SNAP FACTSHEET

Supplemental Nutrition Assistance Program

Help with Groceries for Your Family

Many families qualify for help buying groceries through the Supplemental Nutrition Assistance Program (SNAP), even if adults in the household are working.

What Is SNAP?

SNAP helps eligible families buy healthy food each month using an EBT card that works like a debit card at grocery stores.

Why SNAP Matters for Students

Helps ensure students have enough nutritious food at home May automatically qualify students for free school meals Supports health, focus, and learning

Who Can Qualify?

Eligibility is based on household size, income, and certain expenses. Many working families, seniors, and people with disabilities qualify.

What Can SNAP Buy?

Fruits and vegetables, meat, poultry, fish, dairy products, bread, and other staple foods.

How to Apply

SNAP is managed by each state. Families can apply:

Online: Apply or Recertify for SNAP | The State of New York

By Phone: 914-995-3333

In person at a local SNAP office: WESTCHESTER COUNTY DSS

County Office Building #2, 112 East Post Road, White Plains, New York 10601

To learn more or apply, visit:

Supplemental Nutrition Assistance Program (SNAP) | OTDA

www.fns.usda.gov/snap

Applying for SNAP is confidential and meant to support access to food.

Need More Information?

If you have questions or would like help finding local resources, please contact your school office or visit the SNAP website listed above.

The Irvington Union Free School District is here to support our families and students.

District Contact for Family Support: Gina.Menendez@irvingtonschools.org or Katherine.osullivan@irvingtonschools.org