

Allegany-Limestone

002 - ALLEGANY-LIMESTONE ELEMENTARY
 AT LEAST "3" COMPONENTS ARE NEEDED FOR A COMPLETE MEAL ***1st MEAL FREE **MUST TAKE FRUIT OR VEGETABLE**
 2nd MEAL \$2.85***

Monday	Tuesday	Wednesday	Thursday	Friday
Jun - 1 CHURRO -RASP or APPLE BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST JUICE,ASST. Milk Variety	Jun - 2 BREAKFAST ON A STICK BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST	Jun - 3 FRENCH TOAST w/sausage BAGELS,PLAIN, YOGURT 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST JUICE,ASST. Milk Variety	Jun - 4 BREAKFAST ROUNDS BANANA CHOC/ APPLE CINN. BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST JUICE,ASST. Milk Variety	Jun - 5 CINNAMON ROLL BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST
Jun - 8 BREAKFAST BARS-ASST BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST JUICE,ASST. Milk Variety	Jun - 9 WAFFLES SMUCKERS ASST FLAVORS BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST JUICE,ASST. Milk Variety	Jun - 10 FRENCH TOAST w/sausage BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST JUICE,ASST. Milk Variety	Jun - 11 BRKFAST SANDWICH ON CROISSANT BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST JUICE,ASST. Milk Variety	Jun - 12 CINNAMON ROLL BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST
Jun - 15 DONUTS RINGS wg BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST	Jun - 16 MUFFINS BAGELS,PLAIN, TRIY YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices BREAKFAST BREAKS FRUIT ASST Milk Variety JUICE,ASST.	Jun - 17 FRENCH TOAST w/sausage BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST JUICE,ASST. Milk Variety	Jun - 18 BREAKFAST BREAKS BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST	Jun - 19 HOLIDAY
Jun - 22 COOK'S CHOICE BAGELS,PLAIN, YOGURT ASST CEREAL w/Toast TOAST-2 slices FRUIT ASST JUICE,ASST. Milk Variety	Jun - 23 COOK'S CHOICE BAGELS,PLAIN, YOGURT ASST CEREAL w/Toast TOAST-2 slices FRUIT ASST JUICE,ASST. Milk Variety	Jun - 24 COOK'S CHOICE BAGELS,PLAIN, YOGURT ASST CEREAL w/Toast TOAST-2 slices FRUIT ASST JUICE,ASST. Milk Variety	Jun - 25 COOK'S CHOICE BAGELS,PLAIN, YOGURT ASST CEREAL w/Toast TOAST-2 slices FRUIT ASST JUICE,ASST. Milk Variety	Jun - 26 NO SCHOOL TODAY
Jun - 29 NO SCHOOL TODAY	Jun - 30 NO SCHOOL TODAY			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.