

ELOP Summer Menu

Summer 2026



All Sites Except: Alvarado, Bixby, Dooley, Holmes, Lindbergh, Lindsey, Roosevelt, & Stanford

Offered Daily

- Low-Fat White Milk
- Nonfat Chocolate Milk

Key

- ★ Locally-Grown & Sourced
- 🌿 Vegetarian Entrees
- 🌱 Vegan Entrees
All fruits, fresh vegetables, & cereals are vegan.
- 🐷 Contains Pork
- 🌾 All grains are whole-grain rich

*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE.



Scan QR code for more menu information.



MON	TUE	WED	THU	FRI
BREAKFAST Cinnamon Waffle Mixed Fruit Cup	BREAKFAST Bagel w/Cream Cheese Strawberry Applesauce Cup	BREAKFAST Blueberry Chex Cereal Frozen Strawberry Cup	BREAKFAST Cinnamon Muffin Fresh Apple Slices	BREAKFAST Cinnamon Toast Crunch Frozen Peach Cup
LUNCH PB&J Sandwich Fresh Plum or Seasonal Fruit Fresh Celery	LUNCH Bean & Cheese Burrito Fresh Apple Slices Fresh Baby Carrots	LUNCH Chicken Nuggets Fresh Banana Fresh Cucumber Coins	LUNCH Cheese Pizza Fresh Orange Wedges Fresh Broccoli	LUNCH Turkey Ham & Cheese Sandwich Fresh Nectarine Mixed Salad Greens
BREAKFAST Cinnamon Waffle Mixed Fruit Cup	BREAKFAST Bagel w/Cream Cheese Strawberry Applesauce Cup	BREAKFAST Blueberry Chex Cereal Frozen Strawberry Cup	BREAKFAST Cinnamon Muffin Fresh Apple Slices	 Independence Day
LUNCH PB&J Sandwich Fresh Plum or Seasonal Fruit Fresh Baby Carrots	LUNCH Bean & Cheese Burrito Fresh Apple Slices Fresh Baby Carrots	LUNCH Chicken Nuggets Fresh Banana Fresh Cucumber Coins	LUNCH Cheese Pizza Fresh Orange Wedges Fresh Broccoli	
BREAKFAST Cinnamon Waffle Mixed Fruit Cup	BREAKFAST Bagel w/Cream Cheese Strawberry Applesauce Cup	BREAKFAST Blueberry Chex Cereal Frozen Strawberry Cup	BREAKFAST Cinnamon Muffin Fresh Apple Slices	BREAKFAST Cinnamon Toast Crunch Frozen Peach Cup
LUNCH PB&J Sandwich Fresh Plum or Seasonal Fruit Fresh Baby Carrots	LUNCH Bean & Cheese Burrito Fresh Apple Slices Fresh Baby Carrots	LUNCH Chicken Nuggets Fresh Banana Fresh Cucumber Coins	LUNCH Cheese Pizza Fresh Orange Wedges Fresh Broccoli	LUNCH Turkey Ham & Cheese Sandwich Fresh Nectarine Mixed Salad Greens
BREAKFAST Cinnamon Waffle Mixed Fruit Cup	BREAKFAST Bagel w/Cream Cheese Strawberry Applesauce Cup	BREAKFAST Blueberry Chex Cereal Frozen Strawberry Cup	BREAKFAST Cinnamon Muffin Fresh Apple Slices	BREAKFAST Cinnamon Toast Crunch Frozen Peach Cup
LUNCH PB&J Sandwich Fresh Plum or Seasonal Fruit Fresh Baby Carrots	LUNCH Bean & Cheese Burrito Fresh Apple Slices Fresh Baby Carrots	LUNCH Chicken Nuggets Fresh Banana Fresh Cucumber Coins	LUNCH Cheese Pizza Fresh Orange Wedges Fresh Broccoli	LUNCH Turkey Ham & Cheese Sandwich Fresh Nectarine Mixed Salad Greens
BREAKFAST Cinnamon Waffle Mixed Fruit Cup	BREAKFAST Bagel w/Cream Cheese Strawberry Applesauce Cup	BREAKFAST Blueberry Chex Cereal Frozen Strawberry Cup	BREAKFAST Cinnamon Muffin Fresh Apple Slices	BREAKFAST Cinnamon Toast Crunch Frozen Peach Cup
LUNCH PB&J Sandwich Fresh Plum or Seasonal Fruit Fresh Baby Carrots	LUNCH Bean & Cheese Burrito Fresh Apple Slices Fresh Baby Carrots	LUNCH Chicken Nuggets Fresh Banana Fresh Cucumber Coins	LUNCH Cheese Pizza Fresh Orange Wedges Fresh Broccoli	LUNCH Turkey Ham & Cheese Sandwich Fresh Nectarine Mixed Salad Greens
BREAKFAST Cinnamon Waffle Mixed Fruit Cup	BREAKFAST Bagel w/Cream Cheese Strawberry Applesauce Cup	BREAKFAST Blueberry Chex Cereal Frozen Strawberry Cup	BREAKFAST Cinnamon Muffin Fresh Apple Slices	BREAKFAST Cinnamon Toast Crunch Frozen Peach Cup
LUNCH PB&J Sandwich Fresh Plum or Seasonal Fruit Fresh Baby Carrots	LUNCH Bean & Cheese Burrito Fresh Apple Slices Fresh Baby Carrots	LUNCH Chicken Nuggets Fresh Banana Fresh Cucumber Coins	LUNCH Cheese Pizza Fresh Orange Wedges Fresh Broccoli	LUNCH Turkey Ham & Cheese Sandwich Fresh Nectarine Mixed Salad Greens

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MON	TUE	WED	THU	FRI
BREAKFAST Jul 27 Cinnamon Waffle Mixed Fruit Cup LUNCH PB&J Sandwich Fresh Plum or Seasonal Fruit Fresh Baby Carrots BREAKFAST Aug 3 Cinnamon Waffle Mixed Fruit Cup LUNCH PB&J Sandwich Fresh Plum or Seasonal Fruit Fresh Baby Carrots	BREAKFAST 28 Bagel w/Cream Cheese Strawberry Applesauce Cup LUNCH Bean & Cheese Burrito Fresh Apple Slices Fresh Baby Carrots BREAKFAST 4 Bagel w/Cream Cheese Strawberry Applesauce Cup LUNCH Bean & Cheese Burrito Fresh Apple Slices Fresh Baby Carrots BREAKFAST 10 Cinnamon Waffle Mixed Fruit Cup LUNCH PB&J Sandwich Fresh Plum or Seasonal Fruit Fresh Baby Carrots	BREAKFAST 29 Blueberry Chex Cereal Frozen Strawberry Cup LUNCH Chicken Nuggets Fresh Banana Fresh Cucumber Coins BREAKFAST 5 Blueberry Chex Cereal Frozen Strawberry Cup LUNCH Chicken Nuggets Fresh Banana Fresh Cucumber Coins BREAKFAST 11 Bagel w/Cream Cheese Strawberry Applesauce Cup LUNCH Bean & Cheese Burrito Fresh Apple Slices Fresh Baby Carrots	BREAKFAST 30 Cinnamon Muffin Fresh Apple Slices LUNCH Cheese Pizza Fresh Orange Wedges Fresh Broccoli BREAKFAST 6 Cinnamon Muffin Fresh Apple Slices LUNCH Cheese Pizza Fresh Orange Wedges Fresh Broccoli BREAKFAST 12 Blueberry Chex Cereal Frozen Strawberry Cup LUNCH Chicken Nuggets Fresh Banana Fresh Cucumber Coins	BREAKFAST 31 Cinnamon Toast Crunch Frozen Peach Cup LUNCH Turkey Ham & Cheese Sandwich Fresh Nectarine Mixed Salad Greens BREAKFAST 7 Cinnamon Toast Crunch Frozen Peach Cup LUNCH Turkey Ham & Cheese Sandwich Fresh Nectarine Mixed Salad Greens BREAKFAST 13 Cinnamon Muffin Fresh Apple Slices LUNCH Cheese Pizza Fresh Orange Wedges Fresh Broccoli
17	18	19	20	21
S U M M E R B R E A K				
24	25			
S U M M E R B R E A K				
FIRST DAY OF SCHOOL Fall Semester Begins				

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CALIFORNIA FARM TO SCHOOL NETWORK



Nutrition Services Long Beach USD