



[Rankone.com](https://www.rankone.com) Instructions

We would like to thank you for participating in our new online process for completing athletic participation paperwork. This automated system allows us to be more efficient in handling athletic forms, tracking eligibility, and saving valuable resources.

Step 1: Go to RankOne.com

Visit www.rankone.com and select “Parent” or “Fill Out Electronic Forms.”

Step 2: Add Your Student

Click “**Add Student**” under the *Student Profiles* section.

Enter your scholar’s **last name** and **full 10-digit student ID**. (Student ID number can be found in infinite campus labeled as student state ID)

Step 3: Sports Physical

To access a blank copy of the **Sports Physical Form**, [click here to print a copy](#).

Take this form with you to your scholar’s physical appointment.

After the physical is completed, **upload only page 5** into the online registration portal under **Physical/Medical History Upload Form**.

This is the only page that needs to be uploaded — it will have the **MSHSAA logos** at the top left and right corners and must be **signed and dated by your medical professional**.

Step 4: Athletic Participation Form

Complete and electronically sign the **Athletic Participation Form** in RankOne.

Step 5: Medical Conditions (if applicable)

If your scholar has a medical condition that requires an action plan, upload the completed document in the “**Optional Action Plan**” section.



Important Reminder:

Do **NOT** use athlete nicknames on any forms — only the scholar’s **legal name** should be entered.

Athletic physicals are required **every year**, please plan physicals accordingly so that your scholar is able to participate in sports.