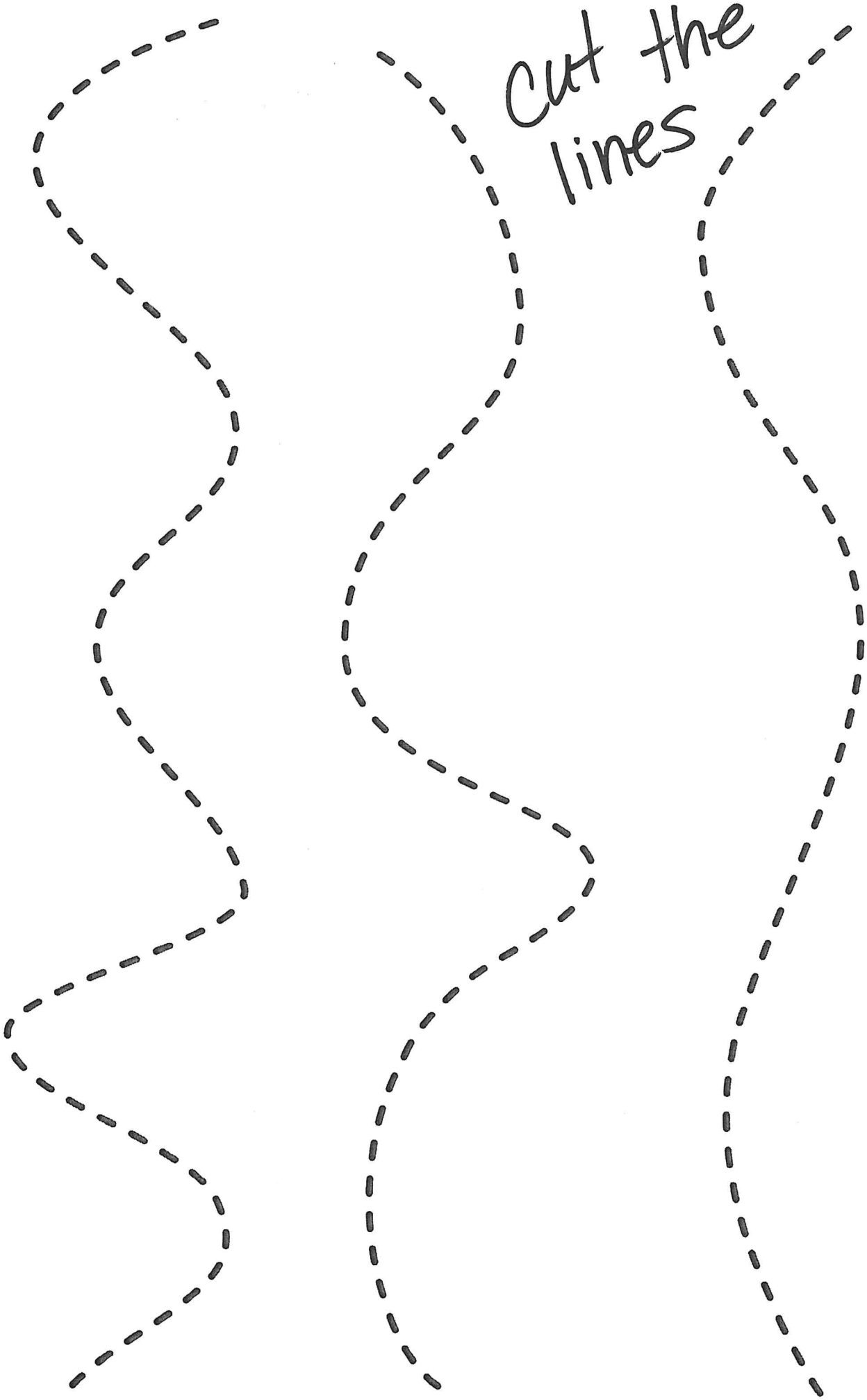
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CUT
the lines!

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Handwriting Practice Worksheet

Uppercase Letters

Week 2 Name_____

A B C D E

F G H I J

K L M N O

P Q R S T

U V W X Y

Z

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Dash Trace Handwriting Worksheet

Lowercase Letters

Name_____

a b c d e

f g h i j

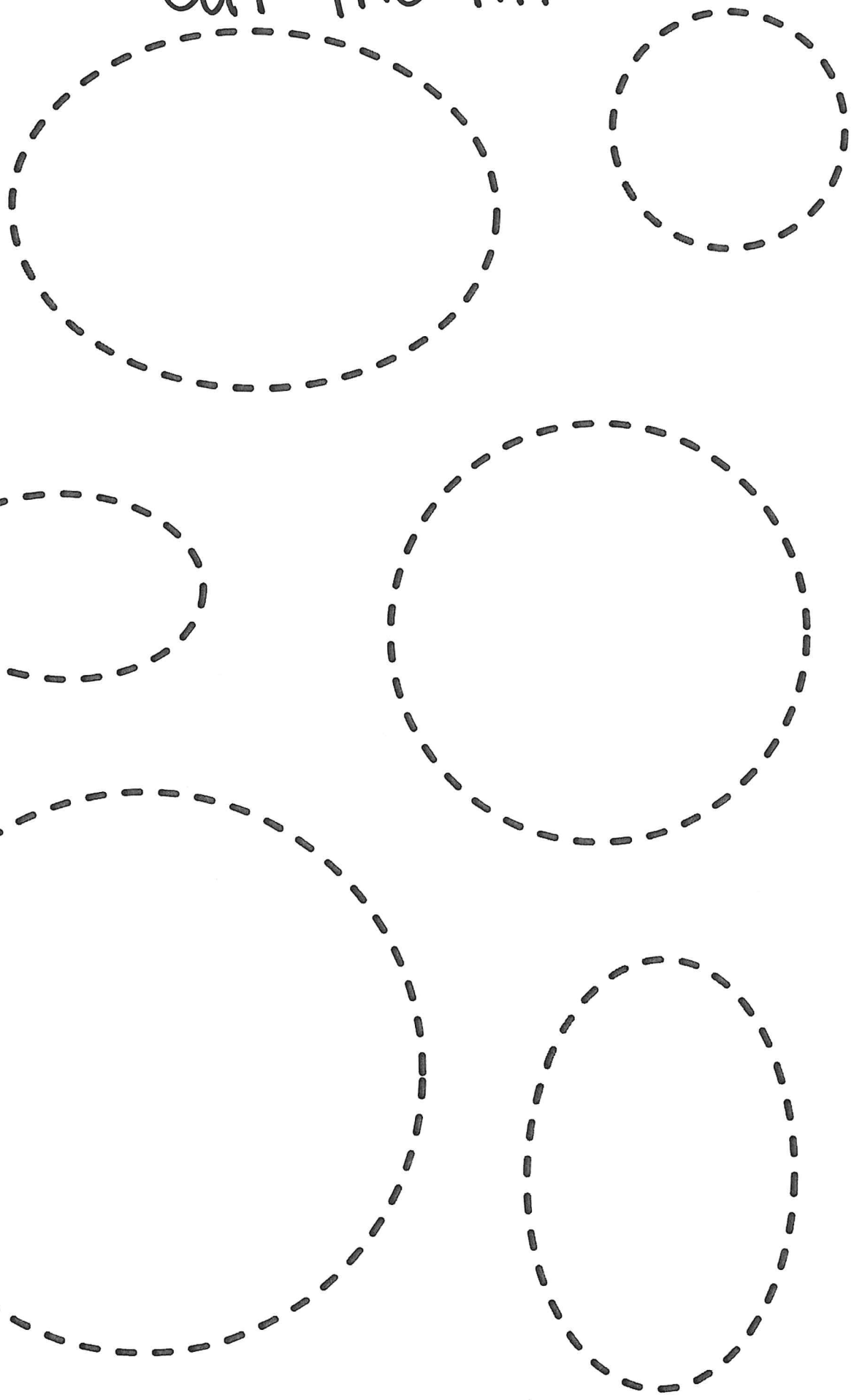
k l m n o

p q r s t

u v w x y

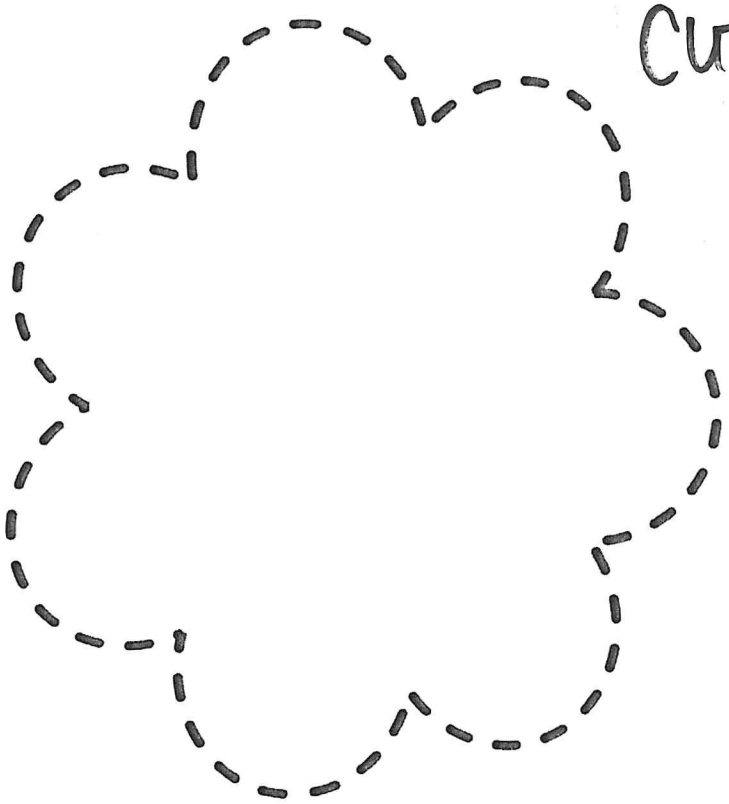
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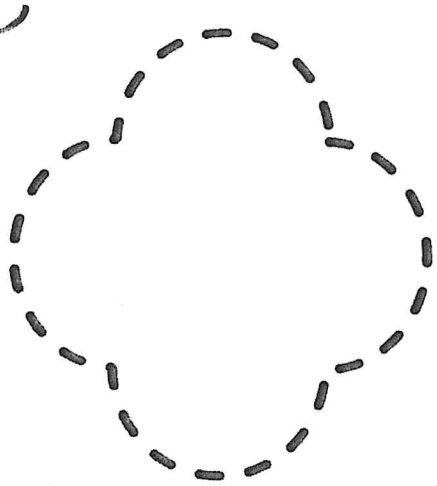
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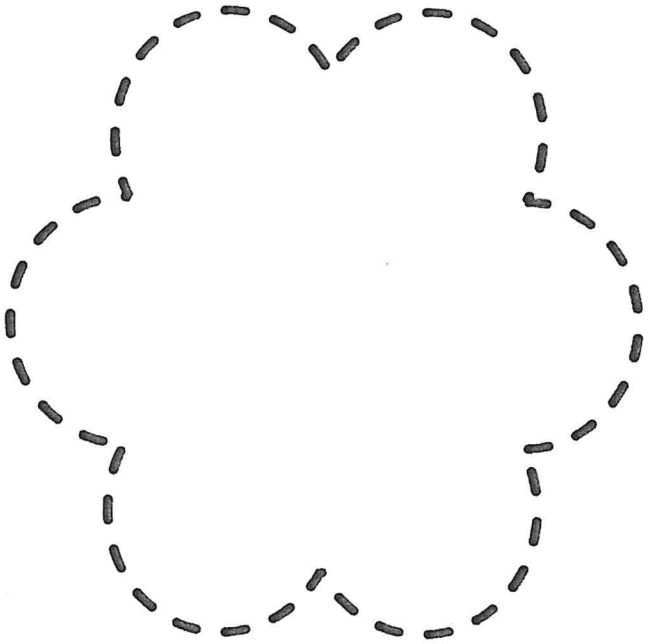


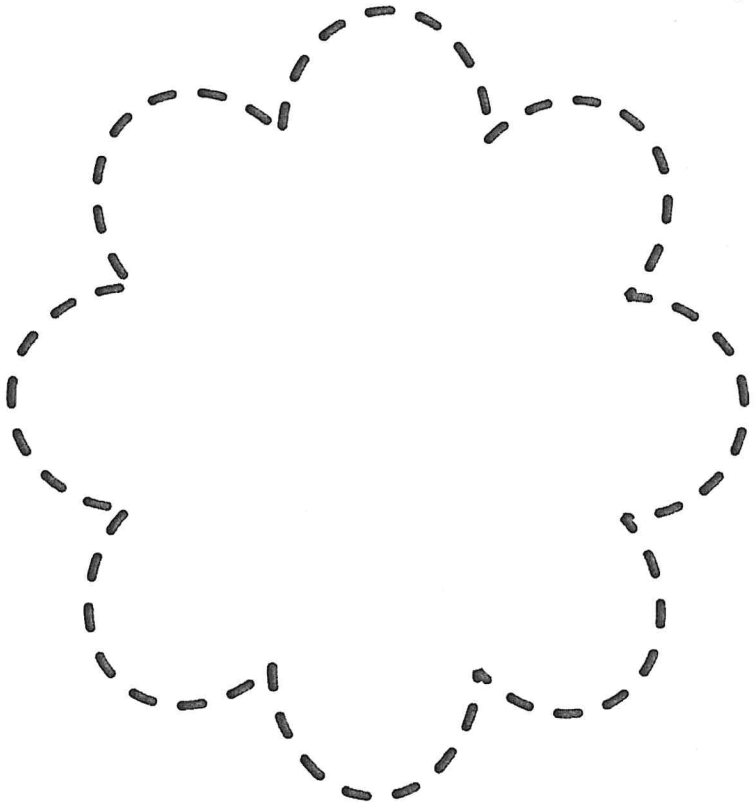
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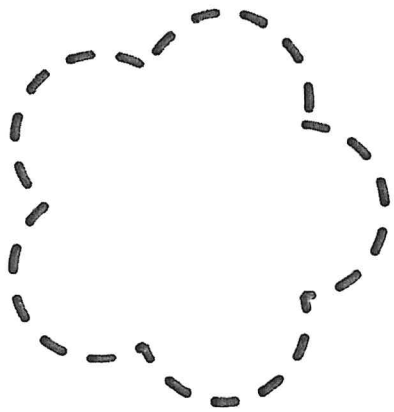
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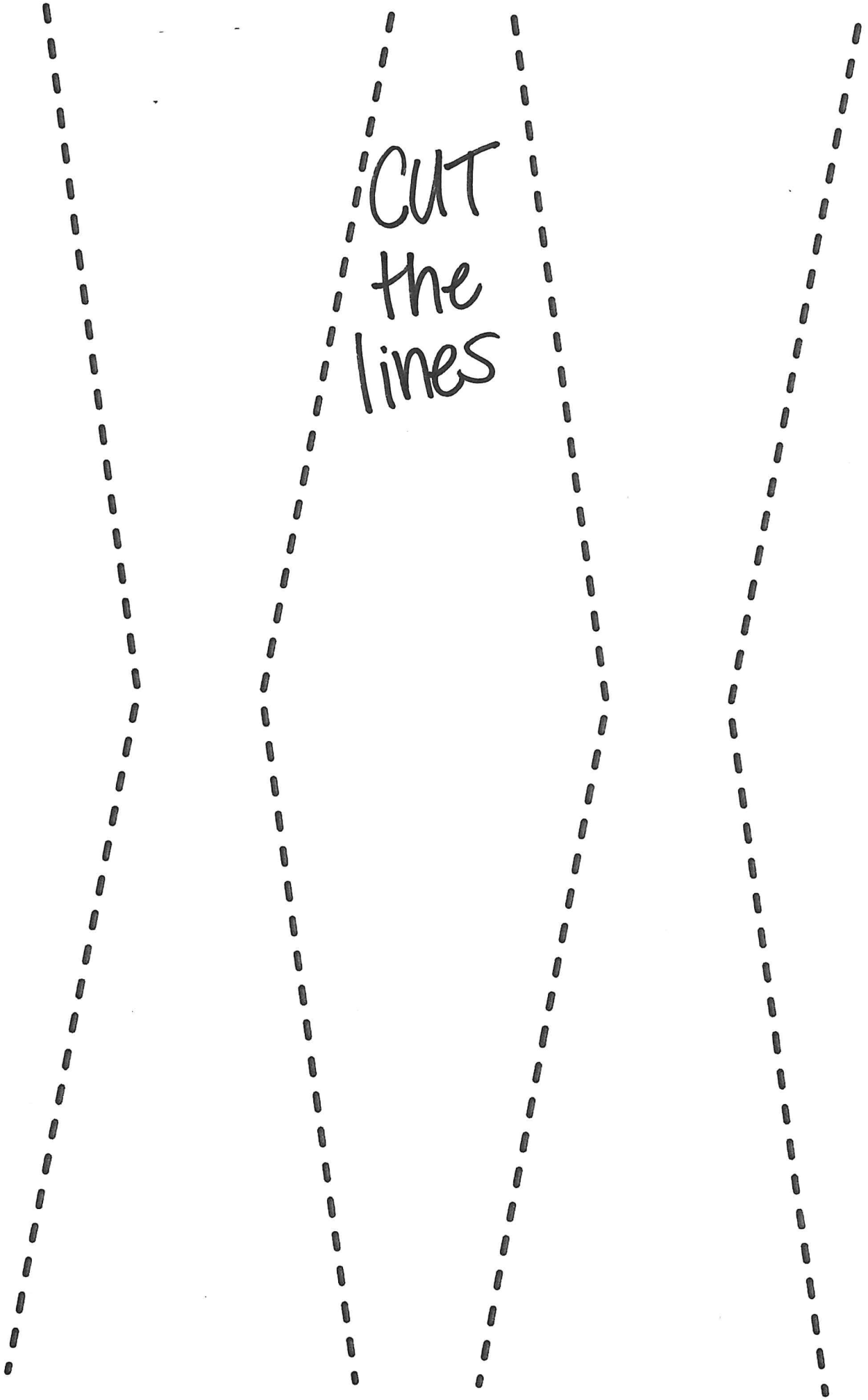




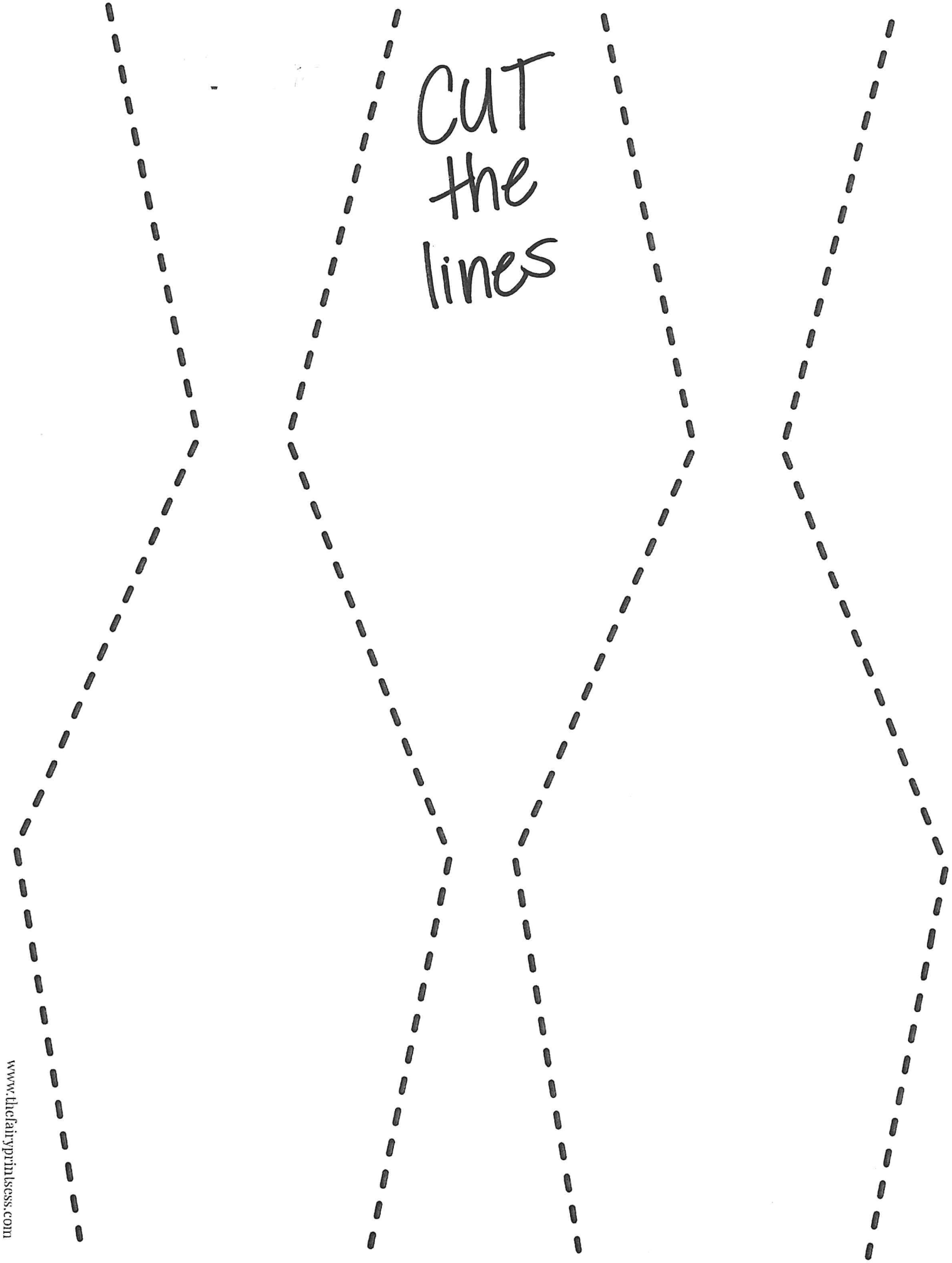




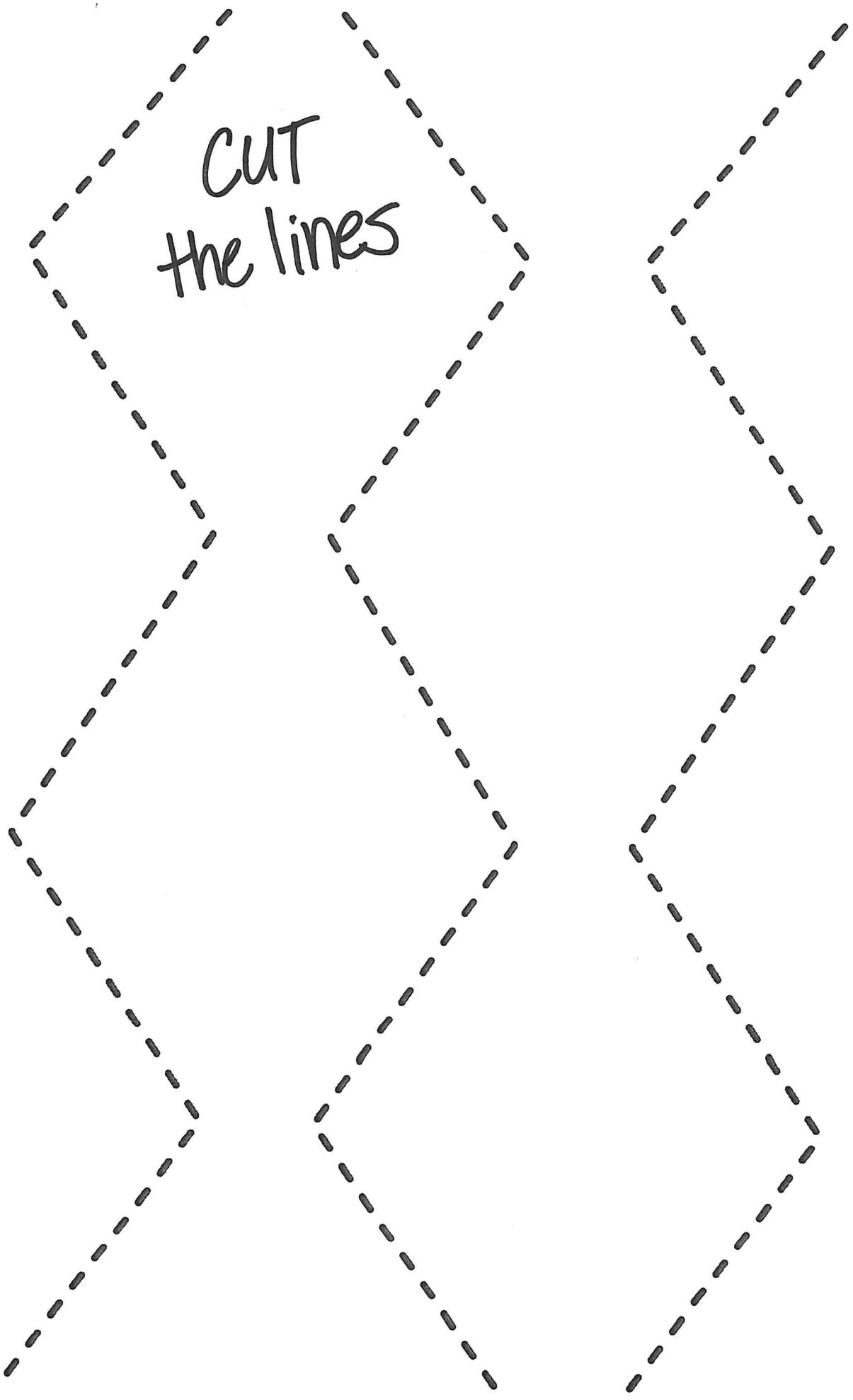
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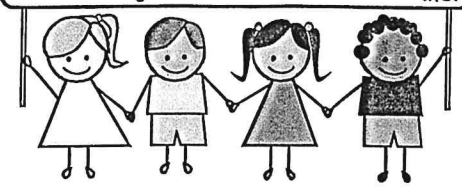


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Handwriting Practice Worksheet

Uppercase Letters

Week 3 Name_____

A B C D E

F G H I J

K L M N O

P Q R S T

U V W X Y

Z



Dash Trace Handwriting Worksheet

Lowercase Letters

Name_____

a b c d e

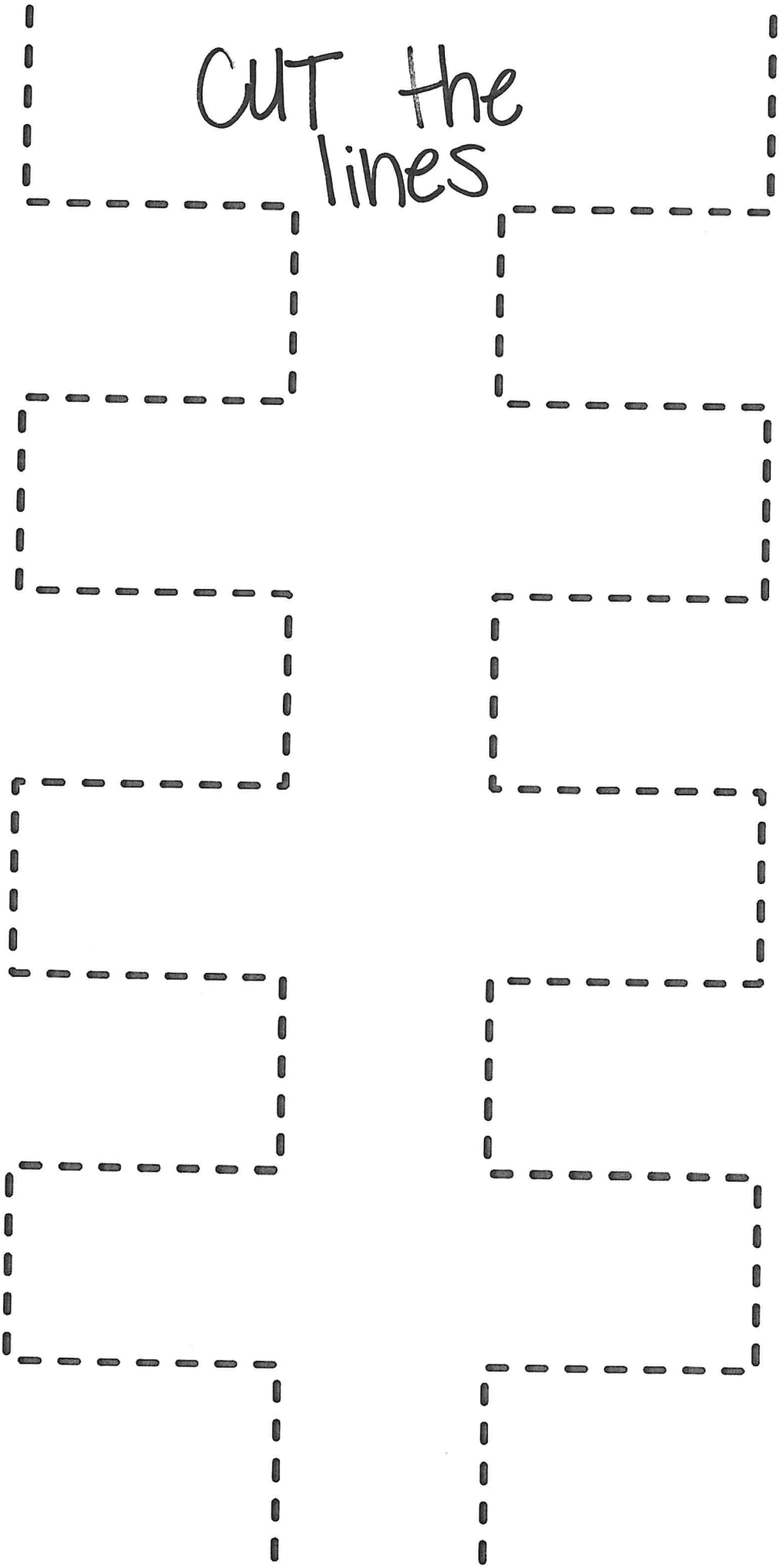
f g h i j

k l m n o

p q r s t

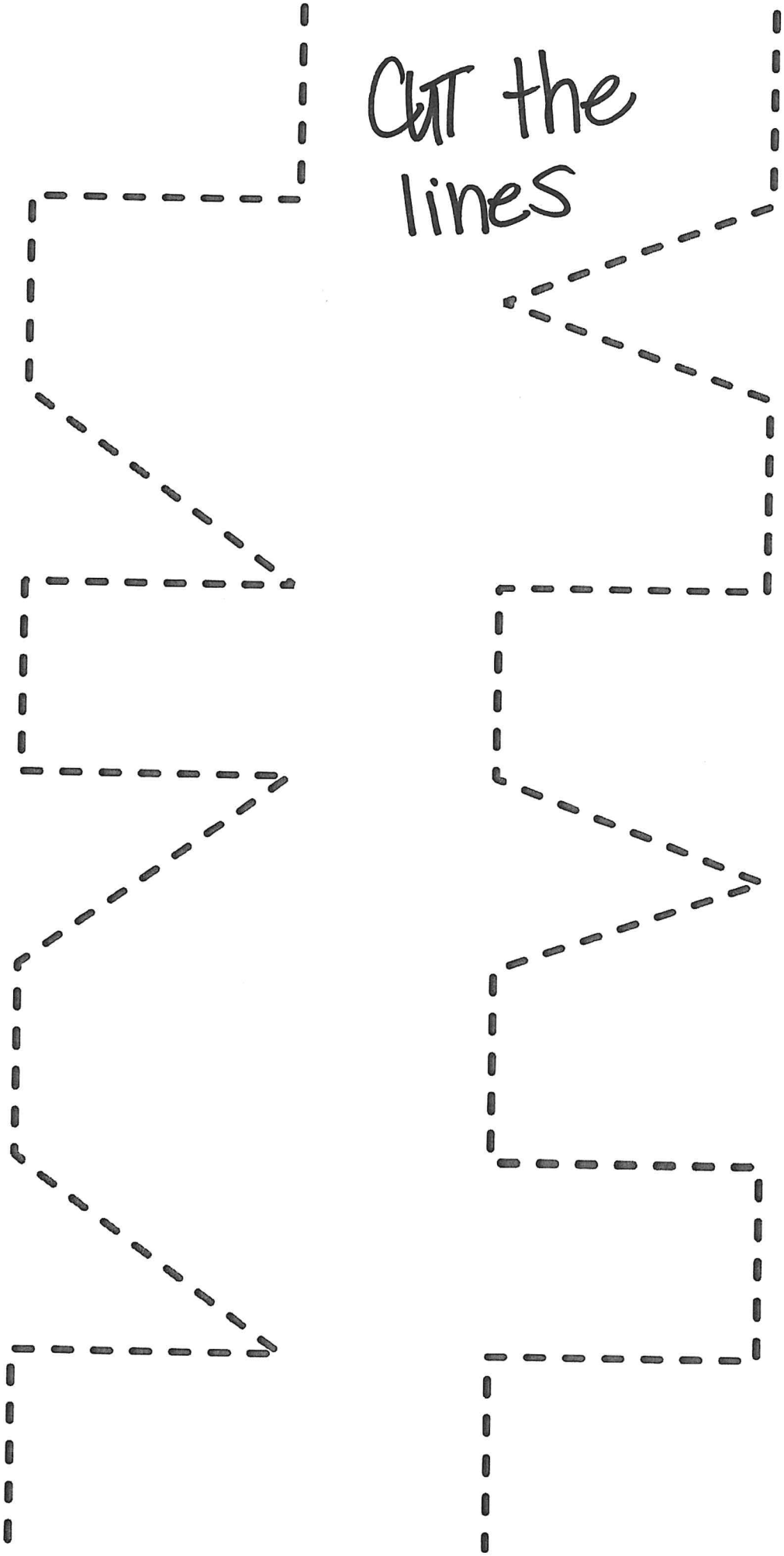
u v w x y

z

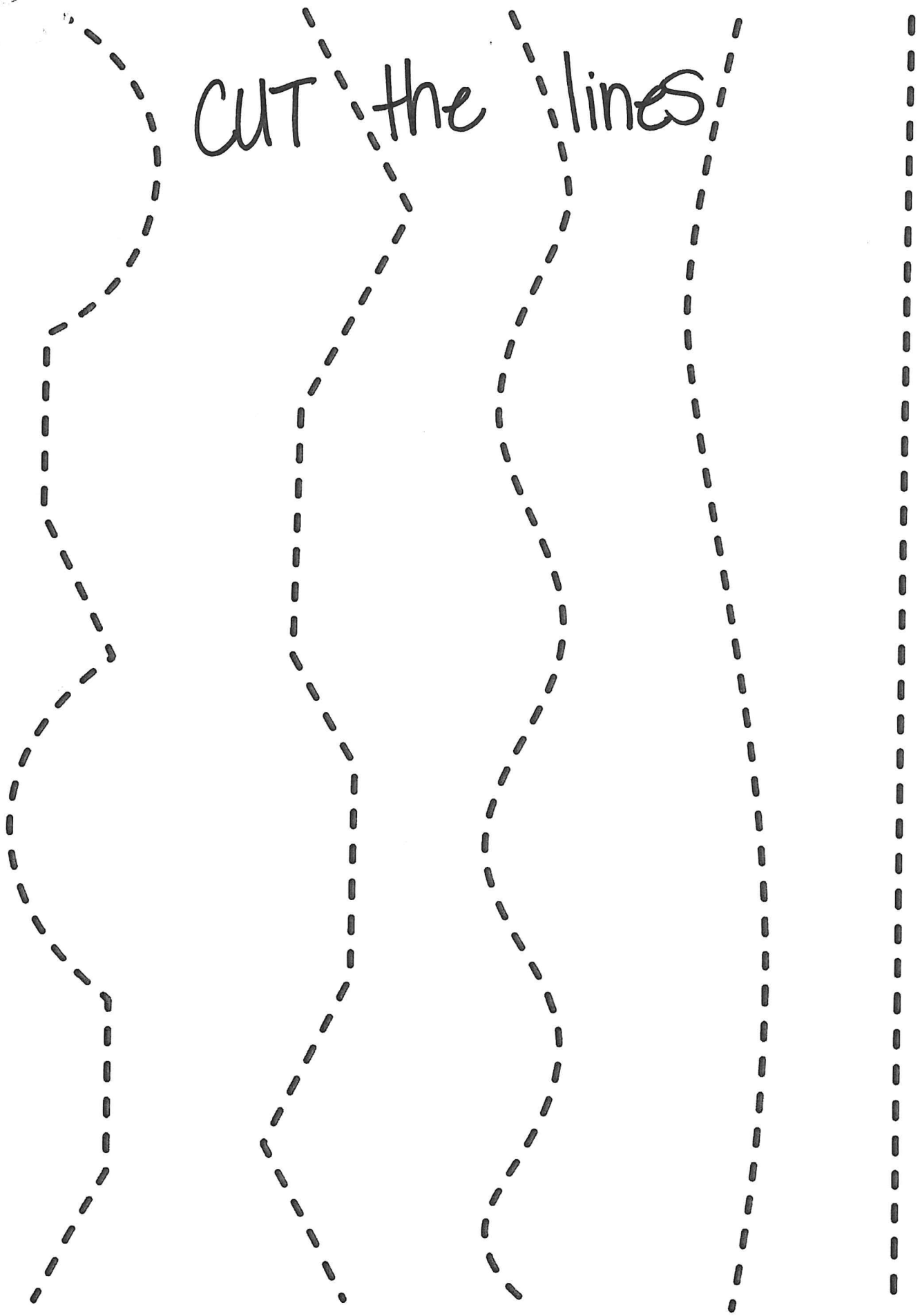


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Cut the lines

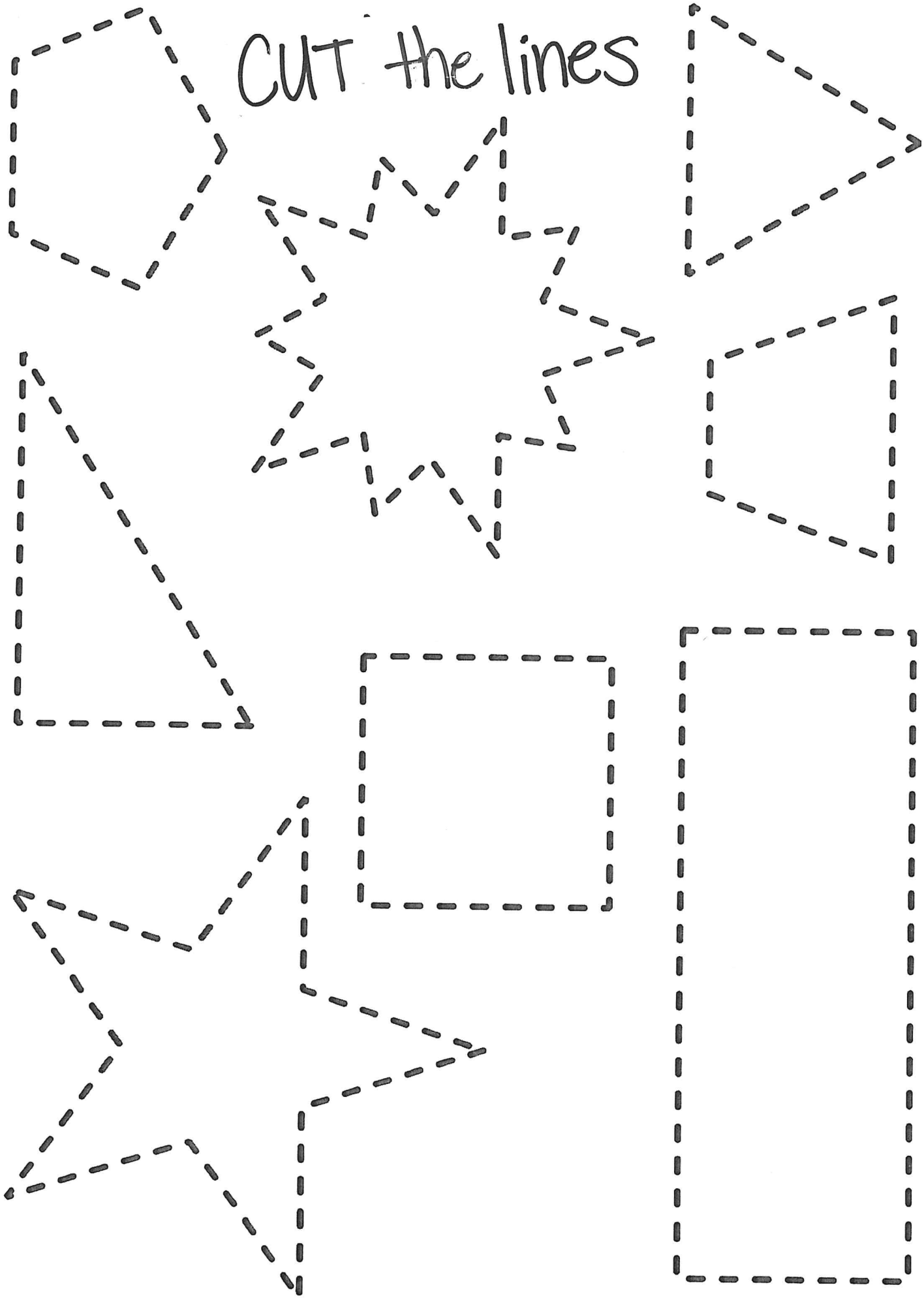


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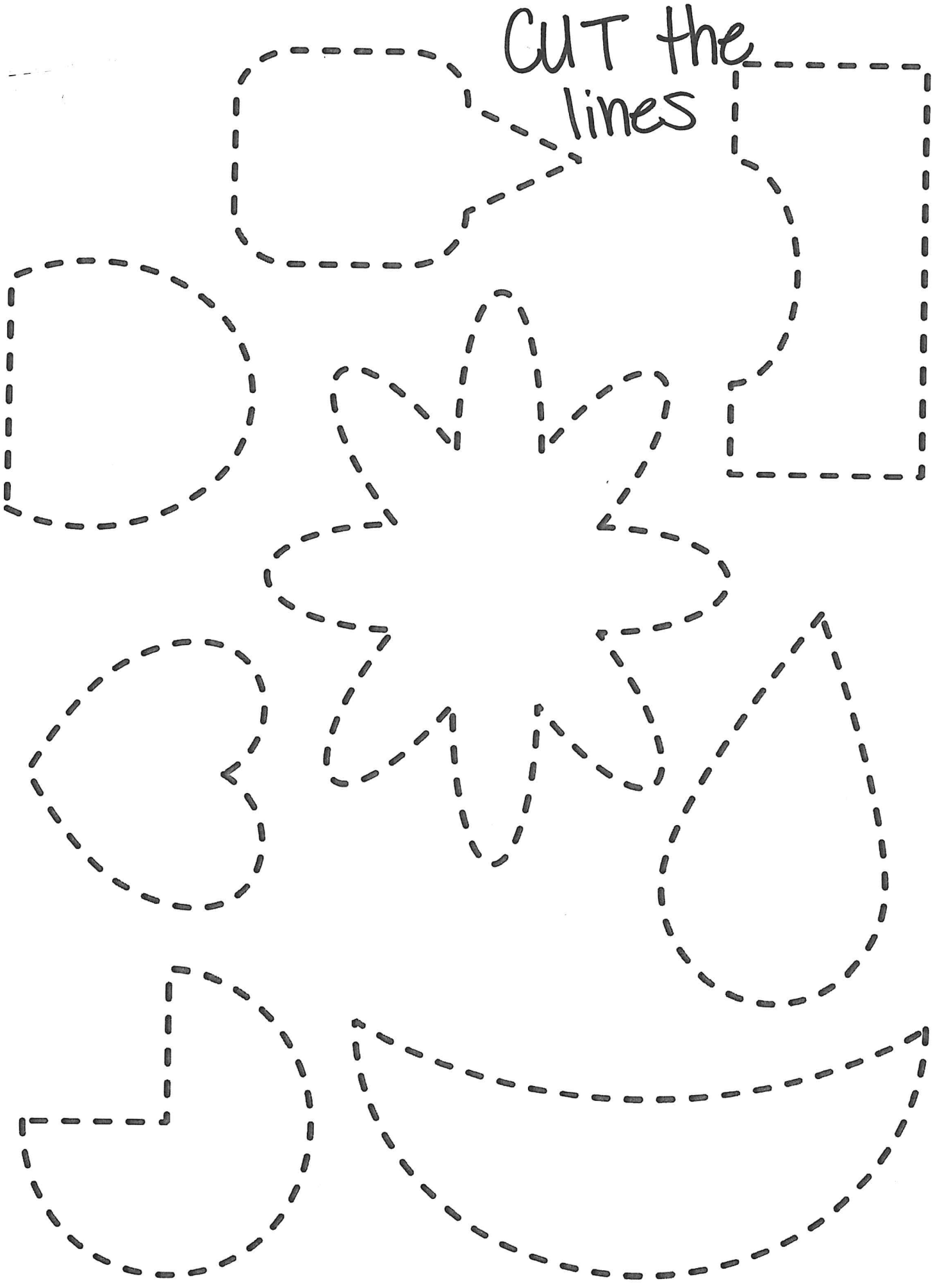


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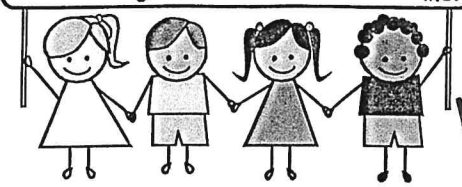


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Handwriting Practice Worksheet

Uppercase Letters

Week 4 Name_____

A B C D E

F G H I J

K L M N O

P Q R S T

U V W X Y

Z



Dash Trace Handwriting Worksheet

Lowercase Letters

Name_____

a b c d e

f g h i j

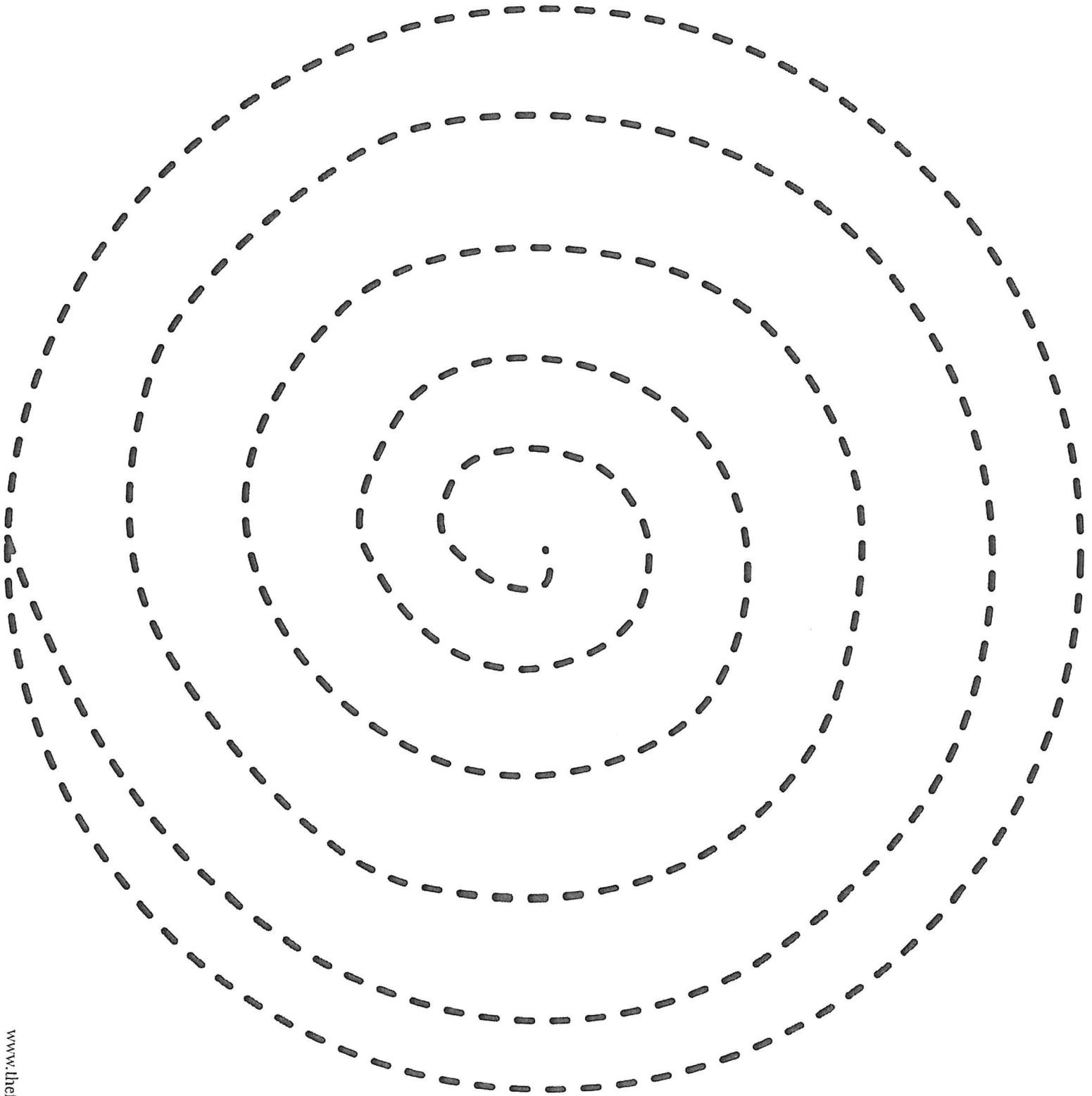
k l m n o

p q r s t

u v w x y

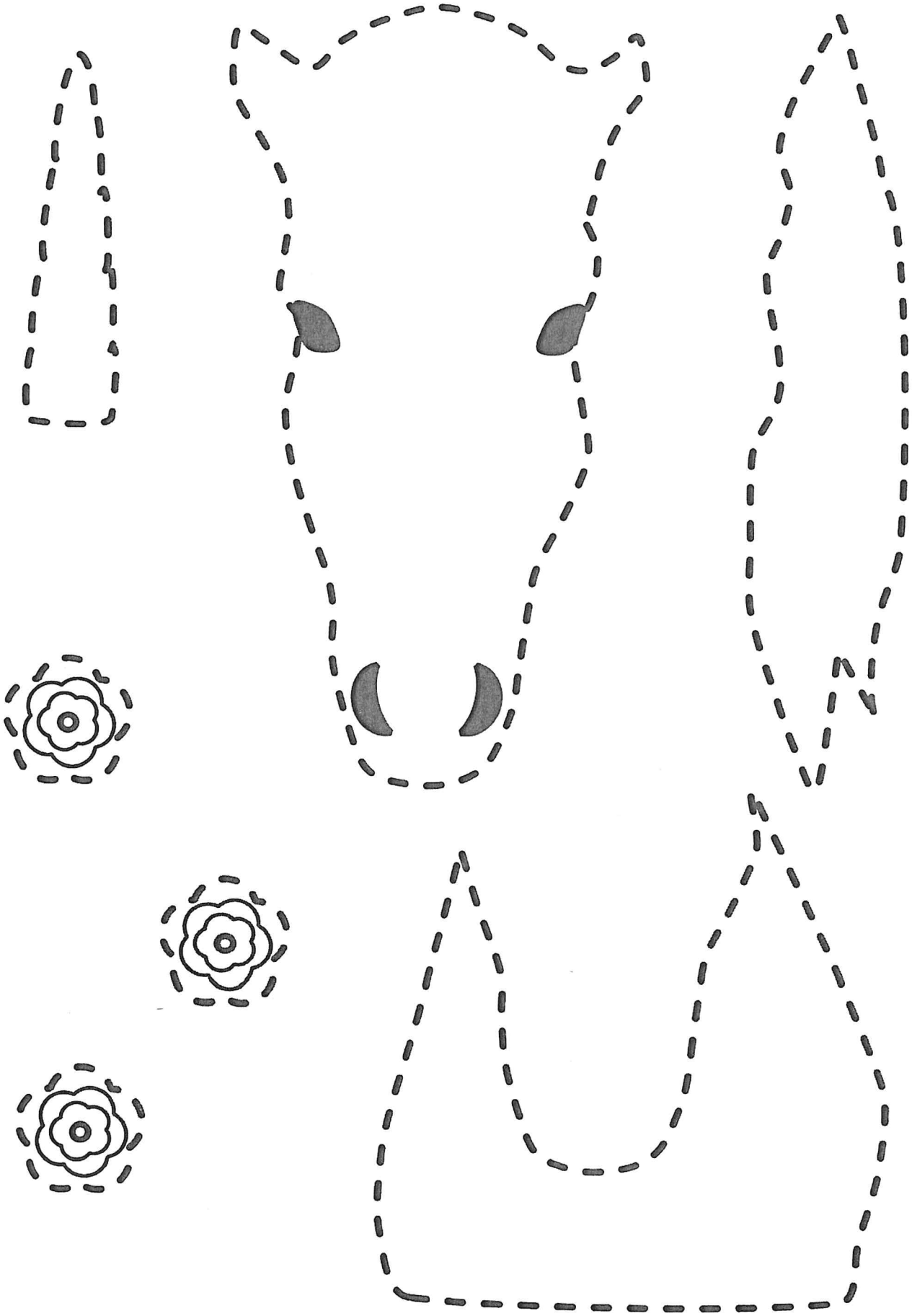
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Cut the lines



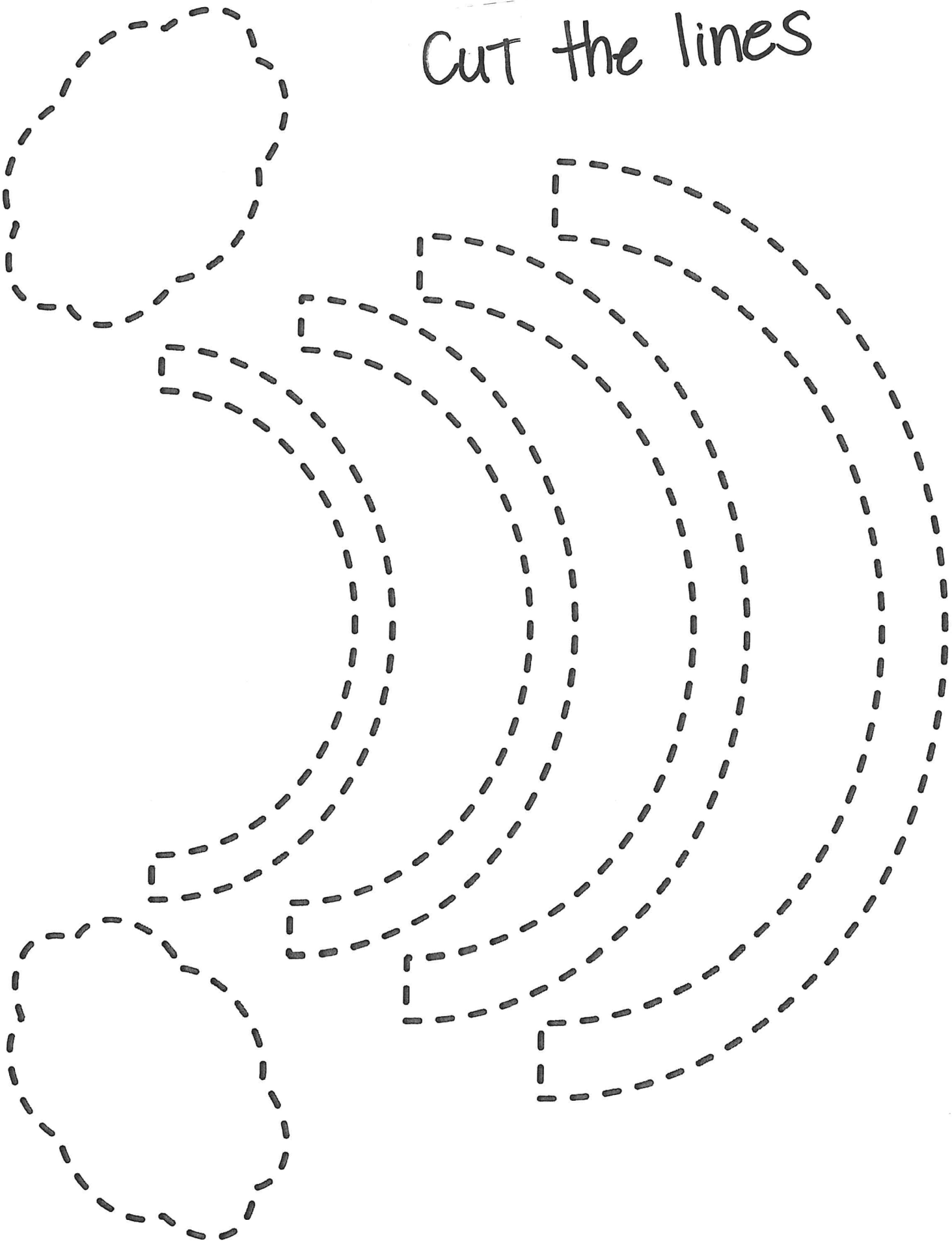
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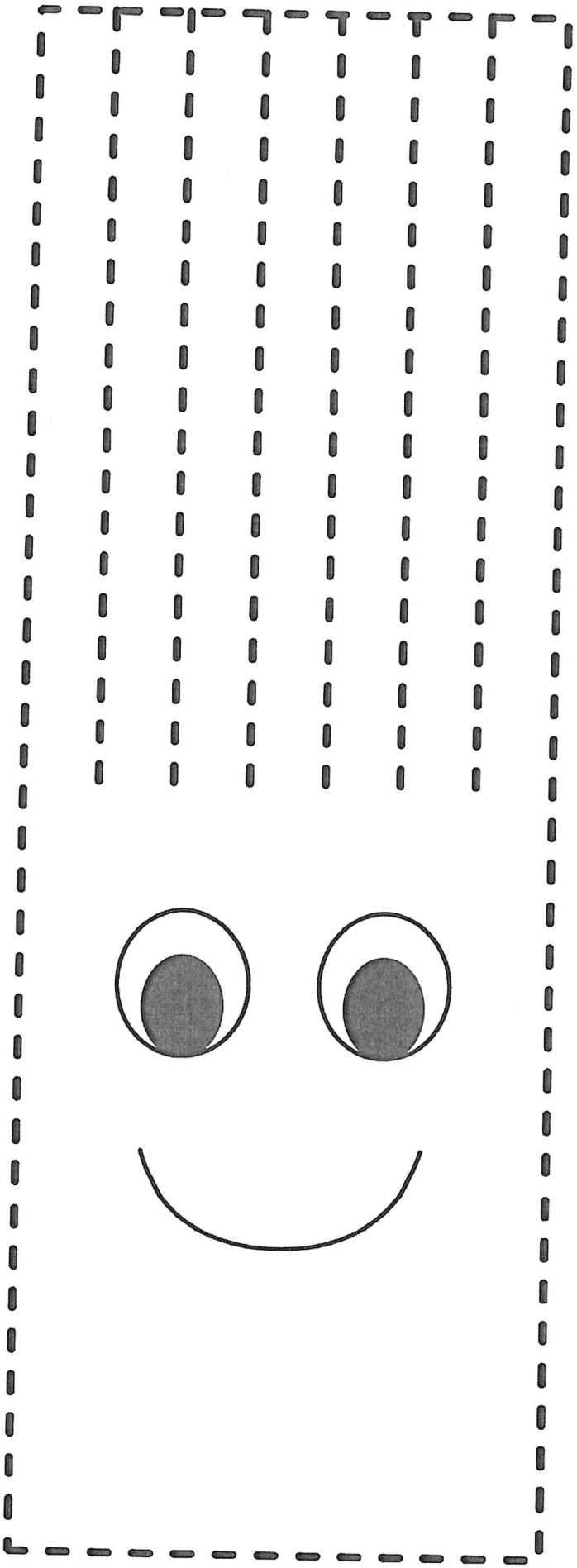
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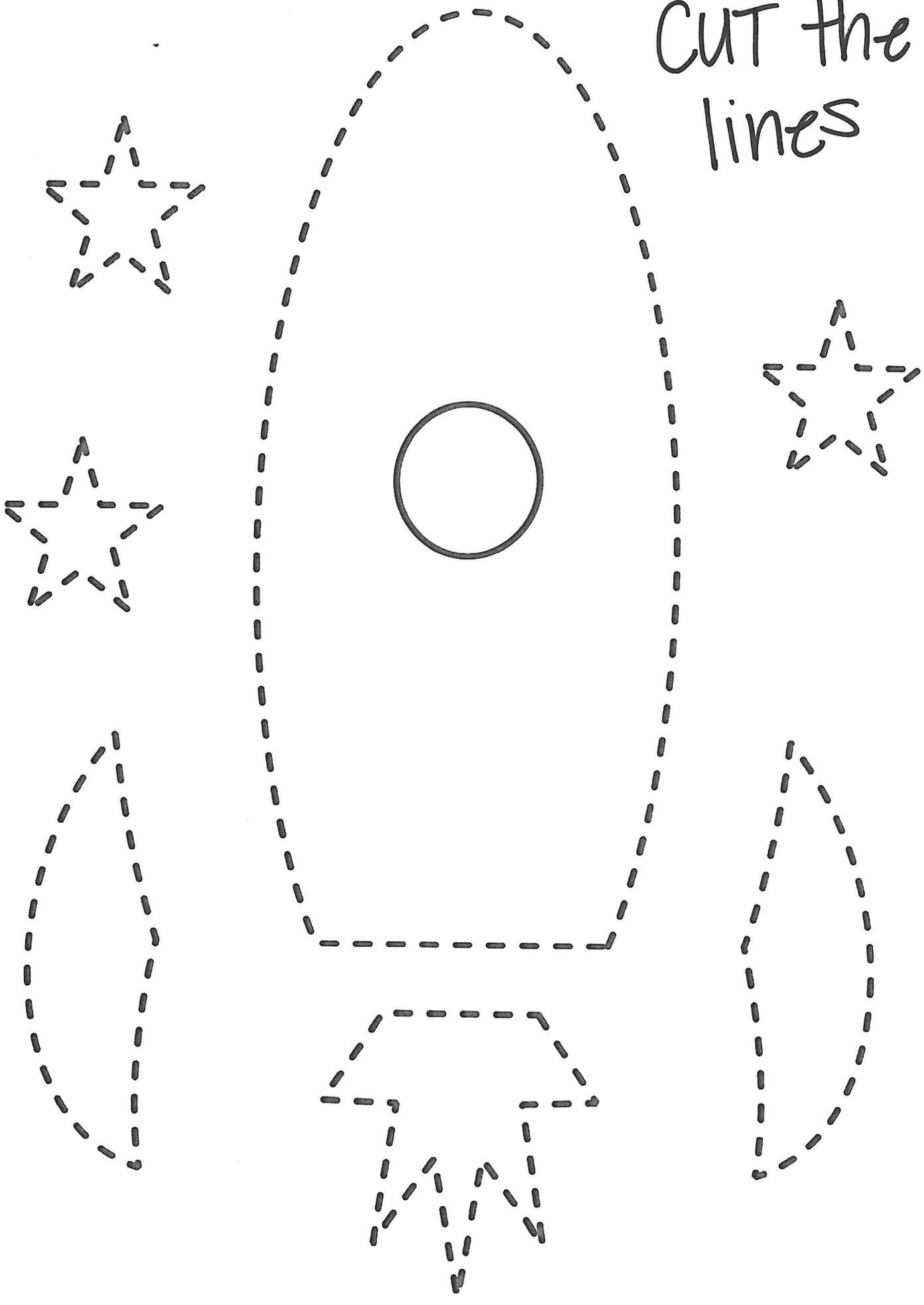
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CUT the lines



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Handwriting Practice Worksheet

Uppercase Letters

Week 5 Name_____

A B C D E

F G H I J

K L M N O

P Q R S T

U V W X Y

Z

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Dash Trace Handwriting Worksheet

Lowercase Letters

Name_____

a b c d e

f g h i j

k l m n o

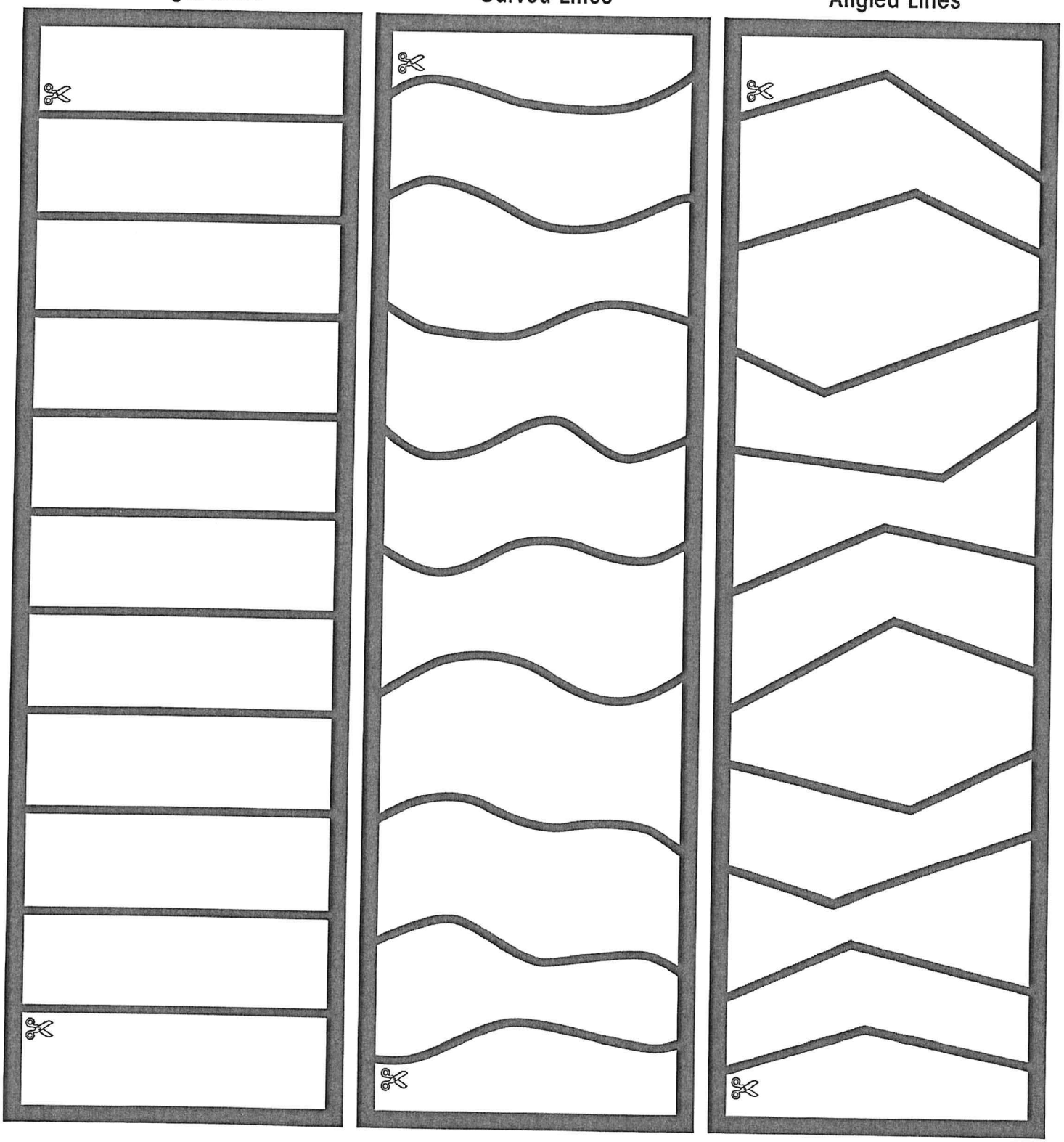
p q r s t

u v w x y

z

Three-Snip Strips

CUT the lines



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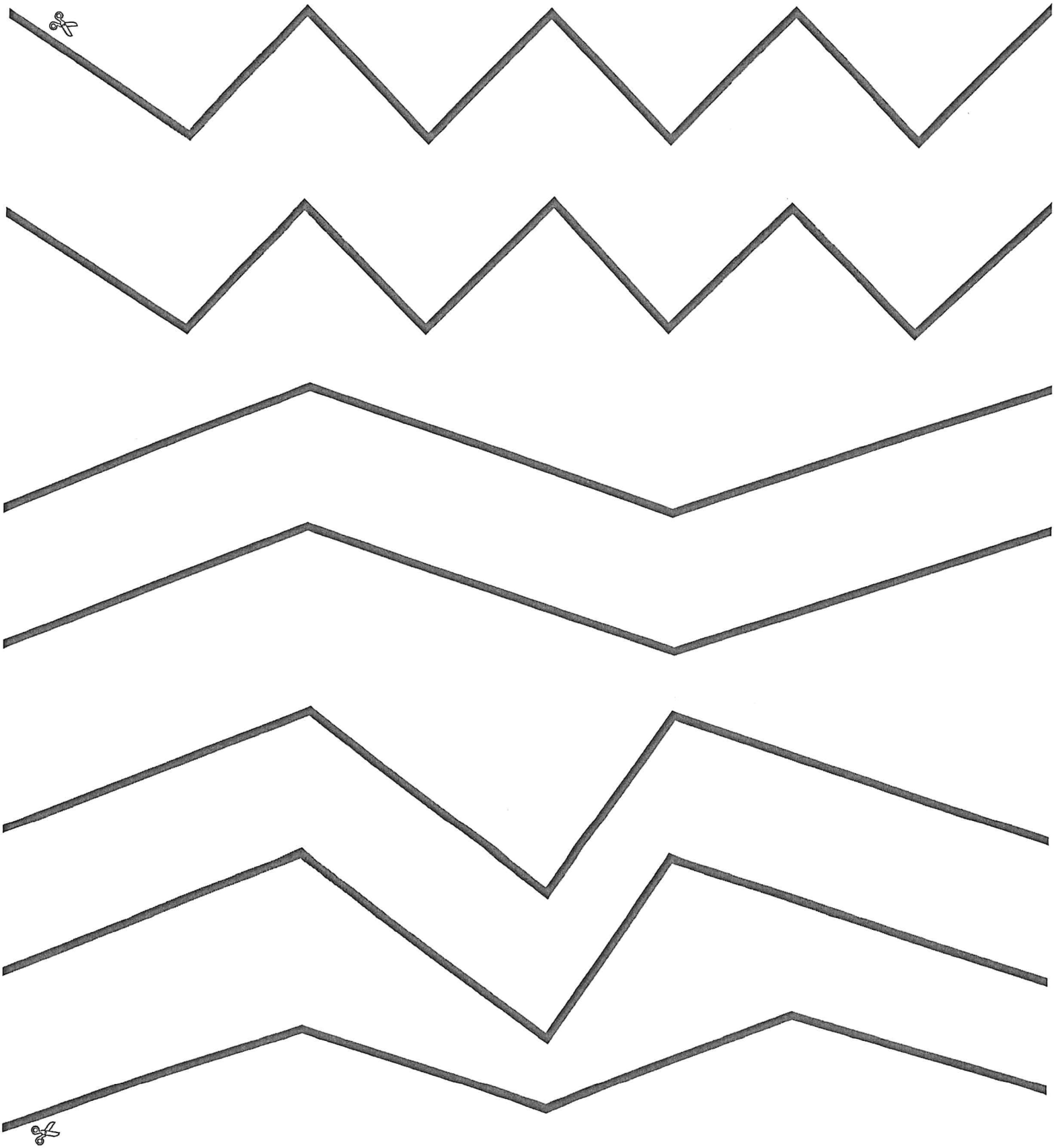
Straight Lines

CUT the lines

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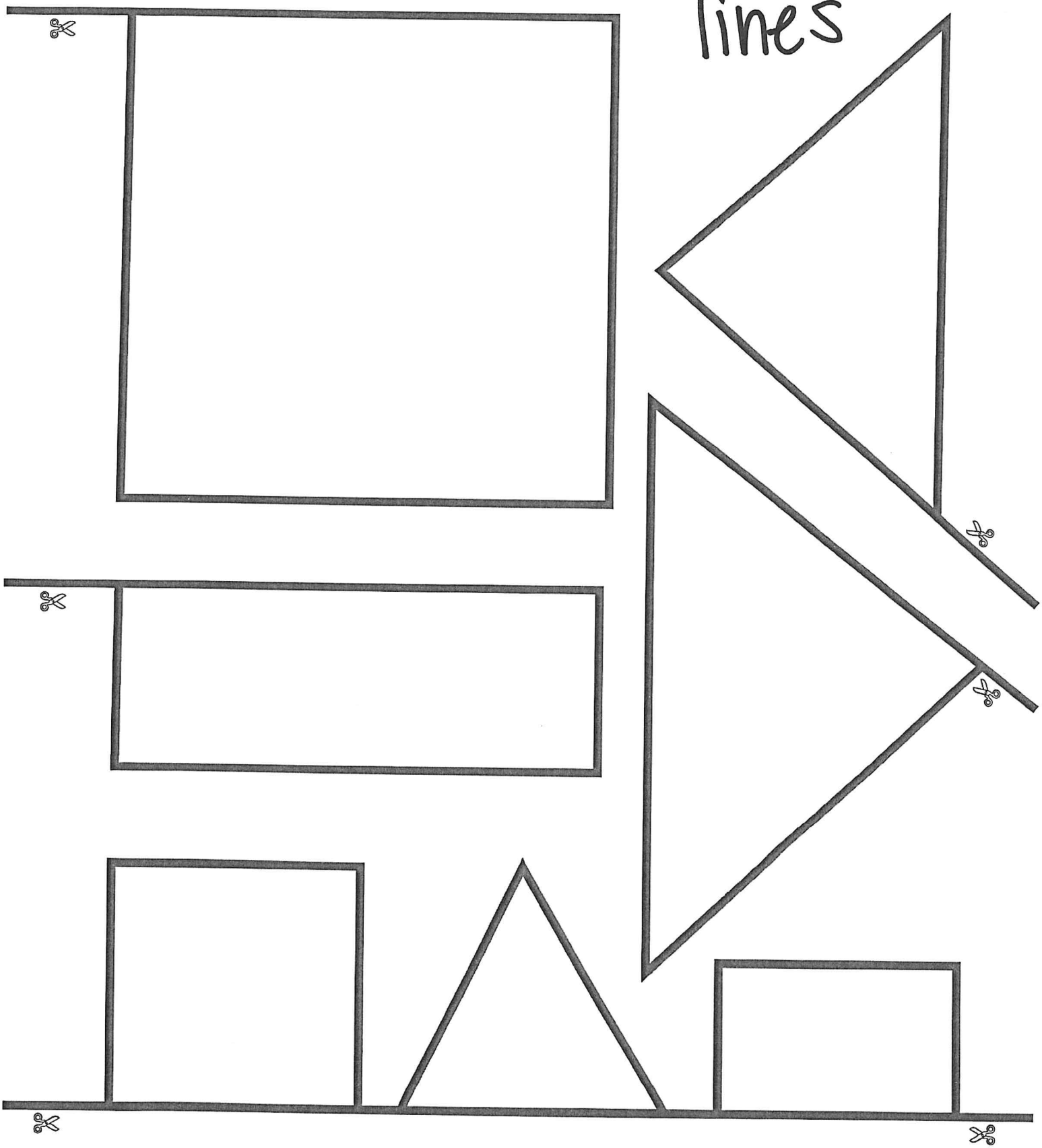
Zigzags

Cut the lines



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Squares, Triangles, and Rectangles - Cut the lines



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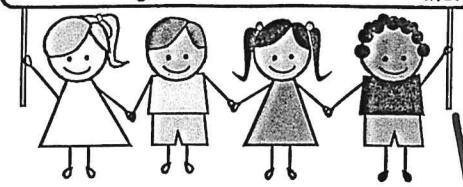


Curved Lines

Cut the lines

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Handwriting Practice Worksheet

Uppercase Letters

Week 6

Name_____

A B C D E

F G H I J

K L M N O

P Q R S T

U V W X Y

Z



Dash Trace Handwriting Worksheet

Lowercase Letters

Name_____

a b c d e

f g h i j

k l m n o

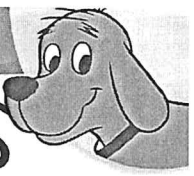
p q r s t

u v w x y

z

Scallops and Waves

Cut the lines



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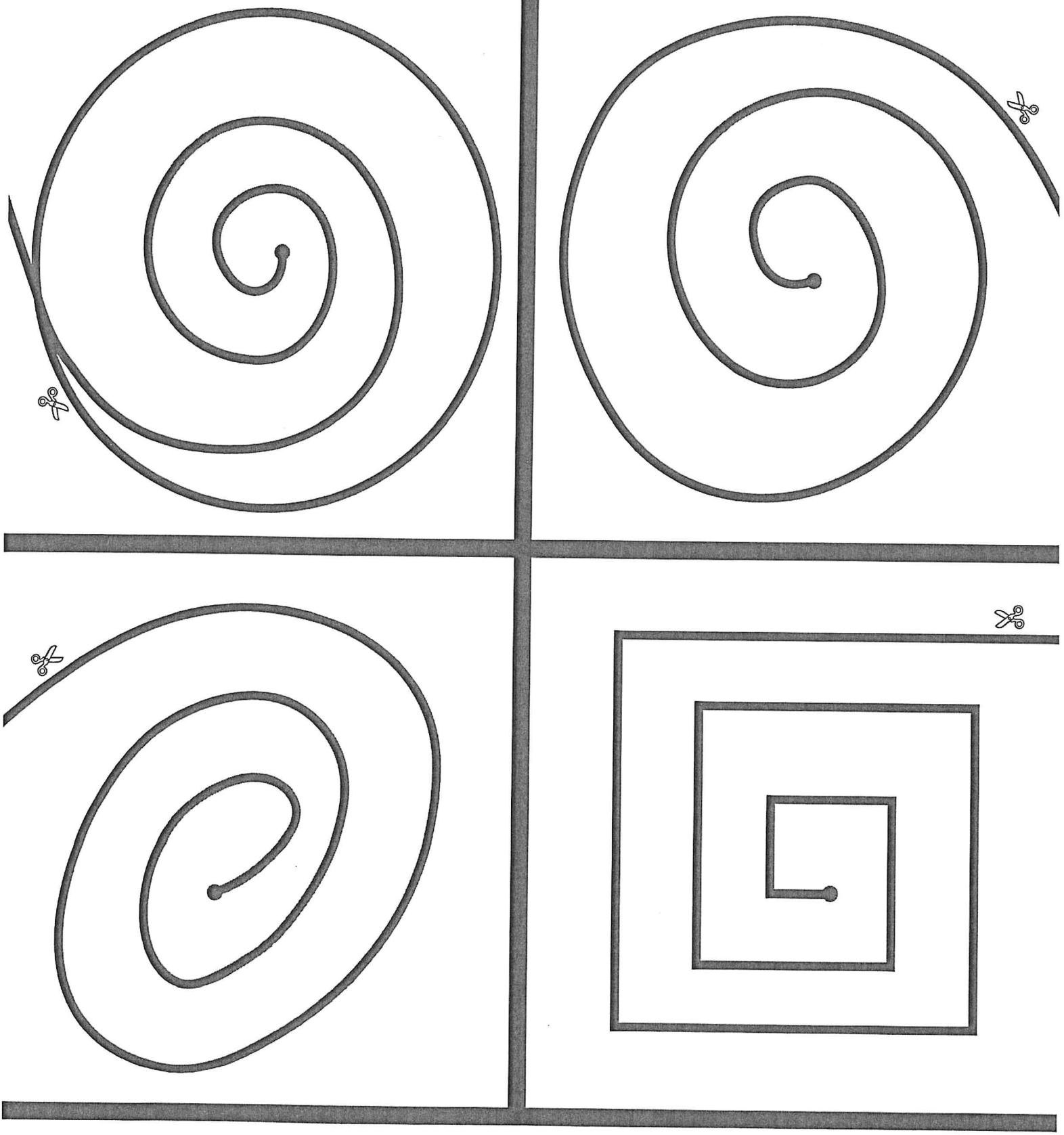
Circles

Cut the lines

Cut With Clifford The Big Red Dog® © Scholastic Inc.

Spirals

CUT the lines



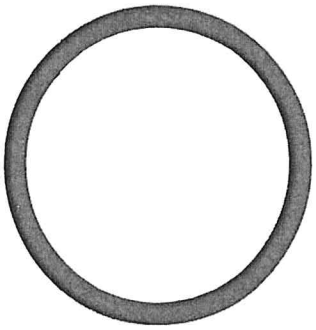
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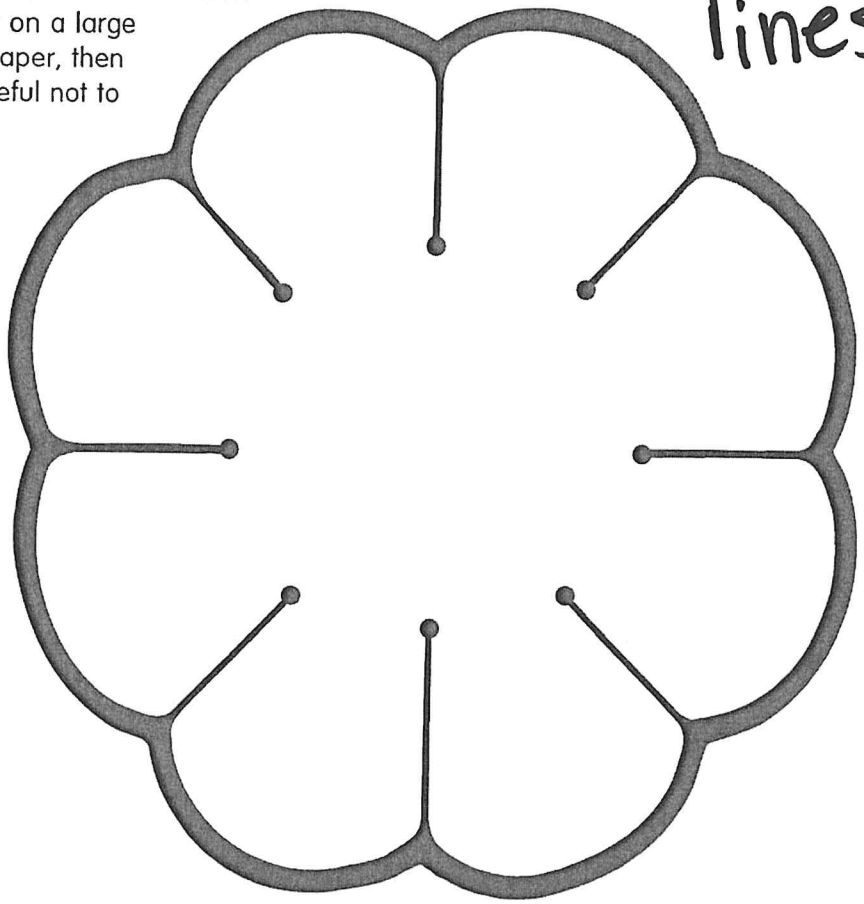
Spring Flower

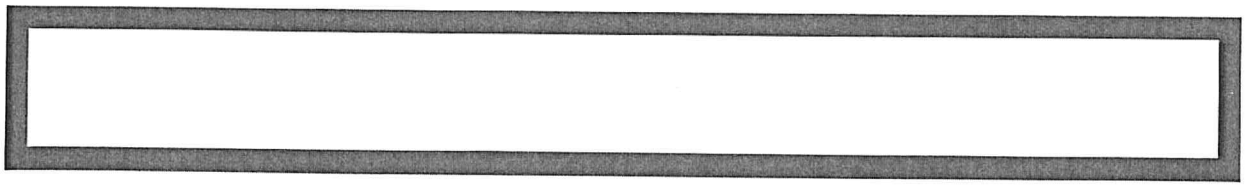
SKILLS: Scallops, Fringe, Zigzags, Straight Lines, and Curves

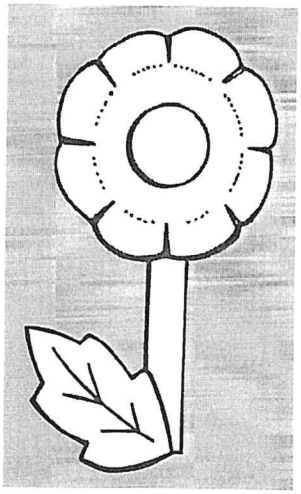
1. Cut out the flower, the flower's center, stem, and leaf.
2. Cut slits in the flower along the lines to separate the petals. Cut along each line up to the dot. Bend the petals forward.
3. Glue the center to the middle of the flower.
4. Put the flower together on a large sheet of construction paper, then glue it in place. Be careful not to glue down the petals.

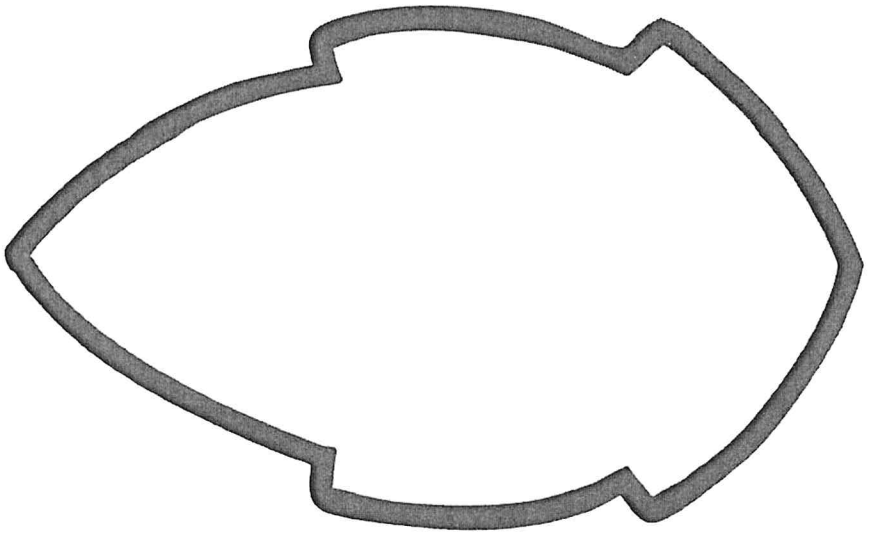
CUT the lines











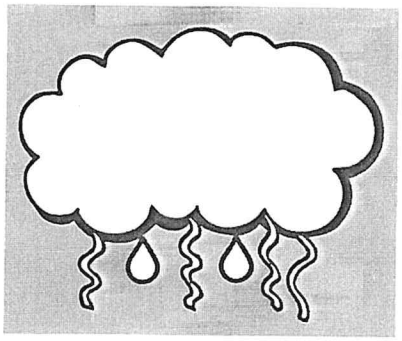
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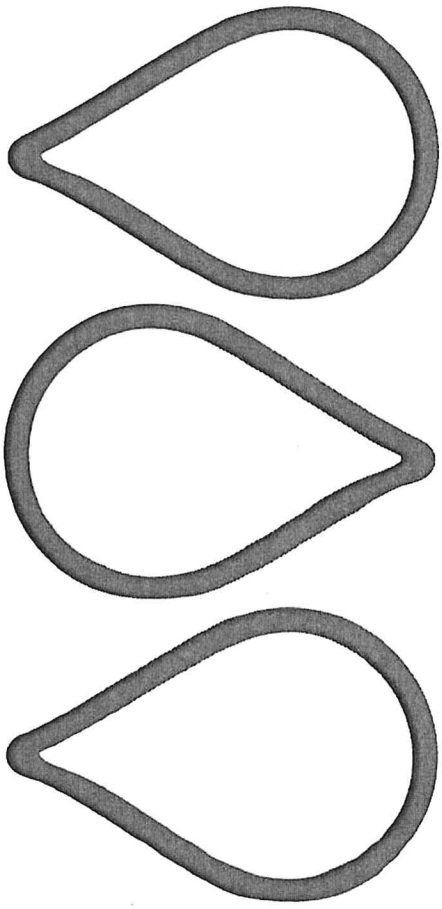
Cloud and Raindrops

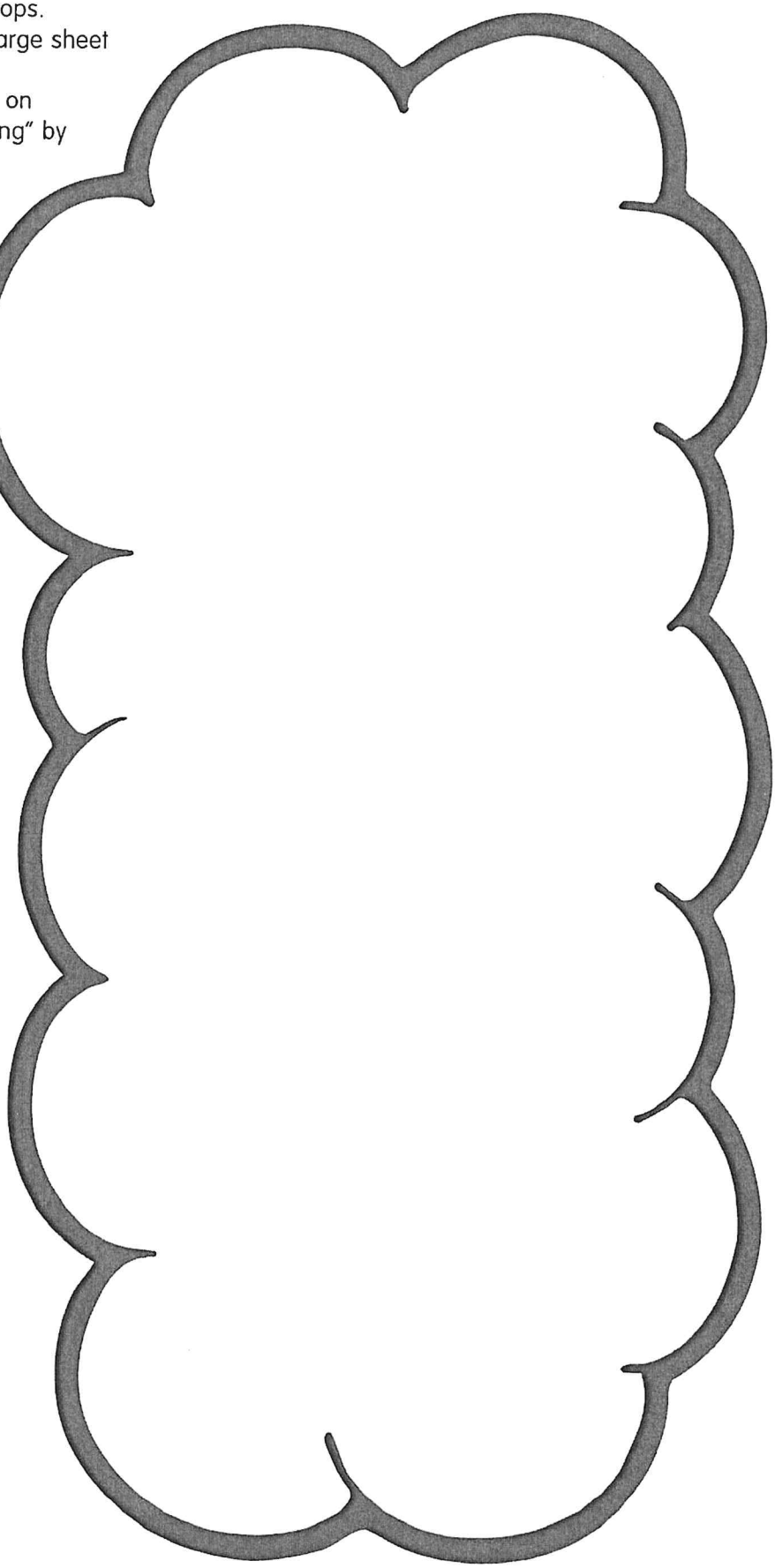
SKILLS: Scallops and Curves

1. Cut out the cloud pattern and the raindrops.
2. Arrange the cloud and raindrops on a large sheet of dark-blue construction paper.
3. If you like, decorate the cloud by gluing on cotton balls. You might also add "lightning" by attaching pieces of holiday tinsel to the back. Then glue the cloud to the paper.

Cut the lines







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Handwriting Practice Worksheet

Uppercase Letters

Week 7

Name_____

A B C D E

F G H I J

K L M N O

P Q R S T

U V W X Y

Z

KindergartenWorksheets.net

Dash Trace Handwriting Worksheet

Lowercase Letters

Name_____

a b c d e

f g h i j

k l m n o

p q r s t

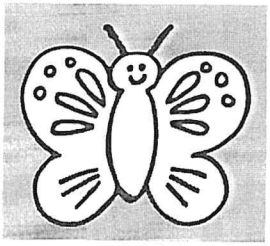
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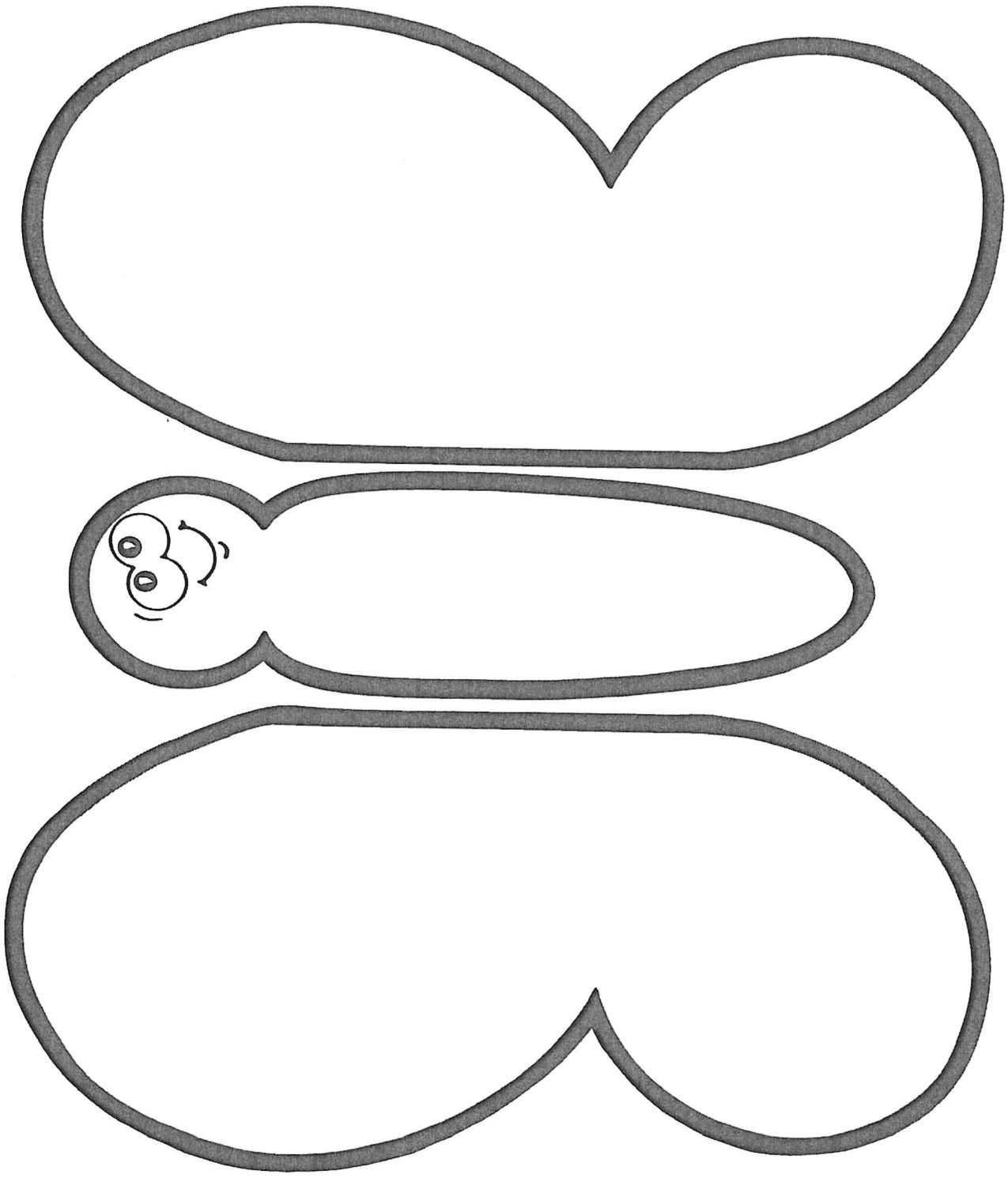
z

Butterfly Cut the lines

SKILL: Curves

1. Cut out the butterfly's head and body and its wings.
2. Place the wing patterns side by side on a large sheet of construction paper, then glue them in place.
3. Glue the butterfly's body on top of the wings in the center.
4. Glue on two antennae cut from a pipe cleaner.
5. Decorate the butterfly's wings using glitter glue, small pom-poms, shapes cut from colored paper scraps, and other craft materials.





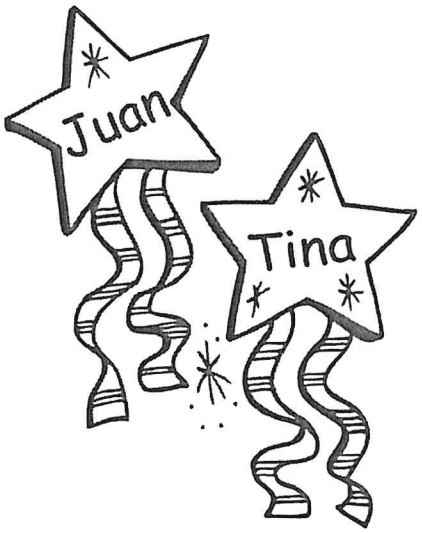
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Star

CUT

SKILL: Zigzags

1. Cut out the star.
2. Write your name on the star.
3. Decorate the edges of the star using glitter glue.
4. Glue yellow crepe paper streamers to the back of the star, if you like.



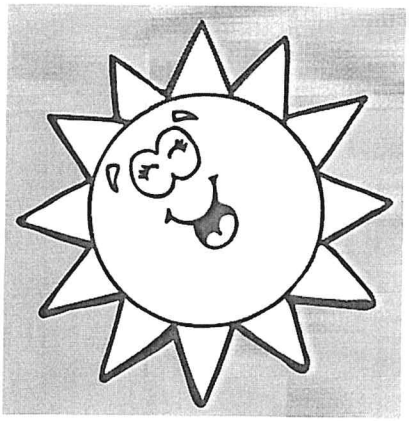
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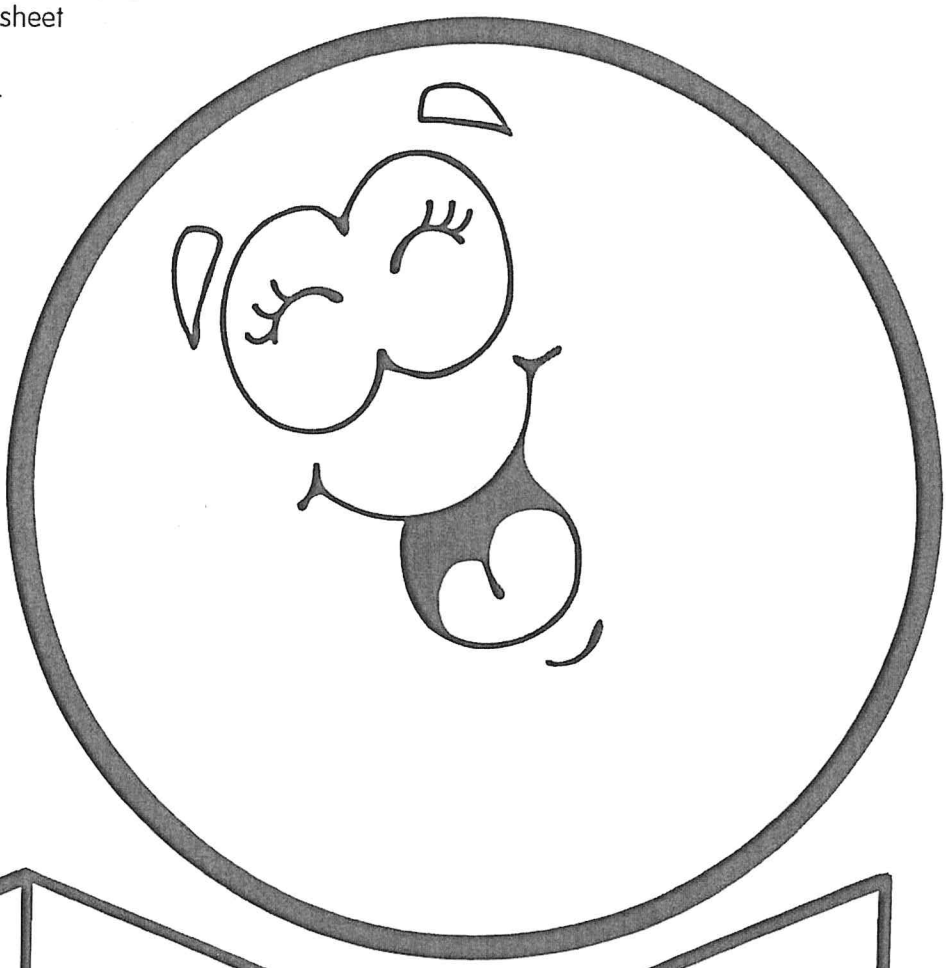
Sun

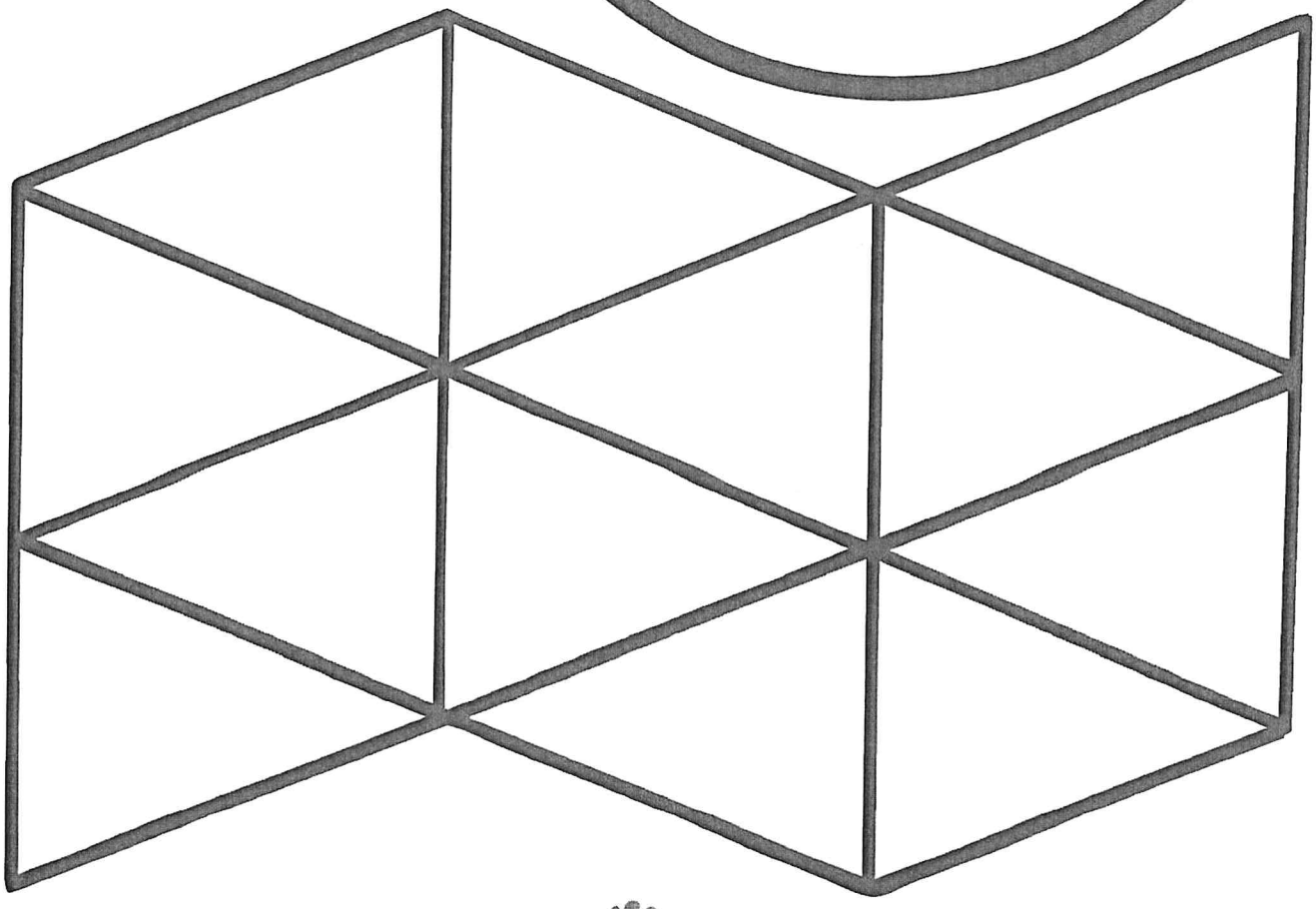
CUT

KILLS: Curves and Straight Lines

1. Cut out the sun and the 12 rays.
2. Glue the sun to the center of large sheet of construction paper.
3. Glue the sun's rays around the sun.
4. If you like, decorate the sun using gold glitter glue.







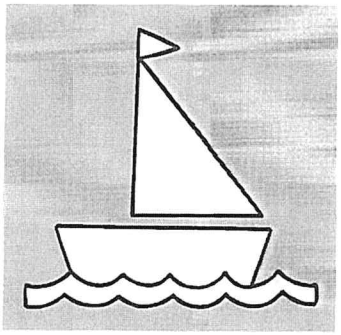
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Sailboat

CUT

SKILLS: Triangles, Straight Lines, and Waves

1. Cut out the boat, sail, flag, and wave.
2. Place the sailboat with the wave underneath, on a large sheet of construction paper, as shown. Then glue the pieces in place.
3. Create an ocean scene by using crayons to draw fish, birds, clouds, and so on.



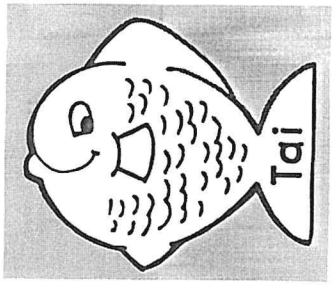
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Fish

SKILLS: Curves and Straight Lines

1. Cut out the fish.
2. Make colorful scales on the fish using crayons or glitter glue.
3. Write your name on the tail.
4. Glue the fish to a large sheet of blue construction paper.
5. To create an underwater scene, draw rocks, plants, shells, and so on.

CUT



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Handwriting Practice Worksheet

Uppercase Letters

Week 8 Name_____

A B C D E

F G H I J

K L M N O

P Q R S T

U V W X Y

Z

KindergartenWorksheets.net

Dash Trace Handwriting Worksheet

Lowercase Letters

Name_____

a b c d e

f g h i j

k l m n o

p q r s t

u v w x y

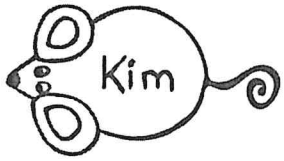
z

Mouse

SKILL: Curves

CUT

1. Cut out the mouse body and ears.
2. Glue the ears to the mouse body, as shown.
3. Glue or tape a piece of yarn or a curled pipe cleaner to the mouse for a tail.
4. Write your name on the mouse.

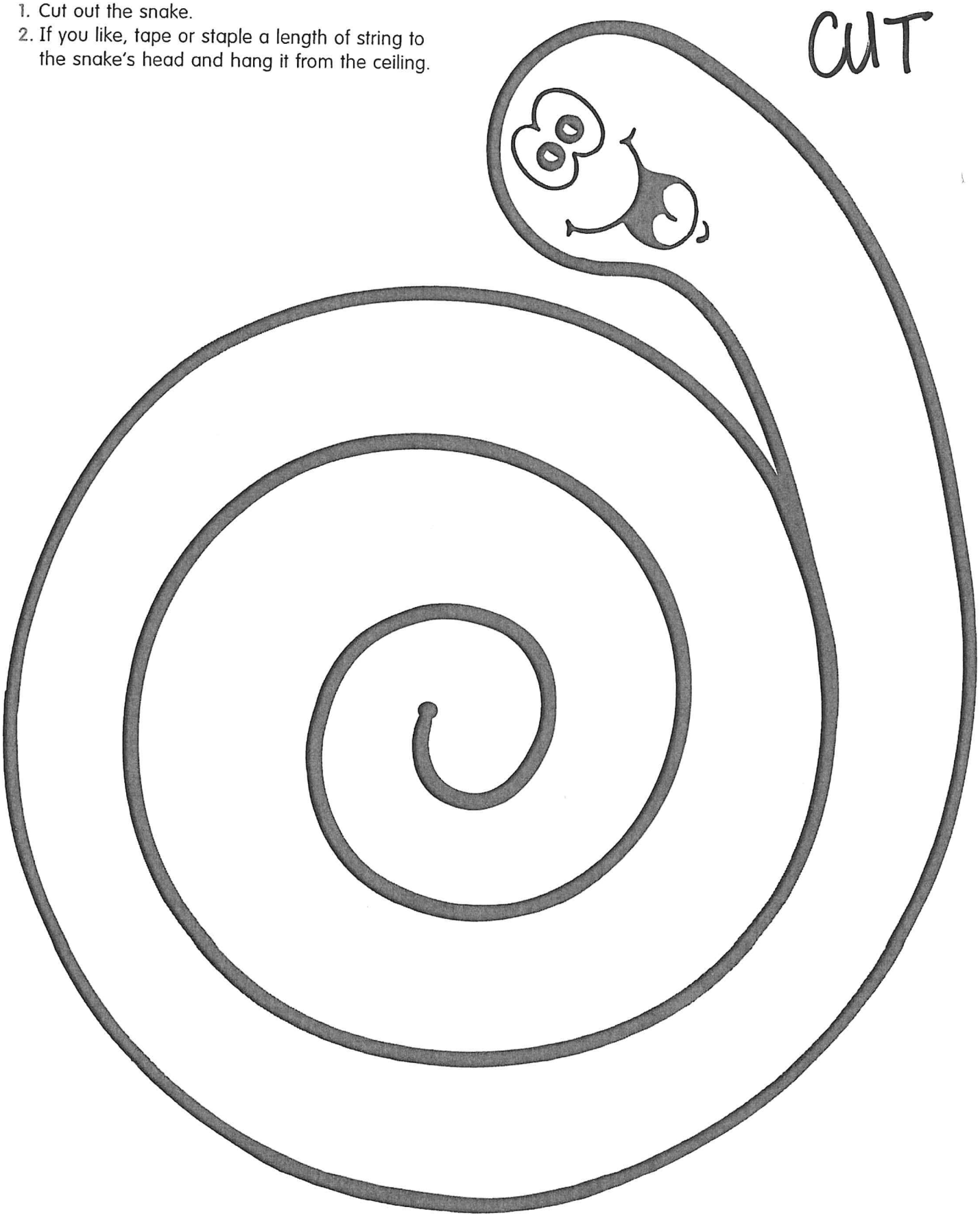


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Snake

SKILL: Spirals

1. Cut out the snake.
2. If you like, tape or staple a length of string to the snake's head and hang it from the ceiling.



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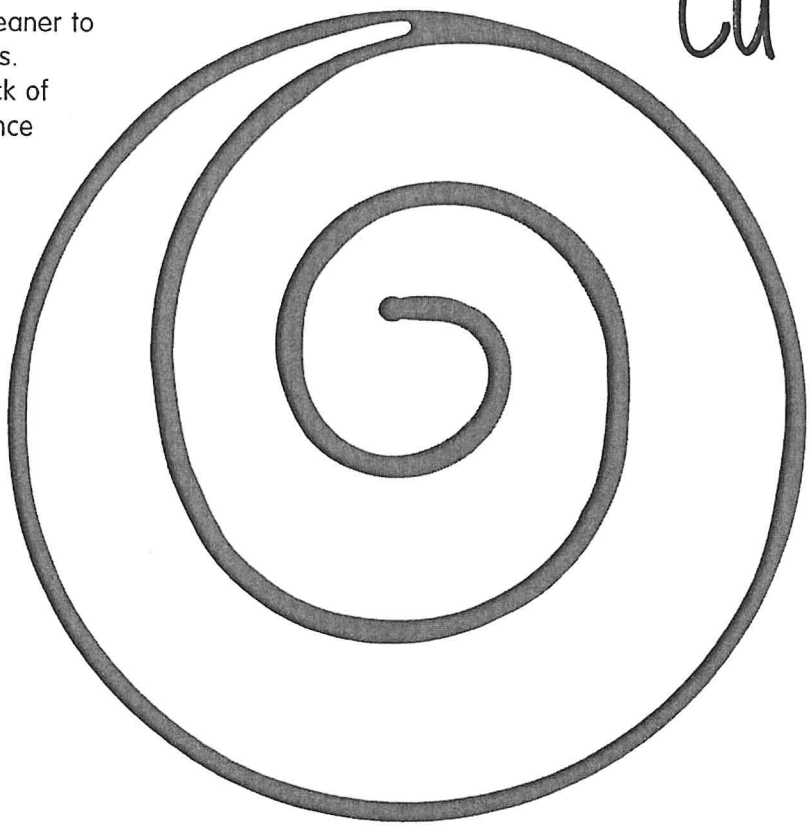
Cat

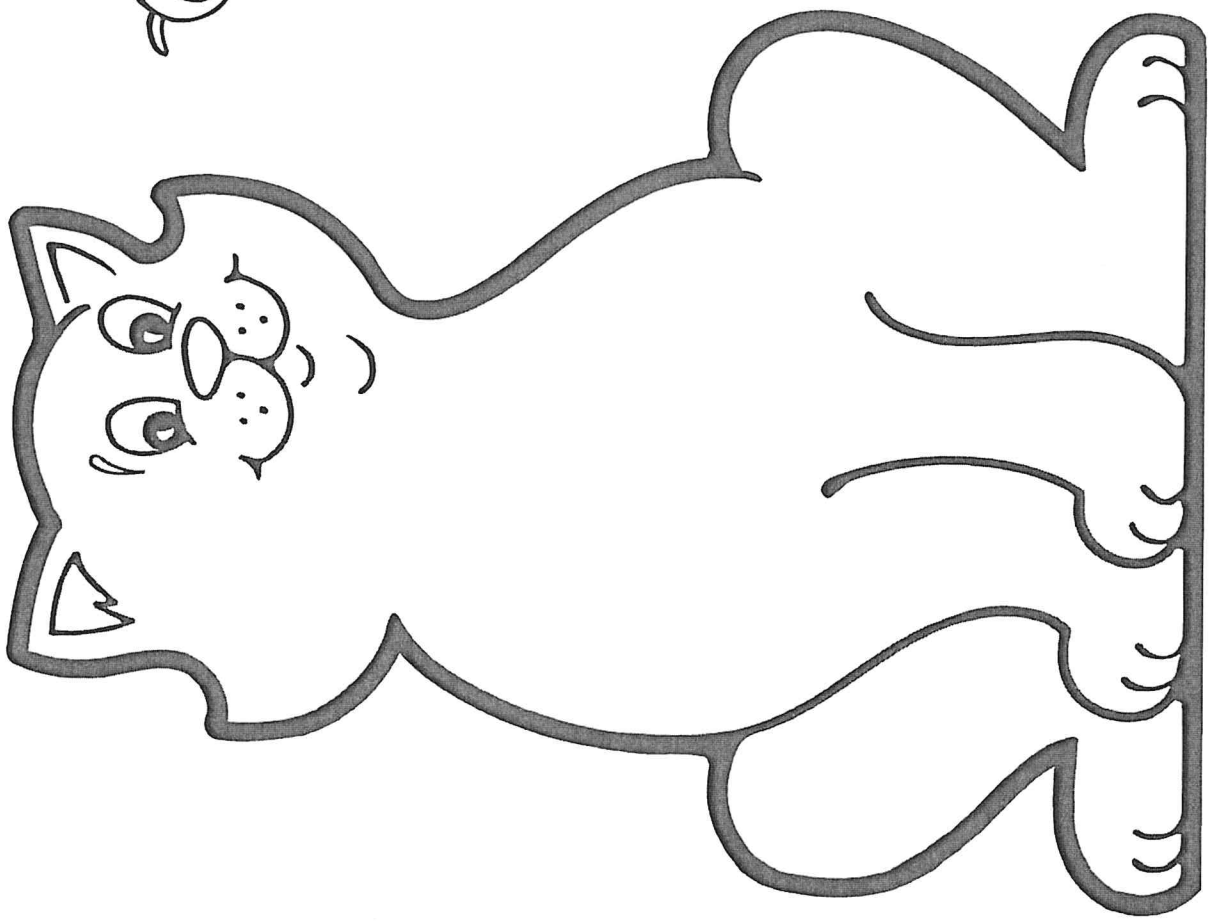
SKILLS: Straight Lines, Curves, and Spirals

1. Cut out the cat and tail.
2. Glue pieces cut from a pipe cleaner to the cat's face to make whiskers.
3. Glue or tape the tail to the back of the cat, then make its tail bounce up and down!

CUT







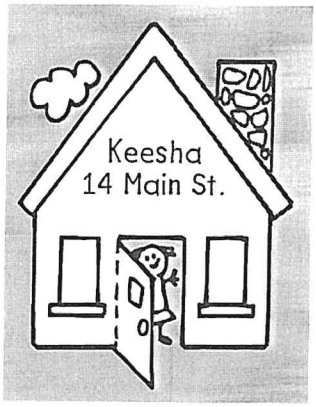
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House

SKILLS: Straight Lines and Start, Stop, and Fold

CUT

1. Cut out the house.
2. Cut open the door, stopping at the dot. Fold the door open.
3. Glue the house to a large sheet of construction paper. Be careful not to glue down the door.
4. Use crayons to draw a picture of yourself inside the door. You might also draw bushes, flowers, a sun, clouds, and so on, to add to the scene.
5. Write your name and address on the lines.



FOLD

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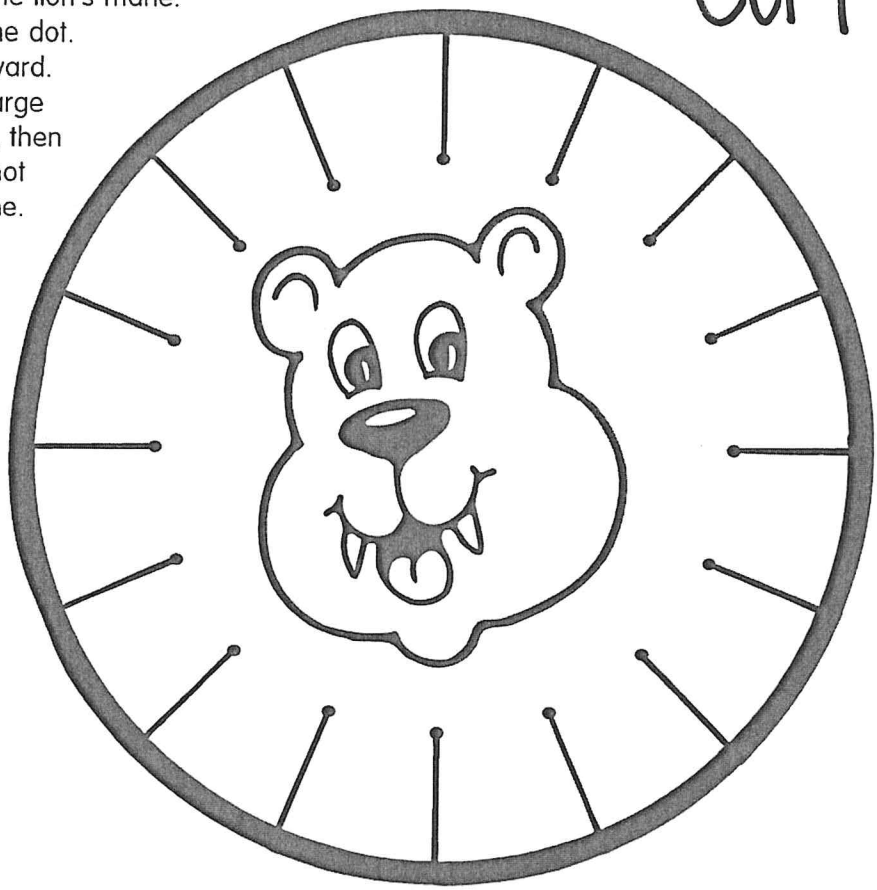
Lion

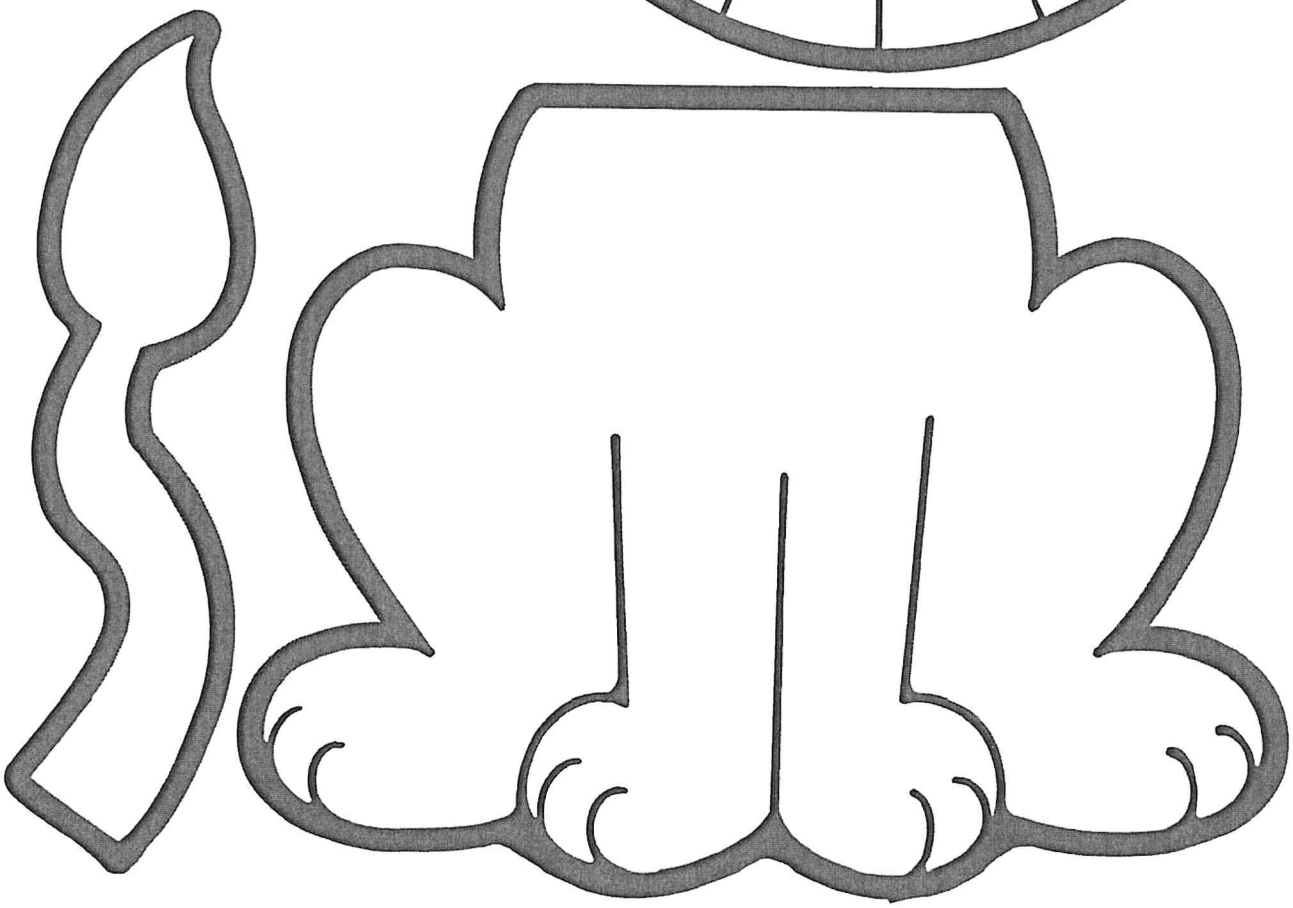
SKILLS: Straight Lines, Curves, and Fringe

CUT

1. Cut out the lion's head, body, and tail.
2. Cut slits along the lines in the lion's mane. Cut along each line up to the dot. Bend the fringed mane forward.
3. Put the lion together on a large sheet of construction paper, then glue it in place. Be careful not to glue down the lion's mane.

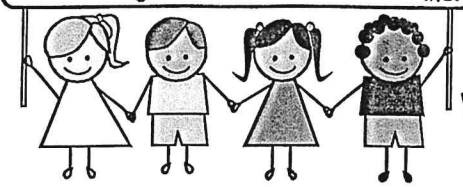






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Handwriting Practice Worksheet

Uppercase Letters

Week 9

Name_____

A B C D E

F G H I J

K L M N O

P Q R S T

U V W X Y

Z

KindergartenWorksheets.net

Dash Trace Handwriting Worksheet

Lowercase Letters

Name_____

a b c d e

f g h i j

k l m n o

p q r s t

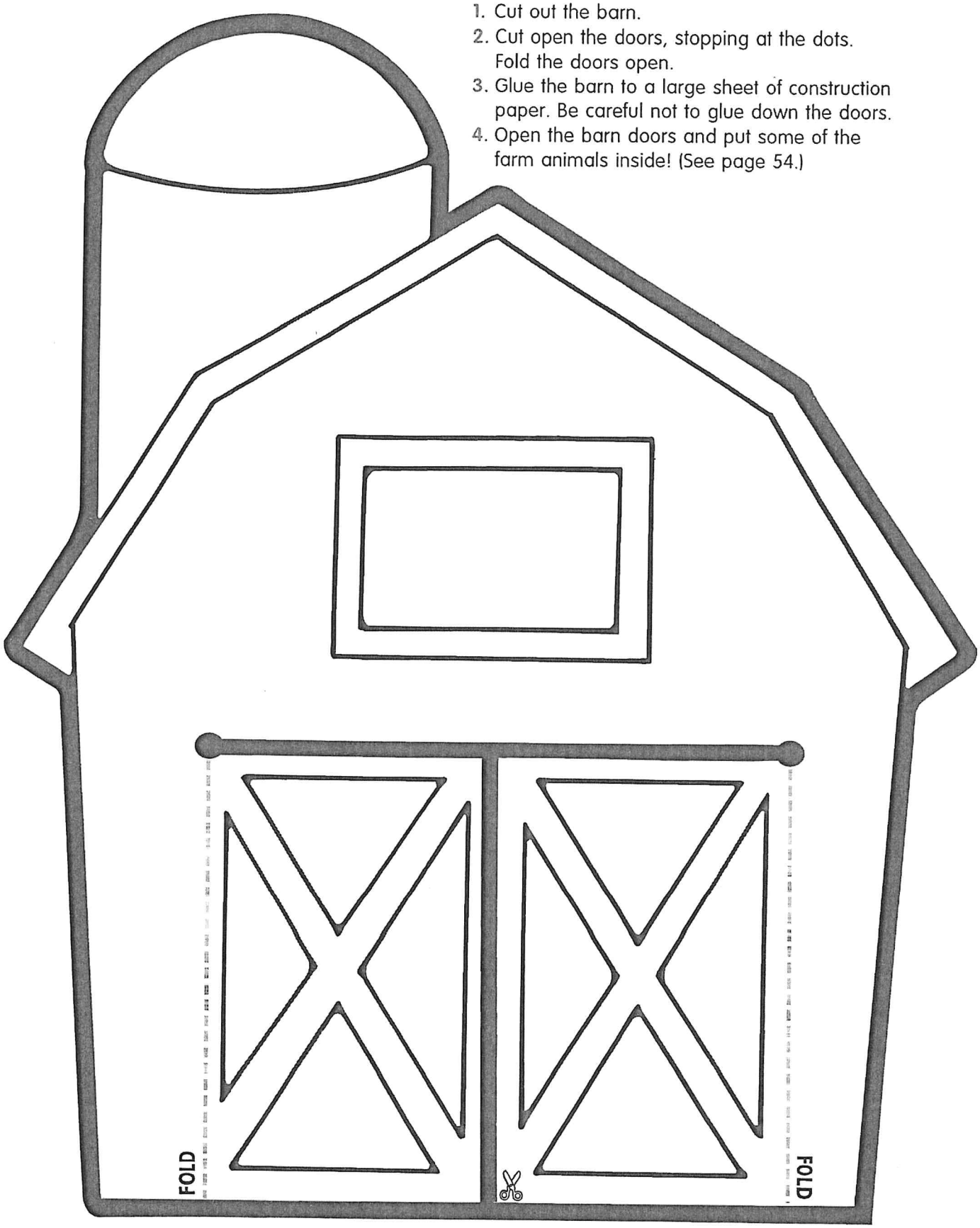
u v w x y

z

Barn CUT

SKILLS: Straight Lines, Curves, and Start, Stop, and Fold

1. Cut out the barn.
2. Cut open the doors, stopping at the dots. Fold the doors open.
3. Glue the barn to a large sheet of construction paper. Be careful not to glue down the doors.
4. Open the barn doors and put some of the farm animals inside! (See page 54.)



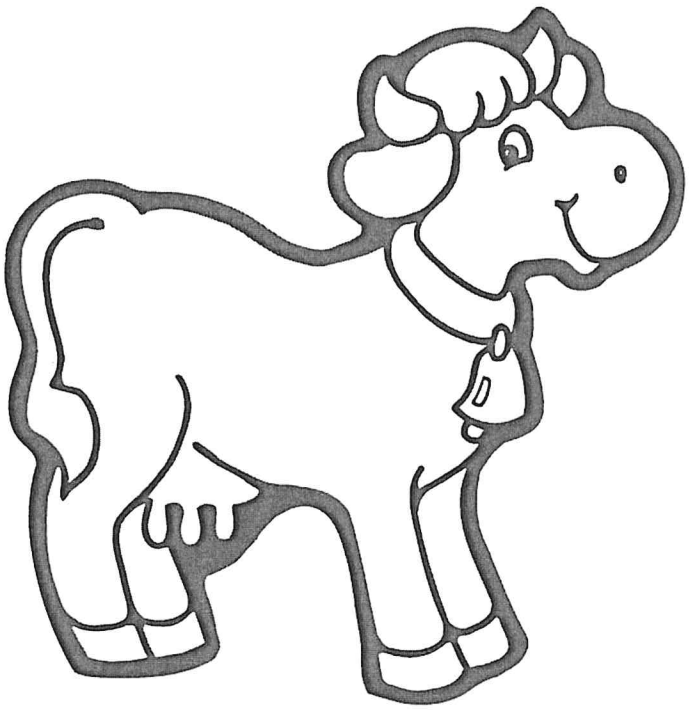
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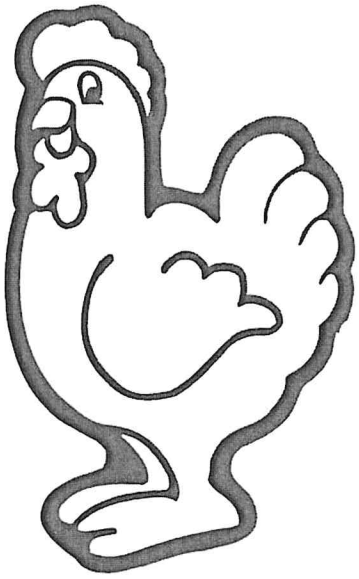
Farm Animals

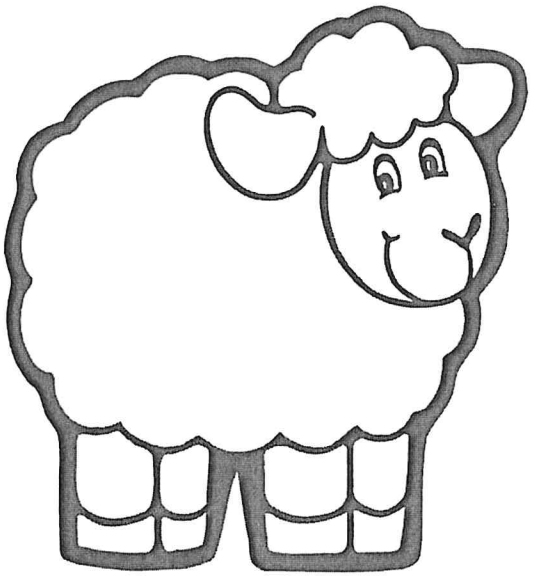
SKILL: Curves

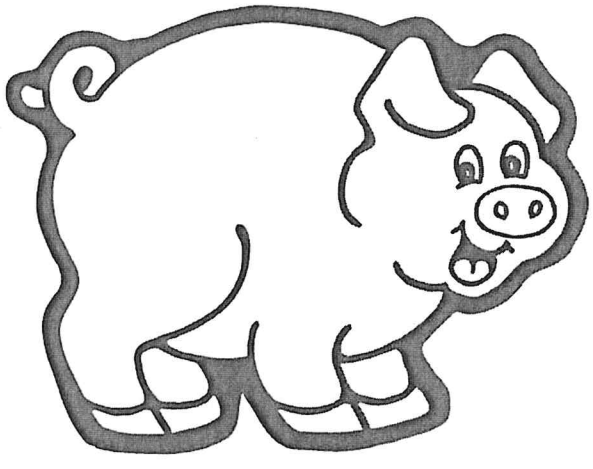
1. Cut out the farm animals.
2. Put the animals in the barn! (See page 53.)

CUT





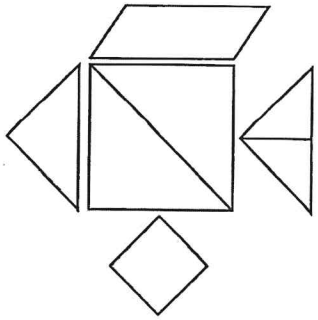


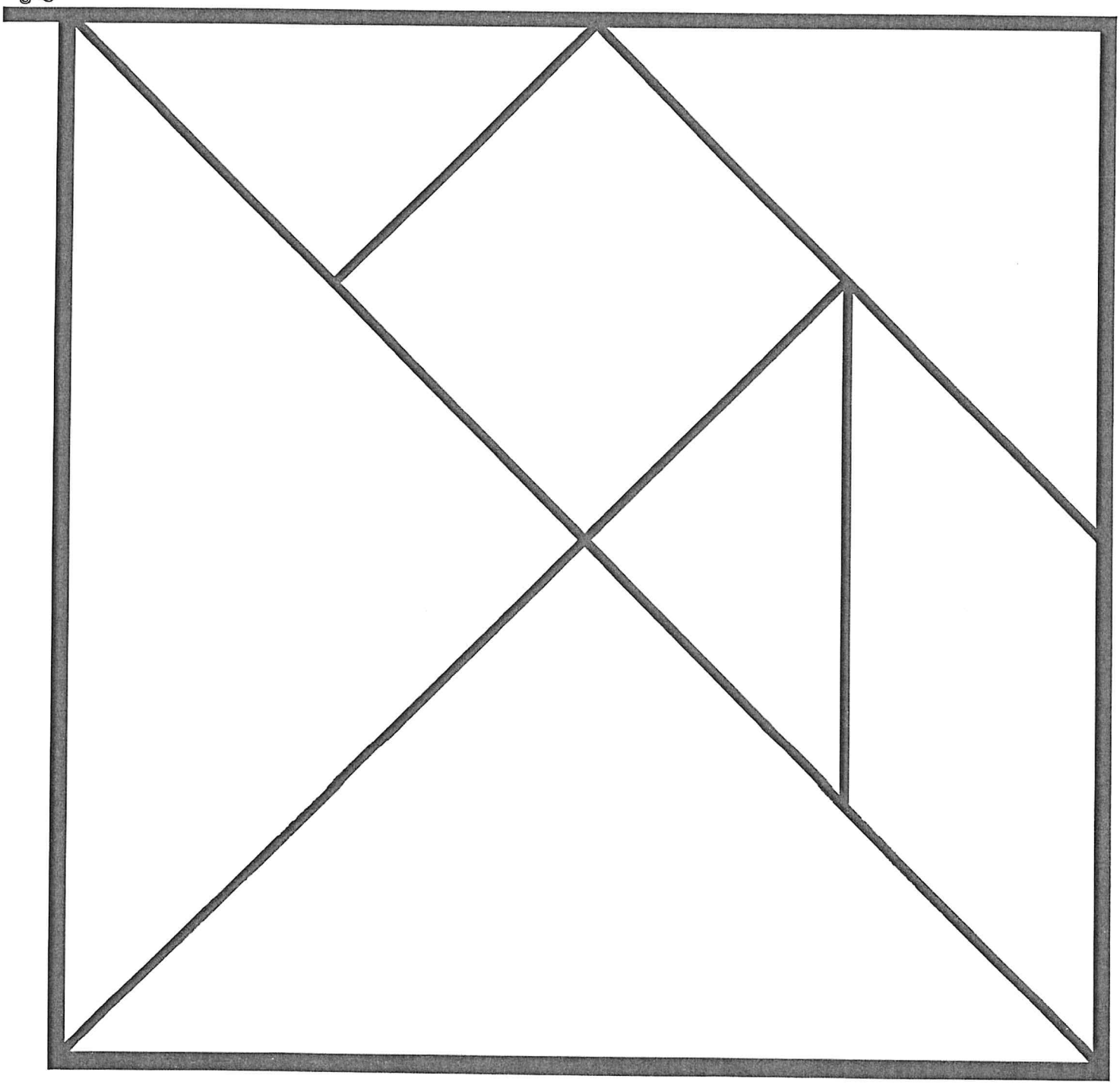


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Tangram

CUT





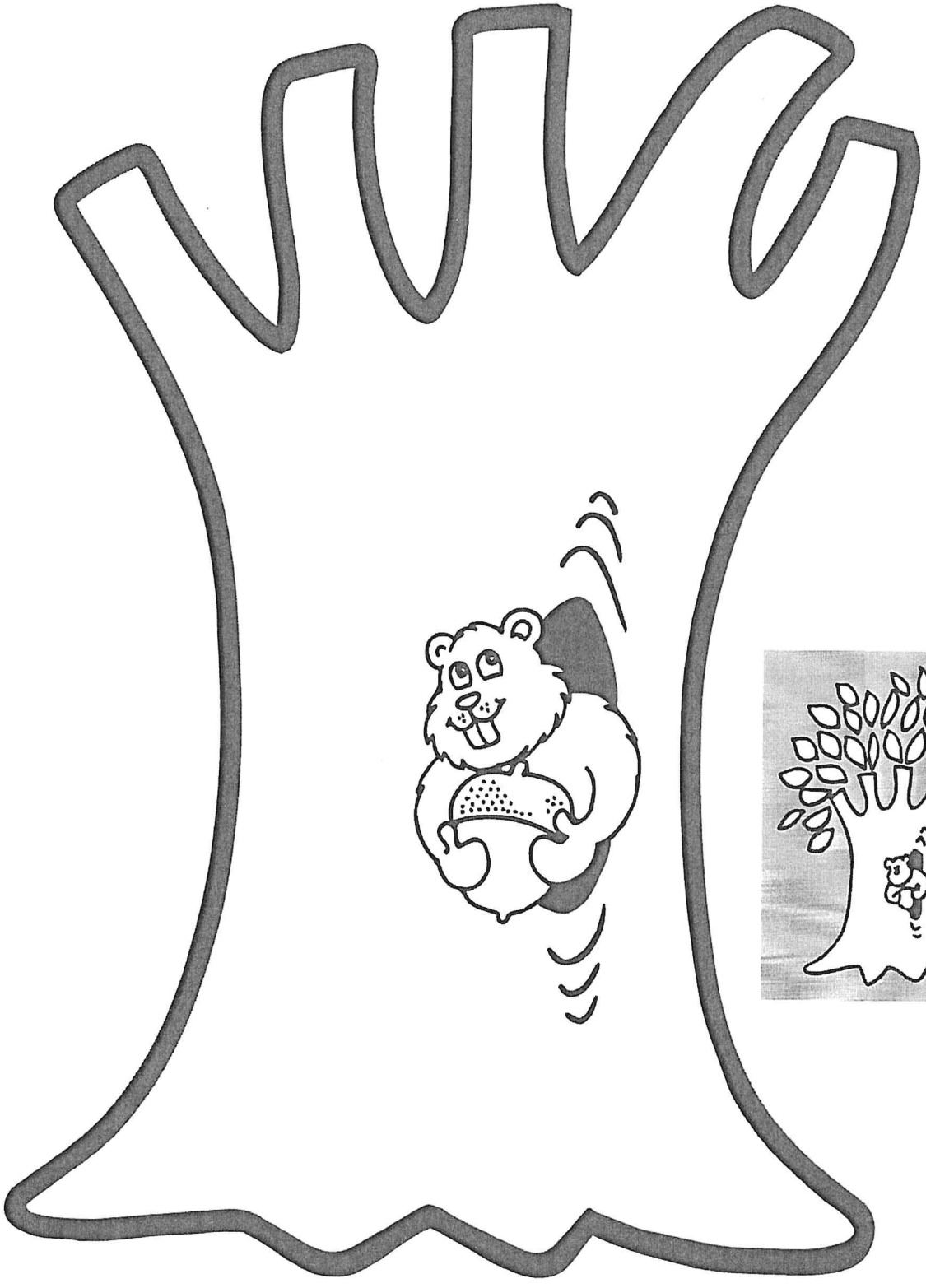
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Tree

SKILLS: Curves and Zigzags

1. Cut out the tree trunk.
2. Glue the tree trunk to a large sheet of light-blue construction paper.
3. Tear green construction paper (or green tissue paper) into small pieces, then glue to the branches to create a leafy treetop.
4. Create a background scene by using crayons to draw grass, flowers, birds, clouds, and so on.

CUT



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