

YOUTH

FOOTBALL & CHEER



REGISTRATION NOW OPEN!

Give your child the ultimate Football & Cheer experience with Pomperaug Youth Football & Cheer! Whether they're just starting out or ready for the next level, there's a place for them here. From building strength and leadership on the field to bringing energy and confidence to the sidelines and competition mat, our athletes grow through teamwork, discipline, and lifelong friendships in a supportive, team-first environment.

- ✔ **Flag Football (Grades K-1)** – A fun, safe way to learn the game!
- ✔ **Tackle Football (Grades 2-8)** – Build skills, confidence, and teamwork! Practices are 4-5x a week and games on Sunday.
- ✔ **Sideline Dance (Ages 4-14)** A fun and high-energy program that builds spirit, confidence, and community while performing at football games.
- ✔ **Competitive Cheer (Ages 5-16)** A dynamic team experience focused on skill development, teamwork, strength, and confident performances at competitions.

Cheer practices begin in July and run through December, while football practices begin August 3 and run through mid-November.

REGISTER TODAY!
PomperaugWarriors.com

