

June/July 2026 Dysphagia Breakfast and Lunch Menu

June 8

Breakfast: Fruit & Yogurt Parfait, Applesauce, Milk and Juice

Lunch: Turkey Alfredo, Green Beans, Sweet Potato, Fruit Cobbler, Milk/Soy milk

June 9

Breakfast: 2 Yogurts, Applesauce, Milk and Juice

Lunch: Mash Potato Bowl w/ Cheese & Chicken, Glazed Carrots, Green Beans, Applesauce, Milk/Soy milk
Apple Sauce

June 10

Breakfast: Oatmeal, Applesauce, Milk and Juice

Lunch: Chicken Nuggets, Mashed Potatoes w/ Gravy, Seasoned Black Beans, Applesauce, Milk/Soy milk

June 11

Breakfast: Cream of Wheat, Applesauce, Milk and Juice

Lunch: Salisbury Steak, Green Beans, Mashed Potatoes, Applesauce, Milk/Soy milk

June 15

Breakfast: Fruit & Yogurt Parfait, Applesauce, Milk and Juice

Lunch: Turkey Alfredo, Green Beans, Sweet Potato, Fruit Cobbler, Milk/Soy milk

June 16

Breakfast: 2 Yogurts, Applesauce, Milk and Juice

Lunch: Mash Potato Bowl w/ Cheese & Chicken, Glazed Carrots, Green Beans, Applesauce, Milk/Soy milk
Apple Sauce

Menus are subject to change without notice due to price and availability of food
This institution is an equal opportunity provider.

June 17

Breakfast: Oatmeal, Applesauce, Milk and Juice

Lunch: Chicken Nuggets, Mashed Potatoes w/ Gravy, Seasoned Black Beans, Applesauce, Milk/Soymilk

June 18

Breakfast: Cream of Wheat, Applesauce, Milk and Juice

Lunch: Salisbury Steak, Green Beans, Mashed Potatoes, Applesauce, Milk/Soymilk

June 22

Breakfast: Fruit & Yogurt Parfait, Applesauce, Milk and Juice

Lunch: Turkey Alfredo, Green Beans, Sweet Potato, Fruit Cobbler, Milk/Soymilk

June 23

Breakfast: 2 Yogurts, Applesauce, Milk and Juice

Lunch: Mash Potato Bowl w/ Cheese & Chicken, Glazed Carrots, Green Beans, Applesauce, Milk/Soymilk
Apple Sauce

June 24

Breakfast: Oatmeal, Applesauce, Milk and Juice

Lunch: Chicken Nuggets, Mashed Potatoes w/ Gravy, Seasoned Black Bean, Applesauce, Milk/Soymilk

June 25

Breakfast: Cream of Wheat, Applesauce, Milk and Juice

Lunch: Salisbury Steak, Green Beans, Mashed Potatoes, Applesauce, Milk/Soymilk

June 29

Breakfast: Fruit & Yogurt Parfait, Applesauce, Milk and Juice

Lunch: Turkey Alfredo, Green Beans, Sweet Potato, Fruit Cobbler, Milk/Soymilk

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June 30

Breakfast: 2 Yogurts, Applesauce, Milk and Juice

Lunch: Mash Potato Bowl w/ Cheese & Chicken, Glazed Carrots, Green Beans, Applesauce, Milk/Soymilk
Apple Sauce

July 1

Breakfast: Oatmeal, Applesauce, Milk and Juice

Lunch: Chicken Nuggets, Mashed Potatoes w/ Gravy, Seasoned Black Beans, Applesauce, Milk/Soymilk

July 2

Breakfast: Turkey Ham & Cheese Croissant

Lunch: Salisbury Steak, Green Beans, Mashed Potatoes, Applesauce, Milk/Soymilk

July 6

Breakfast: Fruit & Yogurt Parfait, Applesauce, Milk and Juice

Lunch: Turkey Alfredo, Green Beans, Sweet Potato, Fruit Cobbler, Milk/Soymilk

July 7

Breakfast: 2 Yogurts, Applesauce, Milk and Juice

Lunch: Mash Potato Bowl w/ Cheese & Chicken, Glazed Carrots, Green Beans, Applesauce, Milk/Soymilk
Apple Sauce

July 8

Breakfast: Oatmeal, Applesauce, Milk and Juice

Lunch: Chicken Nuggets, Mashed Potatoes w/ Gravy, Seasoned Black Beans, Applesauce, Milk/Soymilk

July 9

Breakfast: Cream of Wheat, Applesauce, Milk and Juice

Lunch: Salisbury Steak, Green Beans, Mashed Potatoes, Applesauce, Milk/Soymilk

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July 13

Breakfast: Fruit & Yogurt Parfait, Applesauce, Milk and Juice

Lunch: Turkey Alfredo, Green Beans, Sweet Potato, Fruit Cobbler, Milk/Soy milk

July 14

Breakfast: 2 Yogurts, Applesauce, Milk and Juice

Lunch: Mash Potato Bowl w/ Cheese & Chicken, Glazed Carrots, Green Beans, Applesauce, Milk/Soy milk

July 15

Breakfast: Oatmeal, Applesauce, Milk and Juice

Lunch: Chicken Nuggets, Mashed Potatoes w/ Gravy, Seasoned Black Beans, Applesauce, Milk/Soy milk

July 16

Breakfast: Cream of Wheat, Applesauce, Milk and Juice

Lunch: Salisbury Steak, Green Beans, Mashed Potatoes, Applesauce, Milk/Soy milk

July 20

Breakfast: Fruit & Yogurt Parfait, Applesauce, Milk and Juice

Lunch: Turkey Alfredo, Green Beans, Sweet Potato, Fruit Cobbler, Milk/Soy milk

July 21

Breakfast: 2 Yogurts, Applesauce, Milk and Juice

Lunch: Mash Potato Bowl w/ Cheese & Chicken, Glazed Carrots, Green Beans, Applesauce, Milk/Soy milk

July 22

Breakfast: Oatmeal, Applesauce, Milk and Juice

Lunch: Chicken Nuggets, Mashed Potatoes w/ Gravy, Seasoned Black Beans, Applesauce, Milk/Soy milk

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July 23

Breakfast: Cream of Wheat, Applesauce, Milk and Juice

Lunch: Salisbury Steak, Green Beans, Mashed Potatoes, Applesauce, Milk/Soy milk

July 27

Breakfast: Fruit & Yogurt Parfait, Applesauce, Milk and Juice

Lunch: Turkey Alfredo, Green Beans, Sweet Potato, Fruit Cobbler, Milk/Soy milk

July 28

Breakfast: 2 Yogurts, Applesauce, Milk and Juice

Lunch: Mash Potato Bowl w/ Cheese & Chicken, Glazed Carrots, Green Beans, Applesauce, Milk/Soy milk

July 29

Breakfast: Oatmeal, Applesauce, Milk and Juice

Lunch: Chicken Nuggets, Mashed Potatoes w/ Gravy, Seasoned Black Beans, Applesauce, Milk/Soy milk

July 30

Breakfast: Cream of Wheat, Applesauce, Milk and Juice

Lunch: Salisbury Steak, Green Beans, Mashed Potatoes, Applesauce, Milk/Soy milk

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