Frequently used community resources in the North Austin/Pflugerville area -- updated 4/2026

Mental health and wellness
These organizations offer low-cost or no-cost counseling and other supportive services for youth and families:

Integral Care
St. John Clinic
6937 N IH-35, Austin 78752
Call 512-472-4357 and ask to schedule an intake appointment for child & family services.
website: https://integralcare.org/en/child-family-services/

Austin Child Guidance Center
810 W 45th Street, Austin 78751
Call 512-451-2242 to schedule an appointment
website: https://www.austinchildguidance.org/?utm_source=GMB&utm_medium=direct

Lifeworks Austin
835 N Pleasant Valley Rd, Austin 78702
Call 512-735-2400 to schedule an appointment
website: https://www.lifeworksaustin.org/mental-health

Capital Area Mental Health
9111 Jollyville Road, Austin 78759
Call 512-823-1598
Website: https://cacaustin.org/

Housing

Austin ECHO - complete a "coordinated assessment" to complete one application for the various subsidized housing programs within Travis County, including the Children's Home Initiative.
Call Sunrise Navigation Center to complete your "CA" by phone: 512-522-1097
website: https://www.austinecho.org/gethelp/

Foundations Communities
FC has apartment complexes around Austin, including Juniper Creek and Laurel Creek on N Lamar (within PfISD). All are affordable housing, and some of their units are designated for Children's Home Initiative.
website: https://foundcom.org/housing/at-risk-homeless-families/

Food pantries

Deliverance Temple Worship Center
1607 Dessau Ridge Ln, Austin 78754 (next to Dessau Middle School)
Tuesdays 10:00 am - 12, and Fridays 9:00 am - 12

Find details about several food pantries in your zip code on the Central TX Food Bank website:
https://www.centraltexasfoodbank.org/find-food-now

Case management and social work services

Travis Co HHS at Pflugerville Community Center
15822 Foothill Farm Loop, Pflugerville 78660
Sign up for 'social work services' and you'll have a case manager who will connect you with services and help you to work toward your goals.
website: https://www.traviscountytx.gov/health-human-services/individuals-families/pflugerville

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Salud mental y bienestar
Estas organizaciones ofrecen asesoramiento y otros servicios de apoyo a jóvenes y familias de bajo coste o gratuitos:

Atención integral / Integral Care
Clínica St. John
6937 N IH-35, Austin 78752
Llama al 512-472-4357 y pide pedir cita para recibir servicios para niños y familias.
Sitio web: https://integralcare.org/en/child-family-services/

Centro de Orientación Infantil de Austin / Austin Child Guidance Center
810 W 45th Street, Austin 78751
Llama al 512-451-2242 para concertar una cita
Sitio web: https://www.austinchildguidance.org/?utm_source=GMB&utm_medium=direct

Lifeworks Austin
835 N Pleasant Valley Rd, Austin 78702
Llama al 512-735-2400 para concertar una cita
Página web: https://www.lifeworksaustin.org/mental-health

Salud Mental del Área Capital / Capital Area Mental Health
9111 Jollyville Road, Austin 78759
Llama al 512-823-1598
Página web: https://cacaustin.org/

Vivienda

Austin ECHO - completar una "evaluación coordinada" para completar una solicitud para los distintos programas de vivienda subvencionada dentro del condado de Travis, incluyendo la Iniciativa de Hogares Infantiles.
Llama al Sunrise Navigation Center para completar tu "CA" por teléfono: 512-522-1097
Sitio web: https://www.austinecho.org/gethelp/

Fundaciones Comunidades / Foundations Communities
FC tiene complejos de apartamentos alrededor de Austin, incluyendo Juniper Creek y Laurel Creek en N Lamar (dentro de PfISD). Todas son viviendas asequibles, y algunas de sus unidades están destinadas a la Iniciativa de Hogares Infantiles.
Sitio web: https://foundcom.org/housing/at-risk-homeless-families/

Despensas de alimentos

Centro de Adoración del Templo Liberación / Food Pantry
1607 Dessau Ridge Ln, Austin 78754 (junto a Dessau Middle School)
Los martes de 10:00 a 12, y los viernes de 9:00 a 12

Encuentra detalles sobre varias despensas de alimentos en tu código postal en la web del Central TX Food Bank:
https://www.centraltexasfoodbank.org/find-food-now

Gestión de casos y servicios de trabajo social

Travis Co HHS en el Centro Comunitario de Pflugerville
15822 Bucle Foothill Farm, Pflugerville 78660
Apúntate a 'servicios de trabajo social' y tendrás un gestor de casos que te pondrá en contacto con los servicios y te ayudará a avanzar hacia tus objetivos.
Sitio web: https://www.traviscountytx.gov/health-human-services/individuals-families/pflugerville

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