

Wellness Policy Committee Meeting Summary

Date: April 8, 2026

Attendees:

Rachel Ree, Joy Wohlin Oman, Danaca Jensen, and Bobbi Varichak

The Wellness Policy Committee met to review and update the **Triennial Assessment**. During the meeting, revisions and corrections were made to ensure the document is accurate and ready for presentation to the School Board by Food Service Director, Danaca Jensen.

A key area identified for improvement is **Physical Education & Activity**. While the district meets the minimum State, Local, and National requirements for Physical Education across grade levels, the committee determined that additional language should be incorporated into **Policy 533** to further strengthen this section.

With assistance from Carrie Thomas and Karen Douglass from the teaching and learning department, the committee was able to address and clarify questions related to Physical Education and Physical Activity within the assessment. Committee members collaborated to finalize the summaries included in the Triennial Assessment.

Additional support was received from individuals outside of the committee in gathering necessary data. For example, Bill provided valuable information related to Local Resources and policy references.

Although the district received a lower rating in the Physical Education & Activity section of the assessment, this was largely due to how certain questions were structured. Many questions required an all-or-nothing response. For instance, one question asked whether students participate in 60 minutes of Physical Education daily. Due to the district's current schedule of 55 minutes per day, the committee was unable to answer "yes," which impacted the overall rating.

The Wellness Committee successfully contributed to completing the majority of the summaries for the five key areas of the Triennial Assessment:

- Introduction
- Strong Policies and Aligning Practices
- Create Practice Implementation Plan
- Update Policies
- Opportunities for Growth
- Conclusion

Prior to concluding the meeting, Danaca shared the updated copy of the Triennial Assessment with all committee members for a final review. Members were asked to review the document and provide any additional suggestions or revisions.

The meeting was then adjourned.