



May 2026

Eastchester High School LUNCH MENU

[5-18/5-22]



HOT LINE
GRILL
DELI/ MTO SALAD Bar
ACAI/ SMOOTHIE BAR
Grab-N-Go/

MON	TUES	WED	THURS	FRI
Sweet and Sour Chicken Fried Rice Broccoli Red Pepper Strips Green Apple	Pasta And Meatballs Or Marinara Sauce WG Breadstick Green Beans Cucumber Slice Pear	Chicken Tender Mac and Cheese Caesar Salad Celery Stick Watermelon	<i>Taco Salad Bowl WG Tortilla Lettuce, Beef, Cheese, Corn and Beans Salad Guacamole, Sour Cream, Salsa Tangerine</i>	Grilled Chicken Sandwich Swiss Cheese, Bacon Chipotle Ranch On WG Bun Baked Sweet Potato Apple Slice
Chicken and Cheese Or Cheese Quesadilla	Grilled Cheese	Chicken and Cheese Or Cheese Quesadilla	Grilled Cheese	Chicken and Cheese Or Cheese Quesadilla
Turkey and Cheese Caesar Salad	Ham and Swiss MTO Salad Bar	Chicken Caesar Wrap Chef Salad	Chicken Cutlet Lettuce Tomatoes Wedge Greek Salad	MTO Pasta Salad
Freshly Made Fruit Smoothies Strawberries/Banana Mixed Berries Pineapple	Acai Bowl Toppings: Fruit of your Choice Granola, Chia seeds Chia/Flax Seeds Honey	Freshly Made Fruit Smoothies Strawberries/Banana Mixed Berries Pineapple	Acai Bowl Toppings: Fruit of your Choice Granola Chia/Flax seeds Honey	Freshly Made Fruit Smoothies Strawberries/Banana Mixed Berries Pineapple
Chicken Corndog Dinner roll Veggie Of the Day	Cheese Calzone Marinara Dipping Sauce Veggie Of the Day	<i>Beef Burrito Veggie Of The Day</i>	Bosco Stick Veggie of the Day	Chicken Dumpling Over Rice and Broccoli

FREE MEAL INCLUDES:
Fruit/Vegetable: Fresh fruits Basket, vegetables of the day and Baby Carrot available daily
Milk: Hormone/Antibiotic Free Skim, 1%, Whole, and Low-Fat Chocolate,
Juice: 100% Fruit Juice


Deli Bar: MTO
 Boars Head Ham, Turkey, Salami, Buffalo Chicken, Breaded or Grilled Chicken, Tuna Salad, American, Cheddar, Provolone, Swiss and Pepperjack Cheese
Bread: Variety bread Selection Bagel/Roll- Cream Cheese or Butter

Premade Salads Meals
Pizza Meal: Cheese or Pepperoni or specialty Pizza
Salad Bar: MTO
Grill Meal: Burger/Cheeseburger, Chicken Patty on WG Roll

A La Carte items:
 Yogurt Parfait w/ Fresh Fruit topping and Granola/Overnight Oats
 Fresh Fruit cup 9oz
 Variety of Healthy Snacks
 Variety of Gluten Free and Low Sugar Cereal

Gluten Free Options Available
Local Farm Fruit and Vegetables
Based on Availability
Non-High Fructose Corn Syrup

Menus are subject to change



This institution is an equal opportunity providers

Consuming raw or uncooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. If you have questions or would like additional information please contact your food service director at 914-793-6130 ex. 4234