

Intro to PE: Team Sports

ESTABLISHED GOALS:		
<u>Competencies:</u> - Students will demonstrate the ability to develop and apply knowledge, skill and movement in a variety of physical activities in order to maintain appropriate level of personal fitness. - Students will demonstrate the ability to analyze and summarize text and integrate knowledge to make meaning of discipline-specific materials. - Students will demonstrate the ability to produce coherent and supported writing in order to communicate effectively for a range of discipline-specific tasks, purposes, and audiences. - Students will demonstrate the ability to speak purposefully and effectively by strategically making decisions about content, language use, and discourse style. <u>Content Standards:</u> - SHAPE.1 Develops a variety of motor skills. - SHAPE.2 Applies knowledge related to movement and fitness concepts. - SHAPE.3 Develops social skills through movement. - SHAPE.4 Develops personal skills, identifies personal benefits of movement, and chooses to engage in physical activity.	Transfer	
	Students will be able to independently use their learning to identify and maintain a healthy lifestyle .	
	Meaning	
	ENDURING UNDERSTANDINGS Students will understand that... - participating in team settings promote tolerance, empathy, communication skills and accountability. - participating in competitive and recreational activities will help promote relationship building and lifelong fitness. - participating in individual physical activities, improves the quality of one's life.	ESSENTIAL QUESTIONS - How will participating in team activities help you be more successful in life? - Is the individual or the team more important?
	Acquisition	
	Students will know... - that adhering to rules and proper etiquette while working with others lead to effective gameplay. - that participating in team settings promote tolerance, empathy, communication skills and accountability. - that using sport specific terminology will help convey the intended message to teammates. - that team sports requires individuals to solve problems and think critically. - that each sport has specific etiquette and rules that must be followed. - the rules and techniques of sports including but not limited to: ultimate, football, soccer, field hockey, softball, lacrosse, basketball, volleyball, team handball, broomball <u>vocabulary:</u> Tight & Loose dribble, push pass, dodges, jab, block. forehand, backhand, catching (rim & pancake), pass routes, dribble (inside and outside of foot), fielding, slow pitch, cradle, passing	Students will be skilled at... - demonstrating competency and/or refining activity-specific movement skills in two or more lifetime activities. - demonstrating competency in 1 or more specialized skills in health-related fitness activities. - applying the terminology associated with exercise and participation in activities/ sports. - using movement concepts and principles (e.g. force, motion, rotation) to analyze and improve performance of self and/or others in a selected skill. - solving problems and thinks critically in physical activity both as an individual and in groups. - Exhibiting proper etiquette, respect for others & teamwork while engaging in physical activity. - using communication skills and strategies that promote team and group dynamics. - identifying the opportunity for social support in a self-selected physical activity.

	(chest, bounce, overhead), crossover dribble, lay-up, bump, set, serve.	
Content Area Literacy Standards		21 st Century Skills
RST.9-10.1 Cite specific textual evidence to support analysis of science and technical texts, attending to the precise details of explanations or descriptions. RST.9-10.2 Determine the central ideas or conclusions of a text; trace the text's explanation or depiction of a complex process, phenomenon, or concept; provide an accurate summary of the text. RST.9-10.4 Determine the meaning of symbols, key terms, and other domain-specific words and phrases as they are used in a specific scientific or technical context relevant to <i>grades 9-10 texts and topics</i>. <u>WHST.9-10.4</u> Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.		● <i>Communicate clearly</i> ● <i>Collaborate with others</i> ● <i>Interact effectively with others</i> ● <i>Be flexible</i>

<i>Evaluative Criteria</i>	<i>Assessment Evidence</i>
	PERFORMANCE TASK(S):
	OTHER EVIDENCE:

<i>Summary of Key Learning Events and Instruction</i>	
<i>Language Arts Integration</i>	<i>Mathematics Integration</i>
1.OA.1 Use	1.OA.1 Use
<i>Technology Integration</i>	<i>District Materials</i>
1.OA.1 Use	