

# GREEN BAY YOUTH TRIATHLON

**Saturday May 30, 2026**

Ashwaubomay Park 2881 S. Broadway, Green Bay

All Abilities Welcome and Encouraged!!



Registration Available  
at [GBMSYouthTeam.org](http://GBMSYouthTeam.org)



**7:30 am 12-15 yrs\***  
**8:45 am 9-11 yrs\***  
**9:30 am 6-8 yrs\***  
**10:15 am 3-5 yrs\*\***

\*6-15 year old races: based on age as of 12/31/26

\*\*3-5 year old race: based on age day of race

Each participant will receive a race shirt\*, a finisher medal, finish line snacks, and a raffle ticket for prizes. Additional age group awards for 1st - 5th place.

\*Register by May 1st to guarantee t-shirt size and availability

#### DISTANCES

- 3-5: frog slide, bike loop in parking lot (any bike type ok), run through finish
- 6-8: 50 yard swim (most can touch, life vest ok), 2 mile bike, ½ mile run
- 9-11: 150 yard swim, 4 mile bike, 1 mile run
- 12-15: 300 yard swim, 8 mile bike, 1.5 mile run

