



SACRED HEART CHURCH

A Parish Family with St. Monica, Mercer Island

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536 • SACREDHEART.ORG

SUNDAY - MAY 17, 2026

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM (Live-streamed)

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

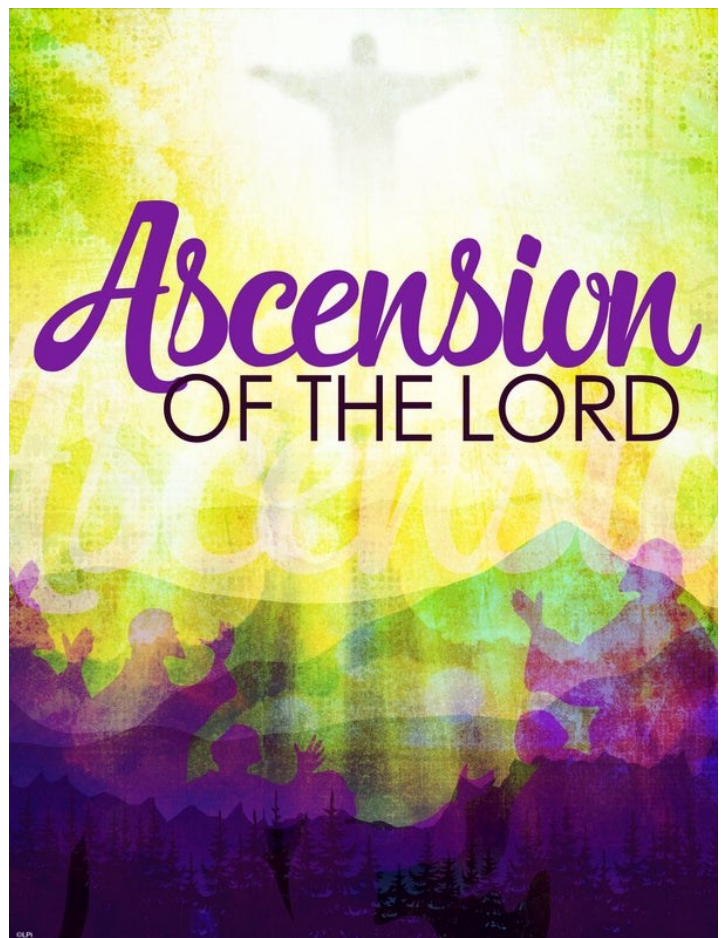
8:30 AM - 4:00 PM Mon - Fri

School

8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish
is a welcoming Catholic community,
which inspires faith in God,
through prayer, sacraments, and service,
while living Gospel values,
as faithful followers of Jesus Christ.



PARISH CALENDAR

Sunday May 17

THE ASCENSION OF THE LORD

St. Vincent de Paul Brown Bag Sunday Collection

9:00 AM	Mass
11:00 AM	Mass (CLOW)
12:00 PM	SHS Faith Commission Bake Sale
5:00 PM	Mass (Hosted by SHS 3rd Grade)

Monday May 18

Easter Weekday

Saint John I, Pope, Martyr

8:15 AM	Rosary
8:45 AM	Mass
7:00 PM	Rosary Group

Tuesday May 19

Easter Weekday

8:30 AM	Morning Bible Study Group
10:00 AM	Stitchers with Heart Group
6:00 PM	Youth Confirmation Mass

Wednesday May 20

Easter Weekday

Saint Bernardine of Siena, Priest

8:15 AM	Rosary
8:15 AM	Confessions
8:45 AM	Mass

Thursday May 21

Easter Weekday

Saints Christopher Magallanes, Priest, and Companions, Martyrs

8:15 AM	Rosary
8:45 AM	Mass
11:30 AM	Carpe Diem Spring Luncheon
2:00 PM - 4:00 PM	Eucharistic Adoration

Friday May 22

Easter Weekday

Saint Rita of Cascia, Religious

8:15 AM	Rosary
8:45 AM	Mass

Saturday May 23

Easter Weekday

8:00 AM	Women's Group
8:00 AM	Men's Group
3:00 PM	Confessions - Reconciliation Chapel
5:00 PM	Vigil Mass

Sunday May 24

PENTECOST SUNDAY

9:00 AM	Mass
11:00 AM	Mass (NO CLOW)
5:00 PM	Mass

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar ext. 10113
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation
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James Applegate, CPA Bookkeeper/Accountant
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Bridget Darrow, Pastoral Assistant for Administration
bdarrow@sacredheart.org ext. 10102

Robert Eubanks, Facilities Supervisor
reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care
lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry
kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy
pkwan@sacredheart.org ext. 10110

Susan Olmos, Pastoral Assistant for Liturgical Music
solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications & Stewardship
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration
nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
Erica Pierson, Vice-Principal

PARISH LEADERSHIP

- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Phoebe Kwan

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)

SACRED HEART NEWS



Sacred Heart Book Discussion Group Tuesday, May 26th at 7:00 PM Parish Conference Room 1

(Located through main entrance of parish office)

Looking for some good books to read this summer? Come join Sacred Heart's book discussion group! We have a line up of fabulous summer reads, so hang up your hammock, put on your reading glasses and come join us on the fourth Tuesday of the month for a lively discussion. Everyone is welcome!

May 26: *The Correspondent* by Virginia Evans

June 23rd: *Theo of Golden* by Allen Levi

July 28th: *Thunderstruck* by Erik Larson

August 25th: *An Irish Country Doctor* by Patrick Taylor

Please join us for one or all of the upcoming meetings, sure to be full of lively discussion! Questions? Comments? Want to be added to the email list? Please contact Annelies Smith at ybugmom@comcast.net.

Behold the Lamb Quick Weekly Lessons on the Sacred Liturgy



Immediately after the Eucharistic Prayer, the Priest begins the Communion Rite with *the Lord's Prayer*. "In the Lord's Prayer, a petition is made for daily bread, which for Christians means principally the Eucharistic Bread and entreating also purification from sin, so that what is holy may in truth be given to the holy" (GIRM, 81). The Priest first invites us to pray, "At the Savior's command and formed by divine teaching, we dare to say". Holy Church, then, truly *dares* to say with all our hearts this prayer of prayers that God Himself gave us as we call God, "Our Father". In this, we embrace our baptismal identities as adopted sons and daughters of the Most High, as we approach Him in the Blessed Sacrament. It is from this identity that we make our petitions to God: "hallowed be thy name", "thy kingdom come", "give us our daily bread", "forgive us our trespasses", help us to forgive others, "lead us not into temptation", "deliver us from evil".

You are invited to Carpe Diem's 50yrs+



11:30am, Sacred Heart Narthex

Special Presentation:

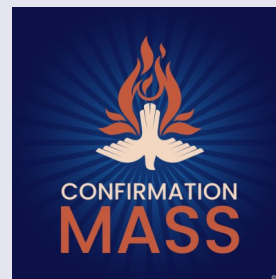
"Befriending Your Digital Devices Q&A"

by Jacqui Orgovan,
Sacred Heart Tech Support

\$20--advance payment required

Tickets: May 9-10 & 16-17

Info: Linda Geere 425-450-3908 or
lgeere@sacredheart.org



You Are Invited to the
Sacrament of Confirmation
for the Youth of
Sacred Heart & St. Monica Parish Family
Mass celebrated by Archbishop Etienne
Tuesday, May 19th at 6:00 PM
Sacred Heart Church
Please keep the Confirmandi
in your prayers.

Celebrate the Easter Season

April 5 to May 24
Visit archseattle.org/easter to learn more.



ADMINISTRATION & STEWARDSHIP

 **Annual Catholic Appeal 2026**
**Together
in Faith**
Please make your **2026 ACA** gift today!





ANNUAL CATHOLIC APPEAL: TOGETHER IN FAITH

Through the Annual Catholic Appeal, our parish has been answering the call to support our shared mission – to help one another encounter Christ and put the Gospel into concrete action. Your gift is integral to bringing faith formation programs to life, inviting youth and young adults into the Church, fostering a welcoming community and providing for the spiritual and physical needs of every person we encounter. Thank you to all who have returned your Annual Catholic Appeal pledges and gifts, as well as those who are recurring monthly donors.

Please take time prayerfully consider how you and your family can participate. Use the envelope in the pew, scan the QR code, or visit archseattle.org/giveaca to give today. Let us encourage each other to help make our ministries a success.


This year, our parish's goal is \$165,630. Any gifts exceeding this goal will be returned to Sacred Heart as a rebate for our parish projects. The first \$55,000 of the ACA rebate will be used to welcome a FOCUS Parish Missionary to Sacred Heart, starting in the summer of 2027. Through small groups, Bible studies and prayer gatherings, this missionary will help us deepen our faith and strengthen our sense of community. Any additional rebate funds will contribute to the project to replace the roof of the original parish offices along 14th Street.

 **Annual Catholic Appeal 2026**



Support the mission of the Catholic Church in Western Washington.

**Make your
ACA gift today!**



Why Give to the Annual Catholic Appeal Online?

- Safer: No need to mail checks or cash—online gifts are processed securely.
- Efficient: Saves time for parish staff and volunteers.
- Accurate: Online gifts are recorded promptly and reliably.
- Eco-Friendly: Reduces paper use and mailing.

Since the ACA is processed centrally, online giving ensures your gift is received and recorded quickly. The Archdiocese provides weekly reports to help us track your support.



 **Pushpay**
Scan the QR Code for
Online Giving to
Sacred Heart Parish.



Stewardship of Treasure

Sunday collection totals

July to March 31, 2026 Budget \$1,224,127

July to March 31, 2026 Actual \$1,232,173

+\$8,046

Prior year actual (July– March 2025) \$1,235,687

Thank you for your generosity!!

Stewardship recognizes that all we have, all we are, is a gift from God.

WEEKLY READINGS

Sunday 5/17

Acts 1:1-11
Psalm 47:2-3,6-9
Ephesians 1:17-23
Matthew 28:16-20

Monday 5/18

Acts 19:1-8
Psalm 68:2-3b,4,5ac,6-7b
John 16:29-33

Tuesday 5/19

Acts 20:17-27
Psalm 68:10-11,20-21
John 17:1-11a

Wednesday 5/20

Acts 20:28-38
Psalm 68:29-30,33-36b
John 17:11b-19

Thursday 5/21

Acts 22:30;23:6-11
Psalm 16:1-2a,5,7-11
John 17:20-26

Friday 5/22

Acts 25:13b-21
Psalm 103:1-2,11-12,
19-20ab
John 21:15-19

Saturday 5/23

Acts 28:16-20,30-31
Psalm 11:4-5,7
John 21:20-25

Sunday 5/24

Acts 2:1-11
Psalm 104:1ab,24ac,
29bc-30,31,34
1 Corinthians 12:3b-7,12-13
John 20:19-23

MASS INTENTIONS

Sunday 5/17

9:00 AM Mass: RIP SUE HASLAM by Loni Haslam

11:00 AM Mass: RIP DARRYL SUTHERLAND
by Sacred Heart Rosary Group

5:00 PM Mass : PRIEST PRIVATE INTENTION

Monday 5/18

RIP RALPH LOVELAND
by Gemma & Jerome Thielges

Wednesday 5/20

INT KELLY IRISH by Marian Middleton

Thursday 5/21

RIP CHARLES PIGOTT by Marian Middleton

Friday 5/22

RIP JOAN BURGESS by Pratt-Barlow Family

Saturday 5/23

INT THE PARISHIONERS OF SACRED HEART

Sunday 5/24

9:00 AM Mass: RIP LINDA ROGERS
by Nancy & Kip Durrell

11:00 AM Mass: RIP STEPHEN BUMGARDNER
by Sacred Heart Parish Staff

5:00 PM Mass : PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Pray for the sick of Sacred Heart
& St. Monica parish Family

The Deceased

Yvonne Pigott
Maureen Sands (mother of Sinead Shah)
Margarita Rabago Thacker (aunt of Griselda Zeller)

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month. "Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament." *Archbishop Etienne*



POPE'S PRAYER INTENTION - MAY

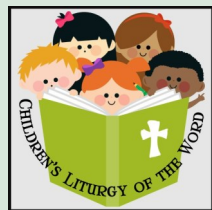
That Everyone Might Have Food

Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food and to ensure that everyone has access to quality food. .

EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION



Sunday, May 17th
Join us for CLOW
at the 11:00 AM Mass
Ages PreK - 1st Grade
Older children are welcome if attending for sibling support.



Vacation Bible Camp
June 22-26
@ Saint Monica Church

Be sure to register for Vacation Bible Camp! This year's theme is **Snowball Mountain Challenge** - come join us for a snowy winter sports adventure centered around Philippians 4:13 (I can do all things through Christ who strengthens me)!

Who: Preschool (potty-trained) thru rising 5th grade

When: June 22 - 26 from 8:45AM - 12:00PM

Where: St. Monica Campus

Scan the QR code for registration (deadline is Monday, June 15.)

With questions contact Melissa Stewart, PA for Faith Formation at

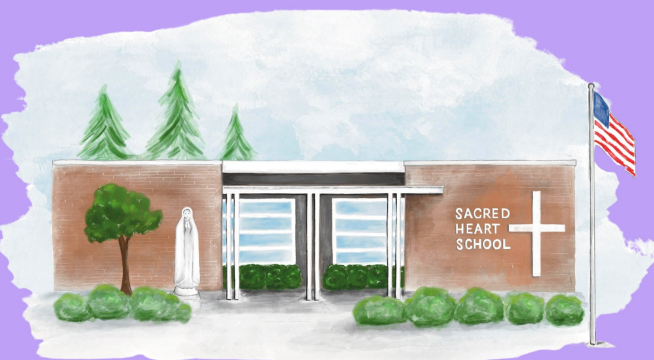
faithforward@stmonicami.org or (206)232-2900 ext. 112.

Want to volunteer to help with Vacation Bible Camp? We're looking for adults and teens to help on the wintery slopes.

[archseattle.ccbchurch.com/
goto/forms/7794/responses/
new](http://archseattle.ccbchurch.com/goto/forms/7794/responses/new)



SACRED HEART SCHOOL



Be Part of the Mission at Sacred Heart School

Catholic education changes lives. At Sacred Heart School, students are formed each day in faith, academic excellence, and service.

Parishioner generosity directly supports our teachers, strengthens our programs, and meets the needs of our students. If you feel called to invest in the next generation, we invite you to make a gift today.

Thank you for supporting Sacred Heart School and the future of Catholic education in our parish.



UPDATES FROM



EMMAUS YOUTH MINISTRY

Our Parish Family Confirmation is this Tuesday, May 19th, 6pm at Sacred Heart. Parishioners are invited to join and celebrate our class of 65 students receiving their Confirmation!

Sharon, our HS Youth Minister, leaves for the National Eucharistic Pilgrimage this week! Thank you to all who supported her fundraising; she has met her goal and is excited to serve in this role. Please remember Sharon in your prayers, and share your private prayer intentions at this link so she can pray directly for your intentions: <https://forms.gle/2ujfmc53dGS47rrBA>. Stay in the loop by following along on Instagram @eucharisticrevival, Relevant Rado, EWTN, or on our Parish bulletin boards.

Summer conference registrations are almost closed - see the parish youth website for updated info on Middle and High School retreats this summer!

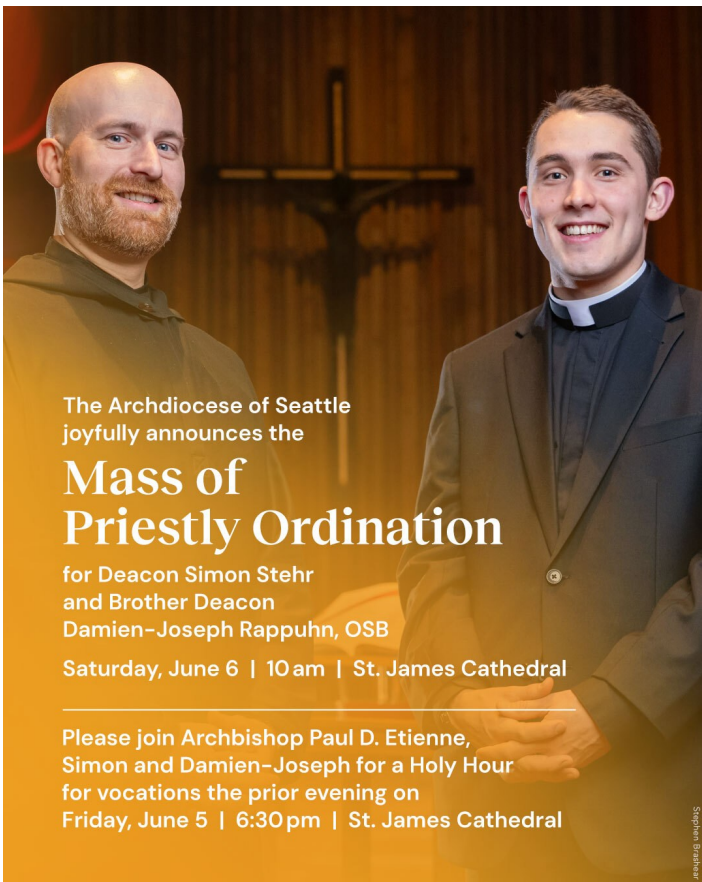
Weekly youth group is officially on summer break! Keep an eye out for upcoming summer youth events like bonfires, mass & mochas, service nights, and more!

COMMUNITY OUTREACH - COMMUNITY EVENTS



St. Vincent de Paul Brown Bag Sunday Collection This Weekend - May 16th - 17th

Please don't forget to bring back the brown grocery bags this weekend on May 16th and 17th. You can fill them with non-perishable grocery items and household paper products before placing them in the bin located in the Narthex. This is part of our monthly collection for *Hopelink*, which helps support our local community in need. Your generosity is greatly appreciated. Thank you!



The Archdiocese of Seattle joyfully announces the

Mass of Priestly Ordination

for Deacon Simon Stehr
and Brother Deacon
Damien-Joseph Rappuhn, OSB

Saturday, June 6 | 10am | St. James Cathedral

Please join Archbishop Paul D. Etienne,
Simon and Damien-Joseph for a Holy Hour
for vocations the prior evening on
Friday, June 5 | 6:30pm | St. James Cathedral

Stephen Sisk

Rachel's Corner

Project Rachel Post Abortion Healing Retreats

Spanish Retreat: June 5 - June 7, 2026

English Retreat: Sept. 25 - Sept. 27, 2026

Men's Healing Retreat: Oct. 10 - Oct. 11, 2026

To leave a confidential message please call

English: (206) 920-6413 Spanish: (206)-450-7814

Email projectrachel@ccsw.org. Visit us at

cwww.ccsw.org/projectrachel or www.facebook.com/projectrachelww.

Project Rachel is a program of Catholic Community Services.

You are loved with an everlasting Love!



**SACRED HEART
DIAPER
DRIVE
MONTH OF MAY**

The gift of diapers is an ideal way to honor mothers and assist those families in need on the Eastside.
Most needed sizes are Newborn, 4, 5 and 6.

Diapers will be collected by Sacred Heart's - PREPARES-Pregnancy & Parenting Support, which is a Parish-based ministry. Through PREPARES, we support those families in need from birth to age 5 in addition to supporting our local community organizations: Overlake Hospital, Mary's Place, Jubilee Reach and St. Vincent DePaul recipients.

Thank you for your ongoing support!

SACRED HEART CHURCH



**jubilee
REACH**

Groceries for Families Program

Join the Sacred Heart community to help with groceries for the GFF Program. Over 200 bags are needed weekly to help with food security and hope! Scan the QR code to sign up!



Priority Need for Summer:

We had a great experience last year providing bikes for families in our community, and we hope to share even more this summer. We need your help! There is strong demand for kids' bikes, especially those with 16-inch frames or 26-inch tires and smaller. We also accept adult bikes—no need for them to be perfect, as our Bike Angels can make repairs. Helmets are welcome as well to ensure rider safety. If you have a bike you no longer need, please consider donating it! Donations can be dropped off at the Center on Tuesdays between 8:00 AM and 4:00 PM. If that timing doesn't work, contact Laura@jubileereach.org. Thank you for helping us spread joy and opportunity, one bike at a time!



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Our Client Don
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Don Lovell
 God Bless Matt and Christina for being such a talented, loyal, loving, faithful couple in preparing and selling my memory home.
 ❤️🙏👍🙌❤️
 Don Lovell

Matt@TeamSkally.com
 206-661-8624

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A Special Thank you to all of our Sponsors for making this Bulletin Possible