

Argyle ISD School Health Advisory Council (SHAC)
3-5-26 Meeting Summary

Purpose

The SHAC serves in an advisory role to the Argyle ISD Board of Trustees, ensuring that community values are reflected in student health, safety, and wellness programming in accordance with Texas law .

Core Focus Areas

The SHAC supports the district in the following areas:

1. Health education curriculum
2. Physical activity and physical education
- 3. Nutrition services and food environment**
- 4. Mental, emotional, and social health**
- 5. School health environment, safety, and wellness**
- 6. Student, family, and staff well-being**

Meeting Outcomes

1. Bylaws Approved

- SHAC bylaws formally approved

2. Employee Health Clinic Proposal – Dr Jordan

- Helps address **Student, family, and staff well-being**
- Exploring partnership with Methodist Health System
- In-person clinic (3–8 PM)

- Potential populations served:
 - Staff, staff/students, staff/students/families, or staff/students/families/town members, ex: police, firemen
- Financial model:
 - Designed to break even
- Strategic value:
 - Teacher recruitment & retention
 - Convenient access to care
 - Reduced absenteeism

3. Current Student Wellness Programming – Dr Quast

- Based on Texas Comprehensive Counseling Model
- Includes:
 - Substance abuse prevention
 - Suicide prevention
 - Bullying prevention
 - Healthy relationships
- Delivery:
 - Elementary: ~7 lessons/year
 - Secondary: ~4 sessions/year
- Additional supports:
 - School-wide initiatives -red ribbon week and more
 - Individual student planning

4. Identified Opportunities

The council identified areas for potential expansion:

- **Mental, emotional, and social health** → expand beyond counseling into school-wide culture
- **Nutrition services and food environment** → improve student understanding of basic nutrition
- **School health environment, safety, and wellness** → improve illness policies and prevention education

Summary

Argyle ISD demonstrates strong existing programming.

Future efforts will focus on enhancing depth, consistency, and practical impact in targeted areas.

Next meeting date to be determined.