



Belton Independent School District
School Health Advisory Council
March 12, 2026
Minutes

The School Health Advisory Council met on Thursday, March 12, at 12:00 p.m. at the administration building.

Members in Attendance:

Cassandra Spearman
Lannette Wyrick
Lexi Burns
Jackie Snow
Tiffany Sommerfeld

Marrissa Northrup
Chris Teager
Jennifer Bohannon
Robert Rucker
Pete Ramirez

Heidi Pike
Allix Jackson

Guests in Attendance:

Mouneigh Pyatt

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1. The meeting was called to order at 12:01 p.m. by Tiffany Sommerfeld, Director of Academic Advising and Counseling.
 2. Welcome
 3. Dr. Spearman reviewed the SHAC commitments.
 4. The agenda was reviewed and accepted.
 5. Public Comments and there were none.
 6. Minutes from the March, 2026 meeting were motioned to approve by Allix Jackson, seconded by Jackie Snow.
 7. Parents as Partners - Dr. Spearman
 - a. Historical data indicates that attendance for in-person Saturday sessions and face-to-face offerings remained notably low, with only 0–3 families participating. In contrast, online sessions conducted during the fall addressing topics such as Fentanyl/Opioid awareness and Online Safety resulted in a higher turnout of approximately 10–30 attendees.
 - b. Transition the upcoming Wellness session (covering nutrition, health, drug use, etc.) to a virtual platform to increase participation.
 - c. Push information at highly attended, pre-existing campus events using informational tables
 - d. Utilize "Campus Ambassadors" (teachers or active PTA members) to give brief elevator pitches at campus events to drive engagement, rather than relying solely on passive informational tables.
 - e. The communications team has launched a "Parents as Partners" website under the district's "Families" tab. It includes an event calendar and required SB-12 state information.
 8. Wellness Plan Progress
 - a. May 7th Meeting Goal: Each department responsible for items in the wellness plan must present a progress report to the SHAC. Presentations should cover goal progress, strategies used, and whether goals were met.
 9. Curriculum Update
 - a. The district's current character traits curriculum vendor is doubling its price. The district already owns the **CATCH** curriculum for PE, which includes comprehensive SEL and Vaping modules at no additional cost.



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- b. Suzanne Van Belson (CATCH Partnerships Manager for Texas) presented the platform's capabilities:
 - SEL Journeys: Based on the CASEL 5 competencies. It uniquely combines music, movement, and emotional development. Includes K-5 and 6-12 grade bands, teacher dashboards, indoor recess "Just Move" features, and culturally diverse dance/movement activities (e.g., Dominican Republic module).
 - Catch My Breath (Vaping Prevention): Free curriculum for grades 5–12. Includes four evidence-based lessons, parent/caregiver toolkits (English/Spanish), and slide presentations. Aligns with state initiatives to combat the national rise in student vaping.
10. The meeting was adjourned by Dr. Spearman at 1:03p.m.

Minutes derived from audio-recording/submitted by: Mouneigh Pyatt, Executive Assistant