

Elwood Union Free School District
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Dear Parents/Guardians:

As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range.

The Elwood School District has been selected to be part of the "Student Weight Status Category Survey" for the 2026-27 school year. The District will be reporting to the New York State Department of Health our students' weight status groups for students that were in grades **Pre-K, K, 1, 3, 5, 7, 9, & 11 during the 2025-26 school year.** Only summary information is sent. No names and no information about individual students are sent. However, you may choose to have your child's information excluded from this survey report.

The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier.

If you **do not** wish to have your child's weight status group information included as part of the Health Department's survey for the **2026-2027** school year, please print and sign your name below and return this form to your child's Health Office. Please submit no later than **October 1, 2026.**

Please do not include my child's weight status information in the **2026-27** BMI Survey.

Print Child's Name

Date

Print Parent's Name

Parent's Signature