



# THE All in, All together PLACE

No Place Like *This Place*



## MEMBER BENEFITS

- Includes all Group Fitness & Virtual classes
  - FREE childcare while you use the Y
  - 2 FREE sessions with a Wellness Coach
  - Dedicated lap & family swim times
- Reduced rates on sports, swim lessons, camp & more
- Access to all 13\* metro Omaha locations

\* Butler-Gast YMCA is closed to prepare for construction on a new facility. Learn more on our website.

## **JOIN THE YMCA! WHERE THERE'S FAMILY FUN FOR ALL.**

The YMCA of Greater Omaha is so much more than a gym. It's a cause, dedicated to youth development, healthy living and social responsibility. At the Y, we are open for all. Here, we rely on our core values of caring, honesty, responsibility and respect to strengthen our community, together.

**No hidden fees. No contracts. Just a warm, welcoming community for you and your family.**

Stop into any location for a tour or sign up for your membership online!

**YMCA OF GREATER OMAHA • metroymca.org**



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FUN & FITNESS FOR ALL AT THE Y!



## TEAMWORK MADE FUN!

### FALL YOUTH SPORTS

FALL SEASON: AUGUST 29-OCTOBER 10

#### NEBRASKA:

- Football» Kindergarten-8<sup>th</sup> grade
- Soccer» 3 years-8<sup>th</sup> grade
- Volleyball» 1<sup>st</sup>-8<sup>th</sup> grade
- Advanced Volleyball» 5<sup>th</sup>-8<sup>th</sup> grade

#### IOWA:

- Football» Kindergarten-8<sup>th</sup> grade
- Soccer» 3 years-2<sup>nd</sup> grade
- Volleyball» 1<sup>st</sup>-8<sup>th</sup> grade
- Advanced Volleyball» 5<sup>th</sup>-8<sup>th</sup> grade

REGISTER BY JULY 20!



## SKILLS THAT SAVE LIVES!

### YMCA SUMMER SWIM LESSONS

SUMMER SESSION:  
June 28-August 8

REGISTRATION OPENS:  
Member: June 8  
Non member: June 12

### YMCA FALL SWIM LESSONS

FALL SESSION:  
August 16-September 26

REGISTRATION OPENS:  
Member: July 27  
Non member: July 31

#### COST

Member: \$75 | Non member: \$115

\* Financial assistance available

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