

Argyle ISD SHAC Meeting Agenda
4-30-26

1. Welcome & Review

- Review prior meeting summary and confirm focus areas for 2025–2026
- Core Focus Areas The SHAC supports the district in the following areas:
 - Health education curriculum
 - Physical activity and physical education
 - Nutrition services and food environment
 - Mental, emotional, and social health
 - School health environment, safety, and wellness
 - Student, family, and staff well-being

2. Employee Health Clinic Update – Dr Jordan --

- **Student, family, and staff well-being**
- Review any updates on proposal from Methodist

3. Focus Area #1: Mental, emotional, and social health

Goal: Strengthen everyday mental wellness, school culture

Discussion: monthly theme with 1 page handout, morning announcements, other ideas

4. Focus Area #2: Nutrition services and food environment

Goal: Improve student understanding of basic nutrition

Discussion: - section in Argyle ISD newsletter, 2 lessons- on slides or recorded video – in science or PE class, cafeteria signage, other ideas

5. Focus Area #3: School health environment, safety, and wellness

Goal: Reduce illness spread + improve school health practices

Discussion: “When to stay home” campaign, other ideas

6. Prioritization & Next Steps

- Narrow down to 2 focus areas or keep 3
- Determine what to present to board

7. Conclusion