



@ConcordCarlisleHS



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Welcome Class of 2030!

Transition Night

Laurie Hunter, Superintendent

Brian Miller, Co-Principal

Katie Stahl, Co-Principal

Meghan Maines, Assistant Principal

Amy Geer, Special Education Administrator

Alison Nowicki, Guidance Department Chair

Aaron Joncas, Athletic Director



The background image shows a large, multi-story school building with a red brick facade and numerous windows. In the foreground, there is a circular driveway or plaza area with a central landscaped island. The sky is clear and blue.

Laurie Hunter

Superintendent

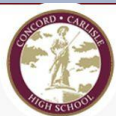
The background of the slide is a photograph of a school campus. In the foreground, there is a large, circular concrete driveway or plaza. In the background, there is a long, multi-story school building with a red brick facade and numerous windows. The sky is blue with some light clouds.

Brian Miller/Katie Stahl

Co-Principals

Transition Website

<https://www.concordcarlisle.org/students/student-information/9th-grade-transition/>



Concord-Carlisle High School

[ABOUT](#) [ACADEMICS](#) [STUDENTS](#) [PARENTS](#) [ATHLETICS](#) [SCHOOL STORE](#) [CONTACT](#)

[Aspen Portal](#) [Bell Schedules](#) [Guidance and Counseling](#) [Course Selection](#) [Clubs](#) [Educational Opportunities](#) [Community Service](#)
[Learning Commons](#) [Technology](#) [Student Information](#)

[HOME](#) / [STUDENTS](#) / [STUDENT INFORMATION](#) / [9TH GRADE TRANSITION](#)

Welcome to Concord-Carlisle High School!

We are thrilled to welcome the Class of 2029! As you transition into high school, we aim to make this journey as smooth and enjoyable as possible. Our Transition Night and comprehensive online resources are designed to guide you through the various steps, from understanding key deadlines and logistics to exploring extracurricular activities and summer programs. You'll find essential information on navigating your first year at CCHS, including school supplies, communication methods, and important dates for the upcoming school year.

Our primary goal is to ensure that you and your student feel supported and well-informed as you start this new chapter. We believe in nurturing each student's individuality and providing a balanced focus on academic achievement, personal growth, and community involvement. From athletics to arts, and community service to academic support, we offer a wide range of opportunities to help students thrive. We look forward to partnering with you to make your high school experience rewarding and memorable.

9th Grade Transition Night



Helpful Links

- [GO](#) • [Back to School Packet](#)
- [GO](#) • [Weekly Wire](#)
- [GO](#) • [Aspen Login](#)
- [GO](#) • [Elm Team Newsletter](#)
- [GO](#) • [Maple Team Newsletter](#)
- [GO](#) • [Oak Team Newsletter](#)
- [GO](#) • [Willow Team Newsletter](#)
- [GO](#) • [Transportation](#)
- [GO](#) • [25-26 Program of Studies](#)

Goals for Tonight

Navigating CCHS & Key Information:

- Understand student schedules, locations, and deadlines.
- Learn how to access crucial school information and communication.
- Familiarize yourself with important contacts, resources, and helpful links.

Goals for Tonight

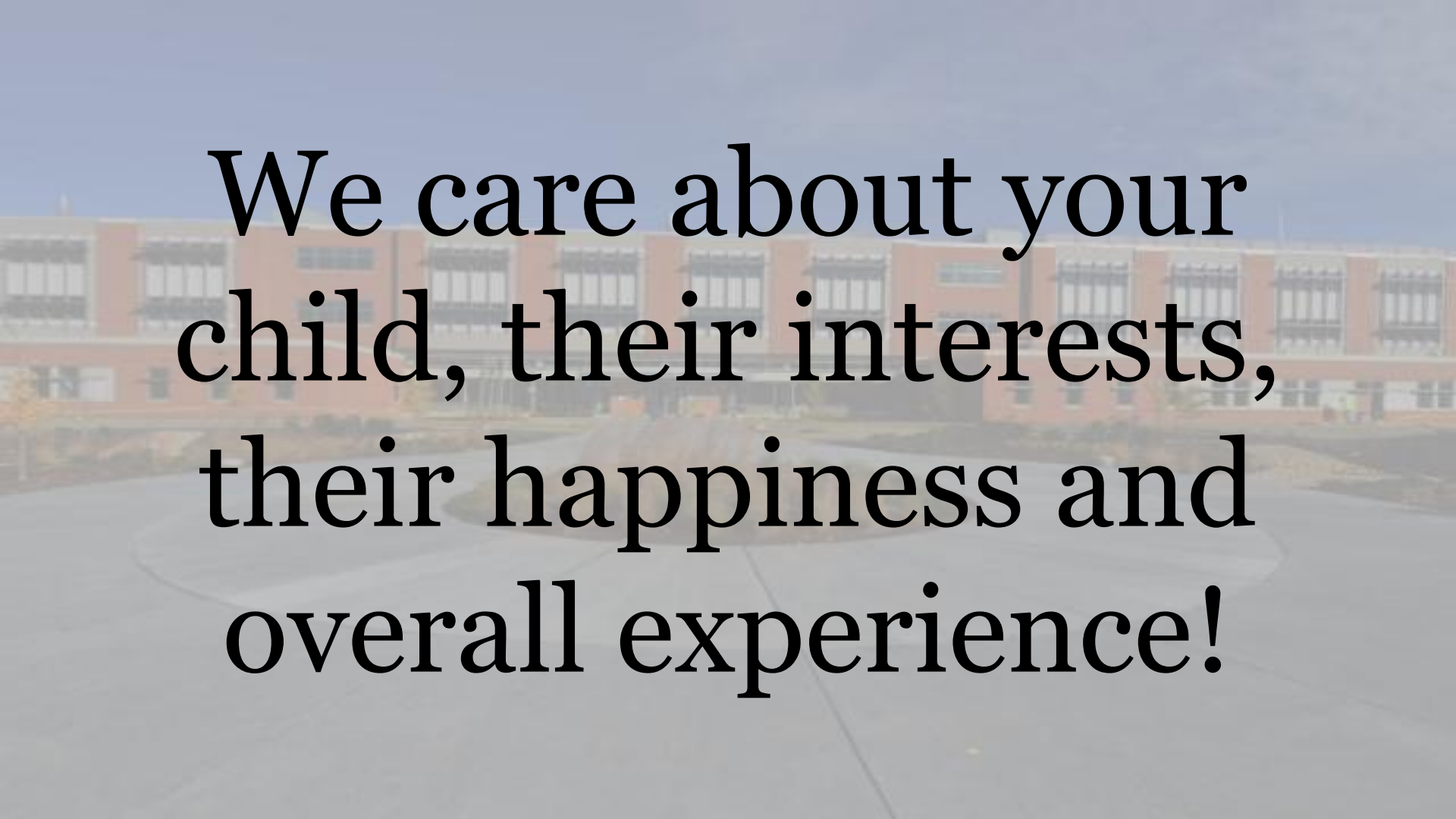
Student Life & Involvement:

- Discover offerings in clubs, sports, and music.
- Learn about community service and summer work expectations.
- Understand how to get involved in the school community.

Goals for Tonight

Support & Communication:

- Learn how the school communicates with families.
- Understand how the school will assist and support students and families this fall.

The background of the image shows a large, multi-story school building with a red brick facade and many windows. In the foreground, there is a paved playground area with some greenery and a small structure. The entire scene is slightly blurred, making the text the primary focus.

We care about your
child, their interests,
their happiness and
overall experience!

There is more to their journey than...

- Content
- Skills
- College
- MCAS
- AP
- Finals



Transition



Enjoy this time

The background image shows a large, multi-story school building with a red brick facade and numerous windows. In the foreground, there is a circular paved area, possibly a driveway or a courtyard, with a small landscaped island in the center. The sky is clear and blue.

Brian Miller

Co-Principal

School Communication

www.concordcarlisle.org

- Student Contact Verification Sheet
 - All parents will complete this in Aspen. You can include student cell phones so they can receive emergency alerts.
- High School Communication
 - Mail Chimp (*Weekly Wire*) is our primary method of mass email communication.
 - Contact Natasha Barnes (nbarnes@concordcarlisle.org, 978.318.1400) with any questions



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Back to School Dates

- Friday, August 28, 2026: 9th Grade Orientation
 - Students get name tags in front lobby then proceed to the Auditorium
 - Event starts at 9:00 AM

Back to School Dates

- Monday, August 31, 2026: Classes begin for all students - Full Day (8:00am - 2:41pm)
- Check master school calendar for additional holidays and dates

Back to School Night

- Thursday, September 10, 2026
 - 5:30 PM - 9th-Grade Parent Presentations
 - 6:30 PM - All School

Calendar

<https://www.concordcarlisle.org/about/calendar>



Concord-Carlisle High School

ABOUT ACADEMICS STUDENTS PARENTS ATHLETICS SCHOOL STORE CONTACT

Administration >

Weekly Wire >

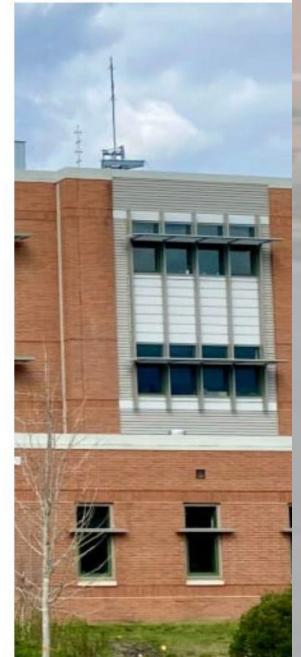
Calendar >

Core Values >

Curriculum >

Challenge Success >

School Improvement Plan >



School Supplies

9th Grade Supply List



Attendance

- Attendance Contact:
 - CCHS Attendance - [Online Form](#) (Contact > Attendance)
- Attendance, Arrival & Dismissal
 - If a student is going to be out of school, please complete form by 10:00AM (see communication guide for more info.)
- Communication from school for unexcused absences
 - communication from main office
 - email from Aspen
- Note the calendar

Health Office

<https://www.concordcarlisle.org/parents/health-services>

- Nurses: Lisa Koski, Kari-Ann DeCapua, Amanda Exarchos
- Website contains necessary forms and information
- Immunization religious exemptions completed annually (MGL Requirement)
- Please submit: Physical & Immunization Record/Online Health Form/Asthma Action Plan & Allergy Action Plan

HOME / PARENTS / HEALTH SERVICES

Welcome to Health Services

Health Services Mission and Guidelines

Our mission is to support students' academic potential by promoting their physical, emotional, and social well-being through evidence-based practices.

The following information is intended to assist you throughout the school year with medical issues that might arise. These recommendations are intended to keep school-wide illness to a minimum and particularly to protect our medically fragile children.

When to Keep Your Student Home

This is always a difficult decision right before the school day starts. If your student had a fever of 100 degrees Fahrenheit or higher, or diarrhea and/or vomiting the night before, the student should stay home to allow them to recover.

Fever

Students should remain home until they are fever-free for 24 hours without the use of fever-reducing medications.



Health Forms

- [RECORDS RELEASE FORM](#)
- [HEALTH SCREENING FORM](#)
- [PHYSICAL EXAMINATION RECORD](#)
- [MEDICATION ORDER FORM](#)

Food Services

<https://www.concordps.org/administration/food-and-nutrition-services>

[HOME](#) / [ADMINISTRATION](#) / **FOOD AND NUTRITION SERVICES**

School Menus

Payment Options for School Meals

mySchoolBucks.com

Free and Reduced Meals Application

Parent Information and Resources

Donate to Food Services

Welcome to Concord & Concord-Carlisle Food & Nutrition Services

Our school meals offer a healthy, convenient option at great value for busy families! We are dedicated to providing wholesome, high-quality menus, prepared fresh daily from locally sourced ingredients whenever available and in season. We offer a variety of meal choices and smart snack options that meet NSLP (National School Lunch Program), HHFKA (Healthy Hunger-Free Kids Act), and state nutrition guidelines. These snack options are available at the middle schools and high school.

With input from parents, students, and school nurses, we accommodate the dietary requirements of students with food allergies and other special diets. If you have any questions or comments, please contact Jess Brown, Director of Food and Nutrition Services.

Contact Information

120 Meriam Road

Concord, MA 01742

Phone: 978-202-1165

Email: [Jess Brown - Director of Food and Nutrition Services](#)

- Meals + “Grab & Go” section
- Free and reduced lunch applications posted online after July 1
 - New application must be completed each year

Back to School Packet

<https://www.concordcarlisle.org/students/student-information/back-to-school-packet>

[HOME](#) / [STUDENTS](#) / [STUDENT INFORMATION](#) / [BACK TO SCHOOL PACKET](#)

Welcome back, students!
Below are your Back to School packets sorted by Year of Graduation:

Class of 2026 [Class of 2027](#) [Class of 2028](#) [Class of 2029](#)

- [Grade 10-12 New Student Orientation](#)
- [Open Campus Information](#)
- Senior Breakfast - Wednesday, August 27th

+ **Welcome Letters**

+ **Schedule and Reminders**

+ **Parent Information**

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Helpful Links

- [GO > Student Handbook](#)
- [GO > Locker Request Form](#)
- [GO > Aspen Login](#)
- [GO > Work Permits](#)
- [GO > CCHS Building Map](#)
- [GO > CCHS Parking Map](#)

- Will be posted mid August (you will receive an email once updated)
- Includes information that should be returned the first day of school in homeroom

Transportation

<https://www.concordps.org/administration/transportation>

HOME / ADMINISTRATION / **TRANSPORTATION**

School Bus Routes

Parent and Student
Expectations

Field Trip Request Form

Transportation Department

For over 50 years, the Transportation Department of Concord Public Schools and Concord-Carlisle Regional School Districts has managed and operated our district-owned school buses. We provide daily transportation for approximately 3,000 students and also schedule buses for field trips, athletic events, and extracurricular activities.

Mission Statement

Our mission is to ensure the safest and most efficient transportation services for students in the Concord Public Schools and Concord-Carlisle Regional School Districts.

Transportation Office

John Arena, Director of Transportation

Michelle Papagno, Assistant Director of Transportation

Questions, Comments or Concerns?

Email us or give us a call at 978-461-3981

Contact Information:

37 Knox Trail

Acton, MA 01720

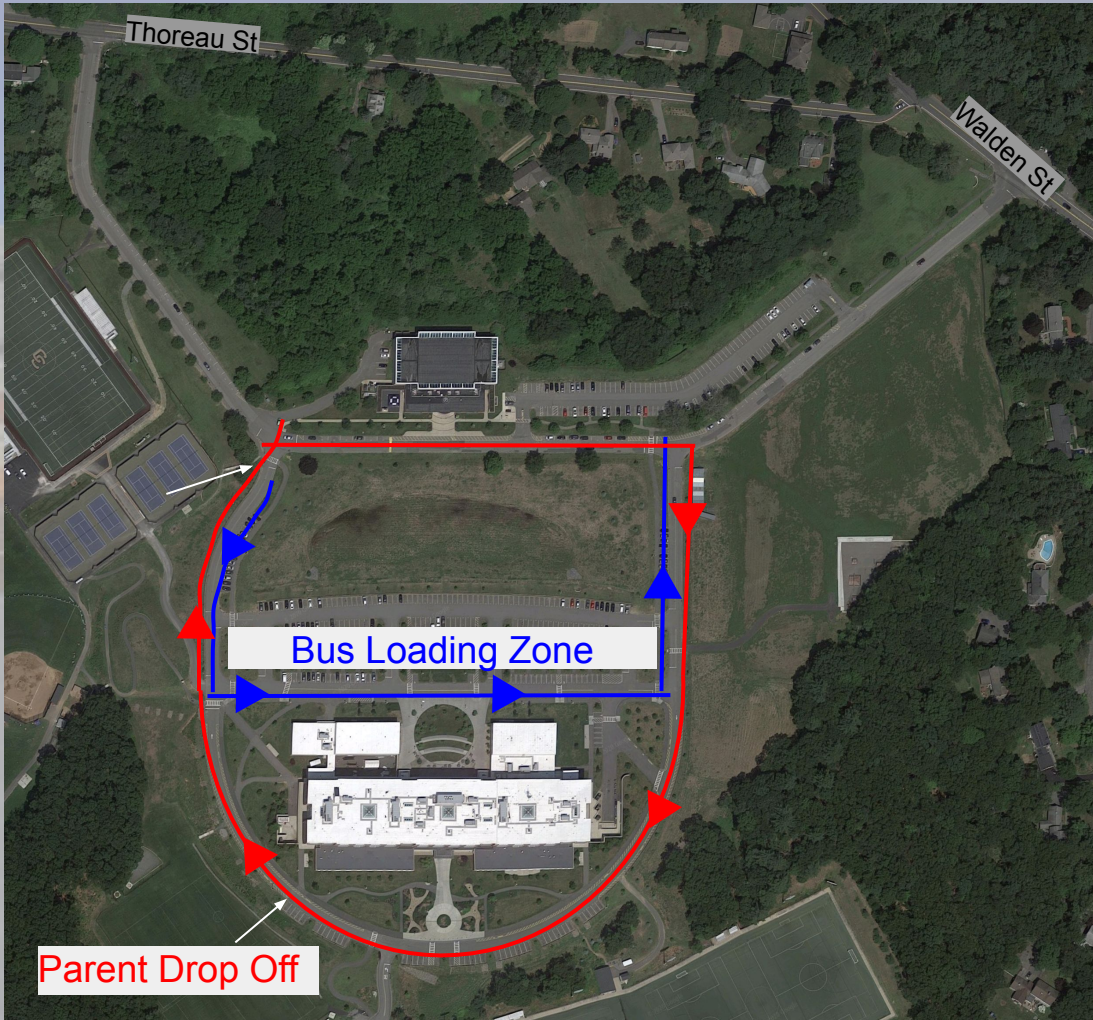
Phone: 978-461-3981

Fax: 978-461-3985

Non-Emergency Concord Police Department: 978-318-3400

- John Arena
Transportation Manager
 - 978.461.3981
 - jarena@concordps.org
- Bus routes will be posted in mid-August

CCHS Traffic Flow



Buses

- All buses enter via Thoreau Street
- Buses will load/unload in front of cafeteria
- Students will enter school via cafeteria doors and proceed directly to class

Parent Drop Off

- Parents may enter from either Thoreau or Walden
- Parents will drop off in the front of the school near the main office
- During pick up, parents will wait in loop road

Extracurricular Clubs/Activities

<https://www.concordcarlisle.org/students/clubs>

- 9th Grade - September 23
- There are over 50 clubs at CCHS
- Many clubs do not require attendance at every meeting
- Students create new clubs each year

Summer Work

- No summer assignments for rising 9th grade students
- Research shows that the best way to minimize summer slide is *reading*
- The CCHS library promotes reading books from the [Massachusetts Teen Choice Book Award](#) list of nominees
 - 21 books vetted by Massachusetts librarians
 - Wide variety of genres, characters, and stories
 - All books available [on Sora](#) and at the public library
- Readathon party celebrating MTCBA books this fall!

Summer Schedule Help

- Guidance counselors are available on August 24th, 25th, and 26th to assist in any schedule changes prior to the start of the year
- All sessions will be done via Zoom
- Sign up at: <https://cchs.schoolsoft.com/login.jsf> (Appointments open on **Monday, June 9** at 6:00AM)
- If you have not used the software before, you will need to create an account (which will be useful in the future because this is the same software we use to schedule Parent-Teacher conferences)

The background of the slide is a photograph of a large, multi-story school building with a red brick facade and numerous windows. In the foreground, there is a circular paved area, possibly a driveway or a courtyard, with some landscaping. The entire image is faded to serve as a background for the text.

Meghan Maines

Assistant Principal

9th-Grade Orientation - August 28, 2026



Academy Team Leaders

Theresa Ruggiero

truggiero@concordcarlisle.org



Esther Winkler-Au

ewinklerau@concordcarlisle.org



Ray Pavlik

rpavlik@concordcarlisle.org

Melea Ray

mray@concordcarlisle.org

Root 9 - 9th Grade Onboarding Course

Mission: To guide the 9th graders in developing the skills and habits of mind they need to be successful scholars and members of the CCHS community.

This course will meet 1x per week during first semester. The students will be in mixed-team groups for this course.

Topics include:

- Logistics: Navigating CCHS
- Being Part of the CCHS Community
- Organization Systems Study Habits
- Understanding learning & brain science
- Effective Group Work Strategies
- Time & Technology Management
- Strategies for Overcoming Challenges
- Procrastination-Busting Techniques
- Research, Citation & Digital Citizenship
- And more!!

CCHS Block Schedule

Monday		Tuesday		Wednesday		Thursday		Friday	
8:00 A (56 min)		8:00 B (56 min)		8:00 A (56 min)		8:00 B (56 min)		8:00 A (56 min)	
8:56		8:56		8:56		8:56		8:56	
9:00 B (56 min)		9:00 A (56 min)		9:00 B (56 min)		9:00 C (56 min)		9:00 Flex (56 min)	
9:56		9:56		9:56		9:56		9:56	
10:00 C (56 min)		10:00 D (56 min)		10:00 C (56 min)		10:00 D (56 min)		10:00 C (56 min)	
10:56		10:56		10:56		10:56		10:56	
11:00 1st Lunch (41 min)	11:00 D (56 min)	11:00 1st Lunch (41 min)	11:00 E (56 min)	11:00 1st Lunch (41 min)	11:00 D (56 min)	11:00 1st Lunch (41 min)	11:00 E (56 min)	11:00 1st Lunch (41 min)	11:00 F (56 min)
11:41	11:41	11:41	11:41	11:41	11:41	11:41	11:41	11:41	11:41
11:45 D (56 min)	11:56 2nd Lunch (41 min)	11:45 E (56 min)	11:56 2nd Lunch (41 min)	11:45 D (56 min)	11:56 2nd Lunch (41 min)	11:45 E (56 min)	11:56 2nd Lunch (41 min)	11:45 F (56 min)	11:56 2nd Lunch (41 min)
12:41	12:41	12:41	12:41	12:41	12:41	12:41	12:41	12:41	12:41
12:45 E (56 min)		12:45 F (56 min)		12:45 Flex (56 min)		12:45 G (56 min)		12:45 E (56 min)	
1:41		1:41		1:41		1:41		1:41	
1:45 F (56 min)		1:45 G (56 min)		1:45 G (56 min)		1:45 F (56 min)		1:45 G (56 min)	
2:41		2:41		2:41		2:41		2:41	

First Lunch (11:00 - 11:41) = English, Social Studies, and WL Departments

Second Lunch (12:00 - 12:41) = All Other Departments AND All Directed Studies

Embedded Lunch for Student

11:00 1st Lunch (41 min) 11:41	11:00 D (56 min)	11:00 1st Lunch (41 min) 11:41	11:00 E (56 min)	11:00 1st Lunch (41 min) 11:41	11:00 D (56 min)	11:00 1st Lunch (41 min) 11:41	11:00 E (56 min)	11:00 1st Lunch (41 min) 11:41	11:00 F (56 min)
11:45 D (56 min) 12:41	11:56 12:00 2nd Lunch (41 min) 12:41	11:45 E (56 min) 12:41	11:56 12:00 2nd Lunch (41 min) 12:41	11:45 D (56 min) 12:41	11:56 12:00 2nd Lunch (41 min) 12:41	11:45 E (56 min) 12:41	11:56 12:00 2nd Lunch (41 min) 12:41	11:45 F (56 min) 12:41	11:56 12:00 2nd Lunch (41 min) 12:41

First Lunch (11:00 - 11:41) = English, Social Studies, and WL Departments

Second Lunch (12:00 - 12:41) = All Other Departments

D Block = English → First Lunch on Monday and Wednesday
E Block = Math → Second Lunch on Tuesday and Thursday
F Block = Social Studies → First Lunch on Friday

Early Release Days

Half Days



In 2026-27 there will be ([2026-2027 Calendar](#)):

- **10 Early Release days (at 1:20)**
 - These days will include all 5 blocks plus a 35 minute lunch.
 - There will not be Flex on ER days.
 - Classes will be 53 minutes long.
- **3 K-12 PD days and the two ½ days before Thanksgiving and Winter Break**
 - Dismissal is at 11:15AM on Half Days

Half Day (11:15AM Dismissal)

Wednesday	
A (36 min)	8:00 8:36
B (36 min)	8:40 9:16
C (36 min)	9:20 9:56
D (36 min)	10:00 10:36
G (35 min)	10:40 11:15

Early Release (1:20PM Dismissal)

Wednesday	
A (53 min)	8:00 8:53
B (53 min)	8:57 9:50
C (53 min)	9:54 10:47
1st Lunch (35)	10:51 11:26
D (53 min)	11:30 12:23
2nd Lunch (35)	11:48 12:23
G (53 min)	12:27 1:20

Two flex
blocks per
week

2 at 56 min

Monday		Tuesday		Wednesday		Thursday		Friday	
8:00 A (56 min)		8:00 B (56 min)		8:00 A (56 min)		8:00 B (56 min)		8:00 A (56 min)	
8:56 B (56 min)		8:56 A (56 min)		8:56 B (56 min)		8:56 C (56 min)		8:56 Flex (56 min)	
9:00 C (56 min)		9:00 D (56 min)		9:00 C (56 min)		9:00 D (56 min)		9:00 C (56 min)	
9:56 D (56 min)		9:56 E (56 min)		9:56 D (56 min)		9:56 E (56 min)		9:56 D (56 min)	
10:00 E (56 min)		10:00 F (56 min)		10:00 E (56 min)		10:00 F (56 min)		10:00 E (56 min)	
10:56 F (56 min)		10:56 G (56 min)		10:56 F (56 min)		10:56 G (56 min)		10:56 F (56 min)	
11:00 1st Lunch (41 min)		11:00 1st Lunch (41 min)		11:00 1st Lunch (41 min)		11:00 1st Lunch (41 min)		11:00 1st Lunch (41 min)	
11:41 D (56 min)		11:41 E (56 min)		11:41 D (56 min)		11:41 E (56 min)		11:41 F (56 min)	
11:45 E (56 min)		11:45 F (56 min)		11:45 E (56 min)		11:45 F (56 min)		11:45 G (56 min)	
12:00 2nd Lunch (41 min)		12:00 2nd Lunch (41 min)		12:00 2nd Lunch (41 min)		12:00 2nd Lunch (41 min)		12:00 2nd Lunch (41 min)	
12:41 G (56 min)		12:41 H (56 min)		12:41 G (56 min)		12:41 H (56 min)		12:41 G (56 min)	
12:45 H (56 min)		12:45 I (56 min)		12:45 H (56 min)		12:45 I (56 min)		12:45 H (56 min)	
1:41 I (56 min)		1:41 J (56 min)		1:41 I (56 min)		1:41 J (56 min)		1:41 I (56 min)	
1:45 J (56 min)		1:45 K (56 min)		1:45 J (56 min)		1:45 K (56 min)		1:45 J (56 min)	
2:41 K (56 min)		2:41 L (56 min)		2:41 K (56 min)		2:41 L (56 min)		2:41 K (56 min)	

First Lunch (11:00 - 11:41) = English, Social Studies, and WL Departments
Second Lunch (12:00 - 12:41) = All Other Departments

Flex Blocks

- ◎ All students are **required to be somewhere** and they get to choose where they go each week.
- ◎ A **teacher can require a student** to come for help



Flex Blocks

- ◎ Request **help** from a specific teacher
- ◎ Go to the **Band/Chorus room** for extra practice
- ◎ Attend a **review session** for a specific class
- ◎ **Make up work, test, quiz or lab**
- ◎ Get **homework** done
- ◎ Go to the **gym** to play, workout or do yoga

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Alison Nowicki
anowicki@concordcarlisle.org

Guidance Department Chair

Guidance & Counseling

- Students assigned to school counselor over the summer
 - Counselors work with grades 9-12
 - Academic, Post-Secondary and Social-Emotional Counseling
- School Adjustment Counselors
 - Work with students 1-to-1, as needed

9-12 Developmental Curriculum

- Grade 9 - The Transition
- Grade 10 - Self-Exploration/Reflection
- Grade 11 - Post-Secondary Planning
- Grade 12 - The Transition

Advice

- Focus on what you can control
 - Performance in the classroom
 - Work hard from the beginning
- Don't take on too much
 - Appropriate challenge
 - Time management
- Don't worry about the “checklist”
 - High school is a time to explore, find something that excites you

Accommodation Plans

- If coming from Concord or Carlisle Middle Schools
 - 504 plans & ISSPs will be transferred automatically
- If coming from an independent school or other school
 - Share documentation with the counselor ASAP in the fall (neuropsych, school plan, diagnosis letter, etc.)
 - They will write an ISSP (Individual Student Success Plan)
 - If you want to pursue a 504 plan, will have an eligibility meeting after Q1

The background of the slide is a photograph of a large, multi-story school building with a red brick facade and numerous windows. In the foreground, there is a circular paved area, possibly a driveway or a courtyard, with some dry grass and shrubs. The sky is a clear, pale blue.

Amy Geer

ageer@concordcarlisle.org

Special Education Administrator

Special Education

- Students using individualized educational plans (IEP) assigned to case manager
- Individualized support, IEP compliance, frequent meetings throughout the year

Roles and Responsibilities

- Case managers generally reach out to families the first week of school and are the point of contact regarding special education service delivery
- Our department consists of a wide range of skilled professionals
- Case managers are part of the Student Support Service Team

Programming

- Study Skills
- Bridge
- LAB
- Anchor
- Pathways
- Launch

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Katie Stahl

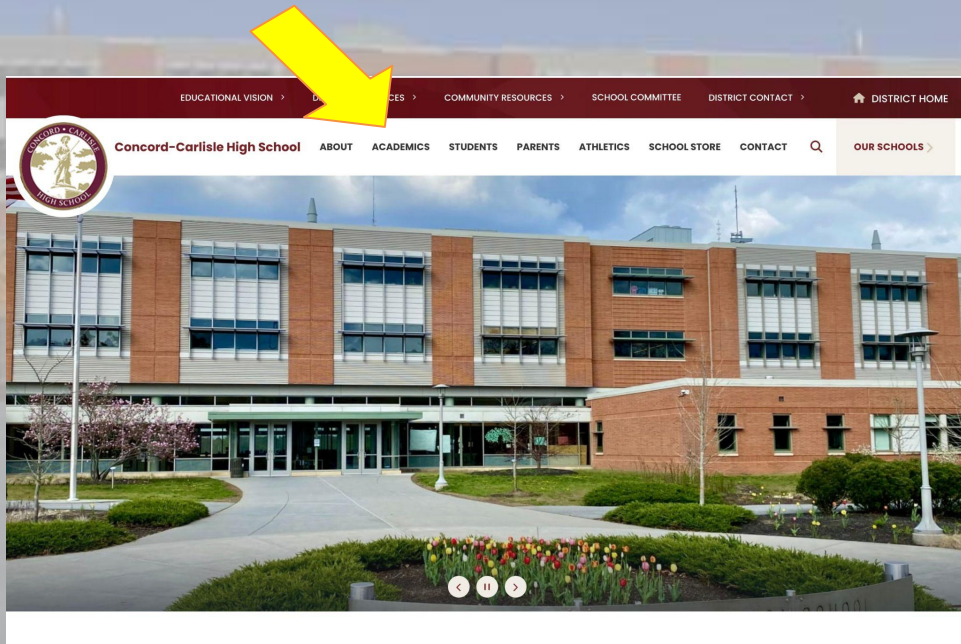
Co-Principal

Homework Policies

- All assignments posted in Google calendar
- One no-homework weekend a month (usually coincides with vacation or 3-day weekend)
 - No major test/assignment until the Wednesday following break
- Assessment coordination before end of quarter and vacations

Department Webpages

<http://www.concordcarlisle.org>



- Each department has a website that can be accessed from *Academics* top tab
- Faculty contact information can be found on individual department sites

Department Contacts

Department	Chair / Leader	Email
Guidance	Alison Nowicki	anowicki@concordcarlisle.org
Special Education	Amy Geer Mary Desmond	ageer@concordcarlisle.org mdesmond@concordcarlisle.org
English	Dora Golding	dgolding@concordcarlisle.org
Mathematics	Stephanie Omobono	somobono@concordcarlisle.org
Science	Mike Vela	mvela@concordcarlisle.org
Social Studies	Johanna Glazer	jglazer@concordcarlisle.org
World Languages	Florence Roussel-Ehrenthal	frousselehrenthal@concordcarlisle.org
METCO	Malintha Fernando	mfernando@concordcarlisle.org
Fine Arts	Joe Pickman	jpickman@concordcarlisle.org
Health & Fitness	Nancy Slocum	nslocum@concordcarlisle.org
Learning Commons	Kip Wilson	kwilson@concordcarlisle.org
Band	Christopher Noce	cnoce@concordcarlisle.org
Chorus	Sarah Grina	sgrina@concordcarlisle.org
Theater	Evan Kelly	ekelly@concordcarlisle.org
Radio	Ned Roos	nroos@concordcarlisle.org

Community Service

- All students are required to have 40 hours of community service to graduate; can start this summer
- Students log their community service hours in Aspen
- Contact Heather Benoit (hbenoit@concordcarlisle.org)

1:1 Laptop Program

<https://www.concordcarlisle.org/students/technology>

- The incoming laptop distribution at 9th grade orientation.

Summer Tours

<https://cchsclassof2030summertours.eventbrite.com>

- Self-Guided Tours at 9AM and 12PM on August 18, 20, 24, 26
- Sign-up on the link above. There are 35 slots per tour.

Parents Association

<http://cchspa.org>

- Please consider volunteering; see emails for opportunities
- Officers:
 - Current President: Alexa Anderson

president@cchspa.org

Upcoming Dates/Events

- ❑ *August 18, 20, 24, 26: Self-Guided Tours*
- ❑ *August 24: All Sports Start*
- ❑ *August 24, 25, 26: Schedule Change Apts*
- ❑ *August 28: 9th Grade Orientation (9:00 - 2:41 PM)*
- ❑ *August 31: First Day of School (8:00 - 2:41)*



Questions?



Thank you for coming!

Concord-Carlisle Athletics

Aaron Joncas, Athletic Director

Patricia Vasiliadis, Head Athletic Trainer

Hannah Waite, Asst. Athletic Trainer

Sarah Whitestone, Assistant AD

Athletics Overview

- Our Athletic Program emphasizes educational athletics
- Character building and personal development
 - Values like responsibility, teamwork, leadership, discipline, sportsmanship and perseverance.
 - Learn time management and communication skills, develop an appreciation for lifelong fitness.
 - Coaching staff comprised of highly qualified professionals - veteran coaches and teachers who utilize the fields, gyms, rink and race courses as an extension of the classroom. They strive to develop and maintain positive relationships with student-athletes and promote healthy peer relationships.
 - **Healthy competition and fun**

Fall Teams and Levels

- Boys and Girls Cross-Country: Varsity only
- Field Hockey: Varsity, JV, 9th Grade
- Football: Varsity, JV, 9th Grade
- Golf: Varsity only
- Boys Soccer: Varsity, JV, 9th Grade
- Girls Soccer: Varsity, JV, 9th Grade
- Volleyball: Varsity, JV, 9th Grade
- Cheerleading: Varsity, JV (tryouts June 8th and 9th at CCHS)
- Unified Basketball:
 - Unified Sports join students with and without intellectual disabilities on the same team. Meets 2x per week with 4-6 games
- Team schedules

Fall Varsity Coaches

- Boys Cross-Country: Mary McCabe mmccabe@concordcarlisle.org
- Girls Cross-Country: Hanna Bruno hbruno@concordcarlisle.org
- Football: Josh Reed jreed@concordcarlisle.org
- Field Hockey: Mary Desmond mdesmond@concordcarlisle.org
- Golf: Carl Sweeney csweeney@concordcarlisle.org
- Boys Soccer: Ray Pavlik rpavlik@concordcarlisle.org
- Girls Soccer: Peter Fischelis pfischelis@yahoo.com
- Girls Volleyball: Kent Cabahug kcabahug@concordcarlisle.org
- Cheerleading: Tamara Hayes thayes@concordcarlisle.org
- Unified Basketball: Tom Keane tkeane@concordcarlisle.org
 - All coaches listed on the [CC Website](#)

In order to be eligible for tryouts/practice in August:

1. Read the [Athletics Handbook for Students and Parents](#)
2. All student-athletes must be registered on [ArbiterSports Registration](#)
 - a. User fee is \$300 per season, per child with a \$900 family cap
3. State law requires physical exams to be conducted within 13 months of the date to be valid (exam on 9/1/25 expires 10/1/26)
4. Baseline Testing: In the event of a head injury, SportGait testing is used to establish a baseline for each student so we can work with your pediatrician and our medical staff to return students to school and athletics safely.
 - a. All 9th grade students must complete prior to August 12th to be eligible for fall sports. Winter/Spring athletes will take test in health and fitness class
 - b. [SportGait Letter](#)

Preseason

- Fall sports start prior to the 1st day of school
 - Monday, August 24th [Preseason schedule](#) for all teams is posted on our website: students should expect to be present for all tryout opportunities
- High school athletics are educational - practices are the lessons and competition is the assessment tool. Student-athletes are expected to make all team commitments.
- Playing time is determined by coaches: As students progress through our programs, playing time is based on merit

Regular Season and Tournaments

- Sub-varsity is a 5x per week commitment, Varsity is 6x per week. Student-athletes are expected to make all team commitments. Of course academics are the priority - students should communicate with coaches re: extra help, makeup work (time management skills)
- Sub-varsity seasons end around Halloween, Varsity mid-November with MIAA State Tournament
- MIAA Bona Fide Team Member Rule
- School Attendance Policy

Office of the Athletic Trainer

- Head ATC Patricia Vasiliadis pvasiliadis@concordcarlisle.org
- Hannah Waite, Asst. ATC hwaite@concordcarlisle.org
- The Athletic Trainers are healthcare professionals and are responsible for the safety of all student-athletes
- We offer rehabilitative services, evaluations and referrals
- Healthcare includes education on topics like nutrition, stretching, hydration, strength and conditioning and substance use
- The Athletic Trainer is available to see students Monday - Friday starting at 11:00am and covers weekend practices and games

Transportation

- School bus transportation is provided for every away competition
- Students must ride the bus to competitions
- Parents can drive students home from away games but must email Athletic Director and Head Coach 24 hours in advance for permission
 - Attendance tracking, especially on larger rosters

Questions?

- ajoncas@concordcarlisle.org
- (978) 341-2904
- Follow @CCPatsAD on Instagram for highlights and updates