



Sacramento City Unified School District



Approved Smart Snacks for online and in-store purchase

USDA's Smart Snacks in school standards are practical, science-based nutrition standards for all foods and beverages sold or served to students during the school day. The new rule went into effect July 1, 2014 and merges the previous California Nutrition Standards.

The following list is of foods and beverages that meet the standards for all grade levels. This list is not all inclusive, additional items may be used if identified to be compliant by the quick reference cards. Alternative items may be available at different stores. Manufactures' ingredients and distribution change frequently.

If you have additional questions, please contact the Nutrition Services Department (916) 277-6716.

Beverages

Liquids including water, juices, electrolyte-enhanced waters, seltzers, and plant-based milk alternatives.

Online Purchase through Amazon	Amazon Standard ID Number (ASIN)
Amy & Brian: Coconut Water Original, 10 Fl Oz (Pack of 24)	B002Z08ROO
Dole: Pineapple Orange Juice, 100% Fruit Juice with Added Vitamin C, 6 Fl Oz (Pack of 6), 48 Total Cans	B003Z6SRBU
Dole: Pineapple Juice, 100% Fruit Juice with Added Vitamin C, 6 Fl Oz (Pack of 6), 48 Total Cans	B003Z6XCF6
Dole: 100% Pineapple Juice - Dole Canned Juice - No Sugar Added - 46 fl oz Cans - 6 Pack	B00TFX12JY
Dole: 100% Pineapple Juice, 100% Fruit Juice with Added Vitamin C, 8.4 Fl Oz Cans, 24 Total Cans	B002IGA2FW
Hint: Fruit-Infused Bottled Water, Best Sellers Variety Pack - 16 Fl Oz (Pack of 12)	B01E6WVOX4
Honest Kids: Appley Ever After, Organic Juice Drink, 6 Fl oz Juice Boxes, Pack Of 40, Apple	B08HKG49HK
Honest Kids: Super Fruit Punch Organic Fruit Juice Drink, 6.75 Fl Oz (Pack of 32)	B003GADAN0
Horizon: Organic Shelf Stable 1% Low-fat Chocolate Milk Boxes, 8 fl oz, 18 Count	B000LKZ3GA
Izze: Cherry Lime Straight Beverages, 8.4 FL Oz, Pack of 24	B07FQN3XV2
Izze: Sparkling Juice Beverage Blend, Peach, No Sugar Added, 8.4 FL OZ, 24 Cans	B01N4LB3BB
Izze: Sparkling Water Juice Beverage Blend, Apple, No Sugar Added, 8.4 FL OZ, 24 Cans	B0014WYY1E
Izze: Sparkling Water Juice Beverage Blend, Blackberry, No Sugar Added, 8.4 FL OZ, 24 Cans	B0014WYXYW
Izze: Sparkling Water Juice Beverage Blend, Clementine, No Sugar Added, 8.4 FL OZ, 24 Cans	B0014X5O1C
Izze: Sparkling Water Juice Beverage Blend, Grapefruit, No Sugar Added, 8.4 FL OZ, 24 Cans	B0014WYXTC
Izze: Sparkling Water Juice Beverage Blend, Mango, No Sugar Added, 8.4 FL OZ, 24 Cans	B093R6PHJ2
Izze: Sparkling Water Juice Beverage Blend, Pomegranate, No Sugar Added, 8.4 FL OZ, 24 Cans	B0014WYXQK
Izze: Sparkling Water Juice Beverage Blend, Strawberry, No Sugar Added, 8.4 FL OZ, 24 Cans	B0CGMK9PNY
Jumex: Mango Nectar - Tropical Fruit Juice Concentrate - 32.4oz, 12 Pack Carton	B04SK98VA

Mott's: 100% Original Apple Juice, 6.75 Fl Oz Boxes, 32 Count (4 Packs Of 8)	B004FEGLO6
Mott's: 100% Original Apple Juice, 64 Fl Oz Bottle (Pack Of 8)	B003ZRXRIC
Mott's: 100% Original Apple Juice, 8 Fl Oz Bottles, 24 Count (4 Packs Of 6)	B00FYR4V5Y
Mott's: For Tots Apple, 6.75 Fl Oz Boxes, 32 Count (4 Packs Of 8)	B004FEGLIC
Nature's Way: Aloe Vera Leaf Juice with Polymax+, Unflavored, 33.8 Fl Oz	B000I48LLS
Ocean Spray: Juice, 100% Grapefruit, 60 Ounce (Pack of 8)	B01BDNH7YO
Pacific Foods: Original Organic Oat Milk, Plant Based Milk, 32 oz Carton	B000R7829M
Pepsi: Bubly Sparkling Water, 6 Flavor Variety Pack (Blackberry, Lime, Cherry, Grapefruit, Strawberry, Mango), 12 Fl Oz Cans (Pack of 18)	B08NTN6Y1F
Propel: Electrolyte Enhanced Water Sports Drink, Berry Flavored Water, 16.9 fl oz Bottles (12 Pack) *Available for High School*	B002U5A8LY
Propel: Electrolyte Enhanced Water Sports Drink, Lemon Flavored Water, 16.9 fl oz Bottles (12 Pack) *Available for High School*	B06ZYH4CJP
Propel: Electrolyte Enhanced Water Sports Drink, Watermelon Flavored Water, 16.9 fl oz Bottles (12 Pack) *Available for High School*	B06XCVM9FT
Propel: Immune Support Electrolyte Enhanced Water Sports Drink, Orange Raspberry, 16.9 fl oz Bottles (12 Pack) *Available for High School*	B0D328MDRH
Propel: Kiwi Strawberry, Zero Calorie Sports Drinking Water, 16.9 Fl Oz (12 Count)	B002U58PRI
Sparkling Ice: Berry Lemonade Sparkling Water, Zero Sugar, 17 fl oz Bottles (Pack of 12)	B0B192RX4X
Sparkling Ice: Black Cherry Sparkling Water, Zero Sugar, 17 fl oz Bottles (Pack of 12)	B01FS2GH2O
Sparkling Ice: Cherry Limeade Sparkling Water, Zero Sugar, 17 fl oz Bottles (Pack of 12)	B00GZFYANC
Sparkling Ice: Classic Lemonade Sparkling Water, Zero Sugar, 17 oz Bottles (Pack of 12)	B006FUL4AE
Sparkling Ice: Coconut Pineapple Sparkling Water, Zero Sugar, 17 fl oz Bottles (Pack of 12)	B006FUL3XC
Sparkling Ice: Fruit Punch Sparkling Water, Zero Sugar, 17 fl oz Bottles (Pack of 12)	B089FLWNP3
Sparkling Ice: Grape Raspberry Sparkling Water, Zero Sugar, 17 fl oz Bottles (Pack of 12)	B01MYGL4D9
Sparkling Ice: Peach Nectarine Sparkling Water, Zero Sugar, 17 fl oz Bottles (Pack of 12)	B009S2XFVW
Sparkling Ice: Strawberry Lemonade Sparkling Water, Zero Sugar, 17 fl oz Bottles (Pack of 12)	B00B7JRYIO
Sparkling Ice: Strawberry Watermelon Sparkling Water, Zero Sugar, 17 fl oz Bottles (Pack of 12)	B00GZFYANW
Sparkling Ice: Blue Variety Pack, Zero Sugar Sparkling Water, 17 fl oz, 12 count	B07XC6WRJQ
Sparkling Ice: Pink Variety Pack, Flavored Sparkling Water, Zero Sugar, 17 fl oz, 12 count	B079RDDVP6
Sparkling Ice: Purple Variety Pack, Zero Sugar, 17 fl oz, 12 count	B00F9VCQ2A
Spindrift: Sparkling Water, 4 Flavor Variety Pack, 12 Fl Oz (Pack of 20)	B07FCQKZ4F
Talking Rain: AQA Alkaline Ionized Bottled Water, 9.5 pH, 20 fl oz Bottle (Pack of 12)	B09HL4CGTD
The Ginger People: 99% Pure Organic Ginger Juice, 32 Fl Oz Bottle (Pack of 1)	B00HYJR9YK
Tropicana: 100% Juice Apple (Pack of 12)	B003VTJSSW
Tropicana: 100% Strawberry Orange Juice, Single Serve, 10 Fl Oz Bottles (Pack of 15)	B01BLOUL4I
Tropicana: Apple Juice, 10 Ounce (Pack of 24)	B007SNJDXM
Tropicana: Cranberry Juice Drink, 15.2 Ounce Bottle (Pack of 12)	B003VTN9PU
Tropicana: Juice 15.2 Bottles, Orange, 15.2 Ounce (Pack of 12)	B003VTJUOE
Tropicana: Juice, Fruit Medley, 10 Fl Oz (Pack of 15)	B01BLOULX4
Tropicana: Juice, Strawberry Kiwi, 10 Fl Oz (Pack of 15)	B01BLOULXY
Tropicana: Ruby Red Grapefruit Juice, 10 Ounce (Pack of 24)	B0169NPGVE
TRUE ORANGE: Water Enhancer, Bulk Dispenser Pack - 100 Count	B005ECLNIM
Vita Coco: Coconut Water Original, 33.8 Fl Oz (Pack of 6)	B00K77U60U
Vita Coco: Coconut Water, Peach & Mango, 16.9 Fl Oz (Pack of 12)	B0085G49YO
In Store Purchase (any retail store):	Known Availability:

Capri Sun: Fruit Waves- 100% Juice- All Flavors	Costco
Kirkland: Hansen 100% Juice Variety	Costco
Kirkland:100% Juice- Pomegranate, Cranberry/Raspberry, Pomegranate/Blueberry, Cranberry/Grape	Costco
Martinelli's: 100% Pure Apple Juice	Costco
Treetop: 100% Juice Assorted	Costco
All Brands: 100% Juice (Product Must State 100% Juice)	Costco/Walmart
All Brands: Milk- Low-fat 1%, or Fat Free	Costco/Walmart
All Brands: Pure Water, No Added Artificial Sweetener and/or Caffeine	Costco/Walmart
Campbell's: V-8 Fusion Refreshers	Costco/Walmart
Campbell's: V-8 Fusion- Strawberry Banana, Peach Mangy, Pomegranate Blueberry, Tropical Orange	Costco/Walmart
Campbell's: V-8- Spicy Hot, Low Sodium or Regular	Costco/Walmart
Minute Maid: 100% Juice- Apple, Fruit Punch, Apple White Grape, or Mixed Berry	Costco/Walmart
Tropicana: 100% Juice- Apple, Fruit Punch, or Orange	Costco/Walmart
Campbell's: V-8 Fusion- Individual Pouches- All Flavors	Walmart
Capri Sun: 100% Juice Pouches- All Flavors	Walmart
Dole: 100% Pineapple Juice	Walmart
Great Value: 100% Juice (Apple, Cranberry, Grape)	Walmart
Great Value: Vegetable Juice from Concentrate (100% Juice)	Walmart
Horizon: Organic Milk- Low-fat- All Flavors	Walmart
Motts: 100% Apple Juice	Walmart
Ocean Spray: 100% Juice- Grapefruit, Cranberry, Ruby Red Grapefruit, Cranberry or Pomegranate	Walmart
Sam's Choice: 100% Juice- Apple Juice Punch Blend, White Grape	Walmart
Seneca: 100% Apple Juice	Walmart
Sunsweet: 100% Prune Juice	Walmart
Treetop: 100% Apple Juice	Walmart
Tummy Tickler: 100% Juice- Apple	Walmart
Welch's: 100% Juice- Grape, White Grape, White Grape Cherry, White Grape Peach, White Grape Blueberry Kiwi, Strawberry Kiwi	Walmart
Capri Sun: Super V- Fruit & Vegetable Drink	
Florida's: 100% Fruit Juices- All Flavors	
Juicy Juice: Fruitfuls- All Flavors	
Langer's: 100% Juices- All Flavors	
Simply Orange: 100% Juice- All Flavors	
Treetop: Fresh Pressed Juice	

Fruit	
Shelf-stable fruit products, including individual serving cups and bulk canned items; Pureed food products such as applesauce, chia-based squeeze snacks, and smoothies.	
Online Purchase Through Amazon	Amazon Standard ID Number (ASIN)

Amazon Grocery: Pear Slices, 15 Oz	B07WZCS8ZT
Amazon Grocery: Yellow Cling Sliced Peaches, 15 Oz	B07WYXHKS8
Del Monte: Mandarin Orange in 100% Juice Snack Cups, 4-Ounce Cups (Pack of 12)	B00G5J5GB8
Del Monte: Mandarin Oranges in Extra Light Syrup, 8.25 oz Can (Pack of 12)	B07GH72SPW
Del Monte: Diced Mangoes Fruit Cups, 4.4 Ounce (Pack of 24)	B07FT38WP6
Del Monte: Diced Peaches FRUIT CUP Snacks in 100% Fruit Juice, 12 Pack, 4 oz	B07FSYJS52
Del Monte: Fruit Cup Snacks (6 pack)	B078SZ7NC2
Del Monte: Fruit Cups Snacks, Family Pack, No Sugar Added, 12-Pack Variety	B0891XC8GY
Del Monte: Mandarin Oranges in Light Syrup - 15 oz Cans - 12 Pack	B00GFROQMK
Del Monte: Mandarin Oranges No Sugar Add, 4 Ounce (Pack of 12)	B07WGFPGP71
Del Monte: Sliced Pineapple in 100% Juice, Canned Fruit, 12 Pack, 15.25 oz	B08M9VNHTT
Del Monte: Yellow Cling Sliced Canned Peaches in 100% Juice, 15 oz Cans (Pack of 4)	B0B46PW8T8
Dole: Fruit Bowls Mixed Fruit in 100% Juice Snacks, 36 Total Cups	B0025UC1IW
Dole: Fruit Bowls Mixed Fruit in 100% Juice Snacks, 7oz 12 Total Cups	B0025UC01K
Dole: Fruit Bowls No Sugar Added Snacks, Cherry Mixed Fruit 24 Cups	B01M0J84GQ
Dole: Fruit Bowls No Sugar Added Snacks, Diced Peaches 24 Cups	B00K4PM4MI
Dole: Fruit Bowls No Sugar Added Snacks, Mandarin Oranges, 24 Cups	B00K4PM4L4
Dole: Fruit Bowls Peaches in Strawberry Flavored Gel Snacks, 36 Total Cups	B0025UC1Y6
Dole: Fruit Bowls Pineapple Tidbits in 100% Juice Snacks, 24 Total Cups	B003Z6XG52
Dole: Fruit Bowls Pineapple Tidbits in 100% Juice Snacks, 36 Total Cups	B0025UCNEY
Dole: Fruit Bowls Tropical Fruit in 100% Juice Snacks, 36 Total Cups	B0025UAKQM
Dole: Fruit Bowls, Diced Peaches in 100% Fruit Juice Snacks, 24 Total Cups	B003Z7WXZU
Dole: Jarred Peaches Sliced Yellow Cling in 100% Fruit Juice, 8 Pack Jars	B00IWONE5O
Dole: Mandarin Oranges in 100% Fruit Juice - Resealable Jars - 8 Pack	B00GFROQOI
Dole: Pineapple Slices in Heavy Syrup - 8.25 oz Cans - 12 Pack	B00GFRP1T2
Dole: Pineapple Tidbits and Tropical Fruit in 100% Juice Variety Pack	B00PFI0AP2
Dole: Pineapple Tidbits in 100% Juice - 4 oz Fruit Bowls - 12 Pack	B08WS8F9NZ
Dole: Tropical Fruit in 100% Fruit Juice - Pineapple and Papaya - 8 Pack Jars	B00IWONE9U
Dole: Cherry Mixed Fruit Bowls Snack in 100% Fruit Juice 12 - 4 oz Cups	B00VZ3NJHM
Dole: Diced Peaches in 100% Juice - 12 Pack Fruit Bowls	B00PFI0ATS
Dole: Diced Peaches, Mandarin Oranges, and Cherry Mixed Fruit Variety Pack	B072151Q32
Dole: Diced Pears in 100% Juice - 4 oz Fruit Bowls - 12 Pack	B08WSBCWR7
Dole: Fruit Bowls Cherry Mixed Fruit in 100% Juice Snacks, 24 Total Cups	B00GFROUY Y
Dole: Fruit Bowls Diced Peaches in 100% Juice Snacks, 36 Total Cups	B0025U9YOG
Dole: Fruit Bowls Diced Pears in 100% Juice Snacks, 24 Total Cups	B003Z6U0SS
Dole: Fruit Bowls Mandarin Oranges in 100% Juice Snacks, 12 Total Cups	B01MDOXOUU
Dole: Fruit Bowls Mandarin Oranges in 100% Juice Snacks, 24 Total Cups	B0025U9ZTU
Dole: Fruit Bowls Mandarin Oranges in 100% Juice Snacks, 36 Total Cups	B003Z6TZR0
Farmer's Market: Organic Pumpkin Puree, 15 Ounce (Pack of 12 Cans)	B0062A87HA
GoGo squeeZ: Applesauce and Fruit Puree, Apple , 48 Count	B00QBY17UG
GoGo squeeZ: Applesauce and Fruit Puree, Apple Cinnamon, 48 Count	B002E0S506
GoGo squeeZ: Applesauce and Fruit Puree, Apple Strawberry, 48 Count	B00HJKZ5PE
Mamma Chia: Organic Vitality Squeeze Snack, Blackberry Bliss, 24 Pouches	B00J5BOHQS
Mamma Chia: Organic Vitality Squeeze Snack, Strawberry Banana, 24 Pouches	B00J5BOD4O
Mott's: Applesauce, 24 Oz Jar (Pack Of 12)	B00FYR4OZG
Mott's: Applesauce, 4 Oz Cups, 36 Count	B01EOW6OBS
Mott's: Applesauce, 48 Oz Jar (Pack Of 8)	B00FYR4QKO
Mott's: Mighty Honeycrisp Apple Applesauce, 3.2 Oz Clear Pouches, 48 Count	B092PKVXKF

Mott's: Mighty Pineapple Banana Applesauce, 3.9 Oz Cups, 72 Count	B092PKVXKG
Mott's: Mighty Strawberry Peach Applesauce, 3.9 Oz Cups, 72 Count	B092PGRNNX
Mott's: No Sugar Added Applesauce Variety Pack, 3 Flavors, 20 Pack	B0C9VYRV8T
Mott's: No Sugar Added Applesauce, 3.9 Oz Cups, 72 Count	B0025UOO1Y
Mott's: No Sugar Added Strawberry Applesauce, 3.9 Oz Cups, 72 Count	B00CF5A22Y
Mott's: Original Applesauce, 3.2 Oz Clear Pouches, 48 Count	B00IHVRHRI
Mott's: Good Source Of Vitamin C, 72 Count	B00F5OWE5K
Mott's: No Artificial Flavors	B00FYR4PBO
Mott's: No Sugar Added, Fiber Support, 72 Count	B092PGV2MV
Outshine: Smoothie Raspberry Peach, 24 Pack	B09L5C59JG
In Store Purchase (any retail store):	Known Availability:
Kirkland: Real Sliced Fruit- Freeze Dried-Individual Bags	Costco
Kirkland: Sunsweet Dried Apricots	Costco
Kirkland: Sunsweet Dried Plums	Costco
All Brands: Individual Fruit Cups in Water or Natural Juices	Costco/Walmart
All Brands: Dried Fruit with No Added Sugar	Costco/Walmart
All Brands: Fresh Fruit and vegetables- Individual Bags or Platters	Costco/Walmart
All Brands: Individual Fruit Cups in Water or Natural Juices	Costco/Walmart
Brother's: All Natural Fruit Crisps	Costco/Walmart
Materne: Go Go Squeeze- All Flavors	Costco/Walmart
Sunmaid: Raisins	Costco/Walmart
Tree Top: No Sugar Added Natural Apple Sauce- Individual	Costco/Walmart
Buddy Fruits: 100% Fruit Snack Squeeze Pouch- All flavors	Walmart
Buddy Fruits: Pure Fruit Jiggle Gel	Walmart
Chiquita: Fruit Chips 100% Fruit Freeze Dried- All flavors	Walmart
Clif: Organic Twisted Fruit- All Flavors	Walmart
Crunch Pak: Dipper Fruit Packs- All Flavors	Walmart
Crunchies: Freeze Dried Fruit- All Flavors	Walmart
Del Monte: Fruit Cups No Sugar Added- All Flavors	Walmart
Del Monte: Fruit Naturals No Sugar Added	Walmart
Disney: Fruit Crisps Freeze Dried Fruit Slices- All Flavors	Walmart
Dole: Fruit Cups in 100% Juice- All Flavors	Walmart
Dole: Fruit Squish'ems	Walmart
Earth's Best: Organic Applesauce- Cinnamon	Walmart
Earth's Best: Organic Applesauce- Original	Walmart
Great Value: All Natural No Sugar Added Applesauce- Individual Cups	Walmart
Great Value: Dried Apricots	Walmart
Great Value: No Sugar Added Fruit Cups- Peaches	Walmart
Great Value: Unsweetened Applesauce	Walmart
Happy Squeeze: Fruit & Veggie TWIST Pouch- All Flavors	Walmart
Motts: Applesauce Snack & Go- All Flavors	Walmart
Motts: Healthy Harvest No Added Sugar- Country Berry, Peach Medley & Summer Strawberry	Walmart
Motts: Natural Apple Sauce	Walmart
Del Monte: Fruit Burst Pouch- All Flavors	
Earthbound Farm: Organic Raisins	
Go Go Squeez: Go Go Squeez Applesauce Pouches	
Motts: Motts Medley's Fruit & Veggie Snack	

Smuckers: Fruit Fulls- Pure Blended Fruit	
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Snacks & Bars

Crackers, granola bars, cereal bars, snacks, and baked chips.

Online Purchase through Amazon	Amazon Standard ID Number (ASIN)
Amazon Grocery: Fruit & Grain Cereal Bars, Strawberry, 8 Ct	B0886WSM8H
Amazon Grocery: Honey Graham Crackers, 28.8 Oz	B07WVY4B64
Annie's: Chewy Granola Bars, Oatmeal Cookie, Gluten Free, 5 ct (Pack of 12)	B010VF23YY
Annie's: Organic Bunny Grahams Snack, Chocolate Chip/Honey, 100 Count	B00KL19J4Q
Annie's: Organic Friends Bunny Grahams, Chocolate Chip, Chocolate, and Honey	B076HST3SH
Baked Lay's: No Artificial Flavors, No Colors from Artificial Sources	B00R0OCF84
Baked Lay's: Potato Chips, Barbecue, 0.875 oz Bags, (60 Pack)	B00R0OCD8G
Baked Lay's: Potato Chips, Barbecue, 1.125 oz Bags, (64 Pack)	B000R7QU8W
Baked Ruffles: Baked Ruffles Cheddar Sour Cream, Pack of 40	B07HCY3GX3
Baked Ruffles: Cheddar & Sour Cream, 0.8 Ounce (Pack of 60)	B07CT51S83
Baked Lay's: Potato Chips, 0.875oz Bags (40 Pack)	B07HCQL2YF
Cheez-It: Cheese Crackers, Baked Snack Crackers, Whole Grain (175 Pouches)	B010PADIBW
Cinnamon Toast Crunch: Cereal Treat Bars, Value Pack, 16 Ct (Pack of 4)	B07QW6Y33B
CORN NUTS: Variety Pack, Crunchy Corn Kernels, 1oz. (Pack of 12)	B00WAJ193G
Frito Lay: Baked Lay's Original Potato Chips, Gluten Free (64 Pack)	B000HIFAB4
Fritos: Bean Dip Straight Pack, 9 Ounce (Pack of 4)	B095FVTHMZ
GoMacro Kids: MacroBar Organic Vegan Snack Bars - Choc Chip Cookie Dough	B08C41Q73Z
GoMacro Kids: MacroBar Organic Vegan Snack Bars - Double Chocolate Brownie	B08C456682
GoMacro Kids: MacroBar Organic Vegan Snack Bars - Oatmeal Chocolate Chip	B08C41Q6Z7
Jack Link's: Chicken Tender Bites, Sweet BBQ, Bulk Pack (Pack of 48)	B0BMNY61Z1
KA-ME: Gluten-Free Original Rice Crunch Crackers 3.5 oz (Pack of 12)	B000EPP56U
Kellogg's: Scooby-Doo! Graham Cracker Snacks, Cinnamon, 40 Bags	B0879N1QV3
Lay's: Kettle Cooked Potato Chips, 40% Less Fat Original (Pack of 64)	B00KRWAOKM
Lay's: Kettle Cooked Potato Chips, 40% Less Fat Salt & Vinegar (Pack of 64)	B00KRWAQQ4
MadeGood: Vanilla Crispy Squares, 6 Healthy Snacks	B0793HL161
Nature's Bakery: Baked-Ins Bars Banana Chocolate Chip, 6 Count (Pack of 6)	B08TJB5KK9
Nature's Bakery: Baked-Ins Bars Banana Chocolate Chip, 1 box With 6 Packs	B08KXCF389
Nature's Bakery: Double Chocolate Brownie Bars, Plant Based, 6 Count	B0BxBDWT7H
Nature's Bakery: Oatmeal Crumble Bars, Apple, 36 Bars	B07SCPWZCR
Nature's Bakery Oatmeal Crumble Bars, Strawberry, 36 Bars	B07S6CPB8W
Nature's Bakery: Oatmeal Crumble Strawberry Bars, 6 Ct	B07WVZ1NLB
Nature's Bakery: Whole Wheat Fig Bars, Strawberry, Real Fruit, 36 twin packs	B073SW265Q
Ocean Spray®: Craisins®, 50% Less Sugar Dried Cranberries, 20 Oz Pouch	B01MSWDU9W
Pop-Tarts Toaster Pastries: Frosted Cinnamon (120 Pop-Tarts)	B00FIUDS4W
Pop-Tarts Toaster Pastries: Frosted Strawberry (120 Pop-Tarts)	B00FIUDSLK
Quaker: Large Rice Cakes, Lightly Salted, Gluten Free, Pack of 6	B0BRQSN1FZ
Quaker: Rice Crisps, 4 Flavor Savory Mix, 15 count	B0CVSL8484

Quaker: Rice Crisps, 4 Flavor Sweet and Savory Variety Mix, 15 count	B0CVTFZHHT
Rice Krispies Treats: Marshmallow Snack Bars, Chocolatey Chip (80 Bars)	B073PJHKBT
Rice Krispies Treats: Marshmallow Treat Sheet, Original, 32oz Bag	B000AYFBAU
Simply Chex Mix: Strawberry Yogurt, 1.03 Oz (Pack of 60)	B074JG4CCV
Simply Chex Snack Mix: Cheddar, 0.92 Ounce (Pack of 60)	B074JH9P3G
TEDDY GRAHAMS: Chocolate Graham Snacks, Bulk Kids Snacks, 6 Boxes	B00H46SFU0
TEDDY GRAHAMS: Cinnamon Graham Snacks, Bulk Kids Snacks, 6 Boxes	B00H46SFPA
Teddy Grahams: Chocolatey Chip Graham Snacks, 6 Boxes	B000FA15D6
TEDDY GRAHAMS: Honey Graham Snacks, Bulk Kids Snacks, 6 Boxes	B00H46SNZ2
The Good Bean: Crunchy Chickpeas - Sea Salt - (10 Pack) 1.4 oz	B07CZL6PSZ
Triscuit: Hint of Sea Salt Whole Grain Wheat Crackers, 6 Boxes	B071G7JVB5
Triscuit: Original Whole Grain Wheat Crackers, Bulk Lunch Snacks, 12 Boxes	B074181YL5
Triscuit: Thin Crisps Original Whole Grain Wheat Crackers, 6 Boxes	B07216PB9Z
Wasa: Gluten Free Sesame & Sea Salt Crispbread, 6.1 oz (Pack of 10)	B077Z5N2FC
Wasa: Light Rye Crispbread, 9.5 oz (Pack of 12)	B000EUHG9Y
Wasa: Multi Grain Crispbread, 9.7 oz (Pack of 12)	B000EUFAHO
Wasa: Rosemary & Sea Salt Flatbread Thins, 6.7 oz (Pack of 10)	B01BLG3X7S
Wheat Thins: Original Snacks, Whole Grain Wheat Crackers, 6 Boxes	B08ZHH31SW
Wheat Thins: Original Snacks, Party Size, 20 oz Box	B08LWYX3B2
Wheat Thins: Original Whole Grain Wheat Crackers, Party Size, 6 Boxes	B08QC2GRH8
In Store Purchase (any retail store):	Known Availability:
Clif: Kid Zbar- Chocolate Chip, Honey Graham, Iced Oatmeal, Chocolate Brownie	Costco
Crunchmaster: Multi-seed- Five Seed	Costco
Nabisco: BelVita Soft Baked Cookie- Chocolate, Banana, Berry	Costco
All Brands: Fresh Fruit and vegetables- Individual Bags or Platters	Costco/Walmart
Andros: Fruit Me Up Pouches- All Flavors	Costco/Walmart
Nabisco: Honey Maid Grahams	Costco/Walmart
Nature Valley: Chewy Trail Mix Bar	Costco/Walmart
Nature Valley: Chewy Trail Mix Bar	Costco/Walmart
Quaker: Chewy Granola Bar- All Flavors	Costco/Walmart
Act II: Bags 94% Fat Free Butter Popcorn	Walmart
Annie's: Homegrown Bunny Grahams- Honey, Chocolate Chip, Chocolate	Walmart
Cascadian Farm: Organic Chewy Granola Bar- Fruit & Nut Bar	Walmart
Chex Mix- Traditional Sweet n Salty, Trail Mix,	Walmart
Corn Nuts: Original, Ranch, Chile Picante	Walmart
Crunchmaster: Grammy Crisps- Cinnamon Sugar	Walmart
Great Value: Crunch Oats & Honey	Walmart
Great Value: Crunch Oats & Honey	Walmart
Great Value: No Sugar Added Fruit Cups- Peaches	Walmart
Homekist: Honey graham Crackers	Walmart
Kellogg's: Special K Cracker Chips- Sea Salt, Sour Cream & Onion, Southwest Ranch, Cheddar	Walmart
Kellogg's: Special K Cracker Chips- Individual Bags	Walmart
Lays: Baked Doritos Brand Nacho Cheese Flavored Tortilla Chips	Walmart
Lays: Baked Ruffles Potato Chips	Walmart
Nabisco: 100 Calorie Packs- Mini Teddy Grahams	Walmart
Nabisco: 100 Calorie Packs- Sweet & Salty	Walmart
Nabisco: 100 Calorie Packs- Wheat Thins Toasted Chips	Walmart
Nabisco: Honey Maid Grahamfuls- All Flavors	Walmart

Nabisco: Honey Maid Lil'Squares- Cinnamon	Walmart
Nabisco: Teddy Grahams 150 Calorie Pouches- Chocolate, Cinnamon, Honey	Walmart
Nabisco: Teddy Grahams- Honey, Cinnamon, Chocolate, Chocolate Chip	Walmart
Nabisco: Triscuit- All Flavors	Walmart
Nabisco: Triscuit Thin Crisps- All Flavors	Walmart
Nabisco: Wheat Thins- Original, Reduced Fat, Multigrain, Toasted Chips	Walmart
Nabisco: Wheat Thins Toasted Chips- Garden Valley Vegetable, Great Plains Multigrain	Walmart
Pepperidge Farm: Baked Naturals Cracker Chips- Multigrain only	Walmart
Popped Rice Snacks- Only Apple and Chocolate	Walmart
Quaker: 25% Less Sugar Chewy Granola Bar- All Flavors	Walmart
Quaker: 90 Calorie Chewy Granola Bar- All Flavors	Walmart
Rice Cakes- All Flavors	Walmart
Sara Lee: Soft & Smooth Mini Bagels- Whole Grain, Cinnamon	Walmart
Sara Lee: Soft & Smooth Mini Bagels- Whole Grain, Cinnamon	Walmart
Thomas: Bagel Thins- 100% Whole Wheat, Everything, Plain	Walmart
Tostitos: Baked Tortilla Scoops- Light Tortilla Chips	Walmart
Chex Mix Snack Mix- Individual Snack Bags Traditional, Sweet n Salty, Trail Mix	
Clif: LUNA fiber- All Flavors	
Jolly Time: Healthy Pop 94% Fat Free Microwave Popcorn	
Jolly Time: Healthy Pop Butter 94% Fat Free- 100 Calorie Pack	
Kashi: Snack Crackers	
Kashi: Soft Baked Cookies- All Flavors	
Lays: Baked Potato Chips- BBQ, Cheddar & Sour Cream, Original, Sour Cream & Onion	
Nabisco: Honey Maid Minions Honey Grahams	
Smart Food Delight Popcorn- Sea Salt or White Cheddar	
Smart N' Healthy Popcorn	
Sweet Cinnamon, Memphis BBQ	
Wholesome Goodness: Tortilla Chips- Sea Salt or Multigrain Flax	

Breakfast & Cereals

Hot cereals and individual cereal bowls

Online Purchase through Amazon	Amazon Standard ID Number (ASIN)
Better Oats: Steel Cut Instant Oatmeal Packets, Apples and Cinnamon, 6 Pack	B00FNP1IFI
Better Oats: Steel Cut Instant Oatmeal Packets, Original Flavor, Box of 10	B00FNP1IQ2
Cheerios: Bowlpak Cereal, 1 Ounce (Pack of 96)	B074JH57FF
Cheerios: Heart Healthy Gluten Free Breakfast Cereal, Family Size, 18 oz	B08X68PTVG
Cinnamon Chex: Gluten Free Bowlpak Cereal, 1 Ounce (Pack of 96)	B074JFF61Y
Cinnamon Toast Crunch: Reduced Sugar Cereal Single Serve Bowl (Pack of 96)	B000YT73AC
Corn Chex Cereal: Single Serve Bowl, 1 Oz (Pack of 96)	B074JH57FG
Kix: Cereal Single Serve Bowl, 0.62 Oz (Pack of 96)	B000YTADMM
Multigrain Cheerios: Cereal Single Serve Bowl, 1 Oz (Pack of 96)	B074JH15YS
Nutri-Grain: Breakfast Bars, Apple Cinnamon (3 Boxes, 48 Count)	B09J789N4G
Nutri-Grain: Breakfast Bars, Apple Cinnamon, 16 Count	B000UPAB8G
Nutri-Grain: Breakfast Bars, Variety Pack (3 Boxes, 48 Count)	B09J6ZFJJV

Nutri-Grain: Soft Baked Breakfast Bars, Blueberry (6 Boxes, 48 Count)	B083XTS18T
Nutri-Grain: Soft Baked Breakfast Bars, Strawberry (6 Boxes, 48 Count)	B083XVLP9L
Nutri-Grain: Soft Baked Breakfast Bars, Variety Pack (4 Boxes, 32 Count)	B07VKQ2WX8
Quaker: Instant Oatmeal Express Cups, Apples & Cinnamon (Pack of 12)	B00KTYFJDU
Quaker: Instant Oatmeal Instant Oats Express, Apple Cranberry (Pack of 12)	B00KTYFJ4Y
Quaker: Instant Oatmeal, 2 Flavor Gluten Free Variety Pack, 32 Count	B0CXGCWQ5T
Quaker: Instant Oatmeal, Apples and Cinnamon, 48 Packets	B077KZJZCR
Quaker: Instant Oatmeal, Original, Individual Packets, 48 Count	B077L3BT7R
Total: Breakfast Cereal, Whole Grain Cereal, 16 oz	B000VDR3WO
In Store Purchase (any retail store):	Known Availability:
Kellogg's: Special K Cereal Bar- Red Berries, Chocolate Pretzel	Costco
Kellogg's: Nutri-Grain Cereal Bars- All Flavors	Costco/Walmart
Quaker: Soft Baked Bars- Banana Nut Bread, Cinnamon Pecan Bread	Costco/Walmart
Kashi: Soft Baked Cereal Bars- Ripe Strawberry	Walmart
Kellogg's: Special K Bar- 90 Calorie Vanilla Crisp, Strawberry,	Walmart
Sunbelt: Crunchy Oats & Honey Granola Bars	Walmart
Fiber One: Streusel Bar- Strawberry or Blueberry	
Quaker: Variety Pack Bars- Strawberry Crisp, Apple Crisp & Mixed Berry Crisp Bars	

Frozen	
Frozen Fruit Bars	
In Store Purchase (any retail store):	Known Availability:
Otter-Pop: 100% Juice Fast Freeze Juice Bars	Costco/Walmart
Blue Bell: Fruit Bars- All Flavors	Walmart
Dryer's: No Sugar Added Fruit Bars- Black Cherry, Strawberry, Kiwi, Mixed Berry, Strawberry, Tangerine, Raspberry	Walmart
Dryer's: Outshine Fruit Bars and Coconut Water	
Fruittare: Fruit Bars- All Flavors	
Simple Truth: Greek Yogurt Frozen Bars- All Flavors	

Cheese/Yogurt/Smoothies	
Dairy	
In Store Purchase (any retail store):	Known Availability:
The Laughing Cow: Babybel Light	Costco
Chobani: Non-fat Yogurt- All Flavors	Costco/Walmart
Fage: Total 0%- Fat Free Yogurt	Costco/Walmart
Kirkland: Low-fat Yogurt- Peach and Blueberry	Costco/Walmart
Precious: String Cheese	Costco/Walmart
The Laughing Cow: Cheese Wedges Light- All Flavors	Costco/Walmart
Yoplait: Light Yogurt- All Flavors	Costco/Walmart
Yoplait: Original Yogurt- All Flavors	Costco/Walmart

Yoplait: Reduced Fat Yogurt- All Flavors	Costco/Walmart
Yoplait: Simply GoGurt- Portable Low Fat Yogurt- All Flavors	Costco/Walmart
Chobani: Low Fat Yogurt- All Flavors	Walmart
Dannon: Danimals- Yogurt Smoothies	Walmart
Dannon: Light & Fit	Walmart
Dannon: Oikos- Fruit on the Bottom (Non-fat)	Walmart
Frigo: Light String Cheese	Walmart
Great Value: Light- Non-fat Yogurt- All Flavors	Walmart
Great Value: Low-fat Yogurt- All Flavors	Walmart
Health Valley: Fruit Yogurt Smoothie Pouch- Strawberry Banana, Pear Mango	Walmart
Kraft: Live Active 2% Milk Marbled Colby & Monterey Jack Cheese Stick	Walmart
Kraft: Mozzarella Cheese String- 2% milk	Walmart
Liberte: Nonfat Greek Yogurt- All Flavors	Walmart
Sargento: Reduced Fat- Colby Jack, Cheddar, Sharp Cheddar	Walmart
Sargento: String Cheese	Walmart
Stoneyfield: YoKids- Low-fat Yogurt- All Flavors	Walmart
Yoplait: Kids Yogurt- All Flavors	Walmart
Yoplait: Gogurt Protein- Portable Low Fat Yogurt- All Flavors	Walmart
Yoplait: Pro-Force Protein Yogurt For Kids- All Flavors	Walmart
Activia: Reduced Fat, Low Fat, or Greek Yogurt- All Flavors	
Precious: Stringsters Reduced Fat String Cheese	
Sargento: Light String Cheese	
Stoneyfield: YoKids Squeezers Organic Low-fat Yogurt- All Flavors	
Yoplait: GoGurt- Portable Low Fat Yogurt- All Flavors	
Yoplait: Greek 100- All Flavors	