000938 - Alfredo Sauce

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 6
Size of Portion: oz
Alternate Menu Name: Alfredo Sauce

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904229s Alfredo Sauce Dry Mix..... 1 Packet
014555 WATER,BTLD,GENERIC.... 1/2 GAL

*Nutrients are based upon 1 Portion Size (oz)

Calories	10	kcal	Cholester	0.83	mg	Total Sugars	0.50	g	Calcium	39.93	mg
						Added Sugars	0.00	g			
Total Fat	0.42	g	Sodium	71.32	mg	Protein	0.17	g	Iron	0.00	mg
Saturated F	0.33	g	Carbohydr	1.17	g	Vitamin A	*0.00*	RAE	Water[1]	*315.94*	g
Trans Fat	0.00	g	Dietary Fib	0.00	g	Vitamin C	*0.00*	mg	Ash[1]	*0.22*	g

37.50%	Calories from Total Fat
30.00%	Calories from Sat Fat
0.00%	Calories from Trans Fat
46.67%	Calories from Carbohydrates
6.67%	Calories from Protein

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000830 - Apple Cider Vinegar Dressing

Source: Darrell
Number of Portions: 250
Size of Portion: tbsp
Alternate Menu Name: BBQ Chik n Sandwich

Recipe HACCP Process:

Meat/Alt:	0 oz
Grains:	0 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

002048 VINEGAR,CIDER..... 1 GAL
904067s Canola/Virgin Olive Oil Blend 80/20.... 1 GAL
902723s Dijon Mustard..... 2 CUP
019296 HONEY..... 4 CUP
799986s SALT, KOSHER..... 1 TBSP + 1/2 TBSP
002030 PEPPER,BLACK..... 1 TSP

*Nutrients are based upon 1 Portion Size (tbsp)

Calories	154	kcal	Cholester	0.00	mg	Total Sugars	*4.52*	g	Calcium	1.43	mg	90.02%	Calories from Total Fat
						Added Sugars	*4.45*	g					
Total Fat	15.36	g	Sodium	94.34	mg	Protein	0.02	g	Iron	0.05	mg	6.35%	Calories from Sat Fat
Saturated F	1.08	g	Carbohydr	5.00	g	Vitamin A	*0.00*	RAE	Water[1]	*15.24*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	0.01	g	Vitamin C	0.03	mg	Ash[1]	*0.04*	g	13.02%	Calories from Carbohydrates
												0.04%	Calories from Protein

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000651 - Bagel & Cream Cheese

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1.0000
Size of Portion: 1 EACH
Alternate Menu Name: Par Baked Bagel

Meat/Alt:	0.5 oz
Grains:	2 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

903933s BAGEL, PLAIN, Dos Pisano.... 1 BAGEL
903369s Cream Cheese..... 1 OZ

*Nutrients are based upon 1 Portion Size (1 EACH)

Calories	393	kcal	Cholester	*20.00*	mg	Total Sugars	*5.87*	g	Calcium	40.00	mg	21.09%	Calories from Total Fat
						Added Sugars	*N/A*	g					
Total Fat	9.20	g	Sodium	598.90	mg	Protein	12.73	g	Iron	2.64	mg	*9.17%*	Calories from Sat Fat
Saturated F	*4.00*	g	Carbohydr	68.45	g	Vitamin A	*N/A*	RAE	Water[1]	*0.00*	g	*N/A*%	Calories from Trans Fat
Trans Fat	*N/A*	g	Dietary Fib	8.80	g	Vitamin C	0.00	mg	Ash[1]	*0.00*	g	69.74%	Calories from Carbohydrates
												12.97%	Calories from Protein

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000944 - Baguette

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Sandwich
Alternate Menu Name: Baguette

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

903550s Baguette.... 1 baguette

*Nutrients are based upon 1 Portion Size (Sandwich)

Calories	1200	kcal	Cholester	0.00	mg	Total Sugars	*N/A*	g	Calcium	0.00	mg	0.00%	Calories from Total Fat
						Added Sugars	*N/A*	g					
Total Fat	0.00	g	Sodium	1000.00	mg	Protein	8.00	g	Iron	1.80	mg	0.00%	Calories from Sat Fat
Saturated F	0.00	g	Carbohydr	245.00	g	Vitamin A	*N/A*	RAE	Water[1]	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	6.00	g	Vitamin C	0.00	mg	Ash[1]	*N/A*	g	81.67%	Calories from Carbohydrates
												2.67%	Calories from Protein

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000945 - Bahn Mi Chicken

Recipe HACCP Process: #3 Complex Food Preparation

Source: Darrell
Number of Portions: 1
Size of Portion: 4 oz
Alternate Menu Name: Bahn Mi Chicken Marinade

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904235s Chicken Thighs, Boneless/Skinless Frozen Raw....	12 LB
903140s SOY SAUCE (Light) #4897641.....	1 CUP
902697s Rice Wine Vinegar.....	1/2 (1 cup)
009160 LIME JUICE,RAW.....	1/2 CUP
019296 HONEY.....	1/2 CUP
902897s GARLIC, MINCED.....	1/2 CUP
002021 GINGER,GROUND.....	2 TBSP

*Nutrients are based upon 1 Portion Size (4 oz)

Calories	15025	kcal	Cholester	4297.17	mg	Total Sugars	*141.60	g	Calcium	612.36	mg	68.68%	Calories from Total Fat
						Added Sugars	*139.19	g					
Total Fat	1146.48	g	Sodium	23632.50	mg	Protein	818.31	g	Iron	54.51	mg	17.18%	Calories from Sat Fat
Saturated F	286.76	g	Carbohydr	496.98	g	Vitamin A	*2.64*	RAE	Water[1]	*139.91*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	2.35	g	Vitamin C	37.22	mg	Ash[1]	*1.28*	g	13.23%	Calories from Carbohydrates
												21.79%	Calories from Protein

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000946 - Bahn Mi Quick Pickle Veg

Recipe HACCP Process: #3 Complex Food Preparation

Source: Darrell
Number of Portions: 1
Size of Portion: 1/2 C
Alternate Menu Name: Quick Pickle Veg Bahn Mi

Meat/Alt:	0 oz
Grains:	0 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

902922s CARROTS,RAW..... 6 LB
011206 CUCUMBER,PEELED,RAW.... 6 LB
902727s Rice Wine Vinegar..... 2 (1 cup)
019335 SUGARS,GRANULATED..... 1/2 CUP
799986s SALT, KOSHER..... 2 TBSP

*Nutrients are based upon 1 Portion Size (1/2 C)

Calories	1778	kcal	Cholester	0.00	mg	Total Sugars	*138.16	g	Calcium	1280.14	mg	5.51%	Calories from Total Fat
						Added Sugars	*100.60	g					
Total Fat	10.89	g	Sodium	11293.31	mg	Protein	41.37	g	Iron	14.20	mg	1.49%	Calories from Sat Fat
Saturated F	2.94	g	Carbohydr	420.29	g	Vitamin A	*108.86	RAE	Water[1]	*5035.44*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	95.25	g	Vitamin C	247.66	mg	Ash[1]	*36.21*	g	94.55%	Calories from Carbohydrates
												9.31%	Calories from Protein

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000942 - BBQ Chicken Nachos

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Plate
Alternate Menu Name: BBQ Chicken Nachos

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

R-000940 BBQ Chicken, Chopped	1 Portion
R-000941 Refried Beans, Vegetarian	1/2 Cup
R-000843 Salsa, Housemade	1 (1/4 Cup Serving)
904233s Chips, Tortilla Salted	1 Bag
903777s Cheese, Cheddar Yellow, Shredded	2 OZ
902781s TOMATOES,RED,RIPE,RAW	1 OZ, diced
901062s ONIONS,RED,RAW	1 OZ
903224s Jalapenos	1 OZ

*Nutrients are based upon 1 Portion Size (Plate)

Calories	2298	kcal	Cholester	123.59	mg	Total Sugars	*28.08*	g	Calcium	*130.18*	mg	26.63%	Calories from Total Fat
						Added Sugars	*5.98*	g					
Total Fat	68.00	g	Sodium	*10298.63	mg	Protein	106.28	g	Iron	*23.59*	mg	5.63%	Calories from Sat Fat
Saturated F	14.39	g	Carbohydr	296.19	g	Vitamin A	*10.97*	RAE	Water[1]	*332.78*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	85.33	g	Vitamin C	*9.53*	mg	Ash[1]	*0.47*	g	51.55%	Calories from Carbohydrates
												18.50%	Calories from Protein

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000969 - BBQ Chicken Wings, Veg, H.Roll

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: 6 wings
Alternate Menu Name: Buffalo Wings,Veg/H.Rol

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904219s Chicken Wings, Fully Cooked Glazed Bone-In....	1 (6 Pieces)
903274s BBQ Sauce.....	1 TBSP
904217s Hawaiian Dinner roll 51% WW.....	1 (1)
799938s CARROTS,RAW.....	2 OZ, 1/4" SLICES
011143 CELERY,RAW.....	2 OZ

*Nutrients are based upon 1 Portion Size (6 wings)

Calories	539	kcal	Cholester	141.88	mg	Total Sugars	*12.74*	g	Calcium	113.02	mg	47.77%	Calories from Total Fat
						Added Sugars	*3.98*	g					
Total Fat	28.61	g	Sodium	811.75	mg	Protein	25.81	g	Iron	2.45	mg	11.30%	Calories from Sat Fat
Saturated F	6.77	g	Carbohydr	46.46	g	Vitamin A	*12.47*	RAE	Water[1]	*104.17*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	4.48	g	Vitamin C	*6.90*	mg	Ash[1]	*0.98*	g	34.48%	Calories from Carbohydrates
												19.15%	Calories from Protein

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000940 - BBQ Chicken, Chopped

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Portion
Alternate Menu Name: BBQ Chicken, Chopped

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904231s Chicken, BBQ - Chopped, Brookwood.... 3 OZ

*Nutrients are based upon 1 Portion Size (Portion)

Calories	141	kcal	Cholester	62.84	mg	Total Sugars	9.90	g	Calcium	20.83	mg	29.43%	Calories from Total Fat
						Added Sugars	5.58	g					
Total Fat	4.63	g	Sodium	*N/A*	mg	Protein	12.10	g	Iron	0.76	mg	7.65%	Calories from Sat Fat
Saturated F	1.20	g	Carbohydr	12.49	g	Vitamin A	3.81	RAE	Water[1]	43.47	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	0.00	g	Vitamin C	0.00	mg	Ash[1]	*N/A*	g	35.31%	Calories from Carbohydrates
												34.21%	Calories from Protein

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000831 - BBQ Pulled Chix Sandwich

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Sandwich
Alternate Menu Name: w/ slaw

Meat/Alt:	2.25 oz
Grains:	3 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

903714s Brioche Hamburger Bun WG (Dos Pisanos).... 1 Bun
904098s BBQ Chicken breast, fully cooked, diced..... 4 OZ
R-000829 Cole Slaw ..... 1 (1/2 cup)

*Nutrients are based upon 1 Portion Size (Sandwich)

Calories	546	kcal	Cholester	83.05	mg	Total Sugars	*14.38*	g	Calcium	576.18	mg	44.72%	Calories from Total Fat
						Added Sugars	*4.45*	g					
Total Fat	27.11	g	Sodium	1516.52	mg	Protein	27.13	g	Iron	4.74	mg	9.47%	Calories from Sat Fat
Saturated F	5.74	g	Carbohydr	50.24	g	Vitamin A	*25.47*	RAE	Water[1]	*65.88*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	4.43	g	Vitamin C	18.74	mg	Ash[1]	*0.44*	g	36.83%	Calories from Carbohydrates
												19.89%	Calories from Protein

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000016 - Benefit Bar

Recipe HACCP Process: #1 No Cook

Source:
Number of Portions: 1
Size of Portion: Each
Alternate Menu Name: Banana Choc Chunk
Oatmeal Chocolate

Meat/Alt: 0 oz
Grains: 2 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

902488s Banana Chocolate Chunk Breakfast Bar.... 1 Each

*Nutrients are based upon 1 Portion Size (Each)

Calories	280	kcal	Cholester	15.03	mg	Total Sugars Added Sugars	23.04 *N/A*	g g	Calcium	*N/A*	mg	25.72%	Calories from Total Fat
Total Fat	8.01	g	Sodium	220.39	mg	Protein	5.01	g	Iron	*N/A*	mg	9.64%	Calories from Sat Fat
Saturated F	3.01	g	Carbohydr	48.09	g	Vitamin A	*N/A*	RAE	Water[1]	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	3.01	g	Vitamin C	*N/A*	mg	Ash[1]	*N/A*	g	68.57%	Calories from Carbohydrates
												7.14%	Calories from Protein

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000913 - Birria and Cheese Pupusa

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: 1 ea.
Alternate Menu Name: Birria and Cheese Pupusa

Meat/Alt: 2 oz
Grains: 2 oz
Fruit: 0.5 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904197s Birria and Cheese Pupusa.... 1 (1)
R-000879 Pupusa Salad (Curtido)..... 1 (4oz)

*Nutrients are based upon 1 Portion Size (1 ea.)

Calories	270	kcal	Cholester	24.46	mg	Total Sugars	*2.30*	g	Calcium	230.41	mg	36.51%	Calories from Total Fat
						Added Sugars	0.00	g					
Total Fat	10.96	g	Sodium	956.29	mg	Protein	11.81	g	Iron	1.35	mg	9.09%	Calories from Sat Fat
Saturated F	2.73	g	Carbohydr	32.67	g	Vitamin A	*2.02*	RAE	Water[1]	*57.65*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	1.42	g	Vitamin C	*15.22*	mg	Ash[1]	*0.47*	g	48.40%	Calories from Carbohydrates
												17.49%	Calories from Protein

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000951 - Breaded Rav, Marinara, Brdstk

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Serving
Alternate Menu Name: Breaded Rav, Marinara, B

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

R-000949 Ravioli, Breaded Square Cheese..... 1 (7 ea)
R-000950 Garlic Breadstick..... 1 Breadstick
904179s Marinara Sauce BDiN 6X 104OZ..... 4 OZ

*Nutrients are based upon 1 Portion Size (Serving)

Calories	2733	kcal	Cholester	35.00	mg	Total Sugars	40.46	g	Calcium	1131.36	mg	11.44%	Calories from Total Fat
						Added Sugars	7.00	g					
Total Fat	34.74	g	Sodium	5707.27	mg	Protein	137.86	g	Iron	30.35	mg	3.79%	Calories from Sat Fat
Saturated F	11.50	g	Carbohydr	480.95	g	Vitamin A	*0.00*	RAE	Water[1]	*0.00*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	51.98	g	Vitamin C	*0.00*	mg	Ash[1]	*0.00*	g	70.38%	Calories from Carbohydrates
												20.17%	Calories from Protein

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000846 - Breakfast Burrito

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Burrito
Alternate Menu Name: Winter 25-26
Secondary
Vegetarian

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

903765s tortilla flour wheat 10"..... 1 Tortilla
904101s Eggs, Scrambled Cooked Cage Free.... 1 1/2 OZ
903777s Cheese, Cheddar Yellow, Shredded..... 1/2 OZ
R-000843 Salsa, Housemade ..... 1 (1/4 Cup Serving)
904110s Potato, Tater Triangle Hashbrown..... 1 Hashbrown Triangle

*Nutrients are based upon 1 Portion Size (Burrito)

Calories	422	kcal	Cholester	159.47	mg	Total Sugars	*1.19*	g	Calcium	*42.29*	mg	38.79%	Calories from Total Fat
						Added Sugars	*0.40*	g					
Total Fat	18.18	g	Sodium	1365.15	mg	Protein	14.07	g	Iron	*0.65*	mg	14.02%	Calories from Sat Fat
Saturated F	6.57	g	Carbohydr	48.43	g	Vitamin A	*7.16*	RAE	Water[1]	*0.31*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	7.51	g	Vitamin C	*3.84*	mg	Ash[1]	*0.06*	g	45.92%	Calories from Carbohydrates
												13.34%	Calories from Protein

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000871 - Breakfast Sandwich E

Recipe HACCP Process: #1 No Cook

Source: Darrell
Number of Portions: 1
Size of Portion: Sandwich

Meat/Alt:	2 oz
Grains:	2 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

904013s English Muffin, WG (Bubba's)..... 1 Muffin
001123 EGG,WHL,RAW,FRSH..... 1 large
904064s Cheddar Cheese, Yellow Sliced.... 1 Slice

*Nutrients are based upon 1 Portion Size (Sandwich)

Calories	316	kcal	Cholester	214.00	mg	Total Sugars	1.28	g	Calcium	309.00	mg	43.09%	Calories from Total Fat
						Added Sugars	0.00	g					
Total Fat	15.15	g	Sodium	496.00	mg	Protein	18.78	g	Iron	2.68	mg	19.52%	Calories from Sat Fat
Saturated F	6.86	g	Carbohydr	25.26	g	Vitamin A	*80.00*	RAE	Water[1]	*38.08*	g	0.05%	Calories from Trans Fat
Trans Fat	0.02	g	Dietary Fib	2.00	g	Vitamin C	*0.00*	mg	Ash[1]	*0.53*	g	31.92%	Calories from Carbohydrates
												23.73%	Calories from Protein

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000557 - Breakfast Sandwich w/ Saus E

Recipe HACCP Process: #1 No Cook

Source: Darrell
Number of Portions: 1
Size of Portion: Sandwich

Meat/Alt:	2 oz
Grains:	2 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

904064s Cheddar Cheese, Yellow Sliced..... 1 Slice
904012s Sausage Patty, Chicken (Tyson).... 1 Patty
904013s English Muffin, WG (Bubba's)..... 1 Muffin
001123 EGG,WHL,RAW,FRSH..... 1 large

*Nutrients are based upon 1 Portion Size (Sandwich)

Calories	416	kcal	Cholester	254.00	mg	Total Sugars	1.28	g	Calcium	319.00	mg	45.71%	Calories from Total Fat
						Added Sugars	0.00	g					
Total Fat	21.15	g	Sodium	746.00	mg	Protein	29.78	g	Iron	3.68	mg	18.07%	Calories from Sat Fat
Saturated F	8.36	g	Carbohydr	26.26	g	Vitamin A	*80.00*	RAE	Water[1]	*38.08*	g	0.04%	Calories from Trans Fat
Trans Fat	0.02	g	Dietary Fib	2.00	g	Vitamin C	*0.00*	mg	Ash[1]	*0.53*	g	25.22%	Calories from Carbohydrates
												28.60%	Calories from Protein

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000922 - Broccoli, Roasted

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 12
Size of Portion: Cup
Alternate Menu Name:
Broccoli, Roasted

Meat/Alt:	0 oz
Grains:	0 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

904209s Broccoli, Florets.... 1 LB
799986s SALT, KOSHER.... 1 TBSP
902880s Olive Oil Blend..... 2 TBSP

*Nutrients are based upon 1 Portion Size (Cup)

Calories	*44*	kcal	Cholester	*0.00*	mg	Total Sugars	*0.00*	g	Calcium	*0.00*	mg	*96.92%*	Calories from Total Fat
						Added Sugars	*N/A*	g					
Total Fat	*4.72*	g	Sodium	*390.00*	mg	Protein	*0.00*	g	Iron	*0.00*	mg	*13.85%*	Calories from Sat Fat
Saturated F	*0.68*	g	Carbohydr	*0.00*	g	Vitamin A	*N/A*	RAE	Water[1]	*0.00*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	*0.00*	g	Vitamin C	*0.00*	mg	Ash[1]	*0.00*	g	*0.00%*	Calories from Carbohydrates
												0.00%	Calories from Protein

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000936 - Buffalo "Chicken" Ranch Wrap

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Wrap
Alternate Menu Name: Buffalo "Chicken" Ranch

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904227s Tortilla, Spinach 12"	1 (1 Tortilla)
904226s Buffalo "Chicken" (Vegan)	3 OZ
903546s Ranch Dressing	1 OZ
904131s LETTUCE,COS/ROMAINE,FRESH	2 innerleaf(s)
902781s TOMATOES,RED,RIPE,RAW	2 slice
011205 CUCUMBER,WITH PEEL,RAW	1 (1/4 Cup, Slices)

*Nutrients are based upon 1 Portion Size (Wrap)

Calories	485	kcal	Cholester	4.29	mg	Total Sugars	*5.61*	g	Calcium	156.49	mg	32.43%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	17.47	g	Sodium	1188.20	mg	Protein	32.32	g	Iron	3.40	mg	10.55%	Calories from Sat Fat
Saturated F	5.68	g	Carbohydr	57.40	g	Vitamin A	*1.42*	RAE	Water[1]	*99.56*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	5.52	g	Vitamin C	*13.22*	mg	Ash[1]	*0.57*	g	47.37%	Calories from Carbohydrates
												26.67%	Calories from Protein

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000957 - Buffalo Ranch Sauce

Recipe HACCP Process: #1 No Cook

Source:
Number of Portions: 1
Size of Portion: 2 oz
Alternate Menu Name: Buffalo Ranch

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904220s Frank's Redhot Kosher Buffalo Wing Hot Sauce.... 8 OZ
903546s Ranch Dressing..... 8 OZ

*Nutrients are based upon 1 Portion Size (2 oz)

Calories	241	kcal	Cholester	34.36	mg	Total Sugars	0.00	g	Calcium	*240.54*	mg	48.28%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	12.90	g	Sodium	7594.22	mg	Protein	7.21	g	Iron	0.68	mg	13.32%	Calories from Sat Fat
Saturated F	3.56	g	Carbohydr	24.04	g	Vitamin A	*N/A*	RAE	Water[1]	*0.00*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	0.68	g	Vitamin C	*3.42*	mg	Ash[1]	*0.00*	g	39.98%	Calories from Carbohydrates
												11.99%	Calories from Protein

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000929 - Buffalo Wings, Veg, H.Roll

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: 6 wings
Alternate Menu Name: Buffalo Wings,Veg/H.Rol

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904219s Chicken Wings, Fully Cooked Glazed Bone-In.....	1 (6 Pieces)
904220s Frank's Redhot Kosher Buffalo Wing Hot Sauce....	1 OZ
004602 BUTTER,LT,STK,WO/SALT.....	1 TBSP
904217s Hawaiian Dinner roll 51% WW.....	1 (1)
799938s CARROTS,RAW.....	2 OZ, 1/4" SLICES
011143 CELERY,RAW.....	2 OZ

*Nutrients are based upon 1 Portion Size (6 wings)

Calories	574	kcal	Cholester	156.72	mg	Total Sugars	*4.74*	g	Calcium	*119.74*	mg	56.96%	Calories from Total Fat
						Added Sugars	*3.98*	g					
Total Fat	36.32	g	Sodium	1465.58	mg	Protein	26.27	g	Iron	2.43	mg	18.15%	Calories from Sat Fat
Saturated F	11.57	g	Carbohydr	37.46	g	Vitamin A	*77.57*	RAE	Water[1]	*110.22*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	4.48	g	Vitamin C	*5.10*	mg	Ash[1]	*1.05*	g	26.11%	Calories from Carbohydrates
												18.31%	Calories from Protein

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000964 - Ceviche, Rockfish

Recipe HACCP Process: #3 Complex Food Preparation

Source: Darrell
Number of Portions: 1
Size of Portion: 1.25 Cups
Alternate Menu Name: West Coast Rockfish Cevi

Meat/Alt:	0 oz
Grains:	0 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

R-000965 Rockfish (For Ceviche).....	10 LB
902814s LIME JUICE.....	3 3/4 CUP
901062s ONIONS,RED,RAW.....	1 QT, chopped
069047s CILANTRO FRESH,RAW.....	1 QT, chopped
902781s TOMATOES,RED,RIPE,RAW....	3 QT, chopped
903478s Jalapenos.....	1 CUP
799986s SALT, KOSHER.....	1 1/2 TSP
002030 PEPPER,BLACK.....	1 1/2 TSP, ground

*Nutrients are based upon 1 Portion Size (1.25 Cups)

Calories	48696	kcal	Cholester	15875.72	mg	Total Sugars	*0.02*	g	Calcium	*2728.35*	mg	13.52%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	731.49	g	Sodium	38236.53	mg	Protein	8629.5	g	Iron	*122.83*	mg	3.38%	Calories from Sat Fat
Saturated F	182.80	g	Carbohydr	1428.16	g	Vitamin A	*0.93*	RAE	Water[1]	*19697.89	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	45.83	g	Vitamin C	*3805.8	mg	Ash[1]	*53.13*	g	11.73%	Calories from Carbohydrates
												70.89%	Calories from Protein

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000955 - Char Siu Chicken

Recipe HACCP Process: #3 Complex Food Preparation

Source: Darrell
Number of Portions: 1
Size of Portion: 4 oz
Alternate Menu Name: Char Siu Chicken

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904235s Chicken Thighs, Boneless/Skinless Frozen Raw	4 LB
904241s Hoisin Sauce	1/2 CUP
903140s SOY SAUCE (Light) #4897641	1/4 CUP
019296 HONEY	1/4 CUP
902727s Rice Wine Vinegar	3 (1 tsp)
903410s TOASTED SESAME OIL	2 TBSP
902445s GARLIC, MINCED	1 TBSP
011216 GINGER ROOT,RAW	1 TBSP

*Nutrients are based upon 1 Portion Size (4 oz)

Calories	5809	kcal	Cholester	*1432.45*	mg	Total Sugars Added Sugars	*72.13* *69.60*	g g	Calcium	*197.89*	mg	72.37%	Calories from Total Fat
Total Fat	467.08	g	Sodium	*7279.50*	mg	Protein	*271.43	g	Iron	*17.59*	mg	16.68%	Calories from Sat Fat
Saturated F	107.66	g	Carbohydr	*165.87*	g	Vitamin A	*0.00*	RAE	Water[1]	*19.23*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	*0.32*	g	Vitamin C	*0.72*	mg	Ash[1]	*0.43*	g	*11.42%*	Calories from Carbohydrates
												18.69%	Calories from Protein

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000802 - Chicken Caesar Salad

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: salad
Alternate Menu Name: Entree Salad 2025

Meat/Alt: 2 oz
Grains: 2 oz
Fruit: 0 Cup
Vegetable: 0.25 Cup
Milk: 0 Cup

011251 LETTUCE,COS OR ROMAINE,RAW..... 5 OZ
904061s Grilled Chicken Breast Patty, FC Rich Chicks.... 1 Grilled Patty
069042s CHEESE,PARMESAN,SHREDDED..... 1 OZ
902714s Croutons..... 1 OZ
903265s Creamy Caesar Dressing..... 1 1/2 OZ
904195s Garlic Breadsticks..... 1 (1)

*Nutrients are based upon 1 Portion Size (salad)

Calories	635	kcal	Cholester	120.31	mg	Total Sugars	*2.69*	g	Calcium	*46.78*	mg	64.48%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	45.52	g	Sodium	1105.83	mg	Protein	28.86	g	Iron	*2.46*	mg	16.45%	Calories from Sat Fat
Saturated F	11.62	g	Carbohydr	27.68	g	Vitamin A	*618.02	RAE	Water[1]	*134.11*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	4.99	g	Vitamin C	*5.67*	mg	Ash[1]	*0.82*	g	17.42%	Calories from Carbohydrates
												18.16%	Calories from Protein

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000930 - Chicken Chow Mein

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: 2 Cups
Alternate Menu Name: Chicken Chow Mein

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904221s Chow Mein 51% Whole Grain Noodle....	1 (1 Cup)
904199s Seasoned Hand Pulled Chicken	4 OZ
011109 CABBAGE,RAW.....	1/2 CUP, shredded
902580s CARROTS,RAW.....	1/2 CUP, shredded

*Nutrients are based upon 1 Portion Size (2 Cups)

Calories	725	kcal	Cholester	108.64	mg	Total Sugars	*6.86*	g	Calcium	75.67	mg	13.37%	Calories from Total Fat
						Added Sugars	*5.74*	g					
Total Fat	10.78	g	Sodium	1749.63	mg	Protein	46.59	g	Iron	13.46	mg	2.08%	Calories from Sat Fat
Saturated F	1.67	g	Carbohydr	106.55	g	Vitamin A	*1.75*	RAE	Water[1]	*80.82*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	13.90	g	Vitamin C	*16.05*	mg	Ash[1]	*0.76*	g	58.78%	Calories from Carbohydrates
												25.70%	Calories from Protein

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000822 - Chicken Nuggets & Tots w/Roll

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: serving
Alternate Menu Name: Winter 25-26
Secondary

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904082s Chicken Chunks Breaded WG, Tyson.... 1 Serving (5 nuggets)
904031s Tater Gems, Reduced Soduim..... 1 Serving/10 pieces
904217s Hawaiian Dinner roll 51% WW..... 1 (1)

*Nutrients are based upon 1 Portion Size (serving)

Calories	559	kcal	Cholester	55.00	mg	Total Sugars	4.98	g	Calcium	56.70	mg	35.38%	Calories from Total Fat
						Added Sugars	4.98	g					
Total Fat	21.98	g	Sodium	1008.89	mg	Protein	28.98	g	Iron	3.95	mg	5.63%	Calories from Sat Fat
Saturated F	3.50	g	Carbohydr	62.85	g	Vitamin A	*0.00*	RAE	Water[1]	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	4.99	g	Vitamin C	*0.00*	mg	Ash[1]	*N/A*	g	44.96%	Calories from Carbohydrates
												20.73%	Calories from Protein

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000882 - Chicken Pasta Alfredo

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Serving
Alternate Menu Name: Alfredo Pasta

Meat/Alt:	3 oz
Grains:	2 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

904113s Chicken Chunk, Fully Cooked "Rich Chicks".... 3 OZ
069042s CHEESE,PARMESAN,SHREDDED..... 1 OZ
904171s Penne Noodles..... 1 CUP
904170s Alfredo Sauce..... 1 CUP

*Nutrients are based upon 1 Portion Size (Serving)

Calories	811	kcal	Cholester	97.78	mg	Total Sugars	14.74	g	Calcium	0.00	mg
						Added Sugars	*0.00*	g			
Total Fat	21.61	g	Sodium	2181.52	mg	Protein	41.95	g	Iron	0.00	mg
Saturated F	12.68	g	Carbohydr	99.37	g	Vitamin A	*0.00*	RAE	Water[1]	*0.00*	g
Trans Fat	0.00	g	Dietary Fib	7.82	g	Vitamin C	*0.00*	mg	Ash[1]	*0.00*	g

23.97%	Calories from Total Fat
14.06%	Calories from Sat Fat
0.00%	Calories from Trans Fat
48.99%	Calories from Carbohydrates
20.68%	Calories from Protein

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000340 - Chickpea Salad

Recipe HACCP Process: #1 No Cook

Source: Darrell
Number of Portions: 36
Size of Portion: 1 cup
Alternate Menu Name: Side Salad

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

016360 CHICKPEAS,MATURE SEEDS,CND,SOL & LIQUIDS,LO N....	1 Can(total can contents)
004053 OIL,OLIVE,SALAD OR COOKING.....	1/2 CUP
009153 LEMON JUC FROM CONC,CND OR BTLD.....	1 CUP
902897s GARLIC, MINCED.....	2 TBSP
002047 SALT,TABLE.....	2 TBSP
002030 PEPPER,BLACK.....	1 TSP, ground
902781s TOMATOES,RED,RIPE,RAW.....	9 CUP, chopped or sliced
011206 CUCUMBER,PEELED,RAW.....	6 CUP, chopped
902644s ONIONS,RED,RAW.....	3 CUP, sliced
069047s CILANTRO FRESH,RAW.....	1 1/2 CUP, diced

*Nutrients are based upon 1 Portion Size (1 cup)

Calories	54	kcal	Cholester	0.00	mg	Total Sugars	*0.73*	g	Calcium	17.38	mg	56.82%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	3.39	g	Sodium	413.11	mg	Protein	1.32	g	Iron	0.39	mg	8.10%	Calories from Sat Fat
Saturated F	0.48	g	Carbohydr	6.08	g	Vitamin A	*1.16*	RAE	Water[1]	*93.27*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	1.55	g	Vitamin C	8.45	mg	Ash[1]	*1.53*	g	45.29%	Calories from Carbohydrates
												9.82%	Calories from Protein

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900759 - Cilantro Rice

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 24
Size of Portion: 5 oz

Meat/Alt:	0 oz
Grains:	0 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

799968s CILANTRO..... 1/2 CUP
903411s LIME JUICE..... 1 CUP
R-000810 Rice, White Jasmine..... 24 (8 oz cups)

*Nutrients are based upon 1 Portion Size (5 oz)

Calories	263	kcal	Cholester	0.00	mg	Total Sugars	*0.00*	g	Calcium	45.13	mg	0.00%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	0.00	g	Sodium	70.25	mg	Protein	0.80	g	Iron	1.26	mg	0.00%	Calories from Sat Fat
Saturated F	0.00	g	Carbohydr	59.96	g	Vitamin A	*0.00*	RAE	Water[1]	*314.05*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	1.28	g	Vitamin C	38.34	mg	Ash[1]	*0.49*	g	91.03%	Calories from Carbohydrates
												1.21%	Calories from Protein

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000937 - Cinnamon Swirls

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Swirl
Alternate Menu Name:
Cinnamon Roll

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904228s Cinnamon Swirls, WG.... 1 Roll

*Nutrients are based upon 1 Portion Size (Swirl)

Calories	300	kcal	Cholester	10.00	mg	Total Sugars	22.00	g	Calcium	50.00	mg	27.00%	Calories from Total Fat
						Added Sugars	22.00	g					
Total Fat	9.00	g	Sodium	125.00	mg	Protein	6.00	g	Iron	2.00	mg	7.50%	Calories from Sat Fat
Saturated F	2.50	g	Carbohydr	48.00	g	Vitamin A	*N/A*	RAE	Water[1]	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	3.00	g	Vitamin C	*N/A*	mg	Ash[1]	*N/A*	g	64.00%	Calories from Carbohydrates
												8.00%	Calories from Protein

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000925 - Coconut Butterfly Shrimp

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: ea
Alternate Menu Name: Coconut Butterfly Shrimp

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904215s Coconut Brd Bfly Shrimp, 21/25..... 6 OZ
042151 VEGETABLE OIL-BUTTER SPRD,RED CAL.... 1 TSP

*Nutrients are based upon 1 Portion Size (ea)

Calories	395	kcal	Cholester	137.34	mg	Total Sugars	6.00	g	Calcium	67.76	mg	35.98%	Calories from Total Fat
						Added Sugars	0.00	g					
Total Fat	15.80	g	Sodium	520.18	mg	Protein	21.00	g	Iron	2.25	mg	25.68%	Calories from Sat Fat
Saturated F	11.27	g	Carbohydr	40.50	g	Vitamin A	35.49	RAE	Water[1]	*1.94*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	4.50	g	Vitamin C	0.00	mg	Ash[1]	*0.10*	g	41.00%	Calories from Carbohydrates
												21.26%	Calories from Protein

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000980 - Coconut Chicken Curry

Recipe HACCP Process: #3 Complex Food Preparation

Source: Darrell
Number of Portions: 1
Size of Portion: 4 oz
Alternate Menu Name: Coconut Chicken Curry

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904259s Chicken Breast, Bnless/Sknless Raw Diced.... 4 OZ
R-000979 Green Coconut Curry Simmer SC..... 1/2 Cup

*Nutrients are based upon 1 Portion Size (4 oz)

Calories	1595	kcal	Cholester	55.69	mg	Total Sugars	*33.56*	g	Calcium	*221.15*	mg	56.56%	Calories from Total Fat
						Added Sugars	25.15	g					
Total Fat	100.23	g	Sodium	5432.28	mg	Protein	32.90	g	Iron	21.69	mg	50.26%	Calories from Sat Fat
Saturated F	89.06	g	Carbohydr	181.40	g	Vitamin A	*500.00	RAE	Water[1]	*1040.84*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	0.48	g	Vitamin C	*166.41	mg	Ash[1]	*1.98*	g	45.50%	Calories from Carbohydrates
												8.25%	Calories from Protein

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000928 - Coconut Shrimp Recipe

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: 8 oz
Alternate Menu Name: Coconut Shrimp Recipe

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

R-000925 Coconut Butterfly Shrimp..... 6 ea
R-000926 Spicy Mango Salsa..... 4 (4 oz)
R-000810 Rice, White Jasmine..... 1 (8 oz cups)
904191s Hawaiian Dinner Roll..... 1 Roll

*Nutrients are based upon 1 Portion Size (8 oz)

Calories	8417	kcal	Cholester	824.04	mg	Total Sugars	*1287.5	g	Calcium	1884.82	mg	14.06%	Calories from Total Fat
						Added Sugars	0.00	g					
Total Fat	131.49	g	Sodium	9627.13	mg	Protein	205.88	g	Iron	17.53	mg	7.27%	Calories from Sat Fat
Saturated F	68.00	g	Carbohydr	1823.30	g	Vitamin A	*232.30	RAE	Water[1]	*1590.02*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	174.67	g	Vitamin C	*337.76	mg	Ash[1]	*5.93*	g	86.65%	Calories from Carbohydrates
												9.78%	Calories from Protein

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000829 - Cole Slaw

Recipe HACCP Process: #1 No Cook

Source: Darrell
Number of Portions: 25
Size of Portion: 1/2 cup
Alternate Menu Name: BBQ chik n Sandwich

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

011109 CABBAGE,RAW..... 2 LB + 8 OZ
799938s CARROTS,RAW..... 2 CUP, shredded
011297 PARSLEY,FRSH..... 1/2 cup chopped
R-000815 Apple Cider Vinegar Dressing..... 25 tbsp

*Nutrients are based upon 1 Portion Size (1/2 cup)

Calories	169	kcal	Cholester	0.00	mg	Total Sugars	*5.98*	g	Calcium	24.13	mg	82.23%	Calories from Total Fat
						Added Sugars	*4.45*	g					
Total Fat	15.44	g	Sodium	109.25	mg	Protein	0.72	g	Iron	0.37	mg	5.88%	Calories from Sat Fat
Saturated F	1.10	g	Carbohydr	8.55	g	Vitamin A	*7.32*	RAE	Water[1]	*65.88*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	1.43	g	Vitamin C	18.74	mg	Ash[1]	*0.44*	g	20.24%	Calories from Carbohydrates
												1.69%	Calories from Protein

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000622 - Corn Salad

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 23
Size of Portion: .5 CUP
Alternate Menu Name: CORN

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0.5 Cup
Milk: 0 Cup

011172 CORN,SWT,YEL,CND,WHL KERNEL,DRND SOL.... 1 #10 CAN
903587s Vinegar Rice..... 1/4 CUP
902880s Olive Oil Blend..... 1 CUP

*Nutrients are based upon 1 Portion Size (.5 CUP)

Calories	245	kcal	Cholester	0.00	mg	Total Sugars	4.87	g	Calcium	2.59	mg	76.22%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	20.77	g	Sodium	269.05	mg	Protein	1.98	g	Iron	0.23	mg	11.11%	Calories from Sat Fat
Saturated F	3.03	g	Carbohydr	13.42	g	Vitamin A	*1.73*	RAE	Water[1]	70.24	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	1.73	g	Vitamin C	1.55	mg	Ash[1]	0.65	g	21.88%	Calories from Carbohydrates
												3.22%	Calories from Protein

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000978 - Cucumber Salad (Japanese)

Recipe HACCP Process: #3 Complex Food Preparation

Source: Darrell
Number of Portions: 1
Size of Portion: 1/2 Cup
Alternate Menu Name: Cucumber Salad

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

R-000977 Cucumber Salad Dressing (Jpn)..... 1 (1/2 Cup)
011205 CUCUMBER,WITH PEEL,RAW..... 2 QT slices

*Nutrients are based upon 1 Portion Size (1/2 Cup)

Calories	125	kcal	Cholester	0.00	mg	Total Sugars	13.89	g	Calcium	*133.12*	mg	6.60%	Calories from Total Fat
						Added Sugars	0.00	g					
Total Fat	0.92	g	Sodium	16.64	mg	Protein	5.41	g	Iron	*2.33*	mg	2.22%	Calories from Sat Fat
Saturated F	0.31	g	Carbohydr	30.20	g	Vitamin A	*41.60*	RAE	Water[1]	*792.31*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	4.16	g	Vitamin C	*23.30*	mg	Ash[1]	*3.16*	g	96.80%	Calories from Carbohydrates
												17.33%	Calories from Protein

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000977 - Cucumber Salad Dressing (Jpn)

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: oz
Alternate Menu Name: Cucumber Salad

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

903864s TAMARI, SOY SAUCE, GF, LS.... 1/2 CUP
904149s Rice Vinegar..... 1/2 CUP
019335 SUGARS,GRANULATED..... 1/4 CUP
904176s Togarashi Sichimi..... 1 1/2 TSP

*Nutrients are based upon 1 Portion Size (oz)

Calories	266	kcal	Cholester	0.00	mg	Total Sugars	53.35	g	Calcium	*0.97*	mg	0.00%	Calories from Total Fat
						Added Sugars	*50.30*	g					
Total Fat	0.00	g	Sodium	4966.55	mg	Protein	0.00	g	Iron	*0.03*	mg	0.00%	Calories from Sat Fat
Saturated F	0.00	g	Carbohydr	61.54	g	Vitamin A	*0.00*	RAE	Water[1]	*0.01*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	0.00	g	Vitamin C	*0.00*	mg	Ash[1]	*0.01*	g	92.52%	Calories from Carbohydrates
												0.00%	Calories from Protein

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000352 - Cucumber Salad w/ LS Tajin

Recipe HACCP Process: #1 No Cook

Source: Darrell
Number of Portions: 20
Size of Portion: Salads
Alternate Menu Name: Winter 2023

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

011205 CUCUMBER,WITH PEEL,RAW.... 5 LB
902441s ONIONS,RED,RAW..... 1 CUP, chopped
069047s CILANTRO FRESH,RAW..... 1/3 CUP, diced
903794s Tajin - Low Sodium..... 1 1/2 TBSP
903976s OIL, VEGETABLE..... 1 1/2 TBSP
019335 SUGARS,GRANULATED..... 2 TSP
903418s LIME JUICE..... 1/3 CUP

*Nutrients are based upon 1 Portion Size (Salads)

Calories	55	kcal	Cholester	0.00	mg	Total Sugars	*2.31*	g	Calcium	29.57	mg	19.05%	Calories from Total Fat
						Added Sugars	*0.42*	g					
Total Fat	1.16	g	Sodium	139.11	mg	Protein	1.16	g	Iron	0.84	mg	3.23%	Calories from Sat Fat
Saturated F	0.20	g	Carbohydr	10.90	g	Vitamin A	*5.67*	RAE	Water[1]	*190.17*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	0.74	g	Vitamin C	19.09	mg	Ash[1]	*0.63*	g	79.86%	Calories from Carbohydrates
												8.48%	Calories from Protein

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000805 - Deluxe Cheeseburger w/Fries

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: burger
Alternate Menu Name: Winter 25-26 - Secondary

Meat/Alt:	3 oz
Grains:	2 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

903180s Don Lee 100% Beef Pattie	1 patty
903955s Brioche Bun, Pan Baked, Fully Sliced, 3.5"	1 brioche
904010s Seasoned Wedges - Simplot	1 Serving (8 pieces)
904064s Cheddar Cheese, Yellow Sliced	1 Slice
904062s Beef Bacon, Halal	1 Strip
011253 LETTUCE,GRN LEAF,RAW	1 leaf inner
902781s TOMATOES,RED,RIPE,RAW	1 slice
799908s ONIONS,RED,RAW	1 slice, med(1/8" thick)
011937 PICKLES,CUCUMBER,DILL OR KOSHER DILL	3 slice

*Nutrients are based upon 1 Portion Size (burger)

Calories	650	kcal	Cholester	93.25	mg	Total Sugars	*5.36*	g	Calcium	*220.75*	mg	42.66%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	30.80	g	Sodium	1405.58	mg	Protein	33.12	g	Iron	*7.78*	mg	15.73%	Calories from Sat Fat
Saturated F	11.36	g	Carbohydr	57.96	g	Vitamin A	*19.02*	RAE	Water[1]	*63.64*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	3.85	g	Vitamin C	*5.56*	mg	Ash[1]	*0.74*	g	35.68%	Calories from Carbohydrates
												20.39%	Calories from Protein

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000806 - Deluxe Sp Chix Burger w/Fries

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Deluxe Spicy Ch
Alternate Menu Name: Winter 25-26 - Secondary

Meat/Alt:	3 oz
Grains:	2 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

903360s Chicken Patty	1 pattie
903955s Brioche Bun, Pan Baked, Fully Sliced, 3.5"	1 brioche
904010s Seasoned Wedges - Simplot	1 serving (3 pieces)
011937 PICKLES,CUCUMBER,DILL OR KOSHER DILL	3 slice
799908s ONIONS,RED,RAW	1 slice, med(1/8" thick)
011253 LETTUCE,GRN LEAF,RAW	1 leaf inner
902781s TOMATOES,RED,RIPE,RAW	1 slice

*Nutrients are based upon 1 Portion Size (Deluxe Spicy Ch)

Calories	404	kcal	Cholester	45.00	mg	Total Sugars	*5.26*	g	Calcium	*19.75*	mg	28.16%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	12.64	g	Sodium	783.21	mg	Protein	24.57	g	Iron	*0.20*	mg	4.53%	Calories from Sat Fat
Saturated F	2.04	g	Carbohydr	46.06	g	Vitamin A	*19.02*	RAE	Water[1]	*63.64*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	4.85	g	Vitamin C	*5.56*	mg	Ash[1]	*0.74*	g	45.61%	Calories from Carbohydrates
												24.33%	Calories from Protein

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000821 - Deluxe Sp Kickn Burger w/Fries

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Deluxe Spicy Ch
Alternate Menu Name: Winter 25-26 - Secondary

Meat/Alt: 3 oz
Grains: 2 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904081s Kickin Spicy Patty	1 Plant Based Patty
903955s Brioche Bun, Pan Baked, Fully Sliced, 3.5"	1 brioche
904010s Seasoned Wedges - Simplot	1 serving (3 pieces)
011937 PICKLES,CUCUMBER,DILL OR KOSHER DILL	3 slice
799908s ONIONS,RED,RAW	1 slice, med(1/8" thick)
011253 LETTUCE,GRN LEAF,RAW	1 leaf inner
902781s TOMATOES,RED,RIPE,RAW	1 slice

*Nutrients are based upon 1 Portion Size (Deluxe Spicy Ch)

Calories	424	kcal	Cholester	0.00	mg	Total Sugars	*5.26*	g	Calcium	*59.75*	mg	35.33%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	16.64	g	Sodium	853.21	mg	Protein	18.57	g	Iron	*2.00*	mg	5.38%	Calories from Sat Fat
Saturated F	2.53	g	Carbohydr	51.06	g	Vitamin A	*19.02*	RAE	Water[1]	*63.64*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	4.85	g	Vitamin C	*5.56*	mg	Ash[1]	*0.74*	g	48.18%	Calories from Carbohydrates
												17.52%	Calories from Protein

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000833 - Egg & Cheese Sandwich

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: EACH

Meat/Alt:	0 oz
Grains:	0 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

001125 EGG,YOLK,RAW,FRSH..... 1 large
903857s English Muffin WG..... 1 EACH
904064s Cheddar Cheese, Yellow Sliced.... 1 Slice

*Nutrients are based upon 1 Portion Size (EACH)

Calories	289	kcal	Cholester	*212.45*	mg	Total Sugars	*0.20*	g	Calcium	282.61	mg	46.40%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	14.91	g	Sodium	421.95	mg	Protein	*9.20*	g	Iron	1.90	mg	23.10%	Calories from Sat Fat
Saturated F	7.42	g	Carbohydr	24.39	g	Vitamin A	*64.77*	RAE	Water[1]	*8.89*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	2.98	g	Vitamin C	*0.00*	mg	Ash[1]	*0.29*	g	33.74%	Calories from Carbohydrates
												12.72%	Calories from Protein

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000961 - Egg Bites: Sausage and Cheese

Recipe HACCP Process: #3 Complex Food Preparation

Source: Darrell
Number of Portions: 1
Size of Portion: Egg Bite
Alternate Menu Name: Egg Bites: Sausage and C

Meat/Alt:	0 oz
Grains:	0 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

904250s Chicken Apple Sausage (Aidells / Tyson)	1 Link
902529s CHEESE,"SCHOOL CHOICE MILD FEATHER SHRED CHED	1 OZ
904244s Potato, Diced 1/4"	2 OZ
904243s Liquid Eggs	2 Cups
001016 CHEESE,COTTAGE,LOWFAT,1% MILKFAT	1 CUP
799986s SALT, KOSHER	1/2 TSP
002030 PEPPER,BLACK	1/4 TSP, ground

*Nutrients are based upon 1 Portion Size (Egg Bite)

Calories	566	kcal	Cholester	432.11	mg	Total Sugars	*10.15*	g	Calcium	421.27	mg	44.71%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	28.13	g	Sodium	2484.50	mg	Protein	56.41	g	Iron	4.64	mg	20.68%	Calories from Sat Fat
Saturated F	13.01	g	Carbohydr	17.88	g	Vitamin A	*25.02*	RAE	Water[1]	*197.25*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	1.31	g	Vitamin C	*0.00*	mg	Ash[1]	*4.73*	g	12.63%	Calories from Carbohydrates
												39.85%	Calories from Protein

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000828 - Fruit Muffin (using IQF Fruit)

Recipe HACCP Process: #3 Complex Food Preparation

Source:
Number of Portions: 300
Size of Portion: Muffin
Alternate Menu Name: Winter 25-26 Secondary

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

903954s BLUEBERRIES, FROZEN, CULTIVATED, IQF....	30 LB
904095s Flour, Gold Medal Stone Ground White WW.....	8 QUART
904096s Flour, All Purpose Gold Medal	8 QUART
903749s Buttermilk.....	2 Half Gallon
799986s SALT, KOSHER.....	6 TBSP
001123 EGG,WHL,RAW,FRSH.....	64 extra large
002050 VANILLA EXTRACT.....	1 CUP
001145 BUTTER,WITHOUT SALT.....	16 CUP
019335 SUGARS,GRANULATED.....	8 QT
904097s Baking Powder.....	1 1/3 CUP
904099s Baking Soda.....	6 TBSP

*Nutrients are based upon 1 Portion Size (Muffin)

Calories	334	kcal	Cholester	71.03	mg	Total Sugars	*22.12*	g	Calcium	*30.44*	mg	31.36%	Calories from Total Fat
						Added Sugars	*21.46*	g					
Total Fat	11.62	g	Sodium	299.70	mg	Protein	*5.94*	g	Iron	*1.69*	mg	17.79%	Calories from Sat Fat
Saturated F	6.59	g	Carbohydr	*51.01*	g	Vitamin A	*102.00	RAE	Water[1]	*11.41*	g	*0.01%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	*2.85*	g	Vitamin C	*1.16*	mg	Ash[1]	*0.14*	g	*61.17%*	Calories from Carbohydrates
												7.12%	Calories from Protein

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000800 - Fruit,Yogurt, & Granola Parait

Recipe HACCP Process: #1 No Cook

Source: Darrell
Number of Portions: 1
Size of Portion: Parfait
Alternate Menu Name: Secondary - Parfait

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904055s IQF Strawberries.....	1/4 CUP
904056s IQF Blueberries.....	1/4 CUP
904057s Granola Cinn WG (Post) #07485....	1 oz. portion
904059s Straus Vanilla Yogurt.....	6 OZ

*Nutrients are based upon 1 Portion Size (Parfait)

Calories	379	kcal	Cholester	44.02	mg	Total Sugars	25.33	g	Calcium	*8.00*	mg	23.92%	Calories from Total Fat
						Added Sugars	3.00	g					
Total Fat	10.08	g	Sodium	137.94	mg	Protein	19.27	g	Iron	*0.96*	mg	11.87%	Calories from Sat Fat
Saturated F	5.00	g	Carbohydr	50.12	g	Vitamin A	*0.00*	RAE	Water[1]	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	4.79	g	Vitamin C	*0.00*	mg	Ash[1]	*N/A*	g	52.87%	Calories from Carbohydrates
												20.33%	Calories from Protein

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000950 - Garlic Breadstick

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Breadstick
Alternate Menu Name:
Breadstick, Garlic

904238s Breadsticks, Garlic.... 1 Breadstick

Meat/Alt:	0 oz
Grains:	0 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

*Nutrients are based upon 1 Portion Size (Breadstick)

Calories	169	kcal	Cholester	0.00	mg	Total Sugars	0.99	g	Calcium	9.92	mg	26.47%	Calories from Total Fat
						Added Sugars	0.00	g					
Total Fat	4.96	g	Sodium	168.68	mg	Protein	3.97	g	Iron	1.39	mg	5.29%	Calories from Sat Fat
Saturated F	0.99	g	Carbohydr	25.80	g	Vitamin A	*N/A*	RAE	Water[1]	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	2.98	g	Vitamin C	*N/A*	mg	Ash[1]	*N/A*	g	61.18%	Calories from Carbohydrates
												9.41%	Calories from Protein

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000979 - Green Coconut Curry Simmer SC

Recipe HACCP Process: #3 Complex Food Preparation

Source: Darrell
Number of Portions: 1
Size of Portion: Cup
Alternate Menu Name: Green Coconut Curry Simm

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904245s Coconut Milk, Thai Kitchen....	1 GAL
014555 WATER,BTLD,GENERIC.....	20 OZ
904257s Green Curry Paste.....	1 1/4 CUP
902445s GARLIC, MINCED.....	1/2 CUP
011216 GINGER ROOT,RAW.....	1/2 CUP
019335 SUGARS,GRANULATED.....	1/4 CUP
799986s SALT, KOSHER.....	2 TBSP
902729s LIME JUICE.....	1/3 CUP

*Nutrients are based upon 1 Portion Size (Cup)

Calories	2947	kcal	Cholester	0.00	mg	Total Sugars	*67.12*	g	Calcium	*442.31*	mg	58.75%	Calories from Total Fat
						Added Sugars	*50.30*	g					
Total Fat	192.36	g	Sodium	10398.83	mg	Protein	23.27	g	Iron	41.35	mg	53.79%	Calories from Sat Fat
Saturated F	176.10	g	Carbohydr	362.81	g	Vitamin A	*1000.0	RAE	Water[1]	*2081.68*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	0.96	g	Vitamin C	*332.81	mg	Ash[1]	*3.97*	g	49.25%	Calories from Carbohydrates
												3.16%	Calories from Protein

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000723 - Grilled Chicken Burrito

Recipe HACCP Process: #2 Same Day Service

Source:
Number of Portions: 1
Size of Portion: burrito
Alternate Menu Name: Grilled Chicken Burrito

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

902556s CHEESE, CHEDDAR	2 OZ
R-000843 Salsa, Housemade	1 (1/4 Cup Serving)
902884s BEANS, PINTO, CANNED, SOLIDS AND LIQUIDS, WIT	1/4 CUP
904123s Campfire Chicken Meat (Ground) AgLink	3 OZ
904181s Tortilla WW 12"	1 Tortilla
R-900759 Cilantro Rice	1/2 cup
903394s Pico de Gallo	2 OZ
902590s JALAPENO PEPPERS	1 OZ
001056 CREAM,SOUR,CULTURED	1 OZ

*Nutrients are based upon 1 Portion Size (burrito)

Calories	5708	kcal	Cholester	131.16	mg	Total Sugars	*4.27*	g	Calcium	*1684.01*	mg	7.52%	Calories from Total Fat
						Added Sugars	*0.40*	g					
Total Fat	47.69	g	Sodium	4005.01	mg	Protein	80.49	g	Iron	*38.36*	mg	3.23%	Calories from Sat Fat
Saturated F	20.48	g	Carbohydr	1175.90	g	Vitamin A	*42.31*	RAE	Water[1]	*8247.43*	g	*0.04%*	Calories from Trans Fat
Trans Fat	*0.23*	g	Dietary Fib	40.28	g	Vitamin C	*929.28	mg	Ash[1]	*18.09*	g	82.40%	Calories from Carbohydrates
												5.64%	Calories from Protein

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000339 - Grilled Chicken Burrito:

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Each
Alternate Menu Name: Campfire Chicken-AgLink

Meat/Alt:	3 oz
Grains:	2.75 oz
Fruit:	0 Cup
Vegetable:	0.25 Cup
Milk:	0 Cup

903499s BEANS, CANNED, PINTO, WHOLE, LOW-SODIUM.... 1/4 CUP
903957s Cheese, Cheddar, Yellow, Reduced Fat, Shredde..... 2 OZ
R-900694 Cilantro Rice..... 1/2 cup
902494s 12" Flour Wheat..... 1 Each
903468s Sour Cream Light..... 2 OZ
902749s JALAPENO PEPPERS..... 2 OZ
051652 PICO DE GALLO..... 2 OZ
904123s Campfire Chicken Meat (Ground) AgLink..... 3 OZ

*Nutrients are based upon 1 Portion Size (Each)

Calories	813	kcal	Cholester	113.33	mg	Total Sugars	*6.21*	g	Calcium	*115.14*	mg	34.56%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	31.23	g	Sodium	1261.98	mg	Protein	42.06	g	Iron	*1.09*	mg	17.04%	Calories from Sat Fat
Saturated F	15.39	g	Carbohydr	95.06	g	Vitamin A	*0.10*	RAE	Water[1]	*106.29*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	13.58	g	Vitamin C	*12.62*	mg	Ash[1]	*0.10*	g	46.76%	Calories from Carbohydrates
												20.69%	Calories from Protein

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000968 - Grilled Chx Cubano Sandwich

Source: Darrell
Number of Portions: 1
Size of Portion: Sandwich
Alternate Menu Name: Chicken Cubano Sandwich

Recipe HACCP Process: #3 Complex Food Preparation

Meat/Alt:	0 oz
Grains:	0 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

R-000944 Baguette	1 Sandwich
R-000966 Mojo (Cubano Marinade)	1 Marinade
R-000967 Mojo Chicken (Chicken Cubano)	1 (5 #)
903788s Turkey Ham #13020 (Boars Head)	1 OZ
122028 Swiss Cheese Slices - 32 SOS 8/1.5#	1 OZ
083730s MUSTARD YELLOW PREPARED	1 OZ
903696s PICKLES,CUCUMBER KRINKLE KUT 400/500 CT	6 slice

*Nutrients are based upon 1 Portion Size (Sandwich)

Calories	4457	kcal	Cholester	95.58	mg	Total Sugars	*20.84*	g	Calcium	625.21	mg	50.11%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	248.18	g	Sodium	6575.75	mg	Protein	48.89	g	Iron	22.24	mg	8.13%	Calories from Sat Fat
Saturated F	40.25	g	Carbohydr	519.00	g	Vitamin A	*25.11*	RAE	Water[1]	*2437.07*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	7.91	g	Vitamin C	*584.40	mg	Ash[1]	*7.38*	g	46.58%	Calories from Carbohydrates
												4.39%	Calories from Protein

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900601 - Habanero Hott Nada

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: nada

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

903566s Habanero Hott Nada.... 1 nada

*Nutrients are based upon 1 Portion Size (nada)

Calories	260	kcal	Cholester	35.00	mg	Total Sugars	1.00	g	Calcium	80.00	mg	27.69%	Calories from Total Fat
						Added Sugars	*N/A*	g					
Total Fat	8.00	g	Sodium	390.00	mg	Protein	17.00	g	Iron	2.70	mg	8.65%	Calories from Sat Fat
Saturated F	2.50	g	Carbohydr	31.00	g	Vitamin A	*N/A*	RAE	Water[1]	0.00	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	4.00	g	Vitamin C	1.20	mg	Ash[1]	0.00	g	47.69%	Calories from Carbohydrates
												26.15%	Calories from Protein

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000933 - Ham/Bacon/Pineapple Pizza

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Slice
Alternate Menu Name: Bacon Ham and Pineapple

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

R-900931 Pizza Dough Mix,WG	1 Dough Balls
903458s Pizza Sauce with Basil	6 OZ
904144s Pizza Cheese Blend	8 OZ
904062s Beef Bacon, Halal	2 OZ
903788s Turkey Ham #13020 (Boars Head)	2 OZ
904208s Pineapple Tidbits in Juice	2 OZ
901062s ONIONS,RED,RAW	1 OZ

*Nutrients are based upon 1 Portion Size (Slice)

Calories	2329	kcal	Cholester	*231.25*	mg	Total Sugars	*22.43*	g	Calcium	1729.03	mg	27.53%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	71.24	g	Sodium	4311.69	mg	Protein	*131.13	g	Iron	20.45	mg	14.38%	Calories from Sat Fat
Saturated F	37.22	g	Carbohydr	287.47	g	Vitamin A	*0.00*	RAE	Water[1]	*25.26*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	33.81	g	Vitamin C	*47.10*	mg	Ash[1]	*0.10*	g	49.37%	Calories from Carbohydrates
												22.52%	Calories from Protein

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000932 - Honey Mustard Spread

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 2
Size of Portion: Tbsp
Alternate Menu Name: Honey Mustard Spread

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

019296 HONEY..... 3/4 CUP
083730s MUSTARD YELLOW PREPARED.... 1 1/2 CUP
903409s Mayonnaise..... 4 CUP

*Nutrients are based upon 1 Portion Size (Tbsp)

Calories	3455	kcal	Cholester	252.00	mg	Total Sugars	*104.40	g	Calcium	58.03	mg	79.45%	Calories from Total Fat
						Added Sugars	*104.40	g					
Total Fat	305.04	g	Sodium	2772.25	mg	Protein	3.20	g	Iron	1.73	mg	13.16%	Calories from Sat Fat
Saturated F	50.52	g	Carbohydr	158.99	g	Vitamin A	*0.00*	RAE	Water[1]	*21.74*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	0.85	g	Vitamin C	0.64	mg	Ash[1]	*2.83*	g	18.40%	Calories from Carbohydrates
												0.37%	Calories from Protein

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000959 - Hot and Spicy Breaded Tenders

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Piece
Alternate Menu Name: Hot and Spicy Chicken Br

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904242s Hot Spicy Brd Tenders FC WG.... 1 Piece

*Nutrients are based upon 1 Portion Size (Piece)

Calories	110	kcal	Cholester	25.00	mg	Total Sugars	1.00	g	Calcium	0.00	mg	49.09%	Calories from Total Fat
						Added Sugars	0.00	g					
Total Fat	6.00	g	Sodium	180.00	mg	Protein	10.00	g	Iron	0.70	mg	8.18%	Calories from Sat Fat
Saturated F	1.00	g	Carbohydr	4.00	g	Vitamin A	*N/A*	RAE	Water[1]	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	1.00	g	Vitamin C	*N/A*	mg	Ash[1]	*N/A*	g	14.55%	Calories from Carbohydrates
												36.36%	Calories from Protein

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000952 - Hot Honey, No Cook

Recipe HACCP Process: #1 No Cook

Source:
Number of Portions: 1
Size of Portion: 1 oz
Alternate Menu Name: Hot Honey

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

019296 HONEY..... 1 CUP
904239s Crushed Red Pepper Flakes.... 2 TSP
903745s Cider Vinegar..... 2 TSP
799986s SALT, KOSHER..... 1/2 TSP

*Nutrients are based upon 1 Portion Size (1 oz)

Calories	1667	kcal	Cholester	0.00	mg	Total Sugars	*299.07	g	Calcium	316.34	mg	18.65%	Calories from Total Fat
						Added Sugars	*278.39	g					
Total Fat	34.54	g	Sodium	853.56	mg	Protein	25.04	g	Iron	17.02	mg	3.52%	Calories from Sat Fat
Saturated F	6.52	g	Carbohydr	392.60	g	Vitamin A	*4162.0	RAE	Water[1]	*74.07*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	55.08	g	Vitamin C	*154.50	mg	Ash[1]	*12.76*	g	94.23%	Calories from Carbohydrates
												6.01%	Calories from Protein

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000920 - Huli Huli Chicken over Rice

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Portion
Alternate Menu Name: Huli Huli Chicken Rice

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904107s Mango Jalapeno Chicken Meatballs RC.... 4 OZ
R-000921 Huli Huli Sauce..... 1 (4 oz.)
R-000810 Rice, White Jasmine..... 1 (8 oz cups)
R-000922 Broccoli, Roasted ..... 1/2 Cup

*Nutrients are based upon 1 Portion Size (Portion)

Calories	*7461*	kcal	Cholester	*86.15*	mg	Total Sugars	*227.09	g	Calcium	*1273.97*	mg	*1.47%*	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	*12.15*	g	Sodium	*61288.70	mg	Protein	*79.10*	g	Iron	*28.31*	mg	*0.42%*	Calories from Sat Fat
Saturated F	*3.45*	g	Carbohydr	*1787.02*	g	Vitamin A	*341.76	RAE	Water[1]	*152.92*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	*27.76*	g	Vitamin C	*298.80	mg	Ash[1]	*5.52*	g	*95.81%*	Calories from Carbohydrates
												4.24%	Calories from Protein

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000921 - Huli Huli Sauce

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 40
Size of Portion: 4 oz.
Alternate Menu Name: Huli Huli BBQ

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

901530s SUGARS,BROWN,LIGHT	1 QT, packed
902642s Ketchup	1/4 GALLON
904208s Pineapple Tidbits in Juice	64 OZ
903140s SOY SAUCE (Light) #4897641	1 QT
903745s Cider Vinegar	2 CUP
011216 GINGER ROOT,RAW	2 TBSP
902724s GARLIC, MINCED	2 TBSP
002028 PAPRIKA	2 TBSP
002030 PEPPER,BLACK	1 TBSP, ground

*Nutrients are based upon 1 Portion Size (4 oz.)

Calories	176	kcal	Cholester	0.00	mg	Total Sugars	*5.48*	g	Calcium	31.53	mg	0.27%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	0.05	g	Sodium	1511.62	mg	Protein	*1.52*	g	Iron	0.71	mg	0.05%	Calories from Sat Fat
Saturated F	0.01	g	Carbohydr	43.26	g	Vitamin A	*8.54*	RAE	Water[1]	*0.59*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	0.62	g	Vitamin C	*7.47*	mg	Ash[1]	*0.14*	g	98.20%	Calories from Carbohydrates
												3.44%	Calories from Protein

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000820 - Imposs. Cheeseburger w/Fries

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: burger
Alternate Menu Name: Winter 25-26 - Secondary

Meat/Alt:	3 oz
Grains:	2 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

903795s Impossible Burger Patty 2.8oz	1 Plant Based Patty
903955s Brioche Bun, Pan Baked, Fully Sliced, 3.5"	1 brioche
904010s Seasoned Wedges - Simplot	1 serving (3 pieces)
904064s Cheddar Cheese, Yellow Sliced	1 Slice
011253 LETTUCE,GRN LEAF,RAW	1 leaf inner
902781s TOMATOES,RED,RIPE,RAW	1 slice
799908s ONIONS,RED,RAW	1 slice, med(1/8" thick)
011937 PICKLES,CUCUMBER,DILL OR KOSHER DILL	3 slice

*Nutrients are based upon 1 Portion Size (burger)

Calories	489	kcal	Cholester	28.00	mg	Total Sugars	*5.36*	g	Calcium	*330.75*	mg	40.57%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	22.04	g	Sodium	898.21	mg	Protein	26.07	g	Iron	*2.10*	mg	18.10%	Calories from Sat Fat
Saturated F	9.83	g	Carbohydr	43.96	g	Vitamin A	*19.02*	RAE	Water[1]	*63.64*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	4.85	g	Vitamin C	*5.56*	mg	Ash[1]	*0.74*	g	35.97%	Calories from Carbohydrates
												21.33%	Calories from Protein

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000963 - Ital Meatbal and Ricotta Pizza

Recipe HACCP Process: #3 Complex Food Preparation

Source: Darrell
Number of Portions: 1
Size of Portion: Slice
Alternate Menu Name: Ital Meatbal and Ricotta

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

903688s Pizza Sauce ..... 6 OZ
903833s Cheese Mozzarella 80/10/10 #0020402.... 8 OZ
007972 MEATBALLS,FRZ,ITALIAN STYLE..... 4 OZ
901071s OREGANO ,DRIED..... 1/2 OZ
R-000962 Whipped Ricotta Cheese..... 2 oz

*Nutrients are based upon 1 Portion Size (Slice)

Calories	3192	kcal	Cholester	595.57	mg	Total Sugars	*3.94*	g	Calcium	*3050.00*	mg	66.53%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	235.94	g	Sodium	6017.11	mg	Protein	109.73	g	Iron	1036.31	mg	26.90%	Calories from Sat Fat
Saturated F	95.40	g	Carbohydr	82.40	g	Vitamin A	*25.26*	RAE	Water[1]	*61.00*	g	*0.18%*	Calories from Trans Fat
Trans Fat	*0.65*	g	Dietary Fib	13.37	g	Vitamin C	*0.00*	mg	Ash[1]	*3.05*	g	10.33%	Calories from Carbohydrates
												13.75%	Calories from Protein

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000912 - J. Corn Dog W/Fries

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: 4 oz.
Alternate Menu Name: Jumbo Corn Dog w/Fries

Meat/Alt:	0 oz
Grains:	0 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

904194s Jumbo Chicken Corn Dog..... 1 (1)
000116s POTATO, SAVORY SEASONED POTATOE WEDGE.... 1 (3 OZ)

*Nutrients are based upon 1 Portion Size (4 oz.)

Calories	420	kcal	Cholester	45.00	mg	Total Sugars	*12.00*	g	Calcium	*25.00*	mg	42.86%	Calories from Total Fat
						Added Sugars	*12.00*	g					
Total Fat	20.00	g	Sodium	1200.25	mg	Protein	13.00	g	Iron	1.72	mg	10.72%	Calories from Sat Fat
Saturated F	5.00	g	Carbohydr	47.01	g	Vitamin A	*N/A*	RAE	Water[1]	*0.00*	g	*N/A*%	Calories from Trans Fat
Trans Fat	*N/A*	g	Dietary Fib	4.00	g	Vitamin C	*18.01*	mg	Ash[1]	*N/A*	g	44.76%	Calories from Carbohydrates
												12.38%	Calories from Protein

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000808 - Mand Orange Ch.Rice & Broccoli

Recipe HACCP Process: #2 Same Day Service

Source:
Number of Portions: 1
Size of Portion: EACH

Meat/Alt:	2.5 oz
Grains:	1 oz
Fruit:	0 Cup
Vegetable:	0.5 Cup
Milk:	0 Cup

902448s BROCCOLI,RAW..... 1/2 CUP, flowerets
903412s MANDARIN ORANGE CHICKEN.... 2 1/2 OZ
902751s ORANGE SAUCE..... 1 1/8 OZ
R-000810 Rice, White Jasmine..... 1 (8 oz cups)

*Nutrients are based upon 1 Portion Size (EACH)

Calories	366	kcal	Cholester	38.98	mg	Total Sugars	*6.38*	g	Calcium	*29.61*	mg	5.55%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	2.26	g	Sodium	334.26	mg	Protein	11.63	g	Iron	*1.02*	mg	5.25%	Calories from Sat Fat
Saturated F	2.14	g	Carbohydr	72.50	g	Vitamin A	*0.00*	RAE	Water[1]	*160.95*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	2.91	g	Vitamin C	*31.67*	mg	Ash[1]	*0.40*	g	79.24%	Calories from Carbohydrates
												12.71%	Calories from Protein

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000824 - Mand Orange Tofu Rice & Broc

Recipe HACCP Process: #2 Same Day Service

Source: Meatless Entree
Number of Portions: 1
Size of Portion: size

Meat/Alt:	2.5 oz
Grains:	2 oz
Fruit:	0 Cup
Vegetable:	0.5 Cup
Milk:	0 Cup

902448s BROCCOLI,RAW..... 1/2 CUP, flowerets
R-000810 Rice, White Jasmine..... 1 (8 oz cups)
904092s Tofu, Premium Tofu Ex Firm .... 1 CUP

*Nutrients are based upon 1 Portion Size (size)

Calories	397	kcal	Cholester	7.41	mg	Total Sugars	*0.09*	g	Calcium	30.71	mg	31.38%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	13.83	g	Sodium	45.42	mg	Protein	25.73	g	Iron	0.46	mg	3.60%	Calories from Sat Fat
Saturated F	1.59	g	Carbohydr	40.66	g	Vitamin A	*0.00*	RAE	Water[1]	186.76	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	8.08	g	Vitamin C	31.67	mg	Ash[1]	0.56	g	41.02%	Calories from Carbohydrates
												25.95%	Calories from Protein

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000392 - Meatball Sub

Source:
Number of Portions: 1.0000
Size of Portion: Sandwich

Recipe HACCP Process: #2 Same Day Service

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

903798s Sourdough Baguette Dos Pisanos..... 1 (4 oz)
000042s MEATBALLS..... 2 OZ
904179s Marinara Sauce BDiN 6X 104OZ..... 2 OZ
903511s CHEESE, MOZZARELLA, LITE, FROZEN, SHREDDED.... 1 OZ

*Nutrients are based upon 1 Portion Size (Sandwich)

Calories	408	kcal	Cholester	53.55	mg	Total Sugars	2.23	g	Calcium	235.72	mg	31.20%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	14.15	g	Sodium	1167.15	mg	Protein	22.58	g	Iron	2.46	mg	13.70%	Calories from Sat Fat
Saturated F	6.21	g	Carbohydr	44.77	g	Vitamin A	*0.00*	RAE	Water[1]	*0.00*	g	1.13%	Calories from Trans Fat
Trans Fat	0.51	g	Dietary Fib	4.57	g	Vitamin C	0.00	mg	Ash[1]	*0.00*	g	43.89%	Calories from Carbohydrates
												22.14%	Calories from Protein

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000809 - Mediterranea Hummus Box

Recipe HACCP Process: #1 No Cook

Source: Darrell
Number of Portions: 1
Size of Portion: Box
Alternate Menu Name: Winter 25-26 Secondary

Meat/Alt:	0 oz
Grains:	0 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

904070s Hummus, Better Bean	1 Serving
903503s CARROTS, BABY-CUT, FRESH, PEELED	1 Bag
011206 CUCUMBER,PEELED,RAW	1/4 CUP, sliced
904072s Tomato, Cherry	1/4 CUP
903414s JICAMA	1/4 CUP
011429 RADISHES,RAW	1/4 CUP
904073s Naan, Atora's Family Bakery	1 Naan

*Nutrients are based upon 1 Portion Size (Box)

Calories	718	kcal	Cholester	*0.00*	mg	Total Sugars	10.96	g	Calcium	*157.13*	mg	26.47%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	21.11	g	Sodium	1192.89	mg	Protein	24.22	g	Iron	7.27	mg	*3.18%*	Calories from Sat Fat
Saturated F	*2.53*	g	Carbohydr	109.97	g	Vitamin A	*176.19	RAE	Water[1]	*42.59*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	11.26	g	Vitamin C	*13.49*	mg	Ash[1]	*0.19*	g	61.28%	Calories from Carbohydrates
												13.50%	Calories from Protein

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000966 - Mojo (Cubano Marinade)

Recipe HACCP Process: #3 Complex Food Preparation

Source: Darrell
Number of Portions: 1
Size of Portion: Marinade
Alternate Menu Name: Mojo Marinade

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

009206	ORANGE JUICE,RAW....	1/2 CUP
903411s	LIME JUICE.....	1/4 CUP
902880s	Olive Oil Blend.....	1/4 CUP
902724s	GARLIC, MINCED.....	3 TBSP
799902s	CUMIN,GROUND.....	1 TSP
901071s	OREGANO ,DRIED.....	1/2 TSP, leaves
799986s	SALT, KOSHER.....	1 TSP
002030	PEPPER,BLACK.....	1/4 TSP, ground

*Nutrients are based upon 1 Portion Size (Marinade)

Calories	1475	kcal	Cholester	0.00	mg	Total Sugars	*10.42*	g	Calcium	168.94	mg	69.66%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	114.13	g	Sodium	1970.99	mg	Protein	6.10	g	Iron	9.26	mg	9.93%	Calories from Sat Fat
Saturated F	16.27	g	Carbohydr	134.54	g	Vitamin A	*12.56*	RAE	Water[1]	*1218.53*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	0.81	g	Vitamin C	292.20	mg	Ash[1]	*3.08*	g	36.49%	Calories from Carbohydrates
												1.66%	Calories from Protein

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000967 - Mojo Chicken (Chicken Cubano)

Recipe HACCP Process: #3 Complex Food Preparation

Source: Darrell
Number of Portions: 1
Size of Portion: 5 #
Alternate Menu Name: Mojo Chicken

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904249s Grilled Chicken Breast, Whole Muscle FC.... 1 Patty
R-000966 Mojo (Cubano Marinade)..... 1 Marinade

*Nutrients are based upon 1 Portion Size (5 #)

Calories	1615	kcal	Cholester	50.00	mg	Total Sugars	*10.42*	g	Calcium	188.94	mg	68.08%	Calories from Total Fat
						Added Sugars	0.00	g					
Total Fat	122.13	g	Sodium	2220.99	mg	Protein	21.10	g	Iron	10.26	mg	10.18%	Calories from Sat Fat
Saturated F	18.27	g	Carbohydr	135.54	g	Vitamin A	*12.56*	RAE	Water[1]	*1218.53*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	0.81	g	Vitamin C	*292.20	mg	Ash[1]	*3.08*	g	33.58%	Calories from Carbohydrates
												5.23%	Calories from Protein

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000544 - Munchable

Recipe HACCP Process: #1 No Cook

Source: Darrell
Number of Portions: 1
Size of Portion: Munchable Box
Alternate Menu Name: Winter 25-26 Elementary

Meat/Alt:	2 oz
Grains:	2 oz
Fruit:	0.5 Cup
Vegetable:	0.5 Cup
Milk:	0 Cup

903744s GoGurt Mix Berry..... 1 Tube
900359s CHEESE,MOZZARELLA,STRING CHEESE.... 1 Stick
904069s Goldfish Crackers, Cheddar..... 1 Package
903503s CARROTS, BABY-CUT, FRESH, PEELED..... 1 Bag
903999s STONE FRUIT (AgLink)..... 1 medium (2-2/3" dia)

*Nutrients are based upon 1 Portion Size (Munchable Box)

Calories	419	kcal	Cholester	30.31	mg	Total Sugars	*15.58*	g	Calcium	*293.24*	mg	29.32%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	13.66	g	Sodium	605.68	mg	Protein	16.26	g	Iron	*2.91*	mg	11.03%	Calories from Sat Fat
Saturated F	5.14	g	Carbohydr	58.33	g	Vitamin A	*24.00*	RAE	Water[1]	*146.48*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	*5.71*	g	Vitamin C	*12.15*	mg	Ash[1]	*1.70*	g	55.67%	Calories from Carbohydrates
												15.52%	Calories from Protein

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000593 - Oatmeal, Maple Brown Sugar

Recipe HACCP Process: #1 No Cook

Source: Darrell
Number of Portions: 1
Size of Portion: Serving
Alternate Menu Name: Gluten-free Menu

Meat/Alt: 0 oz
Grains: 2 oz
Fruit: 0.25 Cup
Vegetable: 0 Cup
Milk: 0 Cup

903405s Oatmeal Maple Brown Sugar Instant.... 1 Oatmeal Cup
014411 BEVERAGES,H2O,TAP,DRINKING..... 4 fl oz

*Nutrients are based upon 1 Portion Size (Serving)

Calories	180	kcal	Cholester	0.00	mg	Total Sugars	12.00	g	Calcium	83.55	mg	12.50%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	2.50	g	Sodium	294.74	mg	Protein	4.00	g	Iron	2.70	mg	2.50%	Calories from Sat Fat
Saturated F	0.50	g	Carbohydr	36.00	g	Vitamin A	*0.00*	RAE	Water[1]	*118.28*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	3.00	g	Vitamin C	0.00	mg	Ash[1]	*0.12*	g	80.00%	Calories from Carbohydrates
												8.89%	Calories from Protein

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000935 - Pastrami n Swiss on Sourdough

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Sandwich
Alternate Menu Name: Pastrami and Swiss

Meat/Alt:	0 oz
Grains:	0 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

904223s Sourdough, Sliced	1 (2 Slices)
007925 PASTRAMI BF 98% FAT-FREE	3 OZ
122028 Swiss Cheese Slices - 32 SOS 8/1.5#	2 Slice
799940s LETTUCE,COS OR ROMAINE,RAW	2 leaf outer
903565s TOMATOES, Sliced, (1/4" thick)	2 Slices
903696s PICKLES,CUCUMBER KRINKLE KUT 400/500 CT	8 slice

*Nutrients are based upon 1 Portion Size (Sandwich)

Calories	491	kcal	Cholester	80.01	mg	Total Sugars	*0.99*	g	Calcium	404.09	mg	29.61%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	16.14	g	Sodium	2405.78	mg	Protein	37.73	g	Iron	4.70	mg	14.73%	Calories from Sat Fat
Saturated F	8.03	g	Carbohydr	52.33	g	Vitamin A	*0.00*	RAE	Water[1]	*116.17*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	6.55	g	Vitamin C	*31.67*	mg	Ash[1]	*3.22*	g	42.66%	Calories from Carbohydrates
												30.76%	Calories from Protein

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000939 - Pizza Bacon Chicken Alfredo

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Slice
Alternate Menu Name: Bacon/Chx/Alfredo Pizza

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

R-900931 Pizza Dough Mix,WG	1 Dough Balls
R-000938 Alfredo Sauce	6 oz
903833s Cheese Mozzarella 80/10/10 #0020402	8 OZ
904230s Chicken, Seasoned Hand Pulled Rich Chicks	4 OZ
904062s Beef Bacon, Halal	2 OZ
901062s ONIONS,RED,RAW	2 OZ
902781s TOMATOES,RED,RIPE,RAW	2 OZ

*Nutrients are based upon 1 Portion Size (Slice)

Calories	2489	kcal	Cholester	*354.14*	mg	Total Sugars	*6.63*	g	Calcium	2340.83	mg	23.49%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	64.97	g	Sodium	4334.51	mg	Protein	139.51	g	Iron	19.27	mg	15.07%	Calories from Sat Fat
Saturated F	41.67	g	Carbohydr	296.05	g	Vitamin A	*0.00*	RAE	Water[1]	*1999.73*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	28.41	g	Vitamin C	*11.40*	mg	Ash[1]	*1.81*	g	47.58%	Calories from Carbohydrates
												22.42%	Calories from Protein

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900931 - Pizza Dough Mix,WG

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 30
Size of Portion: Dough Balls
Alternate Menu Name: Pizza Dough

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

903758s Pizza Flour..... 24 LB
903759s Yeast Active Dry..... 3/4 CUP
903760s Municipal Water, H2O.... 1 1/2 Gallon

*Nutrients are based upon 1 Portion Size (Dough Balls)

Calories	1328	kcal	Cholester	*0.00*	mg	Total Sugars	3.63	g	Calcium	147.70	mg	8.83%	Calories from Total Fat
						Added Sugars	*N/A*	g					
Total Fat	13.04	g	Sodium	1646.78	mg	Protein	50.01	g	Iron	15.16	mg	1.31%	Calories from Sat Fat
Saturated F	1.93	g	Carbohydr	255.88	g	Vitamin A	*N/A*	RAE	Water[1]	*0.00*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	26.76	g	Vitamin C	0.00	mg	Ash[1]	*0.00*	g	77.05%	Calories from Carbohydrates
												15.06%	Calories from Protein

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000751 - PIZZA, CHEESE

Recipe HACCP Process: #2 Same Day Service

Source: Secondary
Number of Portions: 6
Size of Portion: SLICE
Alternate Menu Name: CHEESE PIZZA

Meat/Alt:	3 oz
Grains:	2 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

R-000520 PIZZA DOUGH..... 1 SKINS
904148s PIZZA SAUCE W/ BASIL..... 6 OZ
903833s Cheese Mozzarella 80/10/10 #0020402..... 12 OZ
902818s CHEESE, MOZZARELLA, LITE-COMMOD.... 3 OZ

*Nutrients are based upon 1 Portion Size (SLICE)

Calories	492	kcal	Cholester	54.82	mg	Total Sugars	*0.00*	g	Calcium	*603.02*	mg	22.27%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	12.18	g	Sodium	979.69	mg	Protein	25.87	g	Iron	3.24	mg	17.10%	Calories from Sat Fat
Saturated F	9.35	g	Carbohydr	62.51	g	Vitamin A	*0.00*	RAE	Water[1]	*50.57*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	6.19	g	Vitamin C	1.62	mg	Ash[1]	*0.55*	g	50.81%	Calories from Carbohydrates
												21.03%	Calories from Protein

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000953 - Pizza, Pepperoni Hot Honey

Recipe HACCP Process: #3 Complex Food Preparation

Source: Darrell
Number of Portions: 1
Size of Portion: Slice
Alternate Menu Name: Hot Honey Pizza

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

R-900931 Pizza Dough Mix,WG	1 Dough Balls
R-000952 Hot Honey, No Cook	1 (1 oz)
903688s Pizza Sauce	6 OZ
904151s Beef Pepperoni, slices	4 OZ
903278s Jalapenos	2 OZ
901062s ONIONS,RED,RAW	2 OZ
903833s Cheese Mozzarella 80/10/10 #0020402	8 OZ

*Nutrients are based upon 1 Portion Size (Slice)

Calories	4327	kcal	Cholester	*313.40*	mg	Total Sugars Added Sugars	*302.70 *278.39	g g	Calcium	*2480.24*	mg	27.57%	Calories from Total Fat
Total Fat	132.56	g	Sodium	7311.78	mg	Protein	147.86	g	Iron	39.86	mg	12.35%	Calories from Sat Fat
Saturated F	59.37	g	Carbohydr	684.96	g	Vitamin A	*4162.0	RAE	Water[1]	*124.59*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	83.56	g	Vitamin C	*158.69	mg	Ash[1]	*12.96*	g	63.31%	Calories from Carbohydrates
												13.67%	Calories from Protein

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000519 - PIZZA, PEPPERONI, BEEF

Source: Darrell
Number of Portions: 6
Size of Portion: SLICE
Alternate Menu Name: PEPPERONI PIZZA

Recipe HACCP Process:

Meat/Alt:	3 oz
Grains:	2 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

R-000520 PIZZA DOUGH..... 1 SKINS
904148s PIZZA SAUCE W/ BASIL..... 6 OZ
903833s Cheese Mozzarella 80/10/10 #0020402.... 12 OZ
904151s Beef Pepperoni, slices..... 45 slice

*Nutrients are based upon 1 Portion Size (SLICE)

Calories	535	kcal	Cholester	65.00	mg	Total Sugars	*0.00*	g	Calcium	*500.40*	mg	29.67%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	17.65	g	Sodium	1189.85	mg	Protein	24.97	g	Iron	4.21	mg	18.29%	Calories from Sat Fat
Saturated F	10.88	g	Carbohydr	62.07	g	Vitamin A	*0.00*	RAE	Water[1]	*42.78*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	6.19	g	Vitamin C	*1.62*	mg	Ash[1]	*0.03*	g	46.38%	Calories from Carbohydrates
												18.66%	Calories from Protein

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000923 - Pizza, Pesto Chicken Sndrd Tom

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: 1 Pizza
Alternate Menu Name: Pesto Chx Sndrd Tom Pzza

Meat/Alt:	0 oz
Grains:	0 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

R-900931 Pizza Dough Mix,WG	1 Dough Balls
902896s Basil Pesto	6 OZ
900357s Cheese Pizza Blend (Gold Star)	8 OZ
904214s Seasoned Hand Pulled Chicken 80 % D / 20 % W	6 OZ
R-000924 Sundried Tomato Strips	4 (4 oz)

*Nutrients are based upon 1 Portion Size (1 Pizza)

Calories	2516	kcal	Cholester	*369.75*	mg	Total Sugars	*8.16*	g	Calcium	*352.09*	mg	23.32%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	65.19	g	Sodium	3975.92	mg	Protein	151.77	g	Iron	*18.14*	mg	13.63%	Calories from Sat Fat
Saturated F	38.08	g	Carbohydr	292.58	g	Vitamin A	*0.00*	RAE	Water[1]	*907.00*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	31.73	g	Vitamin C	*1.54*	mg	Ash[1]	*0.64*	g	46.52%	Calories from Carbohydrates
												24.13%	Calories from Protein

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000911 - Poffitz Pancake Bites

Source: Darrell
Number of Portions: 120
Size of Portion: 8 bites
Alternate Menu Name: Pancake Bites
Jam/Syrup

Recipe HACCP Process:

Meat/Alt:	0 oz
Grains:	0 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

904192s Pancake, Bites, Poffitz WG Bulk.... 68 GRAM
904116s Jelly..... 2 Serving
903831s Syrup, Pancake Natural Syrup..... 1 Serving

*Nutrients are based upon 1 Portion Size (8 bites)

Calories	3	kcal	Cholester	0.33	mg	Total Sugars	0.42	g	Calcium	0.30	mg	26.87%	Calories from Total Fat
						Added Sugars	*0.19*	g					
Total Fat	0.10	g	Sodium	2.54	mg	Protein	0.03	g	Iron	0.01	mg	2.24%	Calories from Sat Fat
Saturated F	0.01	g	Carbohydr	0.64	g	Vitamin A	*0.00*	RAE	Water[1]	*0.00*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	0.02	g	Vitamin C	*0.00*	mg	Ash[1]	*0.00*	g	76.13%	Calories from Carbohydrates
												3.98%	Calories from Protein

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000879 - Pupusa Salad (Curtido)

Recipe HACCP Process: #1 No Cook

Source: Darrell
Number of Portions: 40
Size of Portion: 4oz

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

011109 CABBAGE,RAW.....	3 1/2 LB, shredded
901063s ONO,RAW.....	9 OZ, thinly sliced
902794s CARROTS,RAW.....	1 LB
901071s OREGANO ,DRIED.....	2 TBSP, leaves + 2 TSP, leaves
799986s SALT, KOSHER.....	2 TBSP
002030 PEPPER,BLACK.....	2 TSP, ground
002048 VINEGAR,CIDER.....	1 CUP + 1/4 CUP
903760s Municipal Water, H2O....	3 CUP + 3/4 CUP

*Nutrients are based upon 1 Portion Size (4oz)

Calories	30	kcal	Cholester	4.46	mg	Total Sugars	*1.30*	g	Calcium	21.41	mg	28.65%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	0.96	g	Sodium	256.29	mg	Protein	1.81	g	Iron	0.35	mg	6.78%	Calories from Sat Fat
Saturated F	0.23	g	Carbohydr	3.67	g	Vitamin A	*2.02*	RAE	Water[1]	*57.65*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	1.42	g	Vitamin C	15.22	mg	Ash[1]	*0.47*	g	48.89%	Calories from Carbohydrates
												24.12%	Calories from Protein

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000884 - Pupusa, Bean and Cheese

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: serving

Meat/Alt:	2 oz
Grains:	2 oz
Fruit:	0 Cup
Vegetable:	0.25 Cup
Milk:	0 Cup

904163s Pupusa, Bean and Cheese.... 1 Pupusa
R-000879 Pupusa Salad (Curtido)..... 1 (4oz)

*Nutrients are based upon 1 Portion Size (serving)

Calories	330	kcal	Cholester	24.46	mg	Total Sugars	*2.30*	g	Calcium	321.41	mg	35.33%	Calories from Total Fat
						Added Sugars	0.00	g					
Total Fat	12.96	g	Sodium	836.29	mg	Protein	14.81	g	Iron	2.15	mg	12.89%	Calories from Sat Fat
Saturated F	4.73	g	Carbohydr	37.67	g	Vitamin A	*2.02*	RAE	Water[1]	*57.65*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	5.42	g	Vitamin C	15.22	mg	Ash[1]	*0.47*	g	45.66%	Calories from Carbohydrates
												17.95%	Calories from Protein

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000960 - Quesadilla: Cheese / Jalapeno

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Quesadilla
Alternate Menu Name: Chicken Quesadilla

Meat/Alt: 3 oz
Grains: 2 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

903510s CHEESE, CHEDDAR, YELLOW, SHREDDED.... 1 OZ
799934s PEPPERS,JALEPENO,CND,DRND..... 1 OZ
904145s CHEESE, MOZZARELLA, LITE-COMMOD..... 2 OZ
902494s 12" Flour Wheat..... 1 Each
R-000843 Salsa, Housemade ..... 1 (1/4 Cup Serving)

*Nutrients are based upon 1 Portion Size (Quesadilla)

Calories	464	kcal	Cholester	49.28	mg	Total Sugars	*1.19*	g	Calcium	*643.35*	mg	42.11%	Calories from Total Fat
						Added Sugars	*0.40*	g					
Total Fat	21.71	g	Sodium	1711.77	mg	Protein	28.38	g	Iron	*1.54*	mg	22.73%	Calories from Sat Fat
Saturated F	11.72	g	Carbohydr	39.65	g	Vitamin A	*7.16*	RAE	Water[1]	*56.15*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	7.80	g	Vitamin C	*7.27*	mg	Ash[1]	*3.09*	g	34.19%	Calories from Carbohydrates
												24.47%	Calories from Protein

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000120 - Quesadilla: Chicken / Jalapeno

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Quesadilla
Alternate Menu Name: Chicken Quesadilla

Meat/Alt: 3 oz
Grains: 2 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

903510s CHEESE, CHEDDAR, YELLOW, SHREDDED.... 1/2 OZ
799934s PEPPERS,JALEPENO,CND,DRND..... 1 OZ
904145s CHEESE, MOZZARELLA, LITE-COMMOD..... 1/2 OZ
904199s Seasoned Hand Pulled Chicken ..... 2 1/2 OZ
902494s 12" Flour Wheat..... 1 Each
R-000843 Salsa, Housemade ..... 1 (1/4 Cup Serving)

*Nutrients are based upon 1 Portion Size (Quesadilla)

Calories	436	kcal	Cholester	85.82	mg	Total Sugars	*1.19*	g	Calcium	*239.49*	mg	35.21%	Calories from Total Fat
						Added Sugars	*0.40*	g					
Total Fat	17.06	g	Sodium	1558.74	mg	Protein	32.19	g	Iron	*2.34*	mg	14.04%	Calories from Sat Fat
Saturated F	6.80	g	Carbohydr	38.82	g	Vitamin A	*7.16*	RAE	Water[1]	*32.81*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	7.80	g	Vitamin C	*7.27*	mg	Ash[1]	*1.51*	g	35.60%	Calories from Carbohydrates
												29.52%	Calories from Protein

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000949 - Ravioli, Breaded Square Cheese

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: 7 ea
Alternate Menu Name: Ravioli, Breaded Square

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904237s Cheese Ravioli, Breaded Square WG.... 7 Pieces

*Nutrients are based upon 1 Portion Size (7 ea)

Calories	2520	kcal	Cholester	35.00	mg	Total Sugars	35.00	g	Calcium	1050.00	mg	10.00%	Calories from Total Fat
						Added Sugars	7.00	g					
Total Fat	27.99	g	Sodium	5110.00	mg	Protein	133.00	g	Iron	27.99	mg	3.75%	Calories from Sat Fat
Saturated F	10.50	g	Carbohydr	448.01	g	Vitamin A	*N/A*	RAE	Water[1]	*N/A*	g	*N/A*%	Calories from Trans Fat
Trans Fat	*N/A*	g	Dietary Fib	49.00	g	Vitamin C	*N/A*	mg	Ash[1]	*N/A*	g	71.11%	Calories from Carbohydrates
												21.11%	Calories from Protein

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000941 - Refried Beans, Vegetarian

Recipe HACCP Process: #2 Same Day Service

Source:
Number of Portions: .5
Size of Portion: Cup
Alternate Menu Name: Rosarita Refried Beans

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904232s Refried Beans, Vegetarian.... 1 GAL
014555 WATER,BTLD,GENERIC..... 1 CUP

*Nutrients are based upon 1 Portion Size (Cup)

Calories	3520	kcal	Cholester	0.00	mg	Total Sugars	31.99	g	Calcium	47.40	mg	20.45%	Calories from Total Fat
						Added Sugars	0.00	g					
Total Fat	79.99	g	Sodium	18569.48	mg	Protein	159.99	g	Iron	44.81	mg	0.00%	Calories from Sat Fat
Saturated F	0.00	g	Carbohydr	512.00	g	Vitamin A	*0.00*	RAE	Water[1]	*473.91*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	159.99	g	Vitamin C	*0.00*	mg	Ash[1]	*0.33*	g	58.18%	Calories from Carbohydrates
												18.18%	Calories from Protein

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000810 - Rice, White Jasmine

Source: Darrell
Number of Portions: 44
Size of Portion: 8 oz cups

Recipe HACCP Process: #2 Same Day Service

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904094s RICE,JASMINE WHITE,LONG-GRAIN,REG,ENR,CKD.... 4 QT
904074s Tap Water..... 6 QT

*Nutrients are based upon 1 Portion Size (8 oz cups)

Calories	204	kcal	Cholester	0.00	mg	Total Sugars	0.00	g	Calcium	12.93	mg	0.00% Calories from Total Fat
						Added Sugars	0.00	g				
Total Fat	0.00	g	Sodium	2.59	mg	Protein	0.00	g	Iron	0.00	mg	0.00% Calories from Sat Fat
Saturated F	0.00	g	Carbohydr	45.96	g	Vitamin A	0.00	RAE	Water[1]	129.25	g	0.00% Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	1.28	g	Vitamin C	0.00	mg	Ash[1]	0.09	g	90.00% Calories from Carbohydrates
												0.00% Calories from Protein

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000965 - Rockfish (For Ceviche)

Recipe HACCP Process: #3 Complex Food Preparation

Source: Darrell
Number of Portions: 1
Size of Portion: LB
Alternate Menu Name:
Rockfish

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904248s Rockfish, West Coast.... 10 LB

*Nutrients are based upon 1 Portion Size (LB)

Calories	4264	kcal	Cholester	1587.57	mg	Total Sugars	0.00	g	Calcium	*N/A*	mg	15.32%	Calories from Total Fat
						Added Sugars	0.00	g					
Total Fat	72.57	g	Sodium	2721.55	mg	Protein	852.75	g	Iron	*N/A*	mg	3.83%	Calories from Sat Fat
Saturated F	18.14	g	Carbohydr	0.00	g	Vitamin A	*N/A*	RAE	Water[1]	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	0.00	g	Vitamin C	*N/A*	mg	Ash[1]	*N/A*	g	0.00%	Calories from Carbohydrates
												80.00%	Calories from Protein

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000827 - SALAD BAR SECONDARY

Recipe HACCP Process: #1 No Cook

Source: Darrell
Number of Portions: 100
Size of Portion: 1 cup
Alternate Menu Name: HS Salad Bar

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0.5 Cup
Milk: 0 Cup

2nd Alternate Menu Name: Entree

902453s LETTUCE,COS/ROMAINE,FRESH	3 LB
904093s Chicken, Grilled Boneless Breast Chunks	40 Serving (4 chunks)
903731s Hard Boiled Egg -	40 Each
902451s CHEESE BLEND,"SCHOOL CHOICE SHRD BLEND:CHED C	6 CUP
R-000358 Buttermilk Ranch dressing	5 cups
R-000271 CORN, ROASTED	6 (1/4 cup)
011260 MUSHROOMS,WHITE,RAW	6 CUP, pieces or slices
903528s PEACHES, CANNED, CLINGSTONE, EXTRA LIGHT SUCR	1/2 CUP
011206 CUCUMBER,PEELED,RAW	1 QT, sliced
902781s TOMATOES,RED,RIPE,RAW	1 PINT
903761s Crouton Caesar Multi Grain	1 LB
903787s Dinner Roll Par Baked WG 2.3 oz	40 Roll
903729s Chow mein Noodle	3 Cups
903311s Egg, Hardboiled, Whole, peeled	40 egg
903332s Pepitas	6 CUP
012536 SEEDS,SUNFLOWER SD KRNLS FROM SHELL,DRY RSTD,	4 CUP
903548s Balsamic Vinegarette Dressing	1 Packet

*Nutrients are based upon 1 Portion Size (1 cup)

Calories	290	kcal	Cholester	*173.67*	mg	Total Sugars	*0.92*	g	Calcium	*83.54*	mg	41.76%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	13.45	g	Sodium	*757.15*	mg	Protein	*16.73*	g	Iron	*1.77*	mg	*8.13%*	Calories from Sat Fat
Saturated F	*2.62*	g	Carbohydr	19.38	g	Vitamin A	*0.87*	RAE	Water[1]	*32.32*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	*2.19*	g	Vitamin C	*4.30*	mg	Ash[1]	*1.20*	g	26.74%	Calories from Carbohydrates
												23.09%	Calories from Protein

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000975 - Salmon Fillet

Recipe HACCP Process: #3 Complex Food Preparation

Source: Darrell
Number of Portions: 1
Size of Portion: Fillet
Alternate Menu Name: Salmon

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904255s Salmon IQF (Real Good Fish).... 1 fillet
799986s SALT, KOSHER..... 1/2 TSP

*Nutrients are based upon 1 Portion Size (Fillet)

Calories	*0*	kcal	Cholester	*0.00*	mg	Total Sugars	*N/A*	g	Calcium	*0.00*	mg	0.00%*	Calories from Total Fat
						Added Sugars	*N/A*	g					
Total Fat	*0.00*	g	Sodium	*780.00*	mg	Protein	*0.00*	g	Iron	*0.00*	mg	0.00%*	Calories from Sat Fat
Saturated F	*0.00*	g	Carbohydr	*0.00*	g	Vitamin A	*N/A*	RAE	Water[1]	*N/A*	g	0.00%*	Calories from Trans Fat
Trans Fat	*N/A*	g	Dietary Fib	*0.00*	g	Vitamin C	*0.00*	mg	Ash[1]	*N/A*	g	0.00%*	Calories from Carbohydrates
												0.00%*	Calories from Protein

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000843 - Salsa, Housemade

Recipe HACCP Process: #1 No Cook

Source: Darrell
Number of Portions: 250
Size of Portion: 1/4 Cup Serving
Alternate Menu Name: Winter 25-26
Secondary

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

902921s TOMATOES, CANNED, DICED....	3 #10 CAN
904104s Tomatillo, Diced Canned	2 #10 Can
002026 ONION POWDER.....	1 CUP
002020 GARLIC POWDER.....	1 CUP
904105s Red Chili Flake	1 CUP
799986s SALT, KOSHER.....	1 1/2 CUP
019335 SUGARS,GRANULATED.....	1/2 CUP
069047s CILANTRO FRESH,RAW.....	2 BUNCH
903443s Jalapenos.....	1 CUP

*Nutrients are based upon 1 Portion Size (1/4 Cup Serving)

Calories	18	kcal	Cholester	0.00	mg	Total Sugars	*1.19*	g	Calcium	*14.96*	mg	3.48%	Calories from Total Fat
						Added Sugars	*0.40*	g					
Total Fat	0.07	g	Sodium	521.53	mg	Protein	0.48	g	Iron	*0.29*	mg	0.70%	Calories from Sat Fat
Saturated F	0.01	g	Carbohydr	3.91	g	Vitamin A	*7.16*	RAE	Water[1]	*0.31*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	0.51	g	Vitamin C	*3.84*	mg	Ash[1]	*0.06*	g	87.86%	Calories from Carbohydrates
												10.73%	Calories from Protein

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000948 - Sandwich, Chicken Bahn Mi

Recipe HACCP Process: #3 Complex Food Preparation

Source: Darrell
Number of Portions: 1
Size of Portion: Sandwich
Alternate Menu Name: Chicken Bahn Mi

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

R-000944	Baguette.....	1 Sandwich
R-000945	Bahn Mi Chicken.....	1 (4 oz)
R-000946	Bahn Mi Quick Pickle Veg.....	1 (1/2 C)
R-000947	Sriracha Mayo.....	1 (2 oz)
069047s	CILANTRO FRESH,RAW.....	1 TBSP, chopped

*Nutrients are based upon 1 Portion Size (Sandwich)

Calories	19996	kcal	Cholester	4423.17	mg	Total Sugars	*279.76	g	Calcium	1895.50	mg	58.90%	Calories from Total Fat
						Added Sugars	*239.79	g					
Total Fat	1308.57	g	Sodium	44620.30	mg	Protein	867.74	g	Iron	70.54	mg	14.17%	Calories from Sat Fat
Saturated F	314.90	g	Carbohydr	1283.74	g	Vitamin A	*111.50	RAE	Water[1]	*5182.44*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	103.73	g	Vitamin C	285.41	mg	Ash[1]	*37.55*	g	25.68%	Calories from Carbohydrates
												17.36%	Calories from Protein

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000958 - Sandwich: Chx, Bcn, Buff Ranch

Recipe HACCP Process: #3 Complex Food Preparation

Source: Darrell
Number of Portions: 1
Size of Portion: Sandwich
Alternate Menu Name: Chicken Bacon Bfflo Rnch

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

R-000944	Baguette	1 Sandwich
R-000957	Buffalo Ranch Sauce	1 (2 oz)
R-000959	Hot and Spicy Breaded Tenders	1 Piece
904063s	Cheddar Cheese, Sliced	1 OZ
011253	LETTUCE,GRN LEAF,RAW	1 Leaf
902781s	TOMATOES,RED,RIPE,RAW	2 slice
904062s	Beef Bacon, Halal	1 OZ

*Nutrients are based upon 1 Portion Size (Sandwich)

Calories	1743	kcal	Cholester	113.36	mg	Total Sugars	*1.19*	g	Calcium	*457.35*	mg	17.17%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	33.26	g	Sodium	9165.14	mg	Protein	36.84	g	Iron	4.63	mg	6.20%	Calories from Sat Fat
Saturated F	12.01	g	Carbohydr	275.95	g	Vitamin A	*88.80*	RAE	Water[1]	*76.38*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	8.67	g	Vitamin C	*12.83*	mg	Ash[1]	*0.43*	g	63.32%	Calories from Carbohydrates
												8.45%	Calories from Protein

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000943 - Sandwich:Trky Bacon Avo Swiss

Recipe HACCP Process: #2 Same Day Service

Source:
Number of Portions: 1
Size of Portion: Sandwich
Alternate Menu Name: Trky Bacon Avo Swiss

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

903550s Baguette	1/4 baguette
904108s Smoked Turkey (Boar's Head)	1 Serving/2oz
904062s Beef Bacon, Halal	1 OZ
001040 CHEESE,SWISS	1 OZ
904234s Guacamole, Authentic Style	2 OZ
011253 LETTUCE,GRN LEAF,RAW	2 leaf outer
902781s TOMATOES,RED,RIPE,RAW	2 slice

*Nutrients are based upon 1 Portion Size (Sandwich)

Calories	654	kcal	Cholester	66.62	mg	Total Sugars	*2.26*	g	Calcium	296.05	mg	31.97%	Calories from Total Fat
						Added Sugars	*0.57*	g					
Total Fat	23.23	g	Sodium	1126.81	mg	Protein	27.74	g	Iron	2.88	mg	11.24%	Calories from Sat Fat
Saturated F	8.17	g	Carbohydr	70.93	g	Vitamin A	*259.25	RAE	Water[1]	*109.84*	g	*0.38%*	Calories from Trans Fat
Trans Fat	*0.28*	g	Dietary Fib	6.58	g	Vitamin C	*11.62*	mg	Ash[1]	*1.42*	g	43.37%	Calories from Carbohydrates
												16.96%	Calories from Protein

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000834 - Sausage, Egg & Cheese Sandwich

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: EACH

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

001125 EGG,YOLK,RAW,FRSH..... 1 large
903857s English Muffin WG..... 1 EACH
902511s CHEESE, CHEDDAR..... 1 OZ
904012s Sausage Patty, Chicken (Tyson).... 1 Patty

*Nutrients are based upon 1 Portion Size (EACH)

Calories	384	kcal	Cholester	*254.45*	mg	Total Sugars	*0.10*	g	Calcium	291.61	mg	48.05%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	20.51	g	Sodium	666.95	mg	Protein	*20.70*	g	Iron	2.90	mg	20.20%	Calories from Sat Fat
Saturated F	8.62	g	Carbohydr	25.49	g	Vitamin A	*64.77*	RAE	Water[1]	*9.89*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	2.98	g	Vitamin C	*0.00*	mg	Ash[1]	*0.29*	g	26.54%	Calories from Carbohydrates
												21.55%	Calories from Protein

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000811 - Shrimp Tacos

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: serving

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904128s Tortilla, Flour 4.5"	2 Tortilla
904068s Shrimp, Cooked Tail off 41/50	4 OZ
904071s Sea Salt, Kosher Flake	1 TBSP
904067s Canola/Virgin Olive Oil Blend 80/20	2 TBSP
002020 GARLIC POWDER	1 TBSP
002028 PAPRIKA	1 TBSP
002014 CUMIN SEED	1 TBSP, whole
002030 PEPPER,BLACK	1 TSP, ground
901062s ONIONS,RED,RAW	1 CUP, chopped
799968s CILANTRO	1/2 CUP, MINCED
902431s LIME JUICE	1/4 CUP

*Nutrients are based upon 1 Portion Size (serving)

Calories	984	kcal	Cholester	135.00	mg	Total Sugars	*1.10*	g	Calcium	608.99	mg	33.30%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	36.40	g	Sodium	8527.09	mg	Protein	31.99	g	Iron	15.72	mg	3.19%	Calories from Sat Fat
Saturated F	3.48	g	Carbohydr	140.69	g	Vitamin A	*174.60	RAE	Water[1]	*1253.55*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	8.21	g	Vitamin C	242.54	mg	Ash[1]	*4.41*	g	57.20%	Calories from Carbohydrates
												13.00%	Calories from Protein

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000472 - Side Casear Salad

Recipe HACCP Process: #1 No Cook

Source: Darrell
Number of Portions: 20
Size of Portion: EACH

Meat/Alt:	0 oz
Grains:	0 oz
Fruit:	0 Cup
Vegetable:	1 Cup
Milk:	0 Cup

011251 LETTUCE,COS OR ROMAINE,RAW.... 4 LB
001146 CHEESE,PARMESAN,SHREDDED..... 16 OZ
902842s Creamy Caesar Dressing..... 10 OZ
903761s Crouton Caesar Multi Grain..... 5 Crouton

*Nutrients are based upon 1 Portion Size (EACH)

Calories	178	kcal	Cholester	*19.66*	mg	Total Sugars	*1.28*	g	Calcium	*314.11*	mg	66.54%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	13.18	g	Sodium	568.99	mg	Protein	10.29	g	Iron	*1.08*	mg	25.11%	Calories from Sat Fat
Saturated F	4.97	g	Carbohydr	5.67	g	Vitamin A	*447.47	RAE	Water[1]	*91.50*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	1.91	g	Vitamin C	*3.63*	mg	Ash[1]	*1.98*	g	12.73%	Calories from Carbohydrates
												23.08%	Calories from Protein

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000900 - Smoothie w/ Granola Bar

Recipe HACCP Process: #1 No Cook

Source: Darrell
Number of Portions: 1
Size of Portion: serving

Meat/Alt:	1 oz
Grains:	1.25 oz
Fruit:	0.5 Cup
Vegetable:	0 Cup
Milk:	0 Cup

904183s Smoothie, Banana Strawberry.... 1 Bottle/serving
904182s Granola Bar, Nature's Valley..... 1 serving/2 bars/pkg

*Nutrients are based upon 1 Portion Size (serving)

Calories	320	kcal	Cholester	0.00	mg	Total Sugars	31.00	g	Calcium	*120.00*	mg	19.69%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	7.00	g	Sodium	210.00	mg	Protein	8.00	g	Iron	1.44	mg	2.81%	Calories from Sat Fat
Saturated F	1.00	g	Carbohydr	65.00	g	Vitamin A	*0.00*	RAE	Water[1]	*0.00*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	3.00	g	Vitamin C	*0.00*	mg	Ash[1]	*0.00*	g	81.25%	Calories from Carbohydrates
												10.00%	Calories from Protein

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000914 - Spicy Chicken Caesar Wrap

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: 1 ea.
Alternate Menu Name: Spcy Chicken Caesar Wrap

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904198s 12 inch Spinach Tortilla	1 (1)
903792s Chicken Tender - WG 2.05 H&S MWWM	4 OZ
901062s ONIONS,RED,RAW	1 OZ
011253 LETTUCE,GRN LEAF,RAW	2 Leaf
903265s Creamy Caesar Dressing	1 1/2 OZ
902714s Croutons	1/2 OZ
069042s CHEESE,PARMESAN,SHREDDED	1/2 OZ

*Nutrients are based upon 1 Portion Size (1 ea.)

Calories	826	kcal	Cholester	106.96	mg	Total Sugars	*4.37*	g	Calcium	98.80	mg	56.09%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	51.48	g	Sodium	1269.17	mg	Protein	36.74	g	Iron	15.65	mg	13.10%	Calories from Sat Fat
Saturated F	12.02	g	Carbohydr	61.91	g	Vitamin A	*177.60	RAE	Water[1]	*70.85*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	4.60	g	Vitamin C	*6.51*	mg	Ash[1]	*0.40*	g	29.97%	Calories from Carbohydrates
												17.79%	Calories from Protein

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000203 - Spicy Crispy Chicken Ranch Wra

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: wraps
Alternate Menu Name: Wrap

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

903546s Ranch Dressing..... 1/4 CUP
902494s 12" Flour Wheat..... 1 Each
903792s Chicken Tender - WG 2.05 H&S MWWM.... 4 OZ
901062s ONIONS,RED,RAW..... 1 OZ
011253 LETTUCE,GRN LEAF,RAW..... 2 Leaf

*Nutrients are based upon 1 Portion Size (wraps)

Calories	499	kcal	Cholester	59.30	mg	Total Sugars	*0.37*	g	Calcium	*93.80*	mg	38.64%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	21.43	g	Sodium	1028.29	mg	Protein	27.80	g	Iron	*0.67*	mg	8.70%	Calories from Sat Fat
Saturated F	4.82	g	Carbohydr	50.73	g	Vitamin A	*177.60	RAE	Water[1]	*70.85*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	8.75	g	Vitamin C	*7.51*	mg	Ash[1]	*0.40*	g	40.66%	Calories from Carbohydrates
												22.28%	Calories from Protein

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000926 - Spicy Mango Salsa

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: 4 oz
Alternate Menu Name:
Spicy Mango Salsa

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904216s Mango Chunks..... 5 LB
903224s Jalapenos..... 2 CUP
901062s ONIONS,RED,RAW.... 1 CUP, chopped
009160 LIME JUICE,RAW..... 1 CUP
799986s SALT, KOSHER..... 1 TSP

*Nutrients are based upon 1 Portion Size (4 oz)

Calories	1420	kcal	Cholester	0.00	mg	Total Sugars	*311.87	g	Calcium	356.33	mg	5.34%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	8.43	g	Sodium	1573.37	mg	Protein	18.97	g	Iron	0.55	mg	0.05%	Calories from Sat Fat
Saturated F	0.09	g	Carbohydr	376.58	g	Vitamin A	*4.84*	RAE	Water[1]	*362.29*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	36.10	g	Vitamin C	*84.44*	mg	Ash[1]	*1.31*	g	106.04%	Calories from Carbohydrates
												5.34%	Calories from Protein

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000947 - Sriracha Mayo

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: 2 oz
Alternate Menu Name:
Sriracha Mayo

Meat/Alt:	0 oz
Grains:	0 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

903549s Sriracha Hot Sauce.... 2 CUP
903409s Mayonnaise..... 1 CUP

*Nutrients are based upon 1 Portion Size (2 oz)

Calories	1992	kcal	Cholester	126.00	mg	Total Sugars	0.00	g	Calcium	0.00	mg	68.31%	Calories from Total Fat
						Added Sugars	*N/A*	g					
Total Fat	151.20	g	Sodium	8687.98	mg	Protein	0.00	g	Iron	0.00	mg	11.39%	Calories from Sat Fat
Saturated F	25.20	g	Carbohydr	121.20	g	Vitamin A	*N/A*	RAE	Water[1]	*0.00*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	0.00	g	Vitamin C	0.00	mg	Ash[1]	*0.00*	g	24.34%	Calories from Carbohydrates
												0.00%	Calories from Protein

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000954 - Star Bao **Recipe HACCP Process: #2 Same Day Service**

Source:
Number of Portions: 1
Size of Portion: 2 Buns

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904240s Star Bao.... 2 Buns

*Nutrients are based upon 1 Portion Size (2 Buns)

Calories	280	kcal	Cholester	0.00	mg	Total Sugars	14.00	g	Calcium	40.00	mg	0.00%	Calories from Total Fat
						Added Sugars	0.00	g					
Total Fat	0.00	g	Sodium	50.00	mg	Protein	6.00	g	Iron	2.88	mg	0.00%	Calories from Sat Fat
Saturated F	0.00	g	Carbohydr	60.00	g	Vitamin A	0.00	RAE	Water[1]	*N/A*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	2.00	g	Vitamin C	0.00	mg	Ash[1]	*N/A*	g	85.71%	Calories from Carbohydrates
												8.57%	Calories from Protein

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000924 - Sundried Tomato Strips

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: 4 oz
Alternate Menu Name:
Sundried Tomato

Meat/Alt:	0 oz
Grains:	0 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

904212s Sundried Tomato Strips.... 4 OZ
904074s Tap Water..... 8 OZ

*Nutrients are based upon 1 Portion Size (4 oz)

Calories	17	kcal	Cholester	0.00	mg	Total Sugars	1.13	g	Calcium	*22.68*	mg	0.00%	Calories from Total Fat
						Added Sugars	0.00	g					
Total Fat	0.00	g	Sodium	38.56	mg	Protein	1.13	g	Iron	*0.00*	mg	0.00%	Calories from Sat Fat
Saturated F	0.00	g	Carbohydr	2.27	g	Vitamin A	*0.00*	RAE	Water[1]	*226.75*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	1.13	g	Vitamin C	*0.00*	mg	Ash[1]	*0.16*	g	53.33%	Calories from Carbohydrates
												26.67%	Calories from Protein

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000931 - T.Ham/Swiss/H.Mustard Sandwich

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: Sandwich
Alternate Menu Name: Turkey Ham and Swiss

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

903233s Baguette	1/4 Baguette
R-000932 Honey Mustard Spread	2 Tbsp
903788s Turkey Ham #13020 (Boars Head)	2 OZ
122028 Swiss Cheese Slices - 32 SOS 8/1.5#....	2 Slice
903063s LETTUCE,BIBB,RAW	1 OZ
903565s TOMATOES, Sliced, (1/4" thick)	2 Slice

*Nutrients are based upon 1 Portion Size (Sandwich)

Calories	7448	kcal	Cholester	583.59	mg	Total Sugars	*211.28	g	Calcium	503.94	mg	75.82%	Calories from Total Fat
						Added Sugars	*208.79	g					
Total Fat	627.42	g	Sodium	6194.44	mg	Protein	30.42	g	Iron	4.98	mg	13.30%	Calories from Sat Fat
Saturated F	110.04	g	Carbohydr	381.45	g	Vitamin A	*0.00*	RAE	Water[1]	*70.59*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	3.92	g	Vitamin C	*2.32*	mg	Ash[1]	*5.83*	g	20.49%	Calories from Carbohydrates
												1.63%	Calories from Protein

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000825 - Teriyaki Chicken Rice Bowl

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: bowl
Alternate Menu Name: Winter 25-26
Secondary

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904090s Chicken, Teriyaki BBQ, Yang's.... 1 Serving
R-000810 Rice, White Jasmine..... 1 cups
011090 BROCCOLI,RAW..... 1/2 CUP, florets

*Nutrients are based upon 1 Portion Size (bowl)

Calories	145	kcal	Cholester	70.00	mg	Total Sugars	9.75	g	Calcium	30.68	mg	22.74%	Calories from Total Fat
						Added Sugars	9.00	g					
Total Fat	3.66	g	Sodium	494.52	mg	Protein	16.24	g	Iron	1.04	mg	6.52%	Calories from Sat Fat
Saturated F	1.05	g	Carbohydr	12.92	g	Vitamin A	*13.64*	RAE	Water[1]	*39.29*	g	0.00%	Calories from Trans Fat
Trans Fat	0.00	g	Dietary Fib	1.14	g	Vitamin C	*39.25*	mg	Ash[1]	*0.38*	g	35.66%	Calories from Carbohydrates
												44.81%	Calories from Protein

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000990 - Teriyaki Salmon with Jasmine R

Recipe HACCP Process: #3 Complex Food Preparation

Source: Darrell
Number of Portions: 1
Size of Portion: ea

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

R-000975	Salmon Fillet	1 Fillet
R-000976	Teriyaki Sauce	2 Oz
R-000977	Cucumber Salad Dressing (Jpn)	1 oz
R-000978	Cucumber Salad (Japanese)	1 (1/2 Cup)
R-000810	Rice, White Jasmine	1 (8 oz cups)

*Nutrients are based upon 1 Portion Size (ea)

Calories	*53433*	kcal	Cholester	*0.00*	mg	Total Sugars	*3764.7	g	Calcium	*223.45*	mg	*63.07%*	Calories from Total Fat
						Added Sugars	*3558.1	g					
Total Fat	*3744.55*	g	Sodium	*243393.9	mg	Protein	*9.24*	g	Iron	*4.94*	mg	*9.02%*	Calories from Sat Fat
Saturated F	*535.31*	g	Carbohydr	*5030.15*	g	Vitamin A	*41.60*	RAE	Water[1]	*1320.97*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	*10.43*	g	Vitamin C	*32.90*	mg	Ash[1]	*5.18*	g	*37.66%*	Calories from Carbohydrates
												0.07%	Calories from Protein

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000976 - Teriyaki Sauce

Recipe HACCP Process: #3 Complex Food Preparation

Source: Darrell
Number of Portions: 1
Size of Portion: Oz
Alternate Menu Name: Teriyaki Sauce

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

903864s TAMARI, SOY SAUCE, GF, LS	10 1/2 CUP
904256s Mirin - Sweet Cooking Rice Seasoning	5 1/4 CUP
019335 SUGARS,GRANULATED	4 CUP
904149s Rice Vinegar	1 1/4 CUP
011216 GINGER ROOT,RAW	1 CUP
902445s GARLIC, MINCED	1/2 CUP
020027 CORNSTARCH	1/2 CUP
014555 WATER,BTLD,GENERIC	1/2 CUP
903410s TOASTED SESAME OIL	2 3/4 CUP

*Nutrients are based upon 1 Portion Size (Oz)

Calories	26286	kcal	Cholester	*0.00*	mg	Total Sugars	*1822.0	g	Calcium	*37.73*	mg	64.09%	Calories from Total Fat
						Added Sugars	*1728.7	g					
Total Fat	1871.82	g	Sodium	*116330.8	mg	Protein	*1.91*	g	Iron	*1.28*	mg	9.16%	Calories from Sat Fat
Saturated F	267.50	g	Carbohydr	*2415.45*	g	Vitamin A	*0.00*	RAE	Water[1]	*199.70*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	*2.50*	g	Vitamin C	*4.80*	mg	Ash[1]	*0.96*	g	*36.76%*	Calories from Carbohydrates
												0.03%	Calories from Protein

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000840 - Teriyaki Tofu Rice Bowl

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1
Size of Portion: bowl
Alternate Menu Name: Winter
25-26 Secondary

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

R-000810 Rice, White Jasmine..... 1 cups
011090 BROCCOLI,RAW..... 1/2 CUP, florets
R-000832 Tofu Method..... 1 = 1 cup serving
123614 Teriyaki Sauce..... 2 TBSPS

*Nutrients are based upon 1 Portion Size (bowl)

Calories	13196	kcal	Cholester	7.41	mg	Total Sugars	*2645.7	g	Calcium	2529.91	mg	2.41%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	35.28	g	Sodium	49828.49	mg	Protein	126.08	g	Iron	0.42	mg	0.29%	Calories from Sat Fat
Saturated F	4.23	g	Carbohydr	3124.90	g	Vitamin A	*13.64*	RAE	Water[1]	*41.07*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	43.11	g	Vitamin C	189.78	mg	Ash[1]	*0.40*	g	94.72%	Calories from Carbohydrates
												3.82%	Calories from Protein

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000832 - Tofu Method

Recipe HACCP Process: #2 Same Day Service

Source: Darrell
Number of Portions: 1.5
Size of Portion: = 1 cup serving

Meat/Alt:	0 oz
Grains:	0 oz
Fruit:	0 Cup
Vegetable:	0 Cup
Milk:	0 Cup

904092s Tofu, Premium Tofu Ex Firm .... 1 1/2 CUP
799986s SALT, KOSHER..... 1 TSP
020027 CORNSTARCH..... 1/4 CUP
902880s Olive Oil Blend..... 1 TBSP

*Nutrients are based upon 1 Portion Size (= 1 cup serving)

Calories	494	kcal	Cholester	7.41	mg	Total Sugars	*0.00*	g	Calcium	0.43	mg	58.76%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	32.25	g	Sodium	1071.57	mg	Protein	23.77	g	Iron	0.10	mg	7.62%	Calories from Sat Fat
Saturated F	4.18	g	Carbohydr	25.40	g	Vitamin A	*0.00*	RAE	Water[1]	*1.77*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	6.12	g	Vitamin C	0.00	mg	Ash[1]	*0.02*	g	20.57%	Calories from Carbohydrates
												19.25%	Calories from Protein

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000775 - TOM/CUC/ONION SALAD

Recipe HACCP Process: #1 No Cook

Source: Darrell
Number of Portions: 50
Size of Portion: cups
Alternate Menu Name: Tom/Cuc/Onion Salad

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

011529 TOMATOES,RED,RIPE,RAW,YEAR RND AVERAGE....	25 medium whole (2-3/5" dia)
902889s ONIONS,RED,RAW.....	4 LB
011206 CUCUMBER,PEELED,RAW.....	11 LB
903240s OIL, VEGETABLE.....	3 CUP
902810s Vinegar, Red Wine.....	2 CUP
002030 PEPPER,BLACK.....	2 TBSP, ground
799986s SALT, KOSHER.....	4 TBSP

*Nutrients are based upon 1 Portion Size (cups)

Calories	152	kcal	Cholester	0.00	mg	Total Sugars	*3.00*	g	Calcium	29.69	mg	79.45%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	13.41	g	Sodium	380.98	mg	Protein	1.56	g	Iron	0.49	mg	12.50%	Calories from Sat Fat
Saturated F	2.11	g	Carbohydr	8.11	g	Vitamin A	*29.90*	RAE	Water[1]	*187.03*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	2.12	g	Vitamin C	14.30	mg	Ash[1]	*0.81*	g	21.37%	Calories from Carbohydrates
												4.10%	Calories from Protein

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000804 - Turkey and Cheddar Sandwich

Recipe HACCP Process: #2 Same Day Service

Source:
Number of Portions: 1
Size of Portion: Sandwich
Alternate Menu Name: Winter 25-26 - Secondary

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

903280s Baguette	1/4 Baguette
904037s Turkey, Oven Roasted	2 OZ
904064s Cheddar Cheese, Yellow Sliced	1 Slice
011253 LETTUCE,GRN LEAF,RAW	1 leaf inner
902781s TOMATOES,RED,RIPE,RAW	1 slice

*Nutrients are based upon 1 Portion Size (Sandwich)

Calories	372	kcal	Cholester	48.25	mg	Total Sugars	*0.14*	g	Calcium	205.56	mg	26.54%	Calories from Total Fat
						Added Sugars	*0.00*	g					
Total Fat	10.98	g	Sodium	1194.51	mg	Protein	23.97	g	Iron	2.29	mg	12.84%	Calories from Sat Fat
Saturated F	5.31	g	Carbohydr	41.29	g	Vitamin A	*17.76*	RAE	Water[1]	*31.35*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	4.42	g	Vitamin C	*4.04*	mg	Ash[1]	*0.17*	g	44.36%	Calories from Carbohydrates
												25.76%	Calories from Protein

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000962 - Whipped Ricotta Cheese

Recipe HACCP Process: #2 Same Day Service

Source:
Number of Portions: 1
Size of Portion: oz
Alternate Menu Name: Whipped Ricotta

Meat/Alt: 0 oz
Grains: 0 oz
Fruit: 0 Cup
Vegetable: 0 Cup
Milk: 0 Cup

904247s Ricotta Cheese, Part Skim Galbani..... 8 OZ
902880s Olive Oil Blend..... 2 TBSP
069042s CHEESE,PARMESAN,SHREDDED.... 2 OZ
799986s SALT, KOSHER..... 1/2 TSP
002030 PEPPER,BLACK..... 1/4 TSP, ground

*Nutrients are based upon 1 Portion Size (oz)

Calories	1043	kcal	Cholester	160.36	mg	Total Sugars Added Sugars	*0.00* *0.00*	g g	Calcium	519.64	mg	77.10%	Calories from Total Fat
Total Fat	89.38	g	Sodium	1783.45	mg	Protein	21.94	g	Iron	517.15	mg	23.62%	Calories from Sat Fat
Saturated F	27.38	g	Carbohydr	17.03	g	Vitamin A	*0.16*	RAE	Water[1]	*0.07*	g	*0.00%*	Calories from Trans Fat
Trans Fat	*0.00*	g	Dietary Fib	2.17	g	Vitamin C	*0.00*	mg	Ash[1]	*0.03*	g	6.53%	Calories from Carbohydrates
												8.41%	Calories from Protein

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