Dear Parents,

On the back of this letter is the Beaufort County School District's medication policy. Please keep this policy for future reference, especially if your child will be taking prescribed and/or over-the-counter medications at school. Below is a list of over-the-counter medications available at school.

You will fill out your health card on info snap so that we can obtain necessary emergency information about your child. Please make sure that your child has permission for the school health nurse to administer Tylenol (Acetaminophen) and Ibuprofen, if necessary. If you are unable to fill out info snap, please get a health card from the nurse. This information will be confidential and placed in your child's health folder.

The school health nurses welcome your questions and concerns. If we can assist you in any way, please call. We ask that you assist us in treating home injuries at home. We also ask that meds to be given twice daily and three times daily be given at home. We all know that "healthy children learn better".

School Health Nurses
Beaufort County

STUDENTS ARE NOT ALLOWED TO BRING MEDICATIONS TO SCHOOL

LIST OF OVER-THE-COUNTER MEDICATIONS (OTC) FOR SCHOOLS:

O.T.C. Medication	Indications
Acetaminophen	Fever above 100, headache, toothache, menstrual cramps, sore throat, muscle pain, earache
Antifungal	Antifungal medicines are used to treat fungal infections Ringworm of the body (Tinea corporis) requires topical treatment which most commonly affect your skin, hair, and nails. , Ringworm of the scalp (Tinea capitis) requires oral antifungal treatment.
Benadryl	To be administered at the onset of systematic reaction characterized by generalized rash, edema and/or mild to moderate respiratory distress due to environmental, food or insect allergies. Use liquid Benadryl for faster absorption. **Benadryl does not replace epinephrine in an anaphylactic reaction. If Benadryl is administered, the student will have to go home.**
Caladryl Clear	Relief of itching and pain associated with insect bites, minor skin irritation and rashes due to poison ivy, poison oak or poison sumac. Dries the oozing and weeping of poison ivy, oak and sumac.
Epinephrine	Anaphylactic reaction: apprehension, flushing, generalized itching and burning, and/or hives on face and upper chest. Respiratory difficulty, e.g., sneezing and coughing, wheezing or shortness of breath; cyanosis, pallor, imperceptible pulse, loss of consciousness, swelling inside the mouth. **This is for Emergencies only. Parents must provide all prescribed emergency medications for the student.** The Safe Access to Vital Epinephrine (SAVE) Act, recently approved by the South Carolina Legislature, allows school districts to store supplies of epinephrine auto-injectors for identified school staff to use in emergencies for individuals with unknown life-threatening allergic reactions, or anaphylaxis. Parents and guardians of students with known allergies should continue to provide epinephrine auto-injectors for their children at school.
Ibuprofen	For pain and discomfort caused by menstrual cramps, headache, and musculoskeletal pain
Topical Orajel	Temporary relief of pain due to toothaches and other minor irritations of the mouth
Cough Drops	Temporary relief of pain associated with cough due to colds, minor irritation, sore mouth and throat available for Middle and High School Students Only.
Tums	For stomach pain and discomfort
Anti-Fungal	Used to treat skin infections such as ring worm, athlete's foot and other fungal infections.
OTC Antibiotic Ointments	Such as Polysporin, Bacitracin, Neosporin are used for minor skin injuries. It helps to treat or prevent infection.

Administration of Medication in Schools

The needs of children who require medication during school hours to maintain and support their continued presence in school shall be met in a safe and prudent manner.

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If a child is required to take medication during school hours and the parent cannot be at school to administer the medication, only the school health nurse, the principal, or the principal's designee will administer the medication. The medication will be administered in compliance with the regulations that follow: **New Prescription are required every school year, dated after July 1st of the current school year.**

A. Prescribed Medications:

1. Written authorization signed and dated by the physician and parent or guardian will be required and will include:

    a. Child's name
    b. Name of medication
    c. Dosage
    d. Purpose of medication
    e. Time to be administered
    f. Route of medication
    g. Termination date for administering the medication

2. Medication must be in its original current pharmacy container, properly labeled.
3. The parents of the child must assume responsibility for informing the school health nurse or the principal of any change in the child's health or change in medication.
4. The school district, under exceptional circumstances, retains the discretion to reject requests for administration of medication.
5. A log of administered medications will be maintained.

B. Emergency Medication (Life Threatening Situations):

Medication will be administered by the school health nurse, or by other school personnel trained by the school nurse, to students who have a history of serious allergic reaction or a health condition which may require specific medication(s) for certain life-threatening circumstances and who have written authorization and individually prescribed medication (see A. 1-5 above) or according to protocols for administering Epinephrine and Benadryl (see protocols).

C. Over-the-Counter Medications:

1. Selection of stock over-the-counter medication made available to students should be jointly decided by the school district's physician consultant, school health nurse, and district administration.
2. A written protocol authorizing administration of stock over-the-counter medications must be approved and signed by the physician consultant (see protocol for over-the-counter medications).
3. Parents will be notified of all stock over-the-counter medications available at school.
4. Any non-stock over-the-counter medications requested by the parent or guardian to be given to the student for a specific condition requires written parental permission and a doctor's order and the medication must contain a pharmacy label. (The policies in A. 1-5 apply to these non-stocks over-the-counter medications.)

D. Field Studies – Overnight Field Studies:

1. Parents of students who will require special medical attention must notify the principal prior to a scheduled field study trip. After consultation with the school health nurse, the principal will decide if the student can participate or needs to be accompanied on the trip by his/her parent. Regulations for the administration of medications on field study trips shall be the same as specified in A-C above unless administered by the parent.
2. Mini first-aid kits will be provided by the school health nurse upon request.

The administration of medication will be coordinated by the school health nurse. The school health nurse should provide individual health counseling and health education to examine and encourage alternative approaches to relieving discomfort and/or distress. Follow up will include parent conferences when necessary. Upon request, a copy of this regulation will be provided to any parent who is interested in the administration of medication in the schools.

June 2025 DU